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THURSDAY, SEPTEMBER 17, 2020



John Cook (with mask) served as moderator at the Alfred outdoor town meeting held Sept. 12, under a tent at the athletic field across from the Alfred Fire and Rescue Building. PHOTO BY ALLISON WILLIAMS

Alfred's outdoor town meeting

By Allison Williams

There were 57 Alfred citizens gathered for their first outdoor town meeting last Saturday. It was held in a large tent on the athletic field where chairs had been set up six feet apart facing another tent where selectmen and other officials were situated, including the moderator at his podium. John Cook, who has been moderator for many past meetings, also was voted as moderator for this one.

There were 55 articles to be considered and most passed without much discussion. Those which went up included salaries, town insurance, veterans committee, streetlights, Alfred Fire and Rescue, dispatch services,



solid waste management, plowing and sanding, year round road maintenance, park and recreation programs, Project Canopy, Field Care/Tree Program, general assistance program, 2019 service truck lease, and SCBA Lease. SCBA stands for self-contained breathing apparatus. The sum \$14,172 will be the first of four annual payments. Changes from prior year is \$453,787.25 less than last year.

Walking for warmth for the community

By C.J. PIKE

Lt. Ron Smith #91 of the Limerick Fire Department completed his Walk for Warmth in just a little over three hours on Saturday, Sept. 12, raising over \$10,000 for the elderly and young struggling families of the RSU 57 area.

Smith and his team of supporters and superheroes met at the Limerick Fire Department at 8:30 Saturday morning and left at 9:10 a.m to begin his walk. Batman joined him on the walk and other superheroes met him at the various check points. It was 8.7 miles from the starting point to the final destination.

Prior to leaving the building, they all gave their respects to the firefighters who lost their lives on 9/11, Sept. 11, 2001, which we all remember as a tragic day. This was Smith's favorite part of the event, and he expressed his thoughts by saying that, "They are the true heroes and I will never forget about the bravery and



Batman and Lt. Ron Smith on their Walk for Warmth from Limerick to Waterboro on Sept. 12.

courage those men gave."

His checkpoints along the way were: Woodsome Bridge, Lakeside Community Church, Merrill's Country Store and Lakeside Market. I caught up with them at Woodsome Bridge, which took him about 53 minutes to get to.

After a brief break, they were off to Lakeside Community Church where there was a group of 12 of his supporters waiting for him, including his wife Jessica.



Ron Smith and the superheroes take a break at their last check point, Lakeside Market, before walking their final steps to the Waterboro Fire Department. PHOTOS BY C.J. PIKE

A large balloon archway was set up for them to walk through, signifying the completion of that part of their walk. At that point, several cars stopped to make donations, and the whole group waved their thanks. Donation to buckets were put out at each destination for people driving by.

The next to two destinations were Merrill's Store and Lakeside Market. I met them at Lakeside Market where they took a break and photo-op with the super heroes. And then, Smith and all of the superheroes walked up to the Waterboro Fire Department together, and through the final bal-

oon archway

Captain Robert Fossett drove the utility truck behind them for safety this year. Superheroes for the event were; Scarlet Spiderman, Spider Girl, the Old Port Batman, Old Port Bat Girl, Super Girl, Bat Woman, Storm, Casey

(Continued on page 4)

Spectrum is still hiring! START DATE: October 13 We are looking for customer service representatives for our Spectrum Mobile department!

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SPORTS



Reporter Sports Editor Michael DeAngelis of North Waterboro had his first hole-in-one on Friday, Sept. 11 at Province Lake Golf in Parsonsfield, on hole #14. COURTESY PHOTO

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SCHOOL NEWS

Education program at UMaine Augusta receives approval for streamlining certification process for aspiring teachers

The University of Maine at Augusta (UMA) Education Program received State Board of Education approval for minors and certificates of study that will streamline the license certification process for UMA graduates, as well as improve reciprocity with other states.

The approval process included an extensive self-study by UMA's Education Program and a rigorous application process to the Maine Department of Education (MDOE). Additionally, UMA hosted a site review team from the MDOE in December 2019 resulting in the site team's recommendation for approval to the State Board of Education. Due to the pandemic, the final vote by the State Board of Education was delayed from April to July. On July 15, the Board voted unanimously for approval.

State approval allows UMA graduates of the Education Program to be certified through institution recommendation rather than transcript analysis. State approval also eliminates the requirement for the Principles of Learning and Teaching exam and provides greater reciprocity for those graduates seeking to teach in other states.

The endorsements approved by the Board of Education are in undergraduate minors and post-baccalaureate certificates of study for Early Elementary Education and Elementary Education, as well as minors in Secondary Education in the areas of English, Life, Physical Science, Social Studies and Mathematics.

"We are very excited for our graduates and the opportunities this approval by the Maine Board of Education will provide," stated Cindy Dean, Associate Professor of Education and Coordinator of Teacher Education at UMA. "This certification allows our students to move more quickly into much

needed teaching positions upon graduation."

"This approval would not have happened without the dedication of our faculty and staff in the Education Program," said UMA President Rebecca Wyke. "I am grateful for their efforts to provide our students with this opportunity."

UMA transforms the lives of students of every age and background across the State of Maine and beyond through access to high-quality distance and on-site education, excellence in student support, civic engagement, and professional and liberal arts programs. For more information, please visit https://www.uma.edu/.

UMA's Education Department prepares students for a career in education by completing one of several degree plans through courses, fieldwork, service learning, and student teaching. Embedded in each teacher education pathway are robust courses, field experiences, service learning, and collaboration with peers and faculty that help provide the necessary competencies of Maine's Common Core Teaching Standards.

UMA is unique in offering distance learning for aspiring teachers. Students can earn their degree in a range of places, times, and circumstances by taking classes on-site, online, and/or at UMA Centers located across the state. Upon successful completion of all program and state requirements, graduates are eligible to apply for Maine Teacher Certification.



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Maine Department of Agriculture, Conservation & Forestry

Maine Maple Producers Weekend, Oct. 9-11

New recipe contest and virtual components celebrate pure Maine maple

Due to COVID-19, the Maine Maple Producers Association (MMPA) and its members postponed Maine Maple Sunday, traditionally held the fourth Sunday in March. The association announced today the event will take place Oct. 9-11, 2020. There will be new virtual elements and in-person experiences at a variety of sugar houses. The event will be held in conjunction with the new North American Maple Tour in the U.S. and Canada.

'Based on guidelines from CDC and local government officials, we are prepared and excited to host Maine Maple Producers Weekend in October. There is no doubt, the pandemic has hit our producers really hard. While the weekend of activities might look and feel a little different, we are confident we can provide the opportunity for people to safely celebrate pure Maine maple and support local producers. October is also perfect timing to raise awareness about the health benefits of maple products. Information about our recipe contest and the producers participating in Maine Maple Producers Weekend can be found at mainemapleproducers.com," said Scott Dunn, president of the MMPA.

As part of the celebration and events, the association announced two virtual components for 2020, including a pure Maine maple recipe contest. The contest will provide participants the opportunity to share their best recipes using pure Maine maple products in three categories, beverage, entrée and dessert. The association will vote to determine the top three recipes in each category. Celebrity judges will taste the recipes and announce the winner on Oct. 9 at the Cumberland Fair sugar house. The win-

ners will receive a trophy and gift basket from the Maine Maple Producers Association. Contest entries must be received by Sept. 20, 2020 at 12 p.m. ET. The contest rules are available at mainemapleproducers.

"We see this contest as a way we can continue to promote the creative ways to use pure Maine maple. With flu season coming, and as people closely monitor their health, especially related to COVID-19, using pure Maine maple syrup in food and beverages can help foster a healthy immune system. With important antioxidants and other vitamins, using pure Maine maple not only tastes great, it can help improve your overall health. We can't wait to see the recipes," said Dunn.

During the pandemic and to provide an additional virtual experience, producers have started selling their products online. Several producers also now offer new pick-up options. With the new purchasing options, producers have set a goal to sell more than 10,000 gallons of maple syrup products during the North American Maple Tour from Oct. 9-18. The new 14-day tour includes the promotion of maple products at events, breweries, distilleries and restaurants across the Northeast.

The MMPA represents more than 240 members that are licensed maple producers. Producers range from small artisan producers to bulk syrup providers who serve major grocery store chains, foodservice distributors and retailers.

Maine Maple Producers Association members produce 580,000 gallons annually. Their business operations generate more than \$21.6 million for the Maine economy. Members of the association also support more than 560 full-time and part-time jobs that generate more than \$17.3 million in wages.



Lake Arrowhead boat ramp closures and lake level notice

Starting on Monday, Oct. 5 both the Ledgemere public boat ramp on Lake Arrowhead in Limerick, and the private Lake Arrowhead Community boat ramp will be closed for approximately one week due to a water main emplacement across the lake. The Ledgemere Dam operators will be lowering the lake two feet from normal high-water level to aid in the marine construction starting about Oct.1 and reaching the two-foot low mark by Oct. 5. The boat ramps will re-open as soon as the work is completed and the lake level should be returned to normal seasonal levels. Boaters are being asked to refrain from using the lake during this time, and to use extreme caution and be aware of any hazards to navigation.

PHOTO BY KERRY DEANGELIS

MAINE DEPARTMENT OF AGRICULTURE, CONSERVATION & FORESTRY

Free disposal of unusable pesticides

Pre-registration by Oct. 9 required

Thanks to a project sponsored by the Maine Department of Agriculture, Conservation and Forestry's (DACF) Board of Pesticides Control (BPC) and the Maine Department of Environmental Protection (DEP), Mainer's can dispose of unusable and unwanted pesticides for free. The Obsolete Pesticides Collection Program has kept more than 109 tons of pesticides out of the waste stream since its start in 1982.

This free annual program is open to homeowners, family-owned farms and greenhouses. Collections will occur at four sites: Presque Isle, Bangor, Augusta, and Portland. Participants must pre-register by Oct. 9. Drop-ins are not permitted. Collected pes-

ticides are taken to an out-of-state disposal facility licensed by the federal Environmental Protection Agency. Information to register and fill out your obsolete pesticide inventory form may be found under "Resources" on the BPC website: www.thinkfirstspraylast.org.

Pesticides accepted include: herbicides, insecticides, rodenticides, fungicides and similar products used in agricultural production or around the home. Past participants in the program have reported finding obsolete pesticides in barns of family properties, garages of newly purchased homes and other unexpected places. While removal of these pesticides can seem daunting, it is important for the protection of public, wildlife and environmental health, that they are dealt with properly and not thrown in the trash or poured down the drain, where they can contaminate land

and water resources.

"The Obsolete Pesticide Collection Program is an excellent opportunity for free disposal of unusable and unwanted pesticides," said DACF Commissioner Amanda Beal. "Register in advance, bring your pesticides to one of the designated collection sites, and let the professionals dispose of these materials responsibly and safely."

DEP Acting Commissioner Melanie Loyzim encourages Mainers to take full advantage of this free opportunity. "When improperly disposed of—in the trash, poured into the environment, down the drain, or kept in storage for long periods—pesticides threaten wild-life and the quality of our drinking water sources," Loyzim said.

For more information about Maine Board of Pesticides Control visit thinkfirstspraylast.org.





NEWFIELD

C.J. Pike fudgecupboard@yahoo.com 793-8760

Donations help to keep Newfielders warm

Thurston And Peters Sugarhouse raised \$1,068.50 on their ice cream fundraiser this year, which was held on Sunday, September 13. Donations that were made will go to the Newfield Heating Assistance Program to help those in town who need help with paying for heat this winter.

According to owner Debi Hartford, this is the largest total to date, thanks to a generous donation by Newfield resident, and everyone who turned out to get their final scoop of the year.

Since 2013, this fundraiser has donated \$6,068.82, thanks to the generosity of sugarhouse patrons!

Thanks to Newfield's Fire and Rescue

Newfield's Fire and Rescue was dispatched to 38 emergency calls, 24 medical and 14 fire related calls, not including the storm earlier in the month, during the month of August.

As always, they want to thank our mutual aid partners surrounding us, for assisting on a portion of those calls.

New books at town library

Librarian Cheryl Cause has just released a list of the new adult fiction books available at the Newfield Library at 637 Water Street. "Outsider" by Linda Castillo ,"A Walk Along the Beach" by Debbie Macomber, "Blindside" by

James Patterson, "Dance Away With Me" by Susan Elizabeth Phillips, "The Lost and Found Bookshop" by Susan Wiggs, "Deadlock" by Catherine Coulter, "The Book of Lost Friends" by Lisa Wingate, "The Geometry of Holding Hands"by Alexander McCall Smith, "The Silent Wife" by Karin Slaughter, "The Southern Book Club's Guide to Slaying Vampires" by Grady Hendrix, "Thick As Thieves" by Sandra Brown, "Half Moon Bay" by Jonathan Kellerman, "All The Devils Are Here" by Louise Penny, "One Last Lie" by Paul Doiron, "The Boy From the Woods" by Harlan Coben, plus many other titles.

Library hours are 10 a.m. to 4 p.m. Tuesdays and Thursdays, and Noon to 4 p.m. on Wednesdays. Face masks are mandatory, hand sanitizer is provided. Access is via the back door and by appointment only. Please call 809-7014 to schedule or with any questions.

Happy birthday!

Birthday wishes go to:David Riley Wentworth, Marley Ann Wentworth, and Craig Richard-

Happy anniversary!

Congratulations to Gene and Marlene Gerry

Meetings

Newfield Historical Society will meet on Monday, Sept. 21, at the bandstand at 70 Elm Street at 5 p.m., weather permitting, to discuss their plan for the Veterans Day program, Elections and the Christmas Party.

Newfield Selectmen will have a meeting on Tuesday, Sept. 22, at the West Newfield Town Hall, at 23 So. Effingham Road at 6 p.m. Everyone is invited to attend.

Plants & books sale

A perennials, herbs and used books fall sale to benefit the Unique Maine Farms' project will be held Saturday, Sept. 19 and Sunday, Sept. 20 from 10 a.m. to 4 p.m. in the field behind the Doyles' Greenhouse at 515 Garland Road in West Newfield. All varieties of plants in 4-inch pots will be reduced to \$1.50 each (regularly \$3.50 each). Fall is a great time to plant. A sample of some of the varieties that were grown this past year can be viewed at www.uniquemainefarms.com. Hundreds of used books for sale for 50 cents or less in three tents too! Face coverings and social distancing are required. Thanks for your support in helping to keep everyone safe at this outside event.

Birding webinar

Audubon Maine Springvale Library have partnered to develop free live webinars on birding. Registration and information can be found at maineaudubon.org/events. Birds of Springvale and York County, the last in a series of three, will be held on Oct. 8, from 6 to 7 pm.

Join Maine Audubon's Staff Naturalist Doug Hitchcox for a live webinar about the birds that call Springvale and York County home. They will discuss natural history, identification, threats to, and ways to help these birds. Registration is required.



Ron Smith and Batman complete the second stop by walking under the balloon archway at Lakeside Community Church. All of the balloon archways were donated and created by Jim Southworth of Due South Candle Company/Wild Balloons. PHOTO BY C.J. PIKE

WALK FOR WARMTH

(Continued from page 1)

Jones, and Wonder Woman.

A special shout out goes to The Pine State Heroes, who came down from Bangor: Dead Pool (Steven Palmer); Captain America (Justin Fletcher); and his son Gavin; Antman, (Zack Young); Scarlet Spiderman (Brian Penney); and young Spiderman (7 year old Lennon Smith, his son.)

A special thanks to Due South Candle Company/Wild Balloons who donated all of the balloon archways, a value of about \$650.

And thanks to all of those who donated to the GoFundme: Catherine Shriver, Sue McIntyre, Audrey Walsh, Brandon Marby, and Suzanne Daniels.

Saturday's Walk for Warmth was a huge success, raising \$828.80 from the donation buckets at the checkpoints. The Go-Fundme raised over \$1.000 and J.P. Carroll Fuel's account raised \$9,000, making a total for this year over \$10,000. Donations keep coming in by mail, and there is still time to donate if you wish by cash, check or credit card over the phone, during their regular business hours. Any amount helps. Call them at: 793-2331.

A special thanks goes out to all who sponsored the walk. This is Smith's second walk to help the people in the community where he

The only training that he does is the calls that he goes on while serving as a firefighter. He says, "I enjoy walking" so he is more than happy to do his part to help out his community. Next year he plans to walk to the Newfield Fire and Rescue.

Smith says, "My second favorite part was meeting up with his number one fan from last year's walk, Mary." He is hoping to get their 3rd. annual photo-op together then.

"My third favorite part was receiving a thank you card from a little boy at a checkpoint who donated his money from his very own piggy bank." Smith said that he was "one of the kindest kids I know" and that he will be putting that card on his fridge.

And his final, but most important favorite part was seeing the community come together, put their differences aside for a moment, and be strong for a great cause. His final comment was "That's what is all about. Be kind and help each other when someone needs help. Thank you all for a successful year and see you all next year."

INVEST IN YOUR COMMUNITY. Shop Locally!



NOTICE OF SALE OF TAX-ACQUIRED PROPERTY

The Board of Selectmen of the Town of Newfield is requesting sealed bids for the purchase of the municipality's interest in two (2) tax-acquired properties:

Map 6, Lot 2 (approximately 44 acres on the Lewis Hill Road) with a minimum bid of \$26,000.00;

Map 62, Lot 139 (approximately .74 of an acre with cottage at 113 EH Davis Drive) with a minimum bid of \$64,900.00

Complete Bid Instructions can be found on our website: www.newfieldme.org or by contacting the Town office at 207-793-4348 or newfieldso@metrocast.net.

Bid Instructions MUST be followed or your bid could potentially not be accepted.

All bids must be received in the municipal clerk's office no later than three o'clock (3:00) p.m. on October 6, 2020. Late bids will not be opened or considered. Bids will be opened and reviewed by the Selectmen at the Town Hall on October 6, 2020 at six o'clock (6:00) p.m. The Board of Selectmen reserve the right to reject any and all bids.

The tax maps and other public information concerning the properties may be reviewed at the Town Office, by appointment, during its normal business hours, which are: Tuesday and Thursday 9:00 am -11:45 am and 1:00 pm -4:45 pm, Wednesday 12:00 (noon) - 7:00 pm, and the first Saturday of the month 9:00 am - 11:45 am. Some information is available on our website at www.newfieldme.org or email Nichole at newfieldso@metrocast.net for the property file.





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TOWN OF SHAPLEIGH **Public Hearing Notice**

The Municipal Officers of the Town of Shapleigh will meet at 6:00 pm on the 29th of September, 2020 for the purpose of holding a public hearing on and enacting the following ordinance:

GENERAL ASSISTANCE ORDINANCE AS AMENDED The public will be given an opportunity to be heard prior to the consideration of the above ordinance by the Municipal Officers. A copy of the amended ordinance is available at the Town Administrator's office during regular hours.

Shapleigh Board of Selectmen

NEWS: news@waterboro reporter.com **ADVERTISING:** ads@waterboro reporter.com

ALFRED

Allison Williams awilliams@waterbororeporter.com 324-5823

Here and there

After our Sunday dinner at our daughter's, (in Lyman) which has become a custom, we were able to watch a fencing demonstration by members of a medieval group. Our daughter and family are involved in such a group as was our son. Many of them were wholly or partially costumed appropriately for this interesting demo.

If you live on the Gore Road or vicinity you might want to check your bird feeders. We had a visiting bear who was fond of bird seed, and emptied one feeder and bent the pole of another. We are saving funds by no longer feeding the birds.

The Parish Church Cookbook

This has been the year of the eggplant. They have really thrived in our garden - we have taken bags of them to the food pantry, also given them away to neighbors and friends. They aren't something we eat daily so I started looking for recipes and pulled out from the kitchen shelf the 200th Anniversary Edition of the Parish Church Cookbook, 1784-1984. When leafing through it I did find two recipes featuring egg plants, and used the one by Ann Bean. My egg plant was larger than what the recipe called for so half of my completed recipe was put in the freezer for future use.

It was very good. I looked through the book and recognized many of the names. Ann Bean had been a very pretty teenager when we moved to Alfred and apparently became a very good

cook. A recipe for Haddon Hall Gingerbread was submitted by Margie Wilcox, a senior citizen who moved to the unit for seniors in Sanford, I remember her well, a lovely lady whose husband Avon lived to be over 100 if my memory is correct. Eulah Rand, a good friend submitted her recipe for hermits which I enjoyed many times when I stopped in to see her.

Dot Faunce submitted her recipe for lemon squares which I am sure were yummy. She had a large family and was known to be a great cook. Dot Hill, for many years secretary to the selectmen, submitted her recipe for popcorn balls. The garden in front of Town Hall was planted in her memory. Mary Davidson's peanut butter cups sound good. Her husband was church custodian. Lily Gordon's Cry Babies were raisin cookies. I remember visiting with the Gordons. When she was young she worked in the embroidery factory (now apartments).

The late Pat Marley submitted Vanghon's Potatoes which I am sure were very good. She and Fred had a group of us to dinner one time to a very good meal. Pat liked to cook. Vivian Levya submitted a recipe for mayonnaise. Most of us are too lazy to make our own. Kitty Anderson, the minister's wife, submitted Greek Spinach Pie which was too complicated for me. Minna Thompson's offering was Swiss Chicken Quiche. For many years she and Lillian Gould lived in the house across from the village museum. Glenyes Stone submitted chicken and ham bake. She and husband David lived across the river from our farm. When the skiing was good we would ski down our fields and across the river to visit

There are many more recipes but none from me – my culinary skills were limited. I was asked, instead, if I would submit some quotes from old letters, and I did. From a letter written home to his wife from Eliab Littlefield, traveling in the south: "Dec. 18, 1843... This morning I made my breakfast of hominy, that is a dish we do not get but it is a great one in this country...Sweet potatoes here are 44 cents pr. bushel. I seldom eat any now. At first I lived on sweet potatoes but now I like our Irish potatoes much the best."

And from the diary of George Lincoln Came: "Nov. 29, 1894. Thanksgiving. Cool but pleasant. Sam (his brother) Kate (sister-inlaw) Grace, (niece) and Walter (nephew) here to dinner on 6 ½ lb. turkey Chas. Allen raised, good one and chicken pie, etc. Mrs. Larrabee here too. I went after them in surrey and carried them home in it. Used wolf robe." The "etc." mentioned by George probably included some good desserts. Our turkeys are larger now but dessert is still special.

Also from George Lincoln Came: "Sept 22, 1883. I spanked little George Hanscom for throwing stones at me. John Nutter's sheep got into the field 4 times today." My comment - Chasing sheep out of your field four times a day would make anyone irrita-

Leafing through one of these old cookbooks is like visiting an old photo album. A lot is the same but a lot has changed. Instead of mayonnaise we use a salad dressing from a cookbook compiled by "The Lodges" in 2007 and submitted by Jerry and Violet Ricker and daughter Jill.

Mix in blender ¾ cup vinegar, 1 cup of oil, 34 cup sugar, 1 cup Miracle Whip, and 1 tbsp celery seeds. Chop up purple cabbage, green cabbage, carrots, green pepper and onion. It is good!

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BRIEFS

Republicans meeting

Cornish Republican town committee is meeting on Tuesday evening, Sept. 22 at 6:30 p.m.. at Pike Memorial Hall (Cornish Town Hall), upper level, 17 Maple Street in Cornish. Pike Memorial Hall (Cornish Town Hall) is next to the Cornish Hardware store. All registered republicans in Cornish are invited and requested to attend the upcoming meeting. Come support your town committee and republican candidates. Call 207-651-8645 FMI (for more

The Tri-County Area Republican (GOP) Committee meeting will be held in on Tuesday evening, Sept. 29, at 6 p.m., at Pike Memorial Hall/Cornish Town Hall, 17 Maple St. in Cornish. Invited guest speakers are: Rick Bennett, running for state senate in Senate District #19. Other potential guests have been invited. All area Republicans living in northern York County, western and northern Cumberland County and southern Oxford County, are invited and strongly encouraged to attend this meeting. The November election is Tuesday, Nov. 3. E-mail: freedom111d@yahoo. com or call 651-8645 for more information.

Curbside baked bean & chop suev supper

The members of First Congregational Church are hosting a curbside/take-out baked bean supper on Saturday, Sept. 26 from 4:30-6 p.m. at the church, 141 North St., Kennebunkport. Church volunteers will package two types of home baked beans, (small white and kidney), American Chop Suey, hot dogs, rolls, and cole slaw, topped off with a slice of delicious homemade pie. Church members are hoping that everyone will enjoy the meals as they have in the past, but in a safe and different setting. Social distancing and mask wearing will be in effect. Exact change is required: adults and children 12 & up \$8 per person, and the cost for children under 12 is \$5 per child. There will be no indoor dining and no rest rooms available. There will be limited seating outdoors weather permitting. Church members ask that people call Carol at 967-3076 to reserve meals in advance.

In addition to this curbside/ take-out supper hosted by church members, the congregation welcomes you to attend Sunday worship service on the church Facebook page which begins at 9:30 a.m. All are welcome to tune in. The church's Facebook page can be found by typing "First Congregational Church Of Kennebunkport" in the search line on Facebook. The church's website is www.firstchurchkport.org. The church is also doing in-person worship on the back lawn at 9:30 a.m. on Sundays by reservation only. To attend you must RSVP by calling 967-3897 prior to Sunday.

Town of Acton Take Notice

The Municipal Officers of the Town of Acton will meet at 6:00 pm on the 30th of September, 2020 for the purpose of holding a public hearing on and enacting the following ordinance:

GENERAL ASSISTANCE ORDINANCE AS AMENDED

The public will be given an opportunity to be heard prior to the consideration of the above ordinance by the Municipal Officers. A copy of the amended ordinance is available at the Town Administrator's office during regular hours.

Acton Board of Selectmen

Town of Acton ROAD COMMISSIONER OPENING

The Town of Acton is currently accepting resumés for the position of Road Commissioner. This is for District 2, the Southern side of Acton, Maine. The imately 25 miles of road. Road maintenance will include, but is not limited to, road clean up, grading, repair, paving, plowing, etc. The ideal candidate will have experience in public works or highway / road maintenance and construction, building and equipment. Additionally he or she will have supervisor experience, be able to prepare and administer budgets, and strong communication, people and computer skills. The chosen candidate must have a valid Commercial Drivers License, the ability to pass a drug test and have a background check. This is an appointed position until June 30, 2021 and said individual will report to the Board of Selectmen. The Town of Acton is an equal opportunity employer and reserves the right to accept or reject all resumés.

Interested parties should send a complete resumé, along with 3 letters of recommendation to the Town Administrator, Jennifer Roux, 35 H Road, Acton Maine 04001 no later than 3:00 pm Wednesday, September 23, 2020.

Citizen science for the win

By Debbie Broderick

An invasive aquatic plant, often referred to as the Brittle Naiad (Najas minor, or European Naiad), was removed from Lake Arrowhead by New England Milfoil on Friday, Sept. 4, just twoweeks after it was first detected. This amazingly quick response was possible through the coordination of citizen scientists, the Lake Stewards of Maine, The York County Invasive Aquatic Species Project (YCIASP), Lake Arrowhead Conservation Council (LACC), the Maine Department of Environmental Protection (DEP), and New England Milfoil, which specializes in removing invasive aquatic plants. There were so many interlocking pieces to this puzzle and they all came together perfectly.

I had participated in an online Aquatic Species certification course during the first two weeks of July 2020, hosted by the Lake Stewards of Maine (https://www. lakestewardsofmaine.org/) during my COVID-19 isolation. After the certification process, I continued looking carefully at the plants and fragments being washed up in my cove, and on Aug 21, I became aware of something that looked very different and suspicious. I immediately contacted Roberta Hill, at Lake Stewards of Maine and sent her a sample. She confirmed my suspicions that this was a new invasive on Lake Arrowhead. I then located 6 individual

plants growing in my cove. After that, the wheels began turning very rapidly. Fellow Citizen Scientists joined Laurie Callahan, of YCIASP, and she began surveying other areas of the lake. The contribution from our LACC DASH team led to the location of an alarmingly large flourishing mat of the invasive plant.

Since the Brittle Naiad becomes even more brittle towards the end of the summer to disperse its seed on detached fragments, it was imperative that we attack the source of the infestation before it had the opportunity to set seed for next years' growth. New England Milfoil has been involved in removing this plant from Milford Three Ponds since 2015, and so were contracted by DEP to do the removal operation on Lake Arrowhead. Our DASH team learned techniques and tips from them, and will be modifying our suction harvesters to accommodate the removal of this new invader in the future.

The Brittle Naiad is an annual plant that can grow to a height of about 4 feet. The tops of the plant spread outwards, forming a thick canopy that stops other vegetation from getting the sunlight they need. In this way it outcompetes other plants and becomes a very aggressive spreader. From a boat, a Brittle Naiad plant may look like billowing fireworks displays or cauliflower florets. Broken off fragments resemble miniature palm trees with very visible ser-



New England Milfoil removing a Naiad plant on Lake Arrowhead. PHOTO BY DALE SCHULTZ

rations along the leaves, which curve strongly downwards. It is so fragile that it fragments at the slightest disturbance of the water when its seeds are mature.

As you can see from my story, citizen scientists can make a huge difference, especially with early detection - it's very fulfilling and rewarding to catch an invasive species early, and the chances of doing that are increased with more citizen scientists on the ground. It was just by chance that my. course coincided with the time of year when the Brittle Naiad starts fragmenting, but if you're monitoring your shoreline regularly, and you're familiar with what normally washes up on your shore (even if you don't know exactly what it is), you'll be alert to something new or unusual turning up. It could help save a lake! I would never have recognized this plant if I had not taken advantage of the free online



A fragment of the Brittle Naiad. PHOTO BY DEBBIE BRODERICK

course offered by the Lake Stewards. If you're interested, consider taking the course, too!

If you see something that looks like this plant when you're out en-

joying the lake, please avoid that area, and then let us know, even if you're not 100% sure. Please contact LACC or me (debbie@mixmox.com) and we will take a look.



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This is a full time 40 hour per week position with vacation and sick leave, health and dental insurance paid for the employee, and retirement options including matching town contribution. Vision, disability and additional life insurance are also available at the employee's cost. Pay will be competitive and commensurate with skills and abilities. A background check and drug test are required before any final hiring decision is made.

Interested applicants should refer to a more detailed job description available on the Waterboro website (www.waterboro-me.gov). Applications consist of a cover letter and resume and can be mailed or emailed to Town Administrator Gary Lamb, 24 Townhouse Road, East Waterboro, ME 04030 (administrator@waterboro-me.gov) by September 23, 2020. For questions or additional information, please email or call Gary Lamb (247-6166, ext. 100).

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OPINION

A year like no other

2020 has been unlike any other year.

I don't need to tell you how challenging it has been for everyone, especially those who have lost their job, savings, business, social, or spiritual connections.

As Mainers, we are resilient, we care about one another and we have each other's backs.

There are a lot of individual opinions about what has, can and should have been done.

Over the last 6 months, I have worked hard to ensure that all voices are heard, especially those most impacted. I will continue to do so, especially for those who do not have the resources to wait.

What also concerns me, going forward, is the economic damage overspending, before the pandemic, and repeated emergency orders since, have done to the Maine economy.

Economists are now predicted that the State of Maine will be short at least \$1.4 billion dollars over the next three years. With an nerable citizens, individuals with



by Rep. Heidi Sampson

\$8 billion dollar two-year budget, you can imagine what that means. Difficult decisions.

I pledge to continue to work cooperatively and collaboratively with everyone to establish true pri-

These include our most vul-

severe disabilities on waiting lists, our elderly and the thousands of people that are unemployed through no fault of their own.

Our most vulnerable come first....Before any pie in-the-sky new spending programs.

I will also not burden those same groups, workers and families with higher taxes. Most Mainers have experienced some type of loss and will need to recover.

We must safely, and swiftly restore our economic and social

In the immediate future, please contact my office if there is anything I can do to help you or others during this difficult time. I can be reached at Heidi.Sampson@legislature.maine.gov

It is an honor and a tremendous responsibility to represent and work for you.

Thank you.

Rep. Heidi Sampson serves House District 21 (Alfred, and parts of Limerick, Newfield, Parsonsfield and Shapleigh.)

Jon Simonds,

There is something more dangerous than a Pastor in a plane. Its a condemning pen or mouth.

Your opinion leads to blaming Pastor Todd Bell for the Sanford Covid outbreak. The news reports that he has received death threats. Thank you for reminding simple minded folks.

Why did you publicize Pastor Bell as a perpetrator, but not the prison guard? I suppose one death threat is enough.

Jon may be a prophet, predicting "high heads will roll." As a jail employee, are you gloating?

You didn't mention covid fear at your (jail) employer prior to its introduction, did you?

Supposedly, we are a free people, as long as we do Gov. Mills bidding and pay taxes. Oddly, we used to "let those who ride decide." Remember?

So, more people took risks than Pastor Bell or the un-named corrections officer. They all have heard the risks since February? And they're all guilty of trying to resume normalcy of life. Hang 'em high Ion

I'm not belittling the deaths or those who lost loved ones. I know about loss.

My wife suffered a totally debilitating stroke resulting in her living as a total care resident for 10 years, 11 months and 10 days. We didn't have a living will. Big mistake. My mother has also been in the same facility for shy of a year. I visited my wife and mom four times a week, until March 1. Family and outside entertainers were banned from visits. I also performed as a musician there and at another Cumberland County facility.

When all outside visits were stopped, activities workers in assisted and long-term care facilities were immediately overwhelmed. Try calling a facility where 100 families call to speak with loved ones. Employees have done their

My wife had no sense of time, thankfully. She died in July, and the facility arranged it so I was with her on the day she passed. I'm thankful

My mom, wants to go home. She doesnt understand why "junior" or the other four boys don't visit. She sometimes remembers our calls, but once told me "I'd be better off dead." Really Ma? Instead of incarceration?

Lots of elders feel locked up. One thing is certian. As sure as

the governor will spend and tax, is death - one to a person.

Bell's paritioners believe in the afterlife, but I doubt they'll hear you or Sinatra singing "Fly me to the Moon."

Mom used to say "if you got nothing good to say, shud-dup!"

Wisdom for both of us, eh, Jon? – Ed Stubbs Newfield

Where's the leadership from our "leaders"?

The people of Maine deserve better, more effective and responsible leadership from our state and our federal leaders. Do we have that currently? Unfortunately, we do not. Case in point: Ever since the COVID-19 pandemic outbreak began over six months ago, many businesses closed and state government shut down for the most part, impacting Mainers. Also, the Maine Legislature adjourned over 180 days (six months) ago. Ever since then, nothing has been done by House Speaker Sara Gideon and Senate President Troy Jackson pertaining to addressing and resolving many issues impacting Mainers during this pandemic. That includes dealing with many business and organization closures, government office closures, including but not limited to the Dept. of Labor's Career Centers being closed and remaining closed, with ME Unemployment system failures and backups. Many claims still remain unpaid to this day for many claimants, among other issues, all on Gov. Janet Mills and Labor Commissioner Laura Fortman's watch. These state leaders, especially Gideon and Jackson, have in essence, walked away, abandoned and shirked their duties and responsibilities while being paid by the taxpayer. They have demonstrated their true lack of effective leadership, responsibility and effectiveness serving the people of Maine. This is neither OK, nor acceptable nor right; it is unconscionable, period! Concurrently, the Congressional delegation fell short on its responsibilities to help out all Mainers during this pandemic, with limited and lackluster constituent services and responsiveness. All of that must improve very substantively, going forward. We are not done and over with this pandemic. It's time for improvements.

The bottom line is: we Mainers need (and must have) better, more caring, and more responsive leaders with more improved leadership, effectiveness and responsiveness. We certainly don't have that with either Sara Gideon or Troy Jackson or others presently. For now, it appears very doubtful that either Gideon or Jackson will reconvene the ME Legislature before November. Real meaningful changes for the better are necessary, come November. Please vote for better leaders. Think about it, all. Thank you.

P.S.: RIP, to those that died on 9-11-2001 & 9-11-2012.

– David Hall Cornish

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In Memory of Robert Rayford

you ever Have heard of Robert Rayford, not to be confused with the actor Robert Redford? Rayford grew up in St. Louis. He was 10 when the Cardinals whooped the hated Yankee's in the '64 World Series. He prob-



Jon Simonds

ably dreamt of wearing the uniform of those '64 Redbirds featuring such super- An epidemic is confined to a small and Curt Flood. After all, in 1964, baseball was the national sport. It was also the year The Beatles con-

quered America while the country was determined to conquer Vietnam spawning a different kind of war in the streets of our cities. It was an election year. Johnson's war on Poverty joined the Civil Rights movement to defeat Barry Goldwater. These were difficult times for a 10-year-old boy. I was who couldn't have known then, he

would be dead at 15.

grew up in two different cities. He was 13 when he first started to get sick. Low grade fevers, the 'Hershey squirts' because that's what you called it when you were only 13. Nothing major. Just a little flu. Over the next two years, however, his legs would inexplicably swell, recede and swell again. He was treated once for Chlamydia, indicating sexual activity. Bouts of fatigue would floor him and at times, he would struggle to breathe. Eventually his white blood cell count would nosedive and in 1969, and as my beloved Mets were crowned Champions of the World, Robert Rayford would return to a St. Louis emergency room, go into convulsions and die. An autopsy proved nothing prompting

his family physician to immune system by striking vital send blood and tissue to a CDC freezer in Atlanta. In St. Louis Robert Rayford was sent from death – a medical mys-

The difference between an epidemic and a pandemic is region.

stars as Lou Brock, Bob Gibson area of the world. A pandemic is everywhere in the world. In the early 1980's when Reagan was in the White House an epidemic was taking hold in various parts of the country. People were getting sick and dying in places like New York and San Francisco. Reagan wouldn't address it. The victims all shared a common trait. They were gay. In those early days, they called it the gay disease. The political narrative called it Gods wrath 8, two years younger than Rayford on sinners until it began to assault straight God-fearing individuals. the blood and tissue sample for All of a sudden political leaders HIV? The results showed 13-year-I never met Robert Rayford. We were paying attention to scientists old Robert Rayford as possibly such as Dr. Fauci, appointed head of the National Institutes of Health (NIH) in 1984. It was a time when individual words like safe and sex, were suddenly joined together in a shotgun wedding. The serial killer suddenly had a name. It was called human immunodeficiency virus (HIV), more commonly known as AIDS and in as little as 5 years, it had claimed nearly 200,000 lives - a number the current virus has approached in as little as 9 months.

Like Reagan before him, Trump has largely chosen to ignore the virus or in his own words, "play it down." The virus he is downplaying while encouraging many of his followers to ignore medical expert advice, has many similarities to HIV. It exhausts the

organs, such as the heart and lungs. It warns the human host with fatigue and difficulty breathing, only unlike HIV it moves much more a slab in a morgue to a swiftly. We keep hearing about a hole in the ground, his cure, a vaccine but as of yet, like HIV, we don't have one. We don't know what the long-term effects will be on those who recover. We do know, there is no lasting immunity as a growing list of re-infected people indicate. Individual words like face and mask are getting acquainted, but the nation as a whole, has yet to walk them down the aisle. The longer we play it down, the worse it will be for a country on the painful path of lost county, state and national revenues. It's a path promising increased homelessness and hunger to say nothing of the growing number of deaths.

In 1987, a family physician from St. Louis reached out to the CDC in Atlanta with a case number and a request. Would you test the first known victim of AIDS in the United States. It was 1969, a year in which the United States put the first human footprint on the moon. We were leaders, then. HIV is a manageable disease now, just like diabetes. COVID-19 isn't. It doesn't belong to China, anymore. It's ours. It's an election year. How much longer do you want to keep

Jon Simonds lives in North Waterboro and is the author of "Brooklyn Encounters," a collection of short stories available on Kindle.

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