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THURSDAY, AUGUST 20, 2020

Heroes walking

By C.J. PIKE

Limerick firefighter #91 Ron Smith will make his second annual Walk For Warmth, on Saturday, Sept. 12 along with 'Oldport Batman,' 8.7 miles in full fire gear.

They will start at the Limerick Fire Station on the Back Road, leaving there at 9:10 a.m. and walk down Route 5, all the way to the Waterboro Central Fire Department. Accompanying him will be the 'Old Port Batman,' and several of the other super heroes will be at various check points along the way, such as Bat Girl, Storm, Captain America and Spiderman. Balloon archways will be at each checkpoint, and kids can put on their favorite super hero costumes to have their photos taken with Ron and his super hero friends.

The first checkpoint is at the Woodsome bridge near the Limerick/Waterboro town line. The second one will be at Lakeside Community Church, the third one at Merrill's Country Store, and the last checkpoint will be at Lakeside Market before the finish at Waterboro Central Fire Dept.

This year, he is raising money



for the elderly and young families that are in need of heating assistance in the winter, in the RSU 57 area. Local company J. P. Carroll Fuels will be helping to provide fuel for the families.

Call J.P. Carroll at 793-2331 to make a donation over the phone, using a credit card, send in a check or drop off cash. A recent Facebook update stated that about \$500 had been donated so far. You many also drop off a donation at the fire station in Limerick. Last year's nine-mile walk raised over \$4,000 for the elderly in Limerick.

Smith has also set up a Go-FundMe page and the address is: https:gofundme.com/f/nrwcu6walk-for-warmth?

Smith sends out his appreciation to everyone who helped out last year, and hopes that this fundraiser will have a great outcome, too. And in his words, "Let us come together as a community to help those in need."

FROM MAINE TO AFRICA Deploying during a pandemic The experience from members of the Maine Air National Guard's 265th Combat Communications Squadron

The Maine Air National Guard supports all types of missions across the globe, enduring various conditions that its members prepare for during extensive training and planning.

When the COVID-19 pandemic struck, 265th Combat Communications Squadron Airmen had to adapt to new guidelines and restrictions as they embarked on a deployment to Camp Simba in Kenya. They would be one of the first U.S. military groups to deploy following the stop movement order imposed in March.

In early spring, about a dozen members of the South Portland Air National Guard Station's 265 CBCS departed Maine in an unorthodox manner. The Airmen and their families gathered in the Portland International Jetport's cell phone lot, along with several other visitors seeing the group off for their roughly six-month deployment.

"Our families saw us off there so that we wouldn't all be crowd-

ed into the terminal," said Staff Sgt. Michael D. Wallace, a radio frequency transmission technician from Westbrook. "At each step of our travel we had 'Restriction in Movement' and periods of quarantine."

The Airmen deployed to provide a variety of communication support operations, including setting up satellite communications, maintaining the local network, and ensuring radio aircraft are *(Continued on page 5)*





Hannaford Supermarkets Vice President of Operations Jim Hamilton, left, presents Deputy Director of York County Community Action Corporation Carter Friend with a \$25,000 grant to support York County area families as they seek to meet the most basic needs for themselves and their children during a period of economic hardship resulting from the global health pandemic. (See related story on Page 2.) COURTESY PHOTO

Staff Sgt. Michael D. Wallace, of Westbrook, deployed with about a dozen other members of Maine Air National Guard's 265th Combat Communications Squadron in the spring to Camp Simba in Kenya. They were one of the first U.S. military groups to deploy following the stop movement order imposed in March for COVID-19. The Airmen deployed to provide a variety of communication support operation, serving as Camp Simba's primary communications resource. AIR NATIONAL GUARD PHOTO

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BUSINESS NEWS

Hannaford donates \$50,000 to support Maine families impacted by COVID-19

Donation one component of overall \$250,000 commitment to help families across New England and New York meet basic needs during the pandemic

Hannaford Supermarkets recently announced a \$50,000 donation to support Maine families as they seek to meet the most basic needs for themselves and their children during a period of economic hardship resulting from the coronavirus global health pandemic.

The donation includes \$25,000 each to Penquis and York County Communication Action Corporation, which will be used to increase access to healthcare, education and employment opportunities for families in southern and central Maine. An estimated 500 families in Maine will be served as a result of the donations from Hannaford.

The donation is one part of an overall \$250,000 commitment from Hannaford to help families in New England and New York adversely impacted by the pandemic.

According to a survey conducted by the Urban Institute in late March and early April, more than four in 10 parents reported that they or someone in their family lost work due to the coronavirus and that low-income parents were less likely to be able to work from home. The study also found that more than one-third of parents had problems paying for housing, utility, food or medical costs at the onset of the pandemic and reduced spending on food and savings, resulting in increased debt.

"The pandemic has resulted in a groundswell of new issues and struggles for families throughout our community, including health concerns, job loss, financial difficulties and decreased access to childcare and education for their children. Our lowest-income families have borne the brunt of this impact and need our help now more than ever," said Hannaford Supermarkets President Mike Vail. "At Hannaford, we consider the family unit the core of our community and are pleased to support parents and children throughout New England and New York with this donation. This effort truly exemplifies our commitment to being Greater than Groceries."

Penquis will utilize the funding from Hannaford to support their COVID-19 Basic Needs Fund that helps keep families and children safe by addressing the stress and financial instability caused by the pandemic. Funds are used to provide access to essential items and services such as food for families, clothing for children, needed household and personal care items, and supplies to help children learn whether at home or in the classroom. Funds also assist with the purchase of technology, including computers, tablets, and internet service, to combat isolation and increase access to health care, education, and peer support services.

"Without these funds children in our community would not have access to their needed telehealth services, parents in recovery would miss out on the support of their peers, families facing loss of income would be without food on the table and needed clothing for their children. These funds are critical to keeping families safe and healthy," said Penquis CEO Kara Hay. "These funds are also vital in helping our students with the school supplies and technology they need, whether they are learning from home or at school. We are grateful for these funds that truly make a difference, helping people when they need it most.'

The grant from Hannaford will be used to help York County Community Action Corporation's efforts to support many hundreds of families in York County's 29 towns and cities with immediate and long-term needs including, rent relief, foreclosure prevention assistance, emergency shelter for victims of domestic abuse, childcare access, purchasing clothing and school supplies for school-aged children, assistance for medical, dental, and mental health services, and transportation.

"The pandemic has presented us with a truly unprecedented challenge. It is at times like these that we rely on our community partners, like Hannaford, to work with us to help our vulnerable neighbors meet their basic needs," said YC-CAC Executive Director Barbara Crider. "The leadership and compassion that Hannaford is showing by making this support available will enable us to help York County residents to weather this storm. On behalf of all those who will benefit from this support, we want to express our heartfelt appreciation."

Since March 2020, Hannaford has donated \$1.25 million to COVID-19 relief efforts, including hunger relief, homeless outreach organizations and local agriculture.

Incorporated in 1967, Penquis assists individuals and families in preventing, reducing, or eliminating poverty in their lives and, through partnerships, engages the community in addressing economic and social needs. Penquis primarily serves individuals in Penobscot, Piscataquis, and Knox counties.

For more information or to donate, visit Penquis.org

For over fifty years, York County Community Action Corporation has been providing services and presenting opportunities to support the economic, social, educational, physical and emotional wellbeing of York County residents. Guided by the principles outlined in the preamble to the Economic Opportunity Act of 1964, to "eliminate the paradox of poverty in the midst of plenty," YCCAC believe that all individuals deserve the opportunity to live full and meaningful lives, with a warm and safe place to call home, reliable transportation, affordable health care, nutritious food and, above all, a sense of purpose within a safe and supportive community. For more information or to donate, visit YCCAC.org (Photo, page 1)





Sanford/Springvale Chamber Awards Scholarship

Taylor York a graduating student from Sanford High School's Academy of Business is one of two \$1,000 scholarship recipients supported from the chamber's annual golf tournament. Taylor is a graduate of Marshwood High School and attended Sanford Regional Technical Center successfully completing the two year management, marketing, personal finance and entrepreneurship program. In the fall Taylor will be attending Southern New Hampshire University School of Business. She was presented the award by Chamber President Rick Stanley, left. COURTESY PHOTO



In related news, the Sanford Springvale Chamber held their annual golf tournament on Aug. 14 at Province Lake Golf and there were two hole-in-one's on hole #5, one by Steve L'Heureux, left, and the other by Chamber President Rick Stanley, right. COURTESY PHOTO



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Special events? Accolades? Changes to your business? New hours or location? Press releases? Photos?

If your business has news to share with the community, we'd love to hear from you!

Send your submissions to: news@waterbororeporter.com

REPORTER

WATERBORO

Absentee ballots

Applications for absentee ballots are now available for the Nov. 3 election. Anyone can vote absentee. Stop by Waterboro Town Hall to pick up an application or download one at www.waterboro-me.net/document_center/ elections/nov2020/Nov2020_Absentee_App.pdf. Return in person or mail to: Waterboro Town Clerk, 24 Townhouse Road, East Waterboro, ME 04030. Ballots will then be mailed beginning Oct. 2.

You can also request your absentee ballot through the state of Maine's website by visiting www. maine.gov/cgi-bin/online/AbsenteeBallot/index.pl.

Public access television

Waterboro Selectmen, Planning Board and other meetings

inside

are Broadcast LIVE, as well as rebroadcast on Saco River Community Television (SRC-TV). The public access and government channels have returned to their original single digit locations. Public Access is Channel 3 (or 1301) and Local Government is Channel 5 (or 1302).

LIVE broadcasts include:

· Board of Selectmen Meetings 2nd & 4th Tuesday of each month at 6 p.m.

• Planning Board Meetings 1st & 3rd Wednesday of each month at 6:30 p.m.

• Zoning Board of Appeals Meetings are broadcast LIVE on Thursday evenings whenever they convene.

Meetings are rebroadcast on the following schedule:

· Mondays, Tuesdays and Wednesdays at 9 a.m., 12 p.m., 5 p.m., 7 p.m.

• Fridays, Saturdays and Sundays at 9 a.m., 2 p.m., 7 p.m.

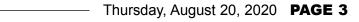
The Lions Field in Waterboro is closed until further notice for safety reasons. COURTESY PHOTO

Zumba at the park Zumba fitness classes will be held every Monday and Wednesday morning from 9-10 a.m. at

Friendship Park in Waterboro. The fee is \$10. The instructor's name is Stacy. Contact Waterboro Recreation for more info.

Lions field closed

According to town officials, the Lions softball field will be closed until further notice while they correct some safety issues.









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207-282-4002

will be open every Friday in August from 4:30 pm-7:30 pm at the farm at 267 Bridge Street in Newfield. Get it to go or sit in our rock garden (weather permitting). Menu is at www.harristurkeyfarm.com/foodtrailer



SHAPLEIGH

Joanne Bargioni joannebargioni@gmail.com

Shapleigh scholarships

Community Days, a Shapleigh celebration held at the end of July every year, was not held this year. Although the camaraderie of the attendees, food, and fun of attending a Shapleigh tradition was sorely missed, the scholarships that were typically given out during the Community Days event were distributed in a different way this year.

Normally the awarding of the scholarships was presented to the recipients during Community Days. Four students received Shapleigh scholarships this year. Due to COVID-19, the scholarship recipients were given a letter informing them of their scholarship when they received their cap and gowns for graduation from Massabesic High School according to Audree Roy, Administrative Assistant at Massabesic High School.

Savannah Wakita was awarded a \$1,000 Shapleigh Community Forest Scholarship; Robert Chessie received a \$1,000 Shapleigh Community Days Committee Scholarship; Amy Giles was awarded the \$200 Ferguson Scholarship; and the \$350 Thyng Fleming. The scholarships will be paid out to the respective colleges when the students have completed their first semester.

Scholarship went to Samuel

Vote in honor of a veteran

Maine's program," Vote in Honor of a Veteran" has been in service since 2000 when former Secretary of State, Dan Gwadosky, created the Promote the Vote initiative. The program was very popular and continues to this day. A voter can obtain a button "personalized with the name of a Veteran the voter wants to recognize for their sacrifices to ensure our freedom, including the right to vote." More than 10,000 citizens have honored a veteran who had served, or is serving in the military. There is no cost for the buttons or mailing. If you would like to obtain one of these buttons, visit Maine. gov and go to Maine Pays Tribute To Veterans, click on order button to fill in the form with the name of the veteran you wish to honor.

Voting absentee

The Town Clerk's office is now taking absentee ballot requests for the Nov. 3 General Election. You may request a ballot by calling the Town Clerk's office at 636-2843 or by visiting the state's online portal at www.maine.gov/cgi-bin/ online/AbsenteeBallot/index.pl.

TOWN OF SHAPLEIGH

Monday, <u>August 24 at 8am</u> the Emery Mills Bridge, in the Town of Shapleigh, will temporarily be reduced to one-lane of traffic so that the Town can conduct borings and testing. Traffic controllers will be in attendance during this period of traffic restriction. You may want to seek an alternative route. For any concerns on the day of the work please contact Road Commissioner-North

Jeff Goodwin at **207-432-0566**. If you would like any further project details please contact the Town Administrator, Karla Bergeron at **207-636-2843**, **Ext. 0** or email <u>administrator@shapleigh.net</u>.

TOWN OF SHAPLEIGH

The Shapleigh Planning Board will be holding a PUBLIC HEARING on Tuesday, Aug. 25, 2020 at 7:00 p.m. for the following:

• Amendment to the Subdivision Known as Dezan Subdivision – Adjust Lot Line of Lot 3-2 to Correct Setback Issue with Neighbor's Garage Property Located at Shapleigh Tax Map 7, Lot 41, Subdivision Lot 3-2 (Norton Ridge Rd) Lee Dezan, Applicant & Property Owner; Joseph Stanley, Representing

ALFRED

Allison Williams awilliams@waterbororeporter.com 324-5823

Annual town meeting to be outdoors

The annual town meeting has been scheduled for Saturday, Sept. 12 at 10 a.m. at the ball field across from the fire station on School Street. Chairs will be provided. Attendees are asked to wear their masks.

Fire and rescue calls

July was a busy month for the Fire and Rescue Department. There were 17 calls for people with basic life support training, 10 calls for people with advanced life support training, 6 calls for medical non transport, 5 calls for lift assist, 4 for mutual aid in a fire, 3 for mutual aid in a medical emergency, 3 for motor vehicle crashes, 2 for public assistance, 2 for smoke/odor investigation, 3 for tree/limbs/wires down, 1 for a medical code ,2 for fire alarm activation, making 61 calls in all.

Lions yard sale

The Massabesic Lions Club will be holding a yard sale this Saturday, August 22, on the Lions Club lawn in Waterboro. There will also be a table by the Shaker Museum and food available. The next "traveling supper" will be September 12 with two kinds of beans, chop suey and dessert.

How to eat rhubarb

It was after my Canadian grandmother died that I learned how to properly eat rhubarb. If this sounds disconnected I will explain. The news of her death came as a shock to the whole family, especially to my father. He burst into tears after taking the telephone call, my mother comforted him, and then explained how the sad news came about. As was the custom at that time, the whole family had been seated around the kitchen table where the kerosene lamp was lit after supper. There was no electricity on the island and only one telephone (in the village store) so it was the custom after supper for families to discuss the day's events around the table.

My grandmother had gone out to bring the laundry in off the clothesline, came in saying she didn't feel well and had a heart attack right there in front of the family. There are worse ways to go than with your nearest and dearest nearby but it was a shock to them all. She had been the pivot around whom the whole family revolved.

There must have been another call announcing the arrangements because we children were told that our parents would be traveling down east and no, we three children could not go. Someone would stay with us. That someone turned out to be Mrs. Whitney, whose family lived in the back apartment of my Whittemore Grandmother's home.

I knew Mrs. Whitney was a kind person but barely knew her. I knew she had a son named Jimmy who did not like to get up in the morning. She would go to the

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PUBLIC NOTICE – TOWN OF LYMAN **ABSENTEE BALLOTS AVAILABLE**

RUN-OFF ELECTION SET FOR SEPTEMBER 15, 2020 TO BREAK TIE VOTE FOR SELECTMAN/OVERSEER OF THE POOR FROM PRIOR JULY 14, 2020 ELECTION.

Election must be by plurality vote. David R. Alves and David L. Dulong each received the same number of votes as candidates for the membership of the Board of Selectmen from the July 14, 2020 election.

REPORTER

foot of the stairs and holler "Jimmy! Jimmeee! "in rising tones of frustration. The stairs were just the other side of the wall of my grandmother's dining room so we heard this every morning on the days we stayed with Grandma. At that point I had never even seen Jimmy but we met him as soon as Mrs. Whitney arrived. She brought him with her.

It soon became apparent that Jimmy was a regular "Tom Sawyer." He was older than I was, who knew lots of things we didn't. The first thing we learned was that he was a tree climber. He taught us to climb trees that our folks would have told us to stay out of. We learned to climb the red maple on the hillside, then the apple tree beside it. Then how to pick the green apples, and eat them. We learned that green apples were fairly edible if you sprinkled salt on them. If they seemed bitter, you might prefer rhubarb. Salt also enhanced the rhubarb but the salt shaker had to be returned to the table for meals. He was very inventive about the games we played - there was never a dull moment when you played with Jimmy. Yet he never suggested anything really illegal, like playing in the greenhouses so we were never in any real trouble.

Our real playground was the woods up behind the greenhouses. This was where we spent our time. My brother (with our assistance) built a cabin up there, a stick cabin with a little square hole for a door. My brother became so enamored with this cabin that he said he would build a building higher than the Empire State Building when he grew up. He gave up the idea when he grew older but it was a nice dream. We also had a lookout, a very tall tree to which he had nailed boards which served as a stepladder. There was a great view from the top. We could see all the way to the town.

We had names for the different areas in the woods. A ridge on which numerous young aspens grew was the "Pretty Place," so named because they were yellow in fall. "Stinky Land" had a bad odor, probably because of poor sewer drainage. I wonder if the code enforcement officer has caught up with that one. And when we found jars hung on our trees we were quite insulted. How dare they? These were our woods, after all. We took care of the jars, which I later learned were catching sap. But at the time, we had no knowledge of how maple syrup was produced. We eventually outgrew our forest playground. I still believe it was better than a playground which costs the school district hundreds of dollars. Our folks returned from New Brunswick with stories of how cute the new baby cousin was, and they had a new small toy for each of us, to make up for leaving us behind. The thing I best remember of that time was my Whittemore Grandmother pinning a paper on the moon! We all slept on the screened porch and apparently she thought the moon shining through the screen would keep me awake. So she pinned a paper on the spot. I appreciated her effort but after a day in the woods or trying to keep up with Jimmy, nothing would keep me from slumbers. And it didn't.

The Public is invited to attend via the following: • Join Zoom Meeting https://us02web.zoom.us/j/84895865996? pwd=R0tBZE5ENFVLSGRibFRFaWFVQmEvZz09

• **If calling in:** Find your local number: https://us02web.zoom.us/u/kekLm2hxR2

Zoom Meeting ID: 848 9586 5996 Password: 479754 (For all links)

• You may send an email by noon on the day of the meeting to planningboard@shapleigh.net and the link to the meeting will be emailed to you.

Roger Allaire, Chairman - Shapleigh Planning Board

You may vote an absentee ballot in the Town Clerk's Office during normal business hours through September 10th or have a ballot mailed to you by calling the Town Clerk's Office (247-0643).

The polls will be open on September 15th from 8 am to 8 pm at the Lyman Town Hall located at 11 South Waterboro Road.

VOTER REGISTRATION

Registrar of voters will be available Aug. 19 & 26 and Sept. 2 from 12:00 p.m. to 7:00 p.m., and Sept. 10 & 11 from 9:00 am to 4:00 pm. The Registrar will also be available on Election Day from 8:00 a.m. to 8:00 p.m. to register new voters and correct the voting list.

Please bring I.D. and proof of residency with you.

REPORTER

BRIEFS

Alfred bakery open

Shaker Hill Bakery, on the campus of York County Shelter Program opened on Aug. 14.

The bakery offers bread, cinnamon rolls, pies, cookies, whoopie pies and other baked desserts. The kitchen is staffed by skilled volunteers. All proceeds go to York County Shelter Programs.

The bakery can accept orders for pick-up. Call 324-8811. The shop is also open to customers. The bakery will adhere to CDC guidelines; please wear a mask.

The bakery will be open Friday, Saturday and Sunday, 10 a.m. to 3 p.m., through December.

Drive-thru bean supper

Crossroads United Methodist Church is having a "Drive-thru bean supper on Aug. 29 from 5 to 6:30 p.m. We are located at the corner of Rt 202 and Grammar Road in Sanford. Menu will be: two types of beans, hot dogs, ham, chop suey, cole slaw, rolls and brown bread muffins and brownies. Cost is \$7 per person.

Project Child Find

Do you know of a child 3-20 years of age with a disability residing within the R.S.U. #57 school district? The disability might be in vision, hearing, behavior, learning, health, mental ability, autism, or any combination of these areas. Children with disabilities are entitled to appropriate educational services provided at no cost to the child or family. If you know of a child with a disability in need of special education services, please call your local school Principal



(Continued from page 1)

properly operating. They serve as the installation's primary communications resource while working with other military components.

On their way to Kenya, the Airmen made several stops and transferred to military aircraft.

"We were the first U.S. military aircraft to land in Germany after COVID-19 broke," recalled Wallace.

As the group traveled into Africa, they were screened and tested for COVID-19 at every location before arriving at Camp Simba.

"When we landed, we were

Wallace also said the wildlife is also spectacular, with monkeys and baboons by the hundreds right outside the gate, and plenty of lizards and snake inside the camp. He was even told by others who have been at the camp longer about lion and hippo sightings.

"My son, Samuel, is 9 years old and I'm sure he thinks I'm here on a National Geographic expedition," said Wallace. "Wildlife around here is a big topic of our conversations when I have a chance to talk with him."

Almost three weeks into their deployment, Samuel broke his leg in a bike-riding accident that required surgery at Maine Medical Center. Wallace was 8,000 miles away. The anxiety of the accident combined with the concerns over to COVID-19 weighed heavy on Wallace's mind. "He's recovering well now, but you feel like your mind is always in two places when something like that is happening back home," said Wallace. "Something you put in the back of your mind is that life still happens for you and your loved ones when you're deployed. Life is unpredictable." While the state continues to face challenges associated with the pandemic, it is important to remember the men and women from Maine who are serving all over the globe. They are focused on their mission, but they are also faced with this new threat to their families and friends back home.



A free takeout meal with curbside service will be held on Sept. 8 in Sanford at the St. Ignatius parish hall, 25 Riverside Avenue, from 5:30 tp 6:30 p.m. Donations will be accepted. COURTESY PHOTO

Free monthly meals return to Sanford on Sept. 8

A free monthly meal that builds community and serves many in need will return to Sanford on Tuesday, Sept. 8.

The Matthew 25:35 Meals, organized and presented by teens from Holy Spirit Parish in Wells and Kennebunk and St. Thérèse of Lisieux Parish in Sanford, have fed hundreds of community members since the inception of the initiative three years ago.

Due to the COVID-19 pandemic, the meals, which are held on the second Tuesday of each month inside the St. Ignatius parish hall on 25 Riverside Avenue, were cancelled from April to August.

On Sept. 8, the meals return with take out and curbside service from 5:30 p.m. to 6:30 p.m. All are welcome to attend.

"This alternative will continue until it is safe to gather inside again," said Carolyn Houston, faith formation director at Holy Spirit Parish.

Parishioners and community members have been wonderfully generous with donations to support the monthly meal effort, and those contributions are still needed.

"If anyone would like to support this community meal project, gift cards to Hannaford would be welcomed and used to purchase necessary supplies for this endeavor," said Houston. "We are also looking for donations of pre-packaged, individual-sized cookies as well as fruit cups. The fruit cups must be 'no sugar added.""

Send your news to: news@waterboro

All donations should be labeled "Matthew Meal" and dropped off at either St. Martha Church (34 Portland Road, Kennebunk) or St. Mary Church (236 Eldridge Road, Wells).

"Support in the form of prayers for volunteers and guests is always welcome, too," said Houston.

Offering the monthly meals is a way to teach the teens about the importance of service, particularly the Bible verse Matthew 25:35 ("For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, ...").

When the two parishes first came up with the idea of hosting the dinner in November of 2017, nobody, not even the organizers, had any idea of what would transpire.

St. Thérèse of Lisieux Parish would provide the venue, while Holy Spirit Parish would supply the food. Other than that, it was a leap of faith.

"From the start, you had some families, some parishioners, some who were just people looking to get together with others," said Shelly Carpenter, parish catecheti-

All donations should be labeled cal leader at St. Thérèse of Lisieux Parish. "It's didn't take long to become a whole community thing."

> "It's very humbling to know that we are helping to serve God's people," said Tommy Guillemette of St. Thérèse of Lisieux. "It's nice to be able to come together with another local youth group and work together for the same cause and have a good time doing it."

> The guests also get more out of the meals than the tasty food. They get to see the present and future of the Church in action.

"This service of the teens teaches how to be the Body of Christ and how to see Christ in others," said Houston. "The guests often remark on how joyful, attentive, and helpful the teens are while they are serving meals, cleaning up, and welcoming them."

The meals are a gratifying labor of love for the teens.

"It's great to see how everyone enjoys the meals and it's great to make a difference," said Ryan Connors of St. Martha Church.

For more information, contact Carolyn Houston at 985-6252, 646-5605, or carolyn.houston@ portlanddiocese.org.



3UXTON • Portland Rd. & Rte. 202 • 929-8200



Breads and pastries are available at the Shaker Hill Bakery open weekends through December. COURTESY PHOTO

or Timothy O'Connor, R.S.U. #57 Special Education Director. R.S.U.#57 includes the towns of Shapleigh, Newfield, Limerick, Lyman, Waterboro and Alfred.

Destruction of records

R.S.U. # 57 will destroy selected Special Education records of special education students at the end of the school year in which they the student turns 26 years old. Parents or adult students wishing to obtain these records should contact the School Department. The School Department shall maintain permanently a record of the student's name, address, phone number, grades, attendance record, classes attended, grade level completed and year completed.

handed a specific type of surgical mask as a request from the Kenyan government," said Wallace. "We then had an initial 14-day re-

we then had an initial 14-day restriction to certain parts of camp. After that, we [made] sure we had our face masks on when we are near others, as well wash our hands frequently at the handwashing stations they have all around camp."

After Wallace and the others from the 265th CBCS settled in, the group worked around the clock supporting operations. The Maine Airmen have had the opportunity to interact with other Airmen from around the world and are getting to know them better. Wallace commented that there are many shared activities including movie night and volleyball Tuesdays.



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OPINION

LETTERS

Support for Gideon

I met Sara Gideon as a fellow parent of our school-age children. We spoke at their school about our mutual interest in seeing our children participate in fewer video games and more outdoor activities. With Sara's encouragement and partnership, I launched with Old Mast Landing Outdoor Club, which engaged kids in outings where we cleared trails, fished, picked up trash along roads, had search and rescue training with dogs, studied the night sky with an astronomer, hauled lobsters traps and dug clams with local fisherman. I was impressed on these outings by the ease with which Sara spoke with clammers about issues like green crabs and their impact on the clammers' livelihoods, and the insight she brought to her conversations with lobsterman about the impact of warming on the Maine Gulf.

Maine is my home and that of my ancestors going back ten generations. We have an enormous investment in the ecology of our state and are gravely concerned about the disturbing changes that climate change is bringing about.

But we are proud that our town of Freeport has put forward a candidate who can challenge the uninspiring tenure of Susan Collins. We have witnessed with enthusiasm her commitment to safeguarding the timber and lobster industries, and to protecting the public lands we know so intimately. My family's long and proud history in Maine has forged a strong connection to the land and the sea, and our endorsement of a Senate candidate is deeply personal.

Sara has demonstrated her commitment to environmental issues and, based on what we have learned about her over the years, we are confident that she has the skills, drive and determination to have a strong, positive impact on the Federal government's role in protecting Maine's ecosystems.

I look forward to a brighter, safer future for all Mainers with Sara representing us in the Senate. Yours sincerely,

Joseph Coleman Freeport

Joseph Coleman is a Registered Maine Guide and a Wilderness First Responder

NEWFIELD

C.J. Pike fudgecupboard@yahoo.com 793-8760

Food pantries open

The Little Food Bank at the Newfield Church on Water Street, next to the town office, is still open if anyone needs anything; take what you need.

The St. Matthew's Food Pantry serves residents of Limerick, Newfield, Parsonsfield and registered Parishioners of St. Matthew Church, at 19 Dora Lane in Limerick. The Food Pantry hours are: 1st Monday of every month from 6-7 p.m. and every Tuesday from 10 a.m. to noon.

Remembering Kate

The Celebration of Kate Shortsleeve's life will be held at 489 Shady Nook Road, in West Newfield on Saturday, Aug. 29, at 1 p.m. RSVP to: ktyshortsleeves@ gmail.com or to P.O, Box 150, West Newfield, ME 04095. Masks and Social Distancing will be required and appreciated.

Happy birthday!

Birthday wishes go to the people:Larry Dyfollowing er,Sr.,Stella Kohout, Derek Welch, Lance Polcaro, Roger Winn, Lisa Parent, Don Hubbard, and Alan Vachon.

Meetings

The Board of Selectmen will meet on Tuesday, August 25,. at the West Newfield Town Hall, at 23 So. Effingham Road, at 6 p.m.

Surviving summer in Maine

Summer is the best time of year, the weather is warm and we don't have to worry about cold and snow. We can sit out at night by a campfire and toast marshmallows or go for an evening boat ride. And, we don't have to get all bundled up; it's shorts and sandals most of the time.

However, for some people, there are times when it is a nightmare. I'm talking about thunderstorms. In Newfield, we have had a few this summer that have shook us to the bone, so to speak. Just a few weeks ago, I heard a large boom, that even shook me a little, and usually the storms don't bother me at all.

Storms can last around 20-30

minutes, and then move out of the area. The sky turns black, the rain can come down in buckets, and the crack of the lightning bolts can really give you a jolt.

I remember years ago, when I was living near Mirror Lake, and the thunderstorm just kept going around and around the area. It seemed like it went on forever, and I have to admit that it did make me nervous. It was quite scary.

However, sometimes, just the news of an impending thunderstorm will send some people into a full blown panic attack. That is known as astraphobia, an excessive fear of thunder and lightning. My dog Chester was like that. Once he heard thunder, he would be crying and looking for a place to hide.

In Newfield, the thunderstorms seem to hit us hard. According to the Maine Emergency Management, they hit the less populated areas of the state, towards the western mountainous regions.

Newfield will have many more storms this summer, but there is no reason to lose your cool. Find what keeps you or your pet calm to get through them. After all, there are still several weeks to go until the 'thunderstorm' season is over. Relax and enjoy it for what it is, part of summer.

New

Write to us!

Senator Collins calls on USPS to

address delays in mail delivery

unavailable."

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"I share the goal of putting

In a letter to the U.S. Postal

the USPS back on a financially

sustainable path; however, this goal cannot be achieved by short-

changing service to the public."

Service (USPS) Postmaster Gen-

eral Louis DeJoy, U.S. Senator

Susan Collins called on him to

promptly address the delays in

"I share the goal of putting the USPS back on a financially

sustainable path; however, this

goal cannot be achieved by short-

changing service to the public,"

Senator Collins continued. "If

left unaddressed, these recent ser-

vice issues will not only harm my

constituents who are counting on



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mail delivery-including prescriptions, personal protective equipment, payments, and other essential items-that have occurred following recent operational changes.

"Throughout its 245-year history, the USPS has played a vital role in bringing our country together and moving our economy forward. The Postal Service allows us to remain connected with family and friends and helps small businesses reach their customers," wrote Senator Collins. "The USPS continues to be a lifeline during the COVID-19 pandemic, especially for seniors, veterans, and those in rural areas who are depending on reliable mail delivery for essential goods and services that might otherwise be

timely receipt of mail and packages, but also undermine public trust in the USPS and ultimately harm its long-term financial viability."

Senator Collins has continuously worked to find common ground on reforms to enable the USPS to reduce operating costs, modernize its business model, and innovate to generate new revenue, without harming its workers or compromising its ability to fulfill the universal service obligation. To help the USPS remain strong amid the COVID-19 pandemic, Senator Collins introduced the bipartisan Postal Service Emergency Assistance Act and is leading efforts to include needed relief for the USPS in the next COVID-19 package.

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TOWN OF ALFRED Position Available

The Town of Alfred is seeking qualified applicants for the part-time position of Deputy Treasurer/ Deputy Tax Collector/Deputy Town Clerk and Deputy Registrar of Voters.

This position includes the duties as stated in the jobs noted above.

It is preferable, but not mandatory, that candidates have experience working with TRIO software, and State of Maine programs, including MOSES. Candidates must have strong computer skills along with excellent written and oral communication skills as the job requires working with the public on a daily basis. Candidates should possess, and have the ability to multi-task. *Pay rate commensurate with experience and education.*

Please provide a cover letter, current resume, and at least three professional references. Mail to PO Box 850, Attention: Board of Selectmen, Alfred, Maine 04002.

Application deadline: 2:30pm on August 27, 2020. The search will remain open until a suitable candidate is found. The Town of Alfred is an Equal Opportunity Employer. Board of Selectmen

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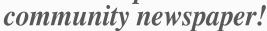


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MAINE DEPARTMENT OF AGRICULTURE, CONSERVATION & FORESTRY

Do you live, work, or recreate in the towns of Kennebunk, Kennebunkport, Arundel, or Lyman? The York County Soil and Water Conservation District (YCSWCD) is seeking your input to improve the water quality of the Kennebunk River Watershed! The watershed consists of all the land that will drain water into the Kennebunk River or its tributaries. Activities, land use, and development that occur within this area will affect the water quality of the river. Current-

ly the Kennebunk River does not

meet State of Maine water quality

standards. To address this issue,



Tenmile River Demonstration Forest. COURTESY PHOTO

Oxford County forest management

ern Maine Chapter of Maine County Soil & Water Conservation Woodland Owners and the Oxford County SWCD will be holding an ests, wildlife habitat and water rein-person educational meeting at the Tenmile River Demonstration Forest in Brownfield from 9 a.m. with over 6 miles of marked trails. until noon

Mike Richard, Oxford County District Forester with the Maine Brownfield town line. From Frye-Forest Service, and Merle Ring, retired District Forester and consulting forester, will discuss different forest management strategies on timber stands around the Demonstration Forest, and will discuss the benefits of using consulting foresters to assist woodland owners in emailing Michele Windsor at oxmanaging their woodlands.

The Tenmile River Demonstration Forest is a 300-acre parcel

On Friday, Aug. 21 the West- owned and managed by the Oxford District for education about forsources. It is open to the public for hiking, snowshoeing and skiing, The Demonstration Forest is located off Notch Road on the Hiram/ burg, travel south on Rt. 5 through Brownfield center. About 6 miles south of the intersection of Rt. 160 and Rt. 5, take a right on the Notch Road. At about 2.5 miles you will see a big green gate on the right.

> Pre-registration is required by fordcountyswcd@outlook.com. Masks and social distancing are required for the safety of all guests.

the YCSWCD, in partnership with Wells National Estuarine Research Reserve (WNERR), FB Environmental, and other community and municipal organizations, are creating a watershed-based plan to identify current problems within the watershed and provide longterm strategies to address these issues. As a crucial step in developing this watershed-based plan for the Kennebunk River, project partners

are seeking input from the public to share what they believe to be the most important water quality issues in their communities. An interactive story map presentation has been created to showcase the results of surveys and monitoring that have already been completed in the watershed and is available



Kennebunk River. COURTESY PHOTO

at https://bit.ly/33AwnOc. Please the online public input sessions provide your feedback by reading through this story map and completing a brief survey to identify which issues you believe to be critical in your community and what actions you want to see taken to address these water quality issues in the future. Priorities identified by members of the watershed communities will be incorporated into the final watershed-based management plan.

York County Soil & Water Conservation District

seeks input on Kennebunk River plan

Online public input sessions will also be held to allow for more in-depth discussions of community specific watershed issues. Three sessions will be held via Zoom on the following dates:

- Lyman: Aug. 25, 7-8 p.m.
- Arundel: Aug. 27, 7-8 p.m.
- Kennebunk/Kennebunkport: Aug. 31, 7-8 p.m.

Those interested in attending

are asked to contact Annie Cox at Wells National Estuarine Research Reserve at acox@wellsnerr.org.

This work is made possible due to a \$41,600 604b watershed-based plan development grant awarded to YCSWCD in partnership with WNERR. Funding for this project was provided, in part, by the U.S. Environmental Protection Agency under Section 604(b) of the Clean Water Act. The funding is administered by the MDEP in partnership with the U.S. EPA.

For more information about the development of the Kennebunk River Watershed-Based Management Plan please contact Mindee Goodrum, Interim Project Manager at York County Soil and Water Conservation District by email at mgoodrum@yorkswcd.org or call 432-3516.



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