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THURSDAY, OCTOBER 31, 2024



A Hollis fire truck drafting water from a dry hydrant in Lyman. PHOTO BY HOLLIS FIRE DEPARTMENT

Reducing risks of rural fires with dry hydrants

A ready and plentiful water supply is necessary to fight structure fires and wildland fires, but not everyone lives in areas with a public water utility and standard fire hydrants. Wildland fires tend to take place in more rural areas – in grasslands or forest.

That is why local fire department officials and others are thanking landowners in Lyman, Kennebunk and Hollis for their willingness to allow dry hydrants in existing ponds on their property to supply that precious and vital resource – water – when fires happen.

The dry hydrant project is part of a wider initiative, secured through a \$150,000 grant from the US Forest Service by the Forest Stewards Guild, said the Guild's Projects Manager, Polly Weigand.

"The Wildfire Risk Reduction Grant not only provided for installing some new dry hydrants, but it purchased personal protective equipment specific to wildland firefighting," said Roger Hooper of the York County First Responder Training Center. "It also provided the funding to run the York County Wildland Firefighter Academy last June. And it has funded the development of a Community Wildfire Protection Plan for the communities surrounding the Massabesic Experimental Forest."

Weigand said the Community (Continued on page 3)



Shapleigh PTC holds 'Trunk or Treat'

It was a spooky evening at Shapleigh Memorial School on Saturday, Oct. 26, when hundreds of children and adults lined-up outside the school for the Annual Trunk or Treat event. Many came dressed in costumes. This year, the event was organized by the Shapleigh Parent Teacher Committee. Kim Cote, President of the PTC, said that there were 16 tables this year that were handing out candy to the Trick or Treaters. A prize of \$150 from Winterwood Fuel was awarded to the best-voted booth, which went went to the Acton/Shapleigh Lion's Club with their theme of the Wizard of Oz. COURTESY PHOTO



Pictured above are the gravestones of the Pierce brothers.

James' memorial stone is next to Albert's, in one of the first two rows, near the edge of Calvary Cemetery in Limerick.

PHOTOS BY CYNTHIA MATTHEWS

Historical society hosts tour of Limerick cemeteries

By Cynthia Matthews

About 15 people gathered in the afternoon on October 20 at the Old Baptist Church on Main St in Limerick for the Limerick Historical Society's Cemetery Walk. Cindy Mullis and Brenda Mead from the Historical Society gave background information on the 3 people focused on for the tour: Jane Lougee Bryant, Abijah Felch (and family), and James Pierce.

"Anyone who's lived in Limerick for more than 10 years, most likely knew Jane Bryant," Mead began her introduction. "If you didn't know her personally, chances are you would have seen her. A perky lady with long white hair raking leaves and picking up sticks in front of her home on Main Street. Jane loved her hometown and took pride in doing her part in keeping it tidy."

Mead went on to tell Jane's story. She was born on Valentine's



Jane Lougee Bryant's grave marker can be found in one of the first rows near the church.

Day, 1925, and grew up above her parents' dry goods store, which is now Wright's Chocolate House. She was sickly as a child, and when she was 16, she was sent to boarding school in Arizona. After the bombing of Pearl Harbor, her mother wanted her to come home. She was homeschooled for a time, then went to Bennington College in Vermont. After graduation, she spent some time in France.

(Continued on page 6)



ARTS & ENTERTAINMENT



Sanford-Springvale Historical Society presents Sergey Antonov, cello and Ilya Kazantsev, piano

Sanford-Springvale Historical Society will present a concert given by cellist Sergey Antonov and pianist Ilya Kazantsev at the Sanford-Springvale Historical Museum, 505 Main Street, Springvale, on Sunday, Nov. 10 at 3 p.m. Their program will include compositions by Amy Beach, Frederic

Chopin, Gregor Piatigorsky and Richard Strauss. In addition, the duo will perform two pieces by Dr. Morton Gold, distinguished local musician and composer.

Hailed as "a brilliant cellist" by the legendary Mstislav Rostropovich, Sergey Antonov went on to prove his mentor's proclamation when he became one of the youngest cellists ever awarded the gold medal at the world's premier musical contest, the quadrennial International Tchaikovsky Competition. Antonov's entry into this elite stratum of sought-after classical artists has already placed him on stages at worldrenowned venues from Russia's Great Hall at the Moscow Conservatory to Suntory Hall in Tokyo. And pianist Ilya Kazantsev, praised by The Washington Post as "virtually flawless," has performed as a recitalist and a soloist with orchestras in Russia, Canada, Europe, and the United States. Mr. Kazantsev's many awards and honors include

first prize at the Nikolai Rubinstein International Competition (France) as well as top prizes at the International Chopin Competition (Russia) and the World Piano Competition (USA).

The doors open at 2:15 p.m. and the event starts at 3 p.m. at the Historical Museum, 505 Main Street, Springvale. The museum is handicapped accessible. Tickets are \$20 at Kazantsev-antonov. eventbrite.com. Tickets are required for ages 18 and up. Children are admitted at no charge. Tickets may also be purchased at the door the night of the performance, during museum hours (Fridays 10 a.m. - 4 p.m. and Saturdays 10 a.m. - 1 p.m.), or by calling 651-1980.

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DRY HYDRANTS

(Continued from page 1)

Wildfire Protection Plan, targeted for completion by the winter of 2025, will prioritize wildfire risk in the region and provide specific recommendations for mitigating them.

As to the dry hydrant project, members of Goodwins Mills Fire/Rescue that serves Lyman and Dayton, Kennebunk Fire Department, York County government, the Maine Forest Service, The Nature Conservancy and others gathered on a recent weekday at the site of the Lyman hydrant for a demonstration and conversation about it, and how homeowners can keep their properties safer from fire.

As a fire truck drew water and returned it back into the pond, Kennebunk Fire Chief Justin Cooper said the dry hydrant, installed on the pond at the James Thyng property in Lyman in mid-August was used a couple of weeks ago, on a structure fire about two miles away. As well, he pointed out that Biddeford Fire Department recently used a dry hydrant – a non-pressurized pipe permanently installed in a pond or lake that allows firefighters to draw water – in a rural sector of that community.

He and the others thanked Thyng, Kennebunk landowner Mark Stuart and Hollis landowner Paul Daney for allowing the dry hydrant installations. The Lyman dry hydrant has the capacity to pump 1,200 to 1,300 gallons of water a minute for several hours, noted Troy Dare of Rural Fire Protection of New England, which designed the hydrant installed in Lyman.

Landowners can also do their part to make their properties safer from fire. Cooper, along with Kent Nelson of the Maine Forest Service pointed out that a 30 foot perimeter free of trees surrounding a



Local fire officials and others got together in Lyman Thursday, Oct. 24 to talk about three new dry hydrant installations – this one, and one each in Kennebunk and Hollis, to ensure a steady reliable water source to fight rural structure fires and wildland fires. They discussed other initiatives, like the creation of a formal plan to mitigate wildland fire risks, and provided tips on how property owners can reduce risks around their homes. Pictured from the left are Roger Hooper of the York County First Responder Training Center, Troy Dare of Rural Fire Protection of New England, Kennebunk Fire Chief Justin Cooper, Jonathan Bailey of The Nature Conservancy, Polly Wiegand of the forest Stewards Guild and Kent Nelson of the Maine Forest Service. PHOTO BY TAMMY WELLS, YORK COUNTY GOVERNMENT

home and outbuildings is recommended. Cooper said landowners should refrain from planting evergreens, instead choosing plants and trees with lower flammability, choosing hardscapes instead of mulch, and making sure roofs and gutters are free from plant debris and leaves.

Goodwins Mills Fire/Rescue Deputy Chief Ben Harris also noted the increase in people moving to Lyman and Dayton year around. What used to be seasonal camps around the lakes or in wooded area now full time use. There has been an uptick in chainsaw accidents and other incidents, he noted.

"Its difficult access, the camp roads were bult after the 1947 fire, and weren't meant for year around use, Harris said.

Fire danger is highest in April and October and on Oct. 28, according to the National Drought Information System, 85.14 percent of York County was considered abnormally dry, with just the

southern tip of the county -14.86 – percent is considered to be in a moderate drought.

Those involved spoke of the collaboration it took to advance the initiative to make the area safer.

"This project can be a successful model for other regional partnerships," said Helene Hochholzer, Cooperative Fire Specialist with the U.S. Forest Service in a statement. She noted that the grant meets the goals of maintaining

landscapes, creating fire adapted communities, and improving wildlife response. "We commend the partners for this collaborative effort, as it takes everyone working together to help keep our communities safe," she said.

Landowners interested in pursuing dry hydrant installation should get in touch with their local fire department, local fire officials said.

- By Tammy Wells, Media Specialist for York County Government





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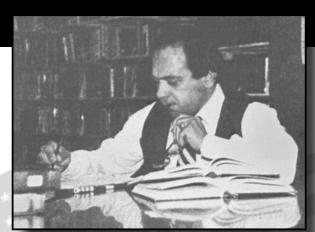
RE-ELECT VICTOR E. DIGREGORIO
City Council, Sanford/Springvale

- A resident of the community since 1973 - A substitute teacher for about 20 years

- Established various businesses including New England Vending & Concession (the first ice cream trucks in Southern Maine), New England Janitorial Services and Deoderite & Co. USA
- Diversified educational background with an emphasis on social sciences and law, graduating from Nasson College and the University of Maine
- Served as an administrative and executive aide at the State level, and a White House aide at the Federal level
- 15+ years as a Sanford Town Meeting and Warrant Committee member, as well as the only elected official on the Sanford Finance Committee & served as a former City Councilor

I am concerned about the quality of life and "living" in Sanford/ Springvale; for the senior citizens, youth, and adults. The key issues are taxes and monies being spent to support the town:

- Excessively high "property taxes" High Ambulance co-pays
- Costly "Pay as you throw" trash service No more cuts in service!
- We need to invest as much in our people as we do in our city!



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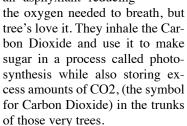
For the People!

OPINION

Radon – the silent, invisible creeper

tested your home for Radon. Radon is a gas just like Oxygen or

Carbon Dioxide. All three share something in common. All are completely invisible. They contain no odor and offer no taste. Oxygen is good for us. It is the gift of the trees from which Oxygen comes. We breathe in Oxygen and exhale Carbon Dioxide, an asphyxiant reducing



Radon is a product of Uranium. The International Atomic

When was the last time you Energy Agency describes Uranium as 'a naturally occurring radioactive element.' Uranium

was only discovered in 1789 and mainly used as a colorant for ceramics. It wasn't until the Manhattan Project and the birth of the Atomic Bomb that the value of Uranium stepped up in the world but this is about Radon which

is the product of Uranium decay. Radon is mostly a rock, crushed both by man-made construction projects and natural shifts in the earth. The radioactive dust becomes one with the soil. It is released into the air we breathe when the soil is disturbed. Radon also contaminates the water. The rains of heaven soak the soil and the run-off carries the Radon into the rivers and streams. There is no escaping it. It mingles with the air. It packs in with the soil and the seeds of our gardens and it soaks itself in the waters in which we drink and bathe.

- the World Be advised Health Organization insists there are safe levels of Radon which is to say exposure under X amount of particles per day won't shorten the span of a human life. However overexposure will cause lung cancer as radiation damages the cells lining the lungs. Symptoms include an onset of coughing, difficulty swallowing, shortness of breath, chest tightness, a hoarse voice but don't panic. These are symptoms falling under a garden variety of respiratory issues. It's your body talking to you. Maybe getting checked now and then isn't such a bad thing? When your body speaks — listen.

You should know the vast majority of the state of Maine is a hot-bed of natural Radon decay and York County is no exception. The state of Maine has enacted legislation to address the problem of Radon. I was surprised to find self-testing by John Q. Public in Maine is illegal, which is fine with me because my chemistry 101 classes went about as well as my high school Algebra. You can, however, order test kits from a company certified in Maine. Simply follow the instructions, mail out your sample and you'll receive an answer in as little as 2-3 days.

The CDC recommends two type of tests for your home. One is a long term test and the other a short term. For the short term, a quarterly test is best. It's cheaper and should have you monitoring the health safety of your home on a regular basis. The long term is annual, just once a year. Test kits can be found at places like Ace, or you can reach out to the Maine CDC for a certified Radon test person closest to you. Sure, it's an unexpected expense (29-39 bucks) but it's worth it to know you're fresh smelling cup of morning java is good for you, whether it comes from your very own coffee machine or the machine belonging to the local barista down the road. Make mine Dunkin'. Medium hot, regular cream with extra sugar. Oh and hold the Radon, please.

Jon Simonds lives in North Waterboro and is the author of "Brooklyn Encounters," a collection of short stories available on Kindle.

LETTERS

news@waterboro reporter.com

Include name, town and phone number for verification.

Jons jottings humor me

Jon likes meat and potatoes, so buy local and from farmers markets.

No tariffs and local food. No chemicals to keep it fresh on its 5000-mile journey from foreign farms to your table. And money, often CASH, stays in our commu-

Fresh food, seasonal yes, but Made In The USA. It's a good way to make America great again. Buy local.

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Ain't no tariffs on squirrels

- Ed Stubbs Newfield

TOWN OF ALFRED **PUBLIC HEARING** November 12, 2024 - 4:15 p.m.

by

Jon Simonds

Notice is hereby given that a Public Hearing will be held at the Alfred Town Hall, County of York, State of Maine at 4:15 P.M. on Tuesday, November 12, 2024 in accordance with Title 30- A, Sec 3752 - 3754-A MRSA. Said hearing being on the 2025 permit applications for the following owners to operate or maintain automobile junkyards/ scrap metal yards:

> Daney's Auto Salvage – Swetts Bridge Road J&J Enterprises, Inc. – Jordan Springs Road Morin Steel - Stone Road Roland's Motor Sales, Inc. – Sanford Road Jalbert's Auto Sales – Mountain Road

Any persons having any objections to the granting or issuance of said permits shall appear and show just cause.

- Board of Selectmen



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TOWN OF ACTON **JOB OPPORTUNITY**

The Town of Acton is currently accepting applications for a **TRANSFER STATION SUPERINTENDENT** / MAINTENANCE PERSON. This combined position will cover all responsibilities at the Transfer Station and miscellaneous tasks, such as minor construction, general building repairs and property maintenance. The chosen candidate will have a minimum of 3 years of supervisory experience, strong people skills, e ability to multi-task and work well independently The Town of Acton's Transfer Station has a budget of approximately \$300,000. The Superintendent will be responsible for the creation and managing of the budget with Select Board oversight, therefore attention to detail is a must. This will be a salary position of 35 hours a week with a yearly pay range between \$38,000 - \$42,000 depending on experience. The Town of Acton currently offers health insurance, earned paid time off, paid holidays and a longevity bonus. Interested candidates should send a resumé to: TOWN OF ACTON, ATTN: TOWN ADMINISTRATOR, 35 H ROAD, ACTON, MAINE 04001

This position will remain open until filled. The Town of Acton is an equal opportunity employer.

NOTE

The Select Board will consider separating these positions for the right candidate, however, please note the benefit package will change with the reduced hours. Please specify in your cover letter your preference.

BRIEFS

Quitting Tobacco Together

On Thursday, Nov. 14 at 6 p.m., Waterboro Public Library. in collaboration with Partners for Healthier Communities at Southern Maine Health Care is offering "Quitting Tobacco Together". Whether a former or current user, if you have a loved one addicted to nicotine or are impacted by second and third hand smoke, tobacco use and dependence touches many of us. Join Reegan Hebert, Community Education Specialist at MaineHealth specializing in tobacco prevention, for this presentation. You will have the opportunity to learn more about what's happening locally to prevent the initial use of tobacco, learn more about nicotine addiction and gain insight into free treatment options and resources available for youth and adults.

No Registration is required.

The Waterboro Public Library is located at 187 Main St., East Waterboro. FMI call 247-3363 or email, librarian@waterborolibrary.org. All programs meet in the Community Room downstairs.



COURTESY PHOTO

Massabesic High School hosts annual career fair

Massabesic High School held its Annual Career Fair on Oct. 23 from 7:30 to 11:30 a.m. in the MHS gymnasium. This exciting and much-anticipated event is designed to support the RSU 57 mission of "Preparing students for success in an ever-changing world" by encouraging students to be both career- and college-ready.

The Career Fair gave students the opportunity to engage with representatives from over 60 local and regional businesses, organizations, trade schools, community colleges, and military branches.

Participating companies and institutions represented a diverse range of fields, including healthcare, education, banking, engineering, and more. Through meaningful conversations with vendors, students were able to explore potential career paths, gather valuable insight, and begin envisioning life beyond high school.

Leading up to the event, students prepared by working closely with their advisory teachers, utilizing an interest inventory process that helped them narrow down specific areas of interest. The fair served as a chance for students to explore careers they may already be considering, as well as new opportunities they hadn't previously thought about.

Ms. Marianne Stephenson, leader of the Career and College Readiness PLC, played a pivotal role in coordinating this event, ensuring that students were equipped to take full advantage of the day's

Dr. Stephen Marquis, Superintendent of Schools, expressed his appreciation for the event, stating, "The Career Fair is an essential part of our mission to help students become future-ready. We are proud to provide them with opportunities to connect with professionals from a variety of fields, which helps them make informed decisions about their futures. I commend the MHS team, particularly Ms. Stephenson, for their hard work in organizing this event and for their dedication to our students' success."

The Annual Career Fair is a cornerstone of Massabesic High School's ongoing commitment to preparing students for life after graduation. With the support of local businesses and community partners, students left the event with fresh insights and a better understanding of the paths available to them, whether through immediate entry into the workforce, higher education, or vocational

For more information, contact Ty Thurlow, Principal, Massabesic High School, 88 West Road, Waterboro, by phone at 247-3141 or email at tythurlow@rsu57.org.

SPORTS

FOOTBALL

Mustangs soar past Hawks

Massabesic overcame a 15-point deficit, scoring 35 second-half points and coming away with an important 42-27 win over visiting Marshwood on Senior Night, Oct. 25 at the Corral on West Road in Waterboro. The Hawks scored on their first two possessions, but the Mustangs got into the endzone before the half closed to get closer at 15-7. Massabesic jumped ahead in the third quarter with two quick scores, but Marshwood tied at 21-21 with a kick return for a touchdown.

No matter. The Mustangs' offense kept rolling. They scored three TD in the final frame and secured third place overall in the standings. Cam Bradbury threw three touchdown passes, two to Cade Nielson. Nolan Pomerleau had 129-yards rushing and scored his first varsity TD. Dustin Maley had his first varsity touchdown. Massabesic will host Gorham in the opening round of the Class B South playoffs.

Scots beat Knights

Quarterback Colin Moran's late touchdown helped lift Bonny Eagle over host Noble on Friday. Oct. 25. The 21-14 win was the fourth in-a-row for the Scots who finished the regular season at 6-2. Noble, also 6-2, will end up with the #3 seed in the Class A South playoffs as the Scots stole second with the win. Another 6-2 team, Thornton Academy, holds the #1 seed. South Portland is fourth with a 5-3 mark.

FIELD HOCKEY

Mustangs stop Storm

Massabesic opened the Class A South field hockey playoffs with a 1-0 win over visiting Scarborough on Saturday, Oct. 26. Charlie Anderson had the games' lone goal with 3:06 left in the third quarter as the #8 seeded Mustangs, who finished the regular season 7-7, edged the ninth seeded Red Storm (6-8).

CROSS COUNTRY

Running for Regionals

Over 200 runners visited the Twin Brook Recreation Park in Cumberland for the annual Class A South Cross-Country Championships on Saturday, Oct. 26. Portland's Samantha Moore was first for the women with a 19:16.08. The Bulldogs were second in the team standings behind Falmouth. Bonny Eagle had fine outings from juniors Marina Violette who was sixth and Bailey Shaw (11th). Abagail Gilley, from Massabesic, was the fastest freshman in the field, finishing 16th. The Mustangs finished eighth overall, the Scots ninth.

Aran Johnson, a Bulldog, made it a gold medal sweep with a 16:22.98 in the men's division. He edged Deering's Ellis Wood by four seconds. Portland was first in the team competition; Scarborough was next and South Portland was third. Scot Harrison Dunne was seventh and Andrew Catalano was 16th. Bonny Eagle finished eighth.

> - By Mike DeAngelis Sports Editor



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MaineHealth to participate in post-treatment Lyme disease syndrome study

The five-year study, funded by a \$20.7 million grant from the National Institutes of Health and led by Tufts University School of Medicine, aims to identify the root cause of persistent Lyme disease symptoms.

MaineHealth is a collaborating institution with Tufts University School of Medicine on what promises to be one of the largest studies of post-treatment Lyme disease in North America. The five-year study, funded by a \$20.7 million grant from the National Institutes of Health (NIH), aims to discov-

er the reasons why some patients fail to fully recover from Lyme disease after standard courses of antibiotics. MaineHealth will receive \$3.1 million over the life of the grant for its role in the study.

As part of the research, the study team plans to recruit a total of 1,000 patients as soon as they receive their diagnosis of Lyme disease and follow them over the course of a year. In Maine, patients will be recruited at MaineHealth physicians' offices throughout the health system's service area. The goal is to understand mechanisms causing delayed recovery after treatment and to search for biomarkers that are different in patients who go on to have persistent Lyme disease symptoms from those who fully recover from

the disease.

"The study will incorporate the latest scientific advances in microbial and host genetics and measures of immune response to infection," said Dr. Rob Smith, director of the Vector-Borne Disease Lab at the MaineHealth Institute for Research (MHIR) and the clinical operations lead for this study. "We're also hoping that by following patients from their earliest diagnosis, we will create a robust data bank that will lead to new avenues for treatment of persons with persistent symptoms such as fatigue, pain and brain fog."

Symptoms of untreated Lyme disease include a rash (often, but not always in the shape of a bullseye), fever, chills, fatigue, muscle and joint pain. Most times, symp-

toms appear between three and 30 days after a person is bitten by an infected tick. If left untreated, Lyme disease can lead to arthritis, difficulty with memory and concentration, and heart problems. Treatment with antibiotics is highly effective. But five to 20 percent of people who recover from the acute symptoms of Lyme disease after treatment suffer persistent illness with symptoms similar to those of Long COVID. The causes of these post-infective illnesses are not known.

According to the Centers for Disease Control and Prevention (CDC), Maine has some of the highest rates of Lyme disease in the nation.

"The MaineHealth Institute for Research is dedicated to studying diseases that impact our community members in service of Maine-Health's vision of working together so our communities are the healthiest in America," said Dr. Doug Sawyer, MaineHealth Chief Academic Officer. "Tufts University School of Medicine has been a key collaborator for us in investigating causes and potential treatments for Lyme disease, and we are hopeful that this study will help get us closer to answering key questions about this increasingly common condition impacting our population."

The study will begin enrolling patients in the spring of 2025 and will be limited to those newly diagnosed with Lyme disease so that researchers can examine the disease from its earliest stages.

CEMETERY WALK

(Continued from page 1)

She then moved to New York and lived in Greenwich Village, and earned a living as a freelance photographer. She moved back to her childhood home in Limerick in 1960 upon the death of her beloved father in an automobile accident. "Never one to sit still, she became involved in various town affairs," Mead explained. "She joined the Lions Club, was a member of the Saco River Corridor Commission, was president of the Limerick Historical Society for several years, and a clerk on the Baptist Church Society committee that helped save this church." When Jane's health declined, the town watched over her. "She had her own table and a free daily meal at a local restaurant," Mead read. "She was able to stay in her own home until she died on Feb. 19, 2017. The town of Limerick lost a treasure!" You can find Jane's grave marker in one of the first few rows, near the church.

Mullis then introduced us to

Abijah Felch. "After receiving a land grant for being a revolutionary war veteran, he and his family relocated to Limerick [from Ipswich, MA] in 1781, and built a home on what is still known as Felch's corner." Felch's corner is where the 4 way stop is in Limerick, where Burnham Rd, Range E Rd, and Sokokis Ave (Route 5). They say he helped incorporate the town, and served as the first Selectman, and the 1st Town Clerk. "Records indicate that he was a lawyer, a town clerk, assessor and treasurer for several years, and in 1813 a representative to the general court." He also helped to establish the Old Baptist Church, where this gathering took place.

Abijah's eldest son, Abijah junior, became a blacksmith. His grandson, Alpheas, was educated at Limerick Academy, Phillips-Exeter Academy and Bowdoin College where he studied law. "In 1830 he moved to Monroe, Michigan and became a member of the State House of Representatives. In 1837 he was elected the 5th Governor of Michigan," Mullis explained. "After leaving

office, he was elected as a Democrat to the US Senate, serving from 1847 to 1853." After serving a few more offices, "he resumed his law career and died in retirement at age 91."

On display at the front of the church was a beautiful purple gown. It was the wedding gown of Jessie Byrd Libby Felch, who married Charles Felch in 1900 in Boston. Libby was originally from Boston, but had worked as a milliner in Limerick/Limington. The dress was donated by sisters Mary Felch Stewart and Ester Libby to the Limerick Historical Society. It is believed that Jessie was the last to be buried in the Felch's plot.

The Felch's family plot is quite a large one, in the back right of the church.

Mead then introduced the group to James Pierce, a young Limerick man who had turned 18 and could finally enlist. "James enlisted as a private in August of 1862 with the 16th Maine Regiment," Mead told the audience. "He was assigned to Company H, and was probably happy to have

several other Limerick boys in the same unit." After only a few days of training, the 16th was told to leave most of their belongings behind and catch up with the rest of the army. "So off they went with a rifle, ammunition, a canteen, and the clothes on their backs. The only blessings they had were the wool blankets they had carried with them." Mead explained that those wool blankets had been made at the Holland Mill, right here in Limerick, and was one of the largest suppliers of blankets for the Union Army! "The 16 Maine became known as the 'Blanket Brigade'," Mead said. Pierce first fought in the Battle of Fredericksburg, Virginia. "There's no record of James being wounded," Mead explained. "The 16th Maine saw action again in the spring of 1863 after winter camp." Next the 16th Maine fought in the Battle of Chancellorsville, Virginia, and then, Gettysburg! Again, James survived. The next battle involving James' regiment was the "Battle of the Wilderness," fought near Spotsylvania, Virginia on May 6, 1864. "James wrote to his parents on May 5th and told them that he was getting ready for battle," Mead said. "That was the last they ever heard from him. He was lost in the wilderness and his body was never found." She concluded, "His gravestone, next

to his brother's, is merely a memorial." NOTE: James' brother, Albert, had also been in the army, but was discharged for poor health and sent home. He died on Dec. 6, 1864.

James' Memorial stone is next to Albert's, in one of the first two rows of the cemetery, near the edge of Calvary Cemetery*, just before it turns into the Town Cemetery.

After this introduction, attendees were invited to enjoy refreshments, and take a walk around the cemetery to find the graves of these 3 Citizens of Limerick. President Martha Hamilton-Smith thanked Mullis and Mead for their introduction, and Wendy Jones for doing the research.

For more information about these Citizens of Limerick and more, contact the Limerick Historical Society at 207-793-8336 or visit their website, https://limerickhistoricalsocietyme.org/

*For those that may not know, the Cemetery next to the Old Baptist Church on Main St in Limerick is actually 2 separate cemeteries. Sometimes it is referred to as the "Old Limerick Cemetery." There really is no such thing. The Calvary Cemetery is the half that is closest to the church. In the middle is the McDonald marker. Everything to the right of that marker, moving further away from the church, is the Town Cemetery.





Local parishioners pilgrimage to Italy

By Joanne Bargioni

From Sept. 16 to the 26th, some parishioners of Saint Matthews. Limerick, and Saint Therese of Lisieux, Sanford, along with their Pastor, Fr. Bill Labbe, went on a pilgrimage to Italy. They visited Rome, Assisi, and Florence. The pilgrims had a full itinerary, and upon arriving at Rome International Airport, they met with their tour leader and were transported to Santa Maria degli Angeli/Assisi. The next day, they celebrated Mass in the Basilica of Saint Francis, followed by a guided tour of the Basilica and Assisi.

Dee Mahoney, parishioner of Saint Matthew's Church, said that the highlight of her visit was "the visit to Assisi to visit where Saint Francis lived and the path that he walked." St. Francis of Assisi founded the Franciscan Order and is known for his ministry to the poor and underprivileged and his care for nature and animals. Mahoney said it was not what she had imagined. "It was dirt, stone, and wood with a small door, which was hard to get through. The stone bed and stone pillow were smooth and polished," from years of sleeping on it. "The place was cozy with carved wood and a beautiful cross, and the Carmelites lived in the caves."

From Assisi, they traveled to Florence via Siena. Medieval Siena is known for its famed Paleo horse races and expansive central II Campo Plaza. While in Florence, they attended Mass at Santa Croce, followed by a guided tour of the Basilica and a walking tour

From Florence, the pilgrims traveled to Rome via Orvieto, an important Etruscan center and later a people's stronghold. A wealth of



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Parishioners of St. Matthew's Church and St. Therese of Lisieux on the steps of Santa Croce on their recent pilgrimage to Italy. Front row, from left: Dorothy Mahoney, Linda Seaman, Selina Scott, Heidi Gendreau, Claire Trott, Louis Trott. Second row, from left: Mary Davichick, Vickie Carroll, Cindy perron, Sharon Kostis, Diane Purcell. Third row, from left: Stephen Davichick, Anthony Carroll, Janet Bright, Linda Dumont, Susan Roberts. Fourth row, from left: Cynthia Dubay, Tammy LaFlamme, Joan Camire, Pamela Kutzer, William Bright, Laurette Binette, Laura Alexandre, Paula Williams. Fifth row, from left, Shawn Sullivan, Paul Cormier, Susan Vittorioso, Amy Paradis, Elijah Alexandre, Mary Ross Back row, from left, Susan Cormier, Timothy Demers, Diane Gilpatrick, Holly Gillingham, John Gillingham, Fr. Wilfred Labbe, Michael Alexandre, Joshua Dodd, Erica Paradis. (Missing from photo: Adele Carroll, Arthur Carroll) PHOTO BY MONICA NEWPORT

historic buildings can be admired in Piazza Del Duomo. Diane Purcell of St. Matthew's will remember "all the beautiful frescoes and paintings on the ceiling telling a story in pictures."

On Sept. 23, the pilgrims had a guided tour that started with a visit to the Vatican Museum and Sistine Chapel, followed by a visit to Saint Peter's Basilica. The following day, they headed for Saint Paul Outside the Wall for a guided tour of the Cathedral, and early in the afternoon, they went and visited the Colosseum and Roman Forum.

Linda Seaman, one of the pilgrims, said that a memorable time for her on this pilgrimage was "seeing the pilgrims help each other out. The younger ones were looking out for the older ones and each other, and seeing Pope Francis driving around in his Pope-mobile at Saint Peter's. The Gospel was read in various languages. Although Pope Francis was sick, he still went out to visit with the people in his Pope-mobile." One of the many memories all the pilgrims shared was enjoying the gelato on a warm Italian afternoon.

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CALENDAR Email non-profit event listings to: news@waterbororeporter.com

COMING EVENTS

TURKEY DINNER WITH ALL THE FIXINGS Saturday, Nov. 2 from 4:30-6:30 p.m. at the St. Thomas School, 69 North Avenue in Sanford. Cost is \$15 each, \$10 child under 1. Proceeds will go to the Church addition. FMI call Ray at 651-6636.

LET FREEDOM RING - "AN APPEAL TO HEAVEN" is an evening of Patriotic Music and Readings which will be held at the Sanford Baptist Church, 905 Main Street on Saturday, Nov. 2 at 6 p.m. The program is presented by Masterpiece Ceremonies. Join them in honoring America and Freedom. For more information call or text Patti at 651-7286. This is a free event.

BUSY ANGELS' CRAFT FAIR Saturday, Nov. 2 from 9 a.m. to 3 p.m. Variety of crafters, baked goods, white elephant items and unique gifts. Come do your Christmas shopping. Scarborough Free Baptist Church, 55 Mussey Road, Scarborough.

AUTHOR TALK Local mystery author, Shelley Burbank, will read from her latest novel, Night Moves: An Olivia Lively Mystery, at the Limerick Public Library on Nov. 7 at 7 p.m. Burbank will share a sneak preview scene of her current novel-in-progress and answer questions following the reading. Bring your copy to be signed by the author, or purchase one at the event. The library is located at 55 Washington Street, Limerick.



THE BLUES ON SUNDAY QUARTET at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, Friday, Nov. 8 at 7:30 p.m. Tickets: \$15 General Admission at www.sacorivertheatre.org.

CHRISTMAS CRAFT FAIR/SILENT AUCTION Cornerstone United Methodist Church, 20 Jenkins Road, Saco, Nov. 9 from 9 a.m. - 2 p.m. Lots of crafters, white elephant table, luncheon that always sells out. Silent Auction added this year with lots to bid on: Custom 36" granite vanity top, gift cards to restaurants & stores, Miele vacuum cleaner, golf course gift card, and gift baskets are just a few of our auction items.



PHAT CAT SWINGER Saturday, Nov. 9 at 7 p.m. Get ready to dance! Phat Cat Swinger brings their legendary pop-swing blend at the Sanford Performing Arts Center. \$42-\$56. (207) 206-1126. www.SanfordPAC.org. Located at Sanford High School, 100 Alumni Blvd, Sanford.

FREE COMMUNITY DINNER at the Goodwins Mills Advent Christian Church, 503 Goodwins Mills, Route 35 Dayton from 4:30-6:00 p.m. on Nov. 16. Chicken Casseroles, cranberry sauce, rolls, apple crisp and beverages. All are welcome.

BELLA, AN IMMI-GRANT'S TALE, a one woman show at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, Sunday, Nov. 17 at 2:30 p.m. Tickets: \$15 General Admission at www.sacorivertheate.org.

CARD MAKING WORK-SHOP at Waterboro Public Library on Tuesday, Nov. 19 at 6 p.m. Cindy Paradis, Creative Memories advisor will show you how to make 6 all-occasion cards (Thank You or Birthday) using a Stack, Cut and Shuffle technique that will provide you with beautiful cards to share with friends on their special day or just because. Learn how to cut, stamp and decorate the cards to personalize them to suit your needs. Supplies are provided. No experience necessary. Space is limited to 12, so call 247-3363 to reserve your spot. The library is located at 187 Main St., East Waterboro. Meet in the Community Room Downstairs.

GLENN MILLER OR-CHESTRA, at Saco River Theatre, 29 Salmon Falls Road, Bar Mills, Wednesday, Nov. 20 at 7:30 p.m. Tickets: \$15 General Admission at www.sacorivertheatre.org.

SHAPLEIGH GARDEN TOURS The Shapleigh Conservation Commission will be hosting a one-day "Shapleigh Garden Tours" event in July 2025. Anyone willing to open their yard for viewing can text Carol Boothby at (207) 324-0062.

ONGOING EVENTS

STORY TIME WITH "MISS NANCY" at the Hollis Center Public Library, Mondays 10-11 a.m., 14 Little Falls Road, Hollis Center. All ages are invited to a time of interactive stories, crafts, and yes, a snack. The Nov. 4 gathering theme is "What to Do with Box?" Come and find out! You will LOVE Miss Nancy and make new friends.

HOMESCHOOLING LIBRARY CLUB, Theme: Library Skill Development, Monday, 1-2:30 p.m., Hollis Center Public Library, 14 Little Falls Road, Hollis Center. All ages are welcome. Next meeting, Nov. 4. For more information, contact Miss Nancy at 712-1211.

CARDS CLUB at Massabesic Adult and Community Education, 84 West Road, Waterboro, every Monday afternoon from 4 to 5:30 p.m. Play cribbage and other card games. All skill levels. FMI call 247-2022.

POP-UP HOLIDAY CRAFT FAIRS on Saturdays from Nov. 16 through Dec. 14, swing by the Lyman Community Library from 10:30 a.m. to 12:30 p.m. for a Pop-Up Holiday Craft Fair. Different vendors every week; raffle drawing on Dec. 14 to benefit the library. Call the library at 499-7114 for more information. Located at 10 John Street, Lyman.

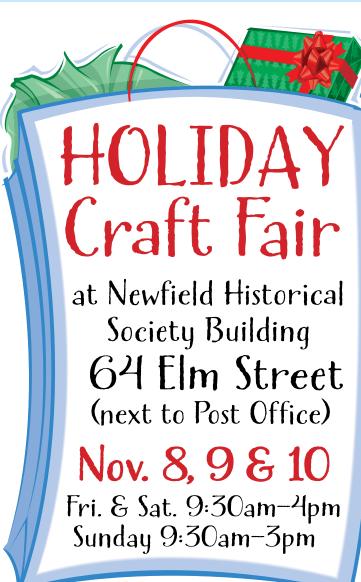
COED VOLLEYBALL every Wednesday night at the Line School in Limerick supported by Limerick Parks and Recreation, 7p-9p. Any questions please contact Dan at 247-8857.

MONTHLY COFFEE HOUR FOR OLDER ADULTS with Massabesic Adult and Community Education. Every third Tuesday of the month, 1 to 2 p.m. at Massabesic Lions Club, 813 Main Street, Waterboro.

The Acton-Shapleigh Lion's Club MONTHLY PANCAKE BREAKFAST the first Saturday of every month. \$7 includes pancakes (plain or blueberry), scrambled eggs, sausages, toast, orange juice, beans, and coffee, tea, and milk. The breakfast will be served from 8 to 9:30 a.m. at the Acton Town Hall, 35 H Road.

NEWFIELD MUSIC JAM-BOREE Town Hall, So. Effingham Road, 1st Saturday of the month Nov-April. Winter hours are 1 to 3:30 p.m. Free, open to public. FMI call 468-1491.

CRIBBAGE CLUB Wednesdays, from 6-7:30 p.m. at the Lyman Community Library. All ages, all skill levels. FMI 499-7114.





Massabesic Adult

and Community Education

November Adult Ed Classes

iPhone Basics

Tuesday, Nov 5-19, 5:00-6:00 MHS East Building Free

Holiday Sewing: Stockings and Gift Bags

Thursday, Nov 7-14, 5:30-8:00 MHS East Building \$37 plus \$10 materials fee

Sweater Mittens

Thursday, Nov 14, 5:30-8:00 MHS East Building \$24 plus \$20 materials fee

Fall Embroidery Project

Wednesday, Nov 6, 6:00-8:00 MHS East Building \$17 plus \$10 materials fee

November Paint Night

Wednesday, Nov 13, 6:00-8:00 MHS East Building \$23 plus \$20 materials fee

Broaden Your Knowledge of Investing

Thursday, Nov 14, 6:00-7:30 MHS East Building \$15

Call 207-247-2022 or visit massabesic.coursestorm.com to register

TODDLER PLAY DATES The Downstairs Community Room at the Waterboro Public Library is open the second Thursday of the month from 4 to 5 p.m. for families who would like to gather. Toddler toys will be available for an hour of self-led play and socializing. All ages welcome, but the toys are best suited for toddlers. Oct. 12 and Nov. 14.

LUNCHEONS SENIOR sponsored by the Southern Maine Agency on Aging, 1st Wednesday of each month, 11:30 a.m. to 1:30 p.m. at Hollis Center Church, 388 Hollis Road, Hollis. Next luncheon is Nov. 6. If you are 60 or older and want to join, RSVP 48 hours in advance at 283-2477. Suggested donation for eligible clients is \$8 per meal. Many luncheons include entertainment.

FIBER ARTS GROUP A crafting group meets every Monday from 2 to 3:30 p.m. at the Waterboro Public Library, 187 Main

Street, East Waterboro. Do you love to knit, crochet, hand sew, or spin? Want to learn something new? Bring your tools, materials and current project with you. All skill levels welcome!

SILENT BOOK CLUB with Massabesic Adult and Community Education every third Thursday of the month from 6 to 8 p.m. Meet fellow readers and socialize for the first half hour, and then enjoy some quality time reading your own book. The last half hour will be spent socializing and sharing what you've been reading. Located at 84 West Road, Waterboro.

BEAN SUPPER Massabesic Lions monthly dine-in or take-out the 2nd Saturday of the month, 4:30 to 6:30 p.m. at the Lions Regional Medical Center, 813 Main St. Waterboro. Adults \$10. Children 5 to 12 are \$7, kids 4 and under are free. Kidney and Pea Beans, Chop Suey, Ham, Hot Dogs, Coleslaw, "Our homemade" biscuits and a variety of desserts.

BUXTON TOPS The Buxton Chapter (0175) of the non-profit group Take Off Pounds Sensibly (TOPS) Support Group meets every Thursday morning at 8:45am for weigh-in and meeting at Buxton Center Baptist Church (back door entrance), 938 Long Plains Rd., Buxton. FMI call Christy at 329-1020.

Kennebunkport Church to offer workshop on "Legacy Letters"

On Saturday, Nov. 9, from 10 a.m. to 1 p.m. the First Congregational Church, 141 North Street, Kennebunkport is offering a workshop on "Legacy Letters." Tina Civetta, Outreach Director of the church will explain the time honored history and values connected with these extraordinary documents, and the associated traditions that date back from biblical times. This workshop is open to the public and community with advance signup.

In recent years the interest and popularity of "Legacy Letters" has soared. Especially as they have become living bonds among families. Creating one is a profoundly personal exercise, and can be equally profound to those fortunate to be on the receiving end. These letters can take many forms: from handwritten documents on high quality papers to more formally expressed thoughts in hard-bound notebooks.

Today, "Legacy Letters" have also emerged as a therapeutic tool to strengthen ties between generations. They often result in written documents expressing values, experiences, and hard earned life lessons; intergenerational conversations that can express hopes, explanations, forgiveness, and gratitude for lives well led.

According to Tina, "letters are as unique as each author, and can be deeply satisfying, enriching, and rewarding to write. The process of writing has proven cathartic especially confirming important events, struggles and triumphs in our lives. Many include photos, quotes and even family recipes!"

This workshop is open to the public and community. A \$5 donation is appreciated. Space is limited, advance registration is required. Bring paper and pen. To reserve your spot, contact: admin@FirstChurchofKennebunkport.org. FMI visit www. FirstChurchofKennebunkport.org.

LIMERICK TOPS The Limerick Chapter 208 meets every Thursday at 4:45 at St Matthew Catholic Church at 19 Dora Lane (off Route 11) Limerick. Call Kathy Harriman at 727-3729 with questions.

SANFORD TOPS The Sanford Chapter 0113 meets every Wednesday night at 5:45pm at the New Beginnings Church (bottom floor), 181 Grammar Road, Sanford. For more info call Linda Rose at 206-6234.

TOPS SANFORD 0207 at

the Willard School 668 Main St. Weigh in from 9-9:45 a.m. on Fridays with the meeting to follow. For more info call Valerie Fecteau at 324-4808 or Judie Berry at 247-

ALCOHOLICS ANONY-MOUS meets every Friday evening at 7 p.m. at the Waterboro Town Hall, 24 Townhouse Road, East Waterboro. Use the west parking lot entrance. All are wel-

WATERBORO COMMU-NITY PANTRY 26 Townhouse Road, East Waterboro. Open the first Tuesday of month from 4 to 7 p.m. all other Tuesdays from 1 to 4 p.m. Donations can be dropped Saturdays 2 to 4 p.m. or put non perishable in drop box on the porch. FMI 247-7789.

THE CORNER CUPBOARD which offers personal care, paper, cleaning, household, and baby items to anyone in need, is open the 3rd Saturday of each month at the Sanford UU Church, 5 Lebanon St., Sanford, from 10 a.m. to 12 p.m. Please bring your own bag.

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TOWN OF SHAPLEIGH **Help Wanted Part-Time Office Assistant**

The Town of Shapleigh is seeking to fill an upcoming vacancy for a Part-Time Office **Assistant** for approximately 30 hours per week. Interested candidates should submit an application and letter of interest to the Town Administrator. Starting pay is \$17-\$19 based on experience.

For more information and to download an application, please visit the Town of Shapleigh's website at: www.shapleigh.net/ operating hours/job_openings or contact the Town Administrator via phone at 207-636-2844 ext 0 or via email at townadmin@shapleigh.net.

EMPLOYMENT

TOWN OF HOLLIS

JOB OPPORTUNITY

Part-Time Secretary

The Town of Hollis is currently seeking a

part-time Secretary for their Planning Board,

Finance Committee and Zoning Board of

Appeals. The successful candidate must

demonstrate strong PC skills with knowledge

of Microsoft Office, be proficient in note taking

and producing accurate minutes. Must have

the ability to work well with the public.

Position works approximately 15-30 hours

per month, hourly rate dependent on skills and

experience. The Planning Board currently meets

on the 2nd and 4th Wednesday of the month

at 7PM. The Zoning Board of Appeals meets on

an as needed basis. The Finance Committee meets bi-weekly during budget season in the

months of January, February and March, and as

required by the Select Board for emergent issues. Interested candidates should submit resumé.

cover letter, and references to the Town of Hollis.

Select Board Office, 34 Town Farm Road, Hollis, ME 04042 or e-mail to

adminsecretary@hollismaine.org. Resumés will be accepted until the position is filled.

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TOWN OF ALFRED

Bid for the Town's Mowing

The Town of Alfred will receive sealed bids for Mowing Town Properties for the 2025, 2026 be publicly opened and read at the Selectmen's Meeting. All sealed bids must be clearly marked delivered to 16 Saco Road, Alfred, Maine and received no later than November 26, 2024 at may be picked up in the Selectmen's office or electronically by contacting 324-5872 ext. 202.

- Board of Selectmen

Thank you

for reading!

NOTICES

THREE-YEAR BID

and 2027 seasons until 4:00 p.m. on Tuesday, November 26, 2024 at which time the bids will "Town of Alfred Mowing bid" and should be mailed to PO Box 850, Alfred, ME 04002 or hand 4:00 p.m. The Bid document(s) and specifications

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Donald (Donnie) Richard Kerrigan

Donald (Donnie) Richard Kerrigan, 88, died peacefully in his

sleep on Oct. 16 at Maine-Health Maine Medical Center Biddeford.

ter Biddeford.

He was
born on Dec.
17, 1935 in
Sanford. He
was the son
of the late



Donald (Donnie) Richard Kerrigan

Charles and Fabiola (Demers) Kerrigan. Donnie attended Sanford High School. He then served his country in the United States Army during the Korean War. Donnie took great pride in being a veteran. He married his high school sweetheart, Georgianna (Georgie) Roy on April 21, 1956. They had four children, Diane White, Donna DeWitt, Patrick Kerrigan and the late Charles Kerrigan.

Donnie was a carpenter by trade and along with his wife, Georgie, built two family homes. The first home was in Acton, Maine on Mousam Lake where they raised their four children. The second home was in Springvale, Maine where they lived out their retirement years.

He loved fishing, hunting and for many years family camping adventures on Sebago Lake in Naples, Maine. He also loved dogs and brought home several "surprise" dogs over the years.

Donnie is survived by his wife of 68 years, Georgie, daughters Diane White and husband David, Donna DeWitt and husband Scott, son Patrick Kerrigan and wife Debbie, and Pepere to 10 grand-children, 12 great grandchildren, and another great grandchild due in April.

He was predeceased by his parents, Charles and Fabiola (Demers) Kerrigan, siblings Eugene (Gene) Kerrigan, John (Jack) Kerrigan, Nancy Auger, his son Charles Kerrigan, and grandson Travis DeWitt.

The family would like to thank the staff at The Landing at Saco Bay for all the loving care provided to Donnie whom they fondly called 'Crazy Legs Kerrigan'.

In Donnie's words of saying goodbye, "I'll see you when I see you."

An intimate graveside service will be held at Notre Dame Cemetery in Springvale.

Arrangements are under the direction of Black Funeral Home and Cremation Services of Sanford-Springvale.

Barbara Mildred Leach Drown

Barbara Mildred Leach Drown, 95, life-time resident

of Alfred, slipped away peacefully in her sleep, the way she would have it, Tuesday, Oct. 22, 2024, at Pinnacle Health and Rehab, North Berwick after



Barbara Mildred Leach Drown

quickly declining health.

Barbara came into this world as a survivor, being a mere 2lbs at birth. Her parents Beatrice (Carl) and Harold Leach kept her warm, placing her behind their wood burning kitchen stove, at the family farm in North Alfred, Maine (Alfred Gore) March 9, 1929. Barbara was the eldest of thirteen children.

Her first employment at a young age was working in the Old Mills at Sanford Shoe, later becoming an at home mom caring for her 5 children, she was so proud. For many years Barbara started her own business wallpapering, she was a master at it and was highly sought after.

She was skilled and crafty, her interests ranged from knitting, crocheting, cooking, baking, she made the best apple pie and corn chowder. Barbara and her husband had bountiful gardens, and she would be canning vegetables and fruits throughout the summer months. She played card games regularly at the Alfred Grange Hall where she met and fell in love with the man she married in 1962. Barbara was an avid bowler and a star Bingo player. She enjoyed puzzles, the Celtics, Red Sox and watching Jeopardy on T.V.

Barbara and Raymond would

travel 'up north' where they didn't have a care in the world, stopping at Moosehead Lake and Greenville, going several times a year.

Barbara was a member of the Order of Rebekah and attended Alfred Congregational Church for many years.

Barbara was predeceased by her husband, Raymond E. Drown; their daughter, Gloria Hussey, a son, Montgomery (Monty) Drown, and 2 young grandsons, Lance Laskey and Brandon Ouellette. Barbara is also predeceased by sister siblings, Marjorie, Carol, and Linda, brothers, David, Lester, Raymond, Richard, and Carl.

She is survived by her children Susan Lewis and husband Michael, Debbie Travis and Gail Ouellette and husband Ronald, grandchildren, Nelson Jr., Tammy, Karlyn, Allie, Lacey, Logan, Shannon and Sara, along with multiple great grandchildren, siblings, Ruth Nadeau, Bradley Leach, Clifford Leach and Robert Leach many spouses, nieces and nephews.

Barbara will be remembered for her warm, loving friendly ways. She had many friends. She was a giver, adored her children, grandchildren, and great grandchildren. She loved well, lived well, and was loved by all. She was a Ray of sunshine! Barbara will be sadly missed.

Graveside services were held on Oct. 25 at Evergreen Cemetery in Alfred,.

For friends and family who would like to donate in Barbara's memory, Parsons Memorial Library Alfred, ME. To share a memory or leave a message of condolence, visit www.bibbersautumngreen.com.

Arrangements are in care of Bibber Memorial at Autumn Green 47 Oak St, Alfred, ME 04002.



a free service in the Reporter. TO SUBMIT AN OBITUARY AND PHOTO, EMAIL TO: news@waterboro reporter.com

Craig R Wallingford

Craig, affectionately known as "Doc," left us on Oct. 9, 2024, while doing what he loved most – bird hunt-

ing what he loved most — bird hunting in northern Maine with his good friend.

Doc was born in San-

ford, on Dec.

Craig R. Wallingford

28, 1951. He married his precious wife, the love of his life, Gail Gregoire Wallingford, on July 26, 1975. He was a devoted husband to his wife and a proud father to his son, Mark.

Doc graduated from Sanford High School in 1970 and earned a degree from the University of Maine at Orono. He then graduated from Kansas City College of Osteopathic Medicine in 1979.

Doc did his internship and residency at the Osteopathic Hospital of Maine. He then went into private practice at Massabesic Regional Medical Center in Waterboro, Maine, specializing in family medicine and osteopathic manipulation.

Doc's impact in the medical field was profound. He taught residents at the University of New England for many years and had clinical privileges at Mercy Hospital, Maine Medical Center, and Southern Maine Medical Center. In 1995, he was awarded Physician of the Year by the Maine Osteopathic Association, a testament to his dedication and skill. His scientific paper, "The Incidence and Attitudes of Anabolic Steroid Use in Early Adolescents," was a significant contribution to the field. Doc's legacy lives on in the many lives he touched and the organizations he was affiliated with, including the Masons and the Shriners.

Doc had many hobbies and interests, including hunting, working on cars with his friend, Mike, spending time in Florida, and riding his Harley with his wife. His generous spirit, warm smile,

and love for life will forever be missed by all who knew him.

Surviving family members include his wife of 49 years, Gail Gregoire Wallingford; his son, Mark C. Wallingford; his brothers, Brian and Harvey Wallingford; his sister-in-law, Joy Wallingford; and many cousins, nieces, and nephews.

Doc is predeceased by his parents, Havard and Helen Wallingford, and his sister-in-law, Rachel Wallingford.

Friends and family are invited to attend a celebration of life on June 7, 2025, from 10 a.m. – 1 p.m., at the Elks Club on 13 Elm Street in Sanford.

In lieu of flowers you can donate to your local humane society.



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Efficiency Maine's heat pump and heat pump water heater initiatives receive "Leader of the Pack" award

Efficiency Maine's success accelerating the electrification of home heating was honored today with the prestigious "Leader of the Pack" award from The American Council for an Energy-Efficient Economy (ACEEE). The award, which is bestowed every five years, recognizes outstanding energy efficiency programs across the United States. This year ACEEE made awards in 10 categories from among nearly 100 programs nominated across the country.

Efficiency Maine emerged the winner in the Home Electrification category for its programs promoting heat pumps and heat pump water heaters in residential buildings. The award for this category is given to a "comprehensive program that replaces a home's fossil fuel appliances and equipment with more efficient electric alternatives." Efficiency Maine's programs have consistently delivered among the highest rates in the U.S. for heat pump and heat pump water heater installations per capita. The Efficiency Maine programs comprise extensive consumer education resources, including tools and tips on its website, as well as a tiered system of income-differentiated rebates, pilot programs to test new technology, and close collaboration with trained heat pump installers, plumbers, and electricians across Maine.

ACEEE is a non-profit research organization that develops policies to reduce energy waste and combat climate change, and is renowned for its analysis and rankings of energy efficiency programs across the country. The award committee evaluated programs on multiple factors, such as ambitious long-term goals, interim metrics to measure progress, effective marketing to reach target audiences, performance evaluation for ensuring effectiveness, and community engagement, especially with historically underserved communities. It cited Efficiency Maine's programs for the "significant advancement of heat pump installation and its substantial financial incentives."

"These exceptional efficiency programs are leading the way for saving energy, cutting pollution, and lowering energy bills," said Jasmine Mah, senior research analyst at ACEEE and lead researcher for Leaders of the Pack. "Utilities and third-party program administrators seeking to establish or improve energy efficiency programs can look to this diverse set of leaders as models."

"This award is the result of a great team effort, led by the con-



tractors in Maine who are marketing and installing heat pumps and heat pump water heaters at record rates, and aided by consistent support for Efficiency Maine's programs from our Board of Trustees and state legislators and officials," said Michael Stoddard, executive director of Efficiency Maine.

As an early leader in promoting the use of heat pumps in cold climates, Efficiency Maine has now rebated more than 175,000 heat pumps for space heating. In 2023 alone, more than 25,000 Maine homes received Efficiency Maine rebates for heat pumps or heat pump water heaters, equivalent to 4.5% of all Maine yearround residences in the state. The quasi-state agency's heat pump programs have received national recognition in recent years for demonstrating success in cold climates, achieving broad geographic distribution throughout the state, improving homes of low-income and moderate-income families, and piloting new applications in manufactured homes. The programs are also noted for fostering a fast-growing sector of small businesses comprising more than 700 registered trade allies.

The heat pump water heater initiative has been able to achieve the best market penetration in the U.S. by offering incentives to achieve price parity with baseline electric water heaters at the point of sale in retail and distributor outlets, such as Lowe's and Home Depot. Since its inception, the program has rebated more than 70,000 heat pump water heaters in Maine, a state with approximately 570,000 year-round homes.

'Maine has been a leader in air source heat pump adoption through the leadership of Efficiency Maine Trust to establish industry standards, quality control, and clear and transparent marketing for customers," said Patrick Woodcock, president & CEO of the Maine State Chamber of Commerce. "Further, it would not have been possible without the partnership with dozens of Maine businesses who saw the opportunity to lower energy costs and improve home heating and cooling quality to make Maine's nation-leading adoption possible. The recognition through the American Council for an Energy-Efficient Economy's 'Home

BUSINESS NEWS



The Sound Temple is now open at 21 Bradeen Street in Springvale. COURTESY PHOTO

Chamber welcomes The Sound Temple to Springvale

Sanford Springvale Chamber Ambassador Committee welcomed Sarah Daigle back from Hawaii and celebrated the opening of The Sound Temple in Springvale. The Sound Temple, a holistic wellness center created by Sarah and SuperNova Energetics LLC, offers acoustic sound therapy, meditation, breathwork, mindfulness, Reiki, and other services designed to provide attendees with a space for deep rest, rejuvenation, and to help them build confidence in navigating their unique human journey.

"Self-care is the new health-care" is one of Sarah's core mottos. She reflects on her own experiences, saying: "I grew up suffering from high levels of stress, anxiety, depression, chronic pain, and ADHD, yet no doctor seemed to have effective solutions for me. This frustration became

my motivation to find ways to most of her classes and workshops heal myself." most of her classes and workshops on a sliding scale of \$15–35, al-

Since 2011, Sarah has been on a self-healing journey, learning how to care for her mental and physical well-being. "Every service I offer to others has been my own saving grace at one point or another, and it continues to support me in my daily life. While I still face challenges, as we all do, I feel I'm living proof that these natural methods of self-care truly work—and I have thousands of clients who can attest to their own results."

Sarah shared these self-healing practices and stress-relief skills in Hawaii for over 10 years, and she is excited to bring them, along with the "Aloha Spirit," to the Sanford community and surrounding areas. She is passionate about making these experiences accessible to everyone, offering

most of her classes and workshops on a sliding scale of \$15–35, allowing participants to pay what they can. For those unable to pay, she also offers trade opportunities.

You're invited to join Sarah at one of her "Introduction to The Sound Temple" events where she offers some insight on the different classes and workshops offered, shows off the sound of each musical instrument used in the sound therapy, and gives you a short sound experience. The next Sound Temple Introductions are on Thursday, Nov. 14 at 6-7 p.m. and Saturday, Nov. 30 at 10:30-11:30 a.m.

Classes, workshops, retreats, and registration instructions can be found on the Events Calendar on her website: SuperNovaEnergetics.com/events. Private classes and one-on-one services are also offered.

Electrification Leader of the Pack' is the culmination of over a decade of work from the staff at Efficiency Maine Trust and highlights the continued opportunity in market transformation to meet our state's and nation's decarbonization goals and requirements."

"Efficiency Maine's initiatives allow PHCC contractors to offer valuable incentives to their customers that result in a win-win for both parties," said Alice Ames, executive director of Maine Association of Plumbing-Heating-Cooling Contractors (PHCC). "Our ongoing positive relationship with Efficiency Maine helps these money-saving incentives reach more Maine homeowners as they adopt new energy-efficient heat pumps and heat pump water heaters."

"Thanks to the leadership of Governor Mills and Efficiency Maine Trust, Maine has set an example for the nation on how efficient, cost-saving technologies like heat pumps can benefit residents and businesses and significantly reduce our reliance on imported fossil fuels," said Dan Burgess, director of the Maine Governor's Energy Office. "I congratulate Efficiency Maine Trust on this award and look forward to continued collaboration with the Trust and other partners to build on our success and deliver more energy and cost savings for Maine homes and businesses."

"On behalf of the Efficiency Maine Board of Trustees, we are proud of Efficiency Maine's accomplishments to successfully promote and support the use of

heat pumps and heat pump water heaters in our state," said Board Chair Glenn Poole. "These programs are supporting energy-efficient and money-saving technologies that have a tangible positive impact on the lives of Maine's residents and businesses."

Learn more about Efficiency Maine's heat pump incentives here: https://www.efficiency-maine.com/about-heat-pumps/. Information about heat pump water heater rebates can be found here: https://www.efficiency-maine.com/at-home/water-heat-ing-solutions/.

Efficiency Maine is governed by a Board of Trustees with oversight from the Maine Public Utilities Commission. Visit www. efficiencymaine.com for more information.

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