

YOUR COMMUNITY NEWSPAPER Locally owned and independently operated.

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PO Box 75, North Waterboro, ME 04061 · 247-1033 · www.waterbororeporter.com

THURSDAY, OCTOBER 22, 2020

Recipe contest winners

Hollis man wins best dessert

The Maine Maple Producers Association (MMPA) rescheduled its annual Maine Maple Sunday, originally scheduled for the fourth Sunday in March, as an all-weekend event called Maine Maple Producers Weekend. The event began on Friday, Oct. 9, with the association's first-ever Maine maple recipe contest at the Cumberland Fairgrounds Sugar House.

At the contest, participants in the beverage, entrée and dessert categories presented their creative uses for Maine maple syrup to a panel of celebrity judges. The winning recipes included a maple julep in the beverage category, Maine maple haddock in the entrée category and maple bourbon candied bacon in the dessert category. The overall winner of the contest was the Maine maple haddock recipe. Winners received gift boxes filled with maple treats to continue their maple inspired cooking.

Jason Candelora, of Hollis, won the dessert category with his Maple Bourbon Candied Bacon. Ned Wight, of Portland, won the beverage category with his Maple Julep. Kathrine Vaillancourt, of Georgetown, won the entrée category and overall recipe contest with her Maine Maple Haddock.

Due to COVID-19 and in anticipation of the weekend event, many producers improved online ordering systems or coordinated pick-up orders. Many producers also had in-person offerings that were changed to accommodate



The Candelora family of Hollis receiving the judges' feedback on Jason Candelora's (left) Maple Bourbon Candied Bacon which won best dessert in the Maine maple recipe contest. The judges are, from left, Greg Levinsky, Katie Sampson and Steve Minich. COURTESY PHOTO

CDC and local guidelines and keep visitors safe. Rather than showing visitors around their sugarhouses, many producers held outdoor activities and sold products outside.

"Having an event like the Maine Maple Producers Weekend was important to our members after having to postpone Maine Maple Sunday in March. Our annual spring event helps to build enthusiasm around the locally created products and connect producers with our customers. Hosting the fall event allowed our producers to have the opportunity that was not possible in the spring. With the success of this year's event, we hope to continue hosting a fall maple event in the future in addition to our annual Maine Maple Sunday," said Scott Dunn, president of the MMPA. "The recipe (Continued on page 4)

Boy scout Jack Gagnon helping himself to lunch of corn chowder and cornbread. (See related story on Page 4) PHOTO BY JOANNE BARGIONI

health units to open in Sanford The project triples the

New behavioral

number of short stay behavioral health beds in York County

Southern Maine Health Care (SMHC) and Maine Behavioral Healthcare (MBH) are opening two new behavioral health units at the Sanford Medical Center (former Goodall Hospital).

In addition, the Sanford Medical Center emergency department has expanded to include dedicated emergency psychiatric services and rooms. This project significantly enhances and expands the scope of health services offered in Sanford and York County by creating emergency and inpatient access. This is expected to reduce wait times for patients who are seeking non-behavioral acute care in the Sanford emergency department as well as to provide more efficient care to those in need of behavioral health services.

The project includes relocating the existing 12-bed adult behavioral health care unit in Biddeford to Sanford and expanding the number of adult beds up to 40 across 2 floors. The project will generate more than 70 new jobs and provide critically needed bed capacity for York County adult patients who are experiencing shortterm crises with common diagnoses such as psychosis, depression, post-traumatic stress disorder, and co-occurring substance use disorders. It will provide stabilization for adults whose inpatient treatment needs can be met within a few days, after which individualized treatment plans will support transitions to appropriate levels of care in their community.

"We are excited to bring back inpatient care to the former Goodall Hospital campus and proud to continue the tradition of caring for our community while re-invigorating this campus, creating new jobs and provide much-needed health services," said Southern Maine Health Care President Nathan Howell. "We are fortunate to be in a position to leverage all of the advantages and value that

(Continued on page 3)

Food drive for Thanksgiving baskets

It's that time of year when the Thanksgiving dinner. York County Shelter Programs' Food Pantry is starting its Thanksgiving Basket Program, where the Food Pantry provides commu-

nity members with

The 11th Annual Harvest Thanksgiving Benefit and Food Drive will be held on Sunday, Nov. 8, from 10 a.m. to 2 p.m., in (Continued on page 4)

oodsome www.WoodsomeForN THIS POLITICAL AD IS PAID FOR AND APPROVED BY BY THE CANDIDATE



BEHAVIORAL HEALTH

(Continued from page 1)

Southern Maine Health Care, Maine Behavioral Healthcare and the MaineHealth system offer to benefit our patients in York Coun-

This new inpatient service will be provided through the partnership between SMHC and MBH, who already offer many outpatient behavioral health services in York County such as counseling, Partial Hospital Program, Intensive Outpatient Services and substance use treatment, including Integrated Medication Assistance Treatment. These partnerships are being made possible, in part, by the strength of the recently unified MaineHealth system.

"The lack of short-stay beds in York County for patients with behavioral healthcare needs has resulted in unacceptable wait periods for these patients who desperately require care," said Robert McCarley, M.D., a psychiatrist and vice president of Medical Affairs at MBH. "These patients often present at emergency departments, where they may wait days for an available bed, This is not conducive to their own health care needs, and the process often causes a domino-effect of delays for other patients requiring emergency health services, as well."

Behavioral health cases have increased 20 percent at SMHC's two emergency rooms over the last two years.

This project is part of a \$34 million plan to expand, enhance and add a variety of health services identified as critical to Sanford and York County. Included in this investment are enhancements to upgrade infrastructure and technology such as the addition of a new MRI machine to support the expanded outpatient and imaging services. Other enhancements include improved lighting, sidewalk replacements and curb repairs, sealcoating in the parking lot, landscaping and a new boiler.

In addition to the behavioral health project and upgrades to the Sanford Medical Center campus, the construction of Summer Commons, a new, modern longterm care center for older adults is underway and slated to open in the spring. This will replace the existing Newton Center and was made possible through a partnership between developer Sandy River Company, a Portland, Maine-based developer, and North Country Associates, a Lewiston, Maine-based operator and manager of older adult care centers throughout the state.

The projects are in addition to more than \$10 million of investment that has already been made in the facility's technology, operations and outpatient services since the merger to form Southern Maine Health Care in 2014.

Read online at www.waterbororeporter.com

Absentee voting in your town

WATERBORO

In person absentee voting at the town hall has begun and continues through 5 p.m., Thursday, Oct. 29. Voters can also pick up an absentee ballot at the town hall, fill it out at home, and then drop it in the ballot drop box near the front entrance of Waterboro town hall at 24 Townhouse Road, East Waterboro. Ballots must be returned to the town hall by 8 p.m., Tuesday, Nov. 3.

ALFRED

If you decide to vote in-person absentee by visiting your town office before Election Day the state requirements for face coverings are in effect. If you do not have a face covering the clerks may provide you with one or with an absentee ballot to vote at home. If you have requested an absentee ballot by mail you will not be issued a second ballot ahead of Election Day except under special circumstances. The state doesn't issue more than one ballot per

If you plan to vote absentee by mail request your ballot as soon as possible. If you are returning your ballot by mail please allow at least 7 days for mailing time. Or return it to your municipal clerk as soon as you can.

NEWFIELD

The Newfield Town Office at 637 Water Street has extended their hours for the upcoming election. Due to the voter registration Monday, Oct. 26 will be 9 a.m. until noon, and for Friday, Oct. 30 will be 9 a.m. to noon and 1-5 p.m. Call 793-4348 to make an appointment so as they can follow social distancing guidelines. No other transactions will be avail-

SHAPLEIGH

Absentee ballots for the General Election have been mailed out. You can mail them back to the Town Hall, 22 Back Rd., in the envelope provided (with TWO stamps) or deliver them in person, and do not forget to put your signature on the back of the envelope. A mail slot has been created to safely and securely return your ballots on the left side of the main entrance. A voting booth has been placed at the town hall for those who would like to complete their absentee ballot in person and return it to the Town Clerk.

The Town Clerk's Office, 22 Back Rd., will have extended hours on Sat. Oct. 24. They will be open 9 a.m. to noon for absentee voting and voter registration.

BUXTON

The Buxton Town Clerk and Registrar of Voters will be open additional hours on Saturday, Oct. 24 from 9 a.m. to 3 p.m. to issue and receive absentee ballots and register voters for the November 3rd State General Election at the Town Hall, 185 Portland Road.

Under COVID-19 restrictions

and absentee voting, the hours for a limited number of people are allowed in the Town Hall at any one time. There may be a long line of voters outside the Town Hall on Election Day. For your protection and convenience, you may wish to consider voting an absentee ballot. Absentee ballot applications are available at the Town Hall or online at http://www.maine.gov/ cgi-bin/online/AbsenteeBallot/index.pl. Absentee ballots can also be mailed out at the request of the voter by calling the Town Clerk's Office at 929-6171

LYMAN

You may vote absentee in the Town Clerk's office during normal business hours through Oct. 30. You may request an absentee ballot until Oct. 29 online at http:// www.maine.gov/cgi-bin/online/ AbsenteeBallot/index.pl, at the town clerk's office or call 247-0643 to have a ballot mailed to you, but allow 5-7 days mail time each way.

The Registrar of Voters will be available Monday, Wednesday and Friday from 12 to 4 p.m. and Saturday, Oct. 24 at the Lyman Town Hall from 9 a.m. to 2 p.m. Bring I.D. and proof of residency. It is suggested that anyone needing to register to vote or change their address see the registrar before election day to avoid long

The Lyman Town Hall is located at 11 South Waterboro Road, Lyman. Election day voting will take place at Lyman Elementary.

POLITICAL ADVERTISEMENT

BILL GREEN ENDORSES *SUSAN COLLINS *



"YOU'RE SEEING MORE THAN \$40 MILLION IN FALSE ATTACKS **AGAINST SUSAN COLLINS BY OUT-OF-STATERS WHO DON'T GIVE A DARN ABOUT MAINE...** & IT'S SHAMEFUL. SUSAN'S **EXPERIENCED, THOUGHTFUL,** COURAGEOUS, & SHE DELIVERS. SUSAN HAS NEVER BEEN MORE IMPORTANT TO MAINE."

- BILL GREEN

SHAPLEIGH

Joanne Bargioni joannebargioni@gmail.com

Boy Scouts Troop 320 Camporee

Every year the Boy Scouts of America, York District, Pine Tree Council, holds a Camporee with over 300 adults and scouts participating. This year, due to COVID-19 restrictions, the Boy Scout Council decided this could not be possible, and local troops were advised to each hold the Camporee in their neighborhoods. Troop 320, Shapleigh held their Camporee at the Shapleigh Commons on Back Rd.

Saturday morning, Oct. 17, began as a cold, wet day, but that did not deter Troop 320. Tents were

CORRECTION:

On the front page of the Oct. 15 issue, a native plant was mistakenly labeled as "aquatic" in the title bar, during production.

erected, and a cooking area was set up. The scouts brought in a canoe, and the public was asked to drop off donations of food into the canoe for a food drive.

Then the troop made lunch, boy scout style, in a large castiron pot. Chowder and cornbread were on the menu. The sun came out following lunch, and the scouts participated in non-contact challenges, including identifying plants and animals. The results of these challenges were sent to the District BSA. After lunch, they went to the Sid Emery Experimental Forest in Lyman, where Eagle Scout candidate Christian Sprague led a group to replace a boardwalk that had fallen in disrepair. Sprague stated the project's cost was approximately \$1,000, but he was very fortunate to receive donated supplies from Lowe's, Hammond Lumber, and Home Depot. He also received telephone poles and pressure-treated lumber. "The boardwalk is situated over a marshy area, and the telephone poles were needed to make the boardwalk buoyant," said Sprague.

Sprague is completing this project to meet the requirements to be awarded Eagle Scout.

Upon return from the Sid Emery Forest, the scouts prepared a supper of "Stone Stew." Stone Stew had its origins as a folk tale in which hungry travelers convinced townspeople to each donate something to a pot of water with only a stone in it. The townspeople placed carrots, potatoes, onions, etc. into the pot. After the donations had been given, they found that they had the most delicious soup.

After dinner, the scouts sat down to a campfire and s'mores

According to David Wade, Scoutmaster of Troop 320, other local Troops participated in Camporee in their local areas. Holding their camp-out at the Congregational Church at Friendship Park in Acton was Troop 333. Jen Gore is the scoutmaster of this all-girl troop. They organized a bottle drive as a community fundraiser. Troop 369 from Lebanon also held a Camporee in their local area. (See related photo on Page 1.)

FOOD DRIVE

(Continued from page 1)

the parking lot of the Sanford Elks Lodge at 13 Elm Street in Sanford. Stop by with non-perishable food items and be entered in the drawings held throughout the day. There will also be door prizes and a 50/50 drawing.

Last year YCSP gave out 920 boxes, which include a turkey and all of the fixings. They expect the need will be greater this year, due to the economic hardships caused by the pandemic, with more people than ever coming to the food pantry every week.

Donations of non-perishable food or funds to help purchase items are also appreciated anytime over the next few week. If you would like to make a donation, or for more information, contact YCSP Food Service Director Scott Davis at 502-0520, scottd@ycspi.org or Food Pantry Coordinator Mike Ouellette at 391-3125, mikeo@ycspi.org.

NEWFIELD

C.J. Pike

fudgecupboard@yahoo.com 793-8760

Beware of email scams

I recently received an email from what looked like Amazon, saying that a \$4,000 + television and entertainment center, that I had purchased, was being shipped to somebody in Arizona, and I was to confirm that. Of course, I had not purchased the item, so I called Amazon and they told me that there was nothing on my account

In the email it gave a number in red for me to call if I had not ordered the item. And, that is the problem. This is a phishing scam for people to call the number, and then they ask for your personal information.

Do not fall for this. Do not click on anything if you get an email like this, and do not call that number. According to an expert on computers, they can get your personal information and infect your computer with a virus, which can eliminate all of the data and encrypt your files. This is a Trojan Horse, which can cost over \$900 to fix.

Since the first email, which I deleted, I have received two reminder emails from a Mark from Amazon, for order confirmation, which I sent to my Spam box. Be aware that this is a scam, do not reply at all.

Halloween is coming drive-thru style

There will be a drive-thru Halloween for kids at the Public Safety Building at 85 Water Street on Saturday, Oct. 31, starting at 6 p.m. Parents can bring the kids, dressed in their costumes to pick up their bag of candy, without even getting out of the car. All kids are welcome.

Happy birthday!

Birthday wishes go to Shirley Campbell and Janet Colwell Also remembering my brother Jeff, on his birthday, who passed away many years ago.

Happy anniversary!

Happy anniversary to Johanne and Wayne Vaters

Meetings

Boy Scout Troop #329 will have a Zoom meeting on Oct. 28, at 6:30 p.m. New members always welcome. Jim Dion is the Scoutmaster.

RECIPE CONTEST

(Continued from page 1)

contest was a great way to kick off the weekend. I would like to congratulate the winners of the recipe contest. Each of the contestants did a fantastic job of incorporating maple into their recipes and presenting to the judges."

The event was held in conjunction with the new North American Maple Tour in the U.S. and Canada which was held Oct. 9-18. Visit www.mainemapleproducers.com for more information.





DISTRICT 4: Alfred, Lyman, Sanford, Shapleigh & Waterboro

York County needs a Commissioner who understands the citizens and the needs of all the people...
A commissioner who has the courage to ask hard questions and make difficult decisions...
A commissioner who has the courage and conviction to assure that citizens' money is being spent in accordance to an approved and itemized budget...
A Commissioner who has 40 years of York County Government mid management experience.
This board needs energy, experience, excitement and hearty discussions! The York County Board of Commissioners needs me, Donna Ring!

I thank you all for your support and want your vote on Nov. 3rd!

TOWN OF SHAPLEIGH NOTICE

THIS POLITICAL AD PAID FOR AND APPROVED BY THE CANDIDATE

The **REGISTRAR OF VOTERS** is available for the purpose of Registering to Vote or updating the voting list on the following days:

Tuesdays – 9am to 4pm Wednesdays – 9am to 4pm Thursdays – 5pm to 8pm Fridays – 9am to 4pm

Saturday, Oct. 24th – 9am to 12pm Saturday, Oct. 31st – 9am to 12pm Tuesday (Election Day)

Nov. 3rd – 7:30am to 8pm

Please provide proof of residency with a current physical address to register to vote.

Residents who need to register to vote or update their address are encouraged to take care of this task well in advance.

THE POLLS WILL BE OPEN TUESDAY, NOVEMBER 3RD from 7:30am - 8pm AT SHAPLEIGH MEMORIAL SCHOOL 467 SHAPLEIGH CORNER RD.

TOWN OF SHAPLEIGH

call me at 207-432-1448 with any questions or

comments that you would like to share with me.

I LOOK FORWARD TO YOUR VOTE ON NOV. 3

THIS POLITICAL AD IS PAID FOR AND APPROVED BY THE CANDIDATE

RE-ELECT MIKE COTE

York County Commissioner

DISTRICT 4: ALFRED, SANFORD,

WATERBORO, SHAPLEIGH & LYMAN

I am an independent candidate

for re-election as York County

public servant who loves my

Commissioner. I am a dedicated

job and the County that I serve.

I believe in responsible County

Government and accountability to

the people that I serve. Please

ABSENTEE BALLOTS AVAILABLE

Absentee Ballots for the **November 3, 2020 General Election** are available in the Town Clerk's office. Requests for a ballot made by telephone, online or written must be received by **THURSDAY, OCTOBER 29TH**

unless the voter completes a "special circumstances" application

With a 5pm Friday, Oct. 30 deadline for in-person Absentee Voting.

The clerks' office will have extended hours Saturday, Oct. 24, 9am - 12pm.

Town Clerk, Town of Shapleigh, PO Box 26, Shapleigh, ME 04076. Telephone 636-2843 ext 1 or 6, or use the online request form at: https://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl or visit www.shapleigh.net for the link.

THE POLLS WILL BE OPEN TUESDAY, NOVEMBER 3RD from 7:30am - 8pm AT SHAPLEIGH MEMORIAL SCHOOL 467 SHAPLEIGH CORNER RD.

NOTICE REGARDING ELECTION DAY:

The Town Clerk's office will be closed on election day and will reopen on Wed., Nov. 4 @ 11 am.

Food box

program in Waterboro

The York County Shelter and

USDA Farmers to Families Food

Box Program will be distributing

1,000 food boxes in Waterboro on

Saturday, Oct. 24 beginning at 10

a.m. at the Waterboro Community

Pantry, located at 26 Townhouse

WATERBORO

News from Town Administrator

FIRE DEPT. UPDATE: The new heaters have been installed at South Waterboro station. Chief Bors and other Fire Department staff continue to communicate with Department of Public Works and our LED sign vendor in preparation for construction of the

new LED sign on the Route 5 end Help clear the trails of John Smith Road.

LIBRARY UPDATE: The contractor hired by the town to do the chimney work and new partial roof is not returning our calls. We have found another interested contractor/bidder who will start ASAP. The chimney repairs will be done first, then removal of the lower section of the back roof, replacing the framing, insulation, and roofing. Hopefully this work will only take three sunny days.

Saturday, Oct. 24

Do you use the trail system in Waterboro? Would you be willing to give one day of your time to help ensure the trails remain in great condition? The Ossipee Mountaineers Snowmobile Club is holding their second annual Clear the Trails Day on Saturday, Oct. 24 starting at 8 a.m. Volunteers should meet at the clubhouse at 255 Old Alfred Road in East Waterboro. All trail users are needed to help trim back the brush on all trails and should bring brush cutters, chain saws and other needed equipment. For more information, call or text Russ at 207-451-0980.

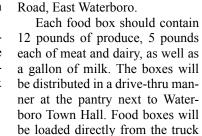
Pantry needs holiday box donations

The Waterboro Community Pantry is accepting donations for the Thanksgiving boxes they will be passing out to the Waterboro families in need. Some of the items needed are: stuffings, boxed potatoes, turkey/chicken gravy, green beans, peas, corn, carrots, yams, canned pumpkin and cranberry sauce. Donations are accepted at the pantry from 2-4 p.m. on Saturdays or during normal business hours at Partners Bank in East Waterboro.

If you prefer to make a monetary donation, checks can be made payable to and mailed to: Waterboro Community Pantry, P.O. Box 325, East Waterboro, ME 04030.

Voting on Election Day, Nov. 3

Waterboro polls will be open 7 a.m. to 8 p.m. on election day at the Massabesic High School East Building, located at 84 West Road, Waterboro.



a.m. until supplies last. You do not need to be a Waterboro resident to participate. Anyone wishing to volunteer can

into personal vehicles, starting 10

contact Cleo Smith at 247-5967. The Farmers to Families Food Box Program is part of the USDA's Coronavirus Food Assistance Program and aims to support farmers, ranchers and distributors in the food supply chain, by purchasing their fresh produce, dairy, and meat and then helping to distribute these products to local families who need access to these fresh products.





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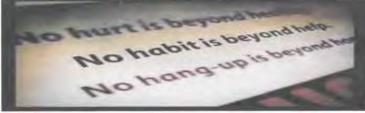
316 US Route One - Unit B, York

LIMERICK

Halloween drive-thru at fi e station

The Limerick Fire Department will host a drive-through 'Trick or Treat' on Halloween night, Saturday, Oct. 31, from 5-6:30 p.m., with firefighter handing out candy to the kids. All kids are welcome at 24 School Street, Limerick.







Celebrate Recovery Overcoming hurts, habits, and hangups Ages 18 & up

Celebration Place Helping families recover together Ages 5-12

Both groups meet every Thursday night at 6:00PM 181 Grammar Rd, Sanford, Maine 207-206-0967

Dave's always been a hard worker

He's honest, independent and will work for the people, not special interests.

WE NEED HIM TO **CONTINUE HIS LEADERSHIP ROLE IN AUGUSTA!**



Thank you for your support. It's been an honor to meet with the people of District 33. If we haven't met yet, please visit www.WoodsomeForMaine.com and let me know your thoughts.



POLITICAL AD PAID FOR AND APPROVED BY THE CANDIDATE.



MICHAEL PARDUE SD 34
Acton, Kennebunk, Lebanon,
North Berwick, Wells
Part of Berwick



DAVID WOODSOME SD 33 Cornish, Limerick, Newfield, Parsonsfield, Shapleigh, Sanford, Waterboro



ROBERT DAIGLE SD 32
Alfred, Arundel,
Biddeford, Dayton,
Kennebunkport, Lyman



CRAIG PENDLETON SD 31
Hollis, Limington,
Old Orchard Beach,
Saco, Part of Buxton

Vote Republican Today At Your Municipal Office *or* At The Polls On November 3rd END ONE PARTY RULE ★ RESTORE THE BALANCE OF POWER IN AUGUSTA

This Team Will Always Put the People of Maine First!

- Put workers first by encouraging job growth
- Put students first by improving and expanding educational opportunities
- Put the most vulnerable first by reforming welfare to reduce fraud and abuse
- Put families first by reducing taxes
- Put small businesses first by reducing regulations

This Team Will Put Maine's Economy Back on Track - Vote Republican November 3rd



JOHN LEIFHEIT HD 4
Ogunquit, Parts of Sanford,
Wells & York



WAYNE PARRY HD 10
Arundel, Dayton,
Part of Lyman



NATHAN CARLOW HD 16 Hollis, Parts of Saco & Buxton



DWAYNE PRESCOTT HD 17 Waterboro, Part of Lyman



THEODORE KRYZAK HD 20
Acton, Lebanon,
Part of Shapleigh



HEIDI SAMPSON HD 21 Alfred, Newfield, Parts of Limerick, Parsonsfield & Shapleigh



MARK BLIER HD 22 Limington, Parts of Buxton & Limerick



DONNA RING Dist. #4
York County Commissioner
Alfred, Lyman, Sanford,
Shapleigh, Waterboro



Vote JAY ALLEN U.S. House CD 1

AND THIS TEAM
WILL RESTORE AND PROTECT
MAINE'S VOICE IN THE
U.S. HOUSE AND SENATE



Vote SUSAN COLLINS
U.S. Senate

Paid for by York County Republican Committee, P.O. Box 625, Wells, ME 04054.

Not authorized by any candidate or candidate's committee.

ALFRED

Allison Williams
awilliams@waterbororeporter.com
324-5823

Here and There

Two local girls were winners in the recent Shaker Museum essay contest. Eliza Lowell of Shapleigh won a first place with "The Shakers Earned a Living in Alfred" and Charlotte DalPra of Lyman won a second place with "The Shakers Create Their Legacies". Congratulations to both girls.

The Lions Club Drive by Supper will be Saturday November 14 starting at 4:30.

New books at library

Many books with interesting titles have arrived at the library. For preschoolers. There is "Ears" by Katrine Crow, "Creepy Carrots" by Aaron Reynolds, "Counting" by Aurias George, "Diggersaurs Explore" by Michael Whaite, "Gustavo the Shy Ghost" by Flavia Z. Drago, "I Spy Fun House-Riddles" by Jean Marzollo and "Where's the Witch" by Ingila Arrhenius. For junior readers there are "Dog Man Crime and Punishment" by Dav Pilkey, "Scary Stories for Young Foxes, by Christian McKay Herdickes.

New adult fiction includes "Anxious People" by Fredrik Back Man, "The Book of Two Ways" by Jodi Picoult, "The End of Her" by Shari Lapena, "Fifty Words for Rain" by Asha Lemmie, "The Lying Life of Adults" by Elena Ferrante, "The Return" by Nicholas Sparks, "Shadows in Death" by J.D.Robb. Nonfiction includes "Everything Beautiful In Its Time" by Jenna Bush Hager, and "Rage" by Bob Woodward.

The greenhouse project

Our little greenhouse has not lived up to its name, but that is about to change. My spouse, a born grower, decided that if he was to sell seedlings in the spring, and berries in season, the greenhouse would have to be more adaptable. So he set about making it more like a real greenhouse. He was assisted by the fact that we were putting new windows in the house. By his own labor, you understand.

The new windows he installed in the house could also provide the greenhouse with "new" windows. Our former picture window was moved from house to greenhouse where it gives a great view of the raspberry bushes and part of the vegetable garden. For the transfer of the picture window he did have to get some assistance but most of the work has been his. The helpers were paid in boxes of fresh raspberries.

The project has gone well except for when he fell – on his elbow. I do not recommend falling on your elbow. It takes too long to mend. Otherwise, he has planned ahead for heat and ventilation and always seems to know what needs to be done next. I suspect the recent popularity of plastic greenhouses was spawned by folks trying to build home-grown greenhouses. They could see where big improvements could be made. Why use glass when plastic would work? What he

didn't do was pour a cement floor – too expensive and time consuming. Mice are, unfortunately, very fond of greenhouses. They can burrow up and spend the winter and we hope none of them discover his greenhouse. Before he had even started a mouse had come to visit and feasted on his pansy seedlings. But Have-A-Heart traps are very useful. My florist parents adopted a mouse loving cat who spent a lifetime keeping their greenhouses free of rodents. She lived a long and useful life. She was totally white and her name was Mickey. Even after all these years

she is well remembered. I offer to help but he knows I am no carpenter. I view his efforts thus far as nothing short of magical. I do wish I had saved my fall cleaning in the bathroom for after that particular window (in the bathroom) had been replaced. It was the last window to be installed in the greenhouse. But he had kindly removed all the bathroom bric-a-brac to safety before embarking on the bathroom window project. My collection of small vases would have met an untimely end, also my "Toby Jugs" would never have survived the pounding.

So we now have a beautiful bathroom window which provides a great view of the clothesline and a greenhouse window (formerly in the bathroom) which looks on the back of the shop. Next spring, when it is full of seedlings, it will have an even better view. Inside, that is.

Maine Department of Agriculture, Conservation & Forestry

Invasive Stiltgrass found at a nursery in York County

Considered one of the most damaging invasive plant species in the United States, Stiltgrass threatens Maine's native plants and natural habitats. Nursery professionals, landowners, and land managers are urged to carefully search their properties for the invasive stiltgrass (Microstegium vimineum), also known as Japanese Stiltgrass. DACF staff recently confirmed the first known Maine location of this severely invasive plant at a nursery in York County. Previously, the closest known locations for stiltgrass were at nurseries in New Hampshire.

"We knew it was likely that this invasive plant would make its way to Maine eventually," said Gary Fish, State Horticulturist. "It is a severely invasive plant with small seeds that can hitchhike on plant root balls, potted plants, soil, gravel, or equipment."

Stiltgrass forms dense colonies in sun or shade, invading the forest and forming a thick thatch layer over time, making it difficult for native trees, shrubs, and wildflower seeds to establish and grow. Thatch build-up also raises fire risk. Stiltgrass is an annual plant, and each stem can produce hundreds to thousands of seeds before dying in the fall. Seeds survive for at least five years in the soil

Invasive Plant Biologists urge landowners to search recently disturbed areas for new infestations of stiltgrass. Be on the lookout for any dense patches of unfamiliar grass that could be stiltgrass. Several features of stiltgrass can help distinguish it from other grasses:

- Leaves of stiltgrass alternate along the stem, 2-4" long and ½" wide, and have a stripe of reflectiv hairs along the leaf midrib on the leaf's top surface. Individual hairs may be too small to see with the naked eye, but the pale stripe along the leaf midrib is distinctive. The midrib may be slightly off-center.
- The leaf edges and surfaces feel smooth to the touch, unlike some native grasses with stiff hairs along the leaf edge.
- The common name "stiltgrass" comes from the plant's growth habit: it trails along the ground, branching from nodes where it produces "stilts" (roots) to support the new branches. It is shallow-rooted and easy to pull up.
- Plants flower and set seed very late in the season (September-October); most other grasses seed much earlier in the year. Each plant can have one to three seed spikes that resemble crabgrass.



• Stems can develop a reddish tint late in the season.

If you think you have stiltgrass on your property, review the above list of characters to confirm, and check your plants against photos of stiltgrass online. If you still believe you have found stiltgrass, send an email with photos and location description to invasives.mnap@maine.gov.

New detections of stiltgrass should be controlled to keep this damaging grass from invading Maine's forests and natural areas. DACF staff can offer guidance to affected landowners. For general information on managing stiltgrass and other invasive plants, please visit the MNAP website.

TOWN OF ALFRED PLANNING BOARD

NOTICE OF SITE WALK

Sunday, November 8, 2020, 9:00 am. at the Outside Storage Area at Heather and Windsor Lanes

The Town of Alfred Planning Board will hold a Site Walk on November 8, 2020, at 9:00 am to review the location for a new 55 plus age subdivision application submitted by Keywood Manor EXP, LP. The properties are located on Tax Map 1, Lots 21 and 20B in the Rural Residential Zoning District for consideration by the Planning Board for approximately 91+/-new residences. The application is available for review at the Keywood Manor Community Center at 85 Pools Crossing Road or at the Code Enforcement Office at the Town Hall.

TOWN OF ALFRED

The Town Clerk's office will have additional hours for

IN-PERSON ABSENTEE VOTING ONLY Friday, October 30, 2020 from 1:00-5:00 p.m.

If you have any questions, please call 324-5872 x204.

TOWN OF ALFRED

PUBLIC HEARING
October 27, 2020
4:00 p.m.

Notice is hereby given that a Public Hearing will be held at the Alfred Town Hall, County of York, State of Maine at 4:00 P.M. on Tuesday, October 27, 2020 in accordance with Title30, Sec 2451-2460, M.R.S.A. Said hearing being on the 2021 permit applications for the following owners to operate or maintain automobile junkyards/scrap metal yards:

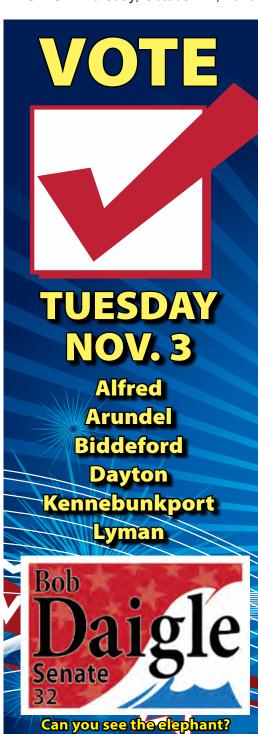
Daney's Auto Salvage – Swetts Bridge Road J&J Auto Salvage – Jordan Springs Road Morin Steel – Stone Road Airtech Management – Mountain Road Roland's Motor Sales, Inc. – Sanford Road Jalbert's Auto Sales – Mountain Road

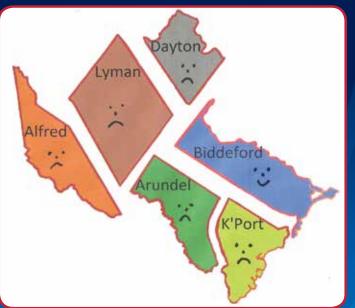
Any persons having any objections to the granting or issuance of said permits shall appear and show just cause.

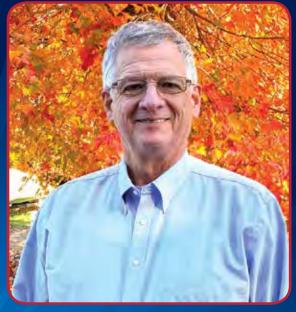
Board of Selectmen, Town of Alfred











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OPINION

LETTERS

In response,

Thank you Jon Simonds for the interesting and educational history on Ruth Bader Ginsburg. Without admitting guilt, I stand corrected

I have to admit, I don't ever recall anybody discussing another person or group of people that when the word "Notorious" was used it wasn't followed by a negative in some way. In fact, that's how my dictionary defined the adjective. A negative title, except in this case.

However, in this turn around world, it's good! Especially in Justice Ginburg's case. She was a mover and shaker.

Jon, I may owe you an apology for misunderstanding your reference to her notoriety. Thank you for the clarification. Please accept my apology sincerely.

I do have another question: is it fair for a tire changer to get the same pay as the dealership owner? I think not and I used to be a tire changer!

> – Edmund Stubbs West Newfield

Proud to support Sampson

What do you do when you need someone to listen and answer your questions? Who fought for Maine home schoolers education and parents rights when no one seems to listen? Who's homeschooling now?

She was the first appointment to the Board of Education for homeschoolers and defender of children with special needs.

Who also is a defender of a protector of lobster fisher men?

She is the winner of the Freedom and Opportunity award. As well as a Regional Director of Southern Maine FCA,

Is an athletic coach, classroom teacher, farmer and herbalist. This is just a small window of the dedication and heart beat of Heidi Sampson.

Proud to elect her to represent me and you!

– Beth Folsom Alfred

Dear people of Maine,

I'd like to take a few lines to express how grateful I am for Representative Heidi Sampson. I am a homeschooling mom of six vears now with four little ones ten and under. I first learned of Heidi when I was looking for information regarding homeschooling in Maine. She has been a constant source of information and encouragement to me as a parent and as a homeschooling mom. I have consistently observed her heart and her passion to stand for what is right and what is best for the people of Maine. She doesn't just do whatever she wants, though.

She engages with her constituents and is actively involved in the lives of those she represents. She will text and Facebook message and even chat on the phone whenever someone needs her. She listens and strives to help whenever and wherever she can. I am inspired by her wholehearted ded-

ication to the people of Maine.

I will be voting for her this election season because I know her, I trust her, and I believe she will always vote in the best interest of parents, children and all Maine residents. She is specifically invested in the education system and that is a very important aspect in this ever changing climate. I urge all those reading this to vote to keep Heidi as a representative. I believe she will continue to work for us and I, for one, am grateful for someone who will listen to the people and truly represent those she serves as she works for us in the House.

> – Joanna Junkins Parsonsfield

Support for Collins

The Portsmouth Naval Shipyard (PNSY) is an invaluable asset to York County, but unfortunately, the future of these jobs may be in jeopardy, which is why we need Senator Susan Collins in Washington more than ever.

This year the federal government has spent a lot of money in response to the COVID-19 pandemic, which means some tough financial decisions will have to be made in the years to come. Whoever wins the presidential election will look for ways to control tax increases on the middle class by tightening spending. This will put pressure on defense spending. The military looks to base realignment and closure (BRAC) rather than reducing force strength or capability as the preferred means of cost cutting. PNSY draws attention each time a BRAC Commission is authorized by Congress. Other submarine yards outside of Maine are very willing to take on work assigned to PNSY, so keeping our shipyard open will be difficult. Of the current Congressional delegation, only Senator Collins has the experience necessary to keep PNSY open. She worked through the BRAC process before in 2005, and was instrumental in keeping it open.

It is Susan's seniority in the Senate that will provide essential guidance to the entire Maine delegation in navigating the challenges that lie ahead. With her victory on Nov. 3, that experience is maintained. Her defeat carries with it a loss from which there is no recovery. Nobody else can step into her position of being a moderate capable of working with both parties. No other member of the Maine delegation can replace her seniority in the Senate and in various Senate Committees. So please, join me in voting to reelect our greatest champion, Senator Collins.

> – David Woodsome North Waterboro

Overdoses on the rise

According to Sara Gideon's website, she has "been at the fore-front of the efforts to combat the opioid crisis in Maine." But the statistics paint a starkly different story, and frankly, she should be ashamed of taking a victory lap while this terrible affliction plagues our state like never be-

fore. Here are some statistics for you to consider: Sara Gideon became speaker in 2016; By 2019, overdoses rose by 7 percent; This year, while she's neglected her job to run for higher office, overdose deaths rose by 23 percent in the first quarter alone and the situation has only gotten worse

unemployment.
So you see, more Mainers have succumbed to their addiction on Sara Gideon's watch as Speaker, but that hasn't stopped her from claiming success. I hope my fellow Mainers see through her empty rhetoric and vote to re-elect Senator Susan Collins.

as Mainers grapple with rampant

– Heidi Sampson Alfred

Collins puts Maine first

As the state representative for Hollis, I take great pride in my ability to put partisanship aside to work with my colleagues in Augusta on policies that make our community, and the state of Maine, a better and more prosperous place to live. Senator Susan Collins has always taken a similar approach in the US Senate, which has earned her the respect of her peers on both sides of the aisle.

Senator Collins always puts the people of Maine FIRST, and the fact that she has never missed a single roll call vote in 24 years shows just how much she cares. The fact is, nobody works harder than she does, or has delivered more for us than she has. We need to keep Senator Collins in our corner as we navigate through the challenging times ahead, so please join me in supporting Senator Susan Collins for US Senate.

– Don Marean Hollis

The FBI and your children

The Federal Bureau of Investigation issued a press release on Oct. 15 warning of a new cyber scam roiling the nation. The vehicle is social media, but it isn't targeting seniors, has no interest in your bank accounts, nor does it care about your social security number. It's riding the wave of the

pandemic and aiming for your children. The school closures brought on by the pandemic are leaving your kids with more time on their hands and a big chunk of this time is being spent on social media, talking to friends and connecting with new ones who share similar interests with your child. FBI investigations have recently shown a spike in child abductions through the use of these platforms.

Recent investigations have indicated child abductors are using social media, social networks and dating applications for the purpose of identifying and initiating contact with your child. The networks your child uses gives the abductor an opportunity to gain access to your child, often pretending to be a peer of the child. The abductor relates to his newfound friends' problems and fears. He's sympathetic, entertaining and a good study of pop culture. In the eyes of a child, the abductor seems like the coolest person in the world. You can't rush the growth of your garden, but inevitably with the right time and attention, your garden will grow. The abductors newfound friend will want to meet and this may 'lead to them being taken against their will.'

This is a worrisome trend. Prior to the pandemic, children spent a great deal of time in playgrounds, malls and all sorts of public places. And while the risk of abduction existed, abducting a minor in a public place put the abductor at greater risk of exposure due to potential witnesses. Social media presents a



by Jon Simonds

much lower key means of setting a youngster up for an abduction. Research indicates some 22 percent of all teenagers log onto their preferred social media more than 10 times a day and 50 percent log on more than once a day. Too many kids lack the self-discipline

to regulate their use of smart phones and other devices. As the pandemic forces school closures and parents are forced to work, a pattern of recent abductions is beginning to emerge.

Think it can't happen here? Here's hoping your right. However, if you suspect someone you know is the target of such a scam you are advised to file a complaint online with the FBI's internet crime complaint center at IC3.Gov. Add the address to your list of contacts along with local law enforcement. You should also add the number of the National Center for Missing and exploited children, 1-800-THE-LOST (843-5678). Equally important are the texts, emails and any logs of communication between parties. Regardless of how embarrassing they may be they are immeasurably important in the successful prosecution of a crime, if such a crime is committed. These also include usernames, e-mail addresses and phone numbers. Keep the links of any websites visited by the subjects. This holds true of any type of scam.

We like to think of ourselves and our children as being too smart to get caught up in any kind of con, but I remember reading about a gentleman who loved smart people. His name was Bernie Madoff. He rode all the way to the lap of luxury in a Ponzi. Maybe you've heard of him too.

Jon Simonds lives in North Waterboro and is the author of "Brooklyn Encounters," a collection of short stories available on Kindle.

Know who you are voting for!

Maine State Representative Heidi Malones' 11.5 acre property in Alfred, Sampson, (R) Alfred, has been sued in the Maine. The lawsuit alleges that in 2012, without the knowledge or consent of the Malones, the Sampsons illegally cleared cutting nine acres of protected timber.

The lawsuit, which names Sampson and her husband, alleges that Sampson used the cleared property to graze her livestock and to improperly build stables and a barn on the illegally seized land.

The lawsuit was filed in Maine Superior Court on Thursday, October 8, 2020 on behalf of Sampson's neighbors, Christopher and Sasha Malone by Attorney James G. Monteleone of the law fi m, Bernstein and Shur in Portland. The suit seeks the removal of all the Sampson encroachments on their neighbor's land and up to \$413,475 in damages. The suit also seeks punitive damages for the Sampsons' "egregious conduct."

According to the lawsuit, the Sampsons own an 11.5 acre property abutting the

Malones' 11.5 acre property in Alfred, Maine. The lawsuit alleges that in 2012, without the knowledge or consent of the Malones, the Sampsons illegally cleared and removed nine acres of timber on the Malones land, installed paddocks for their livestock, and began building stables and a barn. The suit further alleges that in 2016 the Sampsons filed a false application with the Town of Alfred for a building permit for the structures, which was issued by the Town in April of 2020.

At present the Sampsons' face a lawsuit, taking 9 acres of their neighbors land, clear cutting their forest protected by Maine Tree Growth laws, and while all this time been harassing this family. Is this the kind of behavior we should permit from a legislator that sits on the House Ethics Committee? We need less double-talk, more straight talk and to demand more integrity and honesty of our legislators.

Vote For Cliff Krolick for Maine House District 21 cliff@krolickformaine.com / 207-625-8189

Cliff Krolick is endorsed by: Maine Peoples Alliance, Maine Education Association, Equality Maine, Maine AFL-CIO

The statements in this piece have not been verified.

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For more information, contact the Town Administrator at 207-636-2843 ext. 0. To apply, please email (administrator@shapleigh.net) or mail your letter of interest, résume to: Town of Shapleigh, Town Administrator, PO Box 26, Shapleigh, ME 04076 by Friday, November 6, 2020.

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Arthur "Art" Anthony Parliman Jr.

Arthur "Art" Anthony Parliman Jr., age 78, of North Waterboro,

passed away peacefully on Oct. 1, 2020 at the Gosnell Memorial Hospice House in Scarborough, from complications from PSP and Dementia.



Arthur Anthony Parliman Jr.

Art was Parliman Jr. born on May 30, 1942 in Paterson, New Jersey, to Arthur and Edna (Koch) Parliman.

He attended West Side High School in Newark, New Jersey and attended North Tech in Newark. Art was a forklift operator all his life. He worked for Universal Car

Loading, Cateret Packaging, Coca-Cola and most recently, Cadbury Schweppes until he retired.

Art enjoyed the outdoors, including, hunting, fishing and camping with his family. He loved his warm Coors Light, reading the newspaper and playing the lottery. Art was talented at drawing and woodworking. His passion in life was undeniably, his family!

He is predeceased by both parents, Edna and Arthur Parliman; and his younger brother George Parliman. Art is survived by his loving children, Christine Belanger and her husband Brian of North Waterboro, son, Arthur Parliman and his wife, Heather of Claremont, New Hampshire; sister, Marianne Jehlen of Manville, New Jersey; sister-inlaw, Colleen; nephews, Tyler and Jimmy; six grandchildren, and three great grandchildren.

Visiting hours were held on Oct. 6 at the Chad E. Poitras Cremation and Funeral Service Chapel, 498 Long Plains Road (Rt. 22) in Buxton. A private funeral service followed at the funeral home, and burial was on Oct. 7 at Laurel Grove Cemetery, Totowa, New Jersey.

In lieu of flowers, memorial contributions can be made to the Gosnell Hospice House, 11 Hunnewell Rd. Scarborough, ME 04074, or to the Parkinson's Foundation, 200 SE 1st St. Suite 800 Miami, FL 33131.

Reverend Ronald Dean Walton

Reverend Ronald Dean Walton, of Hollis, fell asleep in Christ on Oct. 3, 2020 at the Gosnell House in Scarborough after a brief battle with pneumonia and other infections.

Ronald was born in Presque Isle, on Dec. 14, 1931 the son of Kenneth and Olive Walton.

After graduating from Mapleton High School, he went on to attend Bob Jones University in Greenville, South Carolina.

He was ordained into the Advent Christian Denomination in 1954.

He married the love of his life, Althea Hews, from Ashland on June 28, 1955.

His seventeen-year pastoral ministry started in Newport Center, Vermont followed by Dover, New Hampshire and Rochester, New Hampshire.

After his pastoral ministry Ronald served the Advent Christian Denomination as Eastern Region Superintendent supporting pastors and their churches throughout New England and Eastern Providences of Canada. It was during this time that he was also a fund raiser for Berkshire Christian College in Lenox, Massachusetts.

Ronald went on from there to be Director of Development for Wheaton College in Wheaton, Illinois. He remained at this Christian Liberal Arts college for twelve years, until his retirement.

Ron loved his Kubota tractor and his lawn mower; just being on his farm getting his hands dirty.

His family was always his top priority.

Ronald is survived by his wife of 65 years, Althea (Hews) Walton; his son David and wife Barbara Walton of Rochester New Hampshire; his son Mark and wife Robin Walton of Dayton; a sister Jeannie (Walton) and her husband Lewin Cocks of Vero Beach, Florida; eight grandchildren; Ashley, Cody, Shelby, Gregory, Christine, Stephanie, Ashlyn, Adam; and twelve great grandchildren.

A funeral service will be held privately due to COVID concerns and burial will follow at a later date. Online condolences can be submitted at the Chad E. Poitras Cremation and Funeral Service website, www. mainefuneral.com or on Facebook @Rev. Ronald Walton: In Memoriam. In lieu of flowers, memorial contributions can be made to the benevolent fund in memory of Rev. Ronald Walton at either; A C Village at Dowling Park, 10680 Dowling Park DR., Live Oak, FL 32060 or Vernon Homes, 61 Greenway DR., Vernon, VT 05354.

Douglas Newton Sanborn

Douglas Newton Sanborn, age 79, passed away peacefully at his

home in Buxton on Oct. 12, 2020, with pneumonia, a complication of Alzheimer's.

Doug was born in Biddeford, on Aug. 27, 1941, the



Douglas Newton Sanborn

son of Newton Wilmot and Ursula (Huntress)Sanborn. His family later moved to Saco on Union Street. After Graduating from Thornton Academy he attended the University of Maine in Orono, where he was a member of Tau Kappa Epsilon (TKE) fraternity andactive in the Pershing Rifle Club. He graduated in 1963 with a bachelor of science degree in mechanical engineering.

Thus began his long career in the manufacturing and engineering field.

His first employment was at Deering Milliken Inc. of Lisbon.

He moved on to Colonial Press in Clinton, Massachusetts, to Dennison Manufacturing in Framingham, Massachusetts, then to Carter Ink in Crossville Tennessee, as a plant manager. He finally returned to Maine working at Schlotterbeck and Foss Co. in Portland and then Grumbacher in Lisbon Falls until he retired

Doug was also in the Coast Guard Reserves for six years during his early years of employment.

Doug loved spending time with his family and friends and was al-

ways a welcoming host, entertaining them with his great storytelling and joke telling abilities. People always left with a smile on their face after being with him. Throughout his life Doug was a lifelong loyal fan of the Patriots. He and his son Chris, attended many games during the 80's in Foxboro, Massachusetts. Later, attired in his favorite cap and shirt, he cheered them on, never missing a game on the radio or TV. During the 90's he took up the game of golf and enjoyed playing for many years.

Doug is predeceased by his brothers—in-law, Jeremiah Guiney, who passed away in 2004 and Merle Davis, who passed away in 2019.

He is survived by his beloved wife of 55 years, Judith (Judy) Plummer Sanborn; his son Christopher Sanborn and his wife Cindy (Blake) of Buxton; his daughter-Brooke Sanborn and her husband Gordon Wiley of Bristol; his only grandchild Ashley Youland and her husband Nate of East Baldwin; his sister Shelia Guiney of Dayton; his brother Daniel Sanborn and his wife Millie of Winston-Salem North Carolina; Sisters in Law Donna Carll and her husband Roger of Gorham, Diane Davis of Windham, Joan Kavouksorian and her husband Harry of Buxton, Susan Moran of Bath; and several nieces and nephews and great-nieces and great-nephews.

Due to the COVID-19 virus no services with be held at the present time. There will be a graveside memorial service to be announced in the Spring.

We would especially like to thank our home health team from Hospice and our kind neighbor, Karen Ross for their support, comfort and compassionate care of Doug in his final weeks.

Online condolences can be submitted to the Chad E. Poitras Cremation and Funeral Service at www. mainefuneral.com.

If so desired memorial contributions can be made to Hospice of Southern Maine, 180 US Route 1, Scarborough, Maine 04074.

Alfred D. Hicks

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Chad E. Poitras

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Cremation Services

On Thursday, Oct. 15, 2020, Alfred D. Hicks, my loving husband of 46 years of marriage and father of our five children, passed away at the age of 70.

Alfred was born on September 19, 1950 in Methuen, Massachusetts to the late Forest Hicks and Aldona (Vaiksnovas) Belmer. He

attended Tenney High School in Methuen, Mass and received his bachelor's degree in Business from New Hampshire College. On May 25, 1974, he married Deborah A. (Lancaster) Hicks.

Alfred liked to be in the great outdoors's, and he loved to garden. He was involved with the Boy Scout Troop # 322 of West Newfield. Alfred had an infectious smile and a kind and compassionate spirit.

He is survived by his wife Deborah, his five children Christopher, Joshua, Emily, Forest, and Timothy; his brothers and sister, Paul and Clifford and Donna; and several cousins, nieces, and nephews.

The family will celebrate his life privately.

To leave a message of condolence for the family, visit www.autumngreenfuneralhome.com.

The Autumn Green Funeral Home is respectfully handling arrangements.

Karen E. Ruel

Karen E. Ruel, 56, a resident of Sanford, died peacefully on Oct.

13, 2020 at the Gosnell Memorial Hospice House in Scarborough.

Karen was born in Portland on December 31, 1963, the daughter of



Karen E. Ruel

John B. and Prudence A. (Thompson) Quint. She was raised in North Berwick and attended local schools.

Karen possessed a special kindness and generous spirit towards people and animals. She loved and nurtured her Pitbull/Roti mix "Psycho" and "Copper" her Char-pei dog, who needed extra care and love.

Karen lived in Rhode Island for about eight years with her friend, Bill, and they were well suited as a couple. They balanced each other out and shared in life's simple pleasures together. They recently moved back to Maine in 2015.

Bill shared that Karen was gifted with a "green thumb" and could make any plant or flowers spring to life after they had become wilted.

Karen was a fun person to be with. She smiled easily and always put others needs before her own.

Karen will be dearly missed by her family and many friends. She has entered into eternal peace and will be forever loved.

She is lovingly survived by her parents, John and Prudence Quint of Alfred; her daughter Danielle Ruel of Milford, NH; her brother Peter Quint of North Berwick and her companion and fiancée William (Bill) Tilley of Sanford; and several nieces and one nephew.

A private memorial service will be held and she will be buried at Oakdale Cemetery in the family lot.

To leave a message of condolence for the family, visit www.autumngreenfuneralhome.com.

With Karen's love of animals, please consider donating to the Animal Welfare Society, PO Box 43, West Kennebunk, ME 04094.

The Autumn Green Funeral Home is respectfully handling arrangements.

Email obituaries to:
news@waterboro
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www.HeidiHSampson.com

Heidi Sampson

IS WORKING HARD

for the **PEOPLE** of District 21.



I have never seen an elected official work as hard as Heidi has. Heidi's only personal agenda is helping the people of Maine. I reached out to Heidi, when my friend who owns a small business could not open and was about to lose everything after 25 years. She never hesitated to help me and also contacted other representatives to get involved. Heidi's leadership qualities exemplify integrity, honesty and trust."

- Shelly Gobeille, Newfield



"I deeply appreciate all Heidi Sampson has done for me and my community by working to help my business survive during the economic downfall due to Governor Mills' shut down. Although the future of my business is still uncertain, I am thankful for all Heidi has done and highly recommend her for re-election to the State House and hopefully a future higher position. We could use a person like her in either the Senate or Governor's Office!! I am thankful for all she does for the people of the State of Maine!"

- Valerie Kessler, The Jeremiah House, Limerick



"I had the pleasure to meet Heidi Sampson on her last campaign drive, 2 years ago. She showed sincere compassion for veterans of all statuses. I have continued to work with her over Veterans issues, and she is truly a person who gets things accomplished. She always keeps in contact and returns calls and give us a 110%. Recently she was able, within 2 weeks, to get a close veteran friend of mine his Vietnam veterans recognition award from the state and presented it to him personally. Again, showing her full commitment to veterans."

- V Smith, Shapleigh



"As a homeschooling mom of four here in Maine, I appreciate Heidi so much. She stands with families and represents them in a way that is real. She is passionate about speaking on behalf of her constituents and is consistently accessible."

- Joanna Junkins - Parsonsfield



"I met Representative Heidi Sampson six years ago, when she decided to run for Maine's State House. Her values echo mine. Not only that; she is available all the time to anyone within District 21 that seeks her assistance, no matter what their party affiliation. I whole-heartedly support her. She is a credit to the office she holds."

- Barbara Britten, No. Shapleigh



"Heidi always fights for teacher's autonomy and voice inside the classroom. She encourages high quality instruction and authenticity."

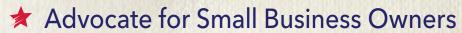
- Jason Tremblay, Alfred, RSU 57 High School Teacher

Paid for and authorized by Sampson for ME; Robert C. Sampson, Treasurer.

Join Us and Vote Heidi Sampson on November 3rd!

A STRONG PLAN

to put Maine on the RIGHT TRACK!



★ Provide Equitable Property Tax Relief

★ Invest in Career & Technical Education

★ Reduce Outdated Regulations

★ Lower Maine's Income Tax

★ Support Lower Energy Costs

"As your representative in Augusta, I'm not known to shy away from hard-fought policy battles. With your support, I'll keep working to control spending, stand up for high-quality education, promote job growth, and to prioritize property tax relief. You can count on it!"





A Trusted Public Servant Fighting for the People of Maine!