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THURSDAY, JANUARY 9, 2020

SIMPLY IMPROVISING A spontaneous conversation with professional improv actors

By Jessica Peck-Lindsey

We learn by listening to and then re-telling stories. It is what makes us uniquely human; our desire to learn about our world through the stories that we hear. There are those who have crafted this skill into an art giving us live theatrical presentations, cinematographic performances, and audio recordings. A common thread among these story-telling genres is the script from which the actors develop their characters. One of the frequently asked questions that actors hear from audience members is "How did you learn all those lines?" With a script, there is a significant amount of memorization required. But what about improvisational theater? What makes this style of story-telling so rewarding to watch and yet do so without the assistance of a script? Being a great admirer of improv theater, I requested an interview with Joe Swenson and Bob LeBlanc of ABC Improv.

Jessica Peck-Lindsey: Hi Bob and Joe! I am very excited to learn your group will be performing at the Massabesic high School on Friday January 31st! You've probably heard me laugh at your previous shows at MHS. I am a big fan of improv. Why should people know about improv theater?

Joe Swenson: So many reasons. The rules are simple and would simply be amazing if everyone lived by them. What if you could only say "Yes" to everything and add something else, but had to do so in a way that made everyone look good? That's improv. From an entertainment standpoint, improv is extremely important to see what's



Cast of ABC Improv, from left, Joe Swenson, Amanda Kinsey, Brian Files, Steve Corning. Not pictured, Bob LeBlanc and Nathan Greene. COURTESY PHOTO

Bob LeBlanc: Like Joe said, the rules are simple and can really be used outside of the theater. See, Improvisational theater can be so many different things. We focus on short form comedy, there is also long-form Harolds, dramatic improv, improvisational playwriting... the works. What it all has in common are those rules. (One rule) is "Yes and." It's a technique where we agree with what our scene partner says and agree with it. Everything is built around that.

Because of that we're allowed a

BLB: I'm a former stand-up comic and I can tell you that they are completely different.

JS: In fact, I would say that while both can be funny, they are vastly different.

JPL: How are they different?

BLB: Stand up is crafted, sculpted, and rehearsed. It's gone over with a fine-toothed comb and refined. Improv is raw and spontaneous. It's based off of the moment and is, at its heart, ephemeral. It's only defined by the prompt and the rules of improv. JS: Some stand-ups are rehearsed, use one-liners, roast the audience, use call-backs, and very little is made up on the spot. 100% of *(Continued on page 2)*



Loon chicks with parent last summer. COURTESY PHOTO BY RAY YEAGER

Audubon releases loon count results

A haunting tremolo, the wavering call of a loon, is one of the most evocative sounds in nature. It's also one of the iconic sounds of Maine, and people value it. There's no better proof of that than the annual Maine Audubon Loon Count. Every year, volunteers head out onto local lakes and ponds on the third Saturday in July to count Common Loons. In 2019, the 36th annual Maine Loon Count, a total of 1,414 community scientists participated in (up from 1,350 in 2018), covering 292 lakes.

All of the data has been submitted, the numbers have been crunched, and the results are in! In the southern half of Maine, including all areas south of the 45th parallel, we estimate the 2019 loon population to include 3,219 adult loons and 372 chicks. Though numbers were a bit below 2018 numbers, the loon population in Maine appears to be healthy and holding steady.

A number of factors may have influenced this year's findings. Most impactful may have been heavy spring rains which flooded some nests and caused egg loss. (Common Loons can't walk very well on land and so build their

nests very close to the water's edge, making nests susceptible to flooding from high water or boat wake.) Some loon counters also reported loons abandoning nests due to high concentrations of black flies in the early season, as well as more predation from Bald Eagles and other wildlife. New this year, we received a number of calls reporting concerns about "wake boats," which kick up a large enough wake for someone to surf behind the boat. Several callers believed that even operating outside the 200-foot no-wake zone, the wakes generated by these new boats could wash eggs out of nests when they reach shore.

Loon populations have increased markedly since the count began over three decades ago. The no-wake law, requiring speeds that don't generate wakes within 200 feet of shore, was enacted to prevent shoreline erosion, but has benefited loons by reducing the number of nests flooded by boat wakes. Phased-in bans on types of lead fishing tackle are also addressing lead poisoning in adult loons, one of the leading causes of mortality. Our annual Loon counters also serve as the eyes and ears (Continued on page 3)

happening in our everyday life from a not as serious standpoint but also in ways that make you think, emote, and ultimately root for people when they are at their most vulnerable.

safety to explore and play that isn't present in normal theater.

JPL: You mentioned comedy, is improvisational theater similar to stand-up comedy?



We are looking for customer service representatives for our billing department! Start Date: Tuesday, February 11 <u>PAID TRAINING:</u> 6 weeks, Tuesday-Saturday 11 a.m.-7:30 p.m. <u>STARTING PAY:</u> \$15/hour, plus .75 shift differential for shifts that start at or after 11 a.m. <u>BENEFITS:</u> Medical, Dental, Vision, 401K w/6% company match, Retirement plan, Free and discounted employee cable, internet & phone package (must live in service footprint), accrued paid vacation, personal days, annual paid holidays, accrued paid sick time, and annual tuition reimbursement of \$5,250. *Please apply and complete the mobile-friendly assessment at jobs.spectrum.com today!*

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IMPROV INTERVIEW

(Continued from page 1)

improv is never before seen or done so you have to live by the rules.

JPL: Are the audiences different too?

BLB: The audiences mingle. There are stand-up and improv diehards, but in general, to the public, comedy is comedy.

JS: I would say that the audiences can be the same, but improv's reach is broader.

BLB: Joe's right. Improv can reach a broader audience. There's a magic to it, especially if you know how it's done. Improv is the only magic trick that gets better after you know how the trick is done.

JPL: What is important for the audience to know about improv theater before seeing live improv for the first time?

JS: 1) it's supposed to be fun and funny. The intent is always towards what is going to tell a good story. 2). Participation is 100% voluntary. 3). It's about having a good time.

JPL: What does a rehearsal for an improvisational group look like?

BLB: We rehearse improv to develop those rules and get to know each other as improvisors. The scenes are never the same, but those rules always are. We yes-and, take what our partner says and agree and add to it. We work hard to make our partners on stage look good. We listen to our fellow improvisers and the audience. Improv can only work when you respect your partners and fellow performers. Because of this improv is a deeply positive experience.

JS: Rehearsal is about familiarizing yourself with the game and build trust and chemistry with the other members of the troupe.

JPL: This is starting to come back to your original answer where you discuss team building and trust as being important skills in improvisational theater, but applicable to the real world. Could these games be used as team building exercises in non-theatrical settings such as in corporations?

JS: 100% yes. In fact, I've existed in my day job for corporate America for the last 20+ years and I use improv all the time for ice breakers, team meetings, and so on. When progress seems stymied, put in a little improv game and boom! progress changes because of "Yes And".

BLB: In fact, like Joe said, "Yes And" can be used on a daily basis. In the next brainstorming meeting, try agreeing with a suggestion and building onto it to see where it goes. It's amazing what it can do. Anyone can do improv.

JS: I hate to sound like this is so simple, a caveman can do it, but truly anyone can. From the extravert to the introvert to the never been funny at all to the life of the party. Improv is truly available for all people.

BLB: Listening and respect are the most important. Funny happens, listening and respecting the person on stage with you is key. It's the foundation. Understanding "Yes And", and other techniques also help.

JPL: Where can we find improv theater in Southern Maine?

BLB: Improv is everywhere in Southern Maine. We're in an improv renaissance. There's the Chamber of Comedy at Maine Repertory Theater in Biddeford every Saturday. They are made up of an all-star cast of improvisers from across the region. Longtime favorite, Running With Scissors, Yes & Co. and all female improv troupes like You Should Smile More, currently run out of Maine Rep too.

JS: For the show (at Massabesic High School on January 31st), we have improvisers that represent multiple troupes. Maine Repertory Theater's Chamber of Comedy in Biddeford has improv every Saturday and beyond. Most of us has performed there. We have two members of Mainely Improv out of Poland, Maine and then ABC Improv, formally Self Improvment. My suggestion though is getting to Biddeford. The one I'd send you to is www.mainerepertorytheater.com. There is also the Fresnel in Portland featuring Comedy Sportz. Heading central and north bring completely different troupes too like Mainely Improv and Capital City.

BLB: There are at least 40 troupes in Maine.

JPL: So much so close! I am very excited to hear this! We are very lucky to have you come to us in Waterboro. I'll tell the town to plow and put extra salt on West Road that night! What is one last thing I should know about you or about improv theatre?

JS: The group performing this show (at MHS) is an incredibly diverse group of performers. While all do Improv, they all do amazing things outside of improv. You probably know about Bob and the fact that he's an award-winning playwright and owner of Sleuths Mystery. Steve Corning is a professional juggler and does over 100 shows a summer. Amanda Kinsey runs the Village Clubhouse for those with intellectual disabilities and she's a budding stand-up comic. Nate Green is an exceptional talent in all aspects of theater and Brian Files is a playwright, improvisationalist, master veteran that has devoted much of his life to the craft.

JPL: Thanks Joe and Bob. I have great respect for what you do. Watching improvisational theater brings great joy to my life! I can't wait to see you here in Waterboro on January 31st!

Please join us for an evening of Improv right here in Waterboro. A family friendly night of humor provided by a professional improv group from Portland. This is a fundraiser to support five Odyssey of the Mind Teams in their hunt for World Finals. Tickets Sold at the door. \$10 for Adults \$7.50 for students.

Community Calendar EMAIL NON-PROFIT EVENT LISTINGS TO: news@waterbororeporter.com

UPCOMING EVENTS

GREEN PARTY MEETING District 22 has a Green Independent running for State Representative. Michael Barden of Limington will be the candidate who will speak for the people of the district. Meet Michael at the York County Green Independent meeting on Jan. 14 at 6 p.m. at the East Waterboro Subway on Route 5. Contact us at York-CountyGreens4U@gmail.com for more information.

NEW DAY, NEW LOCA-TION YORK COUNTY GOP **MEETING** The York County Republican Committee monthly meetings will now be held on the second Tuesday of the month in the Commissioners Meeting Room at the York County Government Building at 149 Jordan Springs Rd., Alfred. The next meeting will be Jan. 14. Doors open 6:30 p.m. followed by a business meeting at 7 p.m. The meeting will focus on the upcoming Town Caucuses and their importance for the 2020 elections. The Special Guest Speaker will be Adam Crepeau, Policy Analyst, Maine Heritage Policy Center, who will explain the Ranked Choice Voting system and why it fails to live up to the promised majority result. FMI or to be added to YCRC email list, contact communications@yorkgop.org 468-2395.

CALLING ALL QUIL-TERS! The Evergreen Quilt Guild will meet on Monday, January 20th, from 6-9 PM, at St. David's Episcopal Church, Route 1, two miles south of Kennebunk Village. Evergreen Quilters usually meet the 4th Monday of each month except July and December, and the 3rd Monday of May. Newcomers are always welcome. More information is available on the web site: http://evergreenquiltersmaine.org/

REPORTER

FREE COMMUNITY DIN-NER Saturday, Jan. 18, from 5-6:30 p.m. at Goodwins Mills Advent Christian Church, on the Mill Pond, Rt 35, Goodwins Mills. Shepherd's Pie, baked beans, applesauce, rolls, green salad and brownies.

MAINE WILDLIFE AND ESTUARIES Monday, Jan. 27, 3 to 4 p.m. at the Dyer Library and Saco Museum, 371 Main Street, Saco. High Touch High Tech of Maine presents a school age science series on Maine's wildlife. We will explore how different Maine animals survive and thrive in different environments. We will also learn about coastal science and the food web of Maine' ecosystem. This is a running education program which meets once a month.

ONGOING EVENTS

SCRABBLE with FRIENDS meets every Wed. at 1 p.m. at Soldiers Memorial Library, 85 Main Street, Hiram. New members welcome. Library Hours: Tues. 2-5 p.m., Wed and Thurs 10 a.m. - 5 p.m.; Sat. 9:30 a.m. - 12:30 p.m. 625-4650 www.soldiers.lib. me.us.

MONDAY WRITERS at the Waterboro Public Library, first Monday of every month (when the library is open) 6-8 p.m. All writers are welcome. Bring a short piece to read and discuss.

POETRY WORKSHOP, Limerick Public Library, 2nd Thurs. of every month at 6:30-8 p.m. All poets from beginners to advanced are invited to bring an original poem to discuss.





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Former fire chief Duane Romano at his restaurant Shapleigh Corner Store. PHOTO BY JOANNE BARGIONI

Shapleigh fire chief retires

SHAPLEIGH

Joanne Bargioni joannebargioni@gmail.com

On Dec. 31, 2019, Duane Romano, Shapleigh Fire Chief retired after serving 16 years in that position. Romano was recruited as a firefighter in 1991 by then Fire Chief John Burrell. Romano served under George Rankin and four other Fire Chiefs. When he was asked to become Fire Chief in 2003 he gladly accepted. He attributes his success as a firefighter and Chief to his mentors, Burrell and Rankin.

Romano was born on Oct. 20, 1949 in Springfield, Massachusetts. He graduated from West Springfield High School and eventually ended up working at F W Webb, a plumbing and heating

wife, Bonnie, moved to Manchester, Vermont where Romano started working at a restaurant owned by his father-in-law. His father-inlaw eventually sold the restaurant and told Romano of a business opportunity in Shapleigh. Romano loved the area and bought the business making it a restaurant and general store known as the Shapleigh Corner Store in 1991.

company on Cape Cod. He and his

children, Duane Paul, Kevin and Heather and 6 grandchildren.

Romano says he he will miss the job, but he is getting older. He says it's "time for someone younger to take over. I will miss the townspeople who were so supportive. I never had any issues

Romano would like to stay on as a volunteer at the fire station, perhaps driving the fire truck. But one thing is clear, he does not want to leave Shapleigh.

with a University of Maine statis-

tician, Maine Audubon ecologists

designed a survey using volun-

teers from all over the state to

visit their local lake or pond for a

single dedicated half-hour in July

to count all the adult and young

Common Loons they could find,

and send in their numbers. Maine

Audubon biologists use the data

to estimate the number of loons in

the southern half of Maine (though

some northern Maine lakes are

counted, it is not enough to give

LOON COUNT

(Continued from page 1)

for loons out on their lakes and have taken important steps to protect loons and spread the word locally about what Maine residents can do to help loons in their area.

The count began in the early 1980s, when Maine Audubon realized that we didn't know much about this iconic bird's population. Were loons in trouble? What threats did they face? Working

Romano and his wife have 3 with anyone in the town.

days.

Fire and Rescue December Calls

There were 6 calls for motor vehicle crashes, 1 for a chimney fire; 2 for smoke or odor investigation; 4 for a fire needing mutual aid; 6 for medical mutual aid; 3 for lift assistance; 5 needing public assistance; 23 needing basic life assistance support; 9 needing advanced life support assistance; 3 needing fire alarm activation. The others (1 each) were for medical assistance ,medical assist transported by mutual aid, an appliance fire, a water problem, 1 was cancelled, 2 for a situation where there was no manpower. They had in all 77 incidents.

ALFRED

Allison Williams awilliams@waterbororeporter.com 324-5823

A reunion of cousins

We knew before we left that Judy Chapais had quite a few cousins. We were unsure about the place for the gathering but when we noticed the automobiles in the driveway my husband offered to turn around and drive home, leaving me and the cookies. He could just walk across the road for the party. We found out that few meant many. Most brought food. It looked like a delicious get-together.

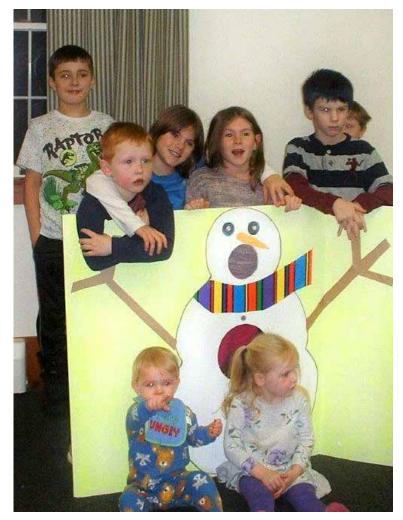
Judy had 15 cousins attending. Her brother in Idaho came the furthest; most were from Maine or Massachusetts. The gathering coincided with the 41st anniversary of Larry and Peggy Greer so there was that to celebrate. I recalled the one I put together with my Whittemore relatives and I'm glad I did it then; there were 72 in attendance. Now about the only time we congregate is after a funeral. We took my great-grand daughter along last summer so she could meet her cousins.

Library craft meetings

The library's craft meetings will continue on Wednesdays in January, 5:30 to 7:30. The librarian says to drop in when you can and leave when you need to. You bring your own supplies and work at your own pace. If you cross stitch, sketch, do calligraphy, sew, knit, or whatever else this is an opportunity to catch up on projects. There will be a craft swap at the end of the month.

Karen Spiliopoulos, the children's librarian, is retiring. She will be replaced by Julia Rhinelander, a former French teacher at Waynflete School in Portland.

The new library hours are Mondays 1 to 8; Tuesdays 10 to 4; Wednesdays 1 to 8; Saturdays 10 to 3. Please note that the library will be closed Thursdays and Fri-



Getting party goers six and under to stand still for a picture is always problematic but those attending the Parish Church Sunday School did pause for a moment during the festivities - at least some of them did. This was a pre-Christmas treat organized by the Sunday School Superintendent Nancy Sobanik. PHOTO BY ALISON WILLIAMS

January Book Group

January's title is "Where the Crawdads Sing" by Delia Owens and will be discussed at next meeting on Monday, Jan. 27 at 7 p.m. Due to the storm closings December's title, "Dash and Lily's Book of Dares" will be discussed at the same time.

January's title centers on the "Marsh Girl" who has haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969 when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh, finding friends in the gulls and lessons in the sand. Then comes a time when she yearns to be touched and loved.

When two young men from town become intrigued by her wild beauty Kya opens herself to a new life- until the unthinkable happens. This book will be a perfect read for fans of Barbara Kingsolver and Karen Russell. Owens reminds us that we are forever shaped by the children we once were and that we are all subject to the beautiful and violent secrets that nature keeps.

The library has copies to lend. Call or email 324-2001 or alflib@ roadrunner.com.

Parish Church

The Church Council met this past Sunday evening and planned the annual meeting for Feb. 2 after fellowship hour. The annual luncheon will be held after the meeting, The annual reports are due in to the church clerk .

It was decided a Sunday school room not being used would be set aside for small children who become restless during the service. If anyone has small building blocks which their children have outgrown, please share them with us by contacting this reporter.



GOT **NEWS?** We want to hear from you! news@waterboro reporter.com

us a reliable population estimate for this part of the state). For more information, visit: maineaudubon.org/loons.

CORRECTION Information in the front page photo caption on Dec. 12, incorrectly stated that "Mariana Island is one of a group of islands called Rota." The Mariana Island Chain actually contains the island of Rota.

Find "The Reporter" on

photos, news and events.

Facebook and share

Town Clerk Report

Sarah Hewitt, Alfred's new town clerk, reported we had three births in December, eight deaths, seven burial permits issued, and 218 dog licenses sold. There was one marriage license sold and four hunting and fishing licenses. So we all seem to be taking care of our dogs.

TOWN OF ALFRED You are invited to a retirement reception for JOYCE WOOD, Administrative Assistant to the Board of Selectmen for 22 years!

Stop by and see Joyce on Sunday, January 19, at the Oak Street Bistro, 3 Oak Street, Alfred from 1 to 4 p.m. and wish her a Happy Retirement!

REPORTER

BUSINESS NEWS



Sanford/Springvale Chamber welcomes new State Farm office

When you hear the slogan, "Here to help life go right" you know they're talking about State Farm Insurance. And no one believes that motto more than one of the company's newest agents, Meg Ryan. Born and raised in Newfield. Ryan now heads up the new State Farm office at 1364 Main Street Ste 15 Main Street next to Bull Moose in the Center for Shopping Plaza. The Agency held an Open House on Dec. 12 receiving a large number of donations to their Toys for Tots donation box. Pictured attending the ribbon cutting ceremony, from left, are Joe Bartolome (Verizon Wireless Zone), Rick Stanley (Chamber President), State Farm Account Manager Cheryl Cade, State Farm Agent/Owner Meg Ryan, State Farm Account Managers Brandi Coffin and Tammie Bernier, Evelyn Libby (Atlantic Broadband), Rebecca Lapierre (Town Square Realty), Suzanne McKechnie (Investcomm Commercial Group) and Sean Dumont (Edward Jones Investments). For more information about the new office in Sanford contact Meg Ryan at 850-3193 or go to www.megryaninsurance.com. COURTESY PHOTO NEWFIELD

C.J. Pike fudgecupboard@yahoo.com 793-8760

Ice harvest at museum

19th Century Curran Village in Newfield, at 70 Elm Street, will hold their Family Ice Harvest on Saturday, Feb. 1, from 10 a.m. to 3 p.m. This is a free public event for the whole family, and will be held on the Mill Pond at the museum village.

After harvesting the ice, the York County District Boy Scouts will store it in the ice house on the museum grounds, as part of their annual Klondike Derby Camporee. There will be a food concession and rides on a horse drawn bobsled with bench seating for \$5. This year they will also demonstrate the use of a gas powered 1919 Novo ice harvesting saw, which has been restored by the museum. There will be many other hands on activities and exhibits, as well.

For more information, visit their website: curranhomestead. org or their Facebook pages. Call 205-4849 or email: thecurranhomestead@gmail.com.

Basket winner

Librarian Cheryl Cause has announced that John Kelly is the winner of the Christmas Basket. She would like to thank everyone who participated, and announced that \$107 was raised for new books for the library. There are 2020 calendars in the library for sale for just \$2, if you do not have one yet.

Happy birthday!

Birthday wishes go to Heather Bruhl, Stan Crocker, Denise Dale, John Godin, Brittany Vachon, Sheila Bryson, and Shauna Crowley.

Nomination papers

It's that time of year when nomination papers are available for different positions in town. One position for Selectman, Assessor, Overseer of the Poor for a 3- year term is open, which is the position that Shelly Gobielle held for the past three years. And, according to her, she will be running again for another term. Anyone that is interested in running against her must have their papers in by Jan. 14.

They are also looking for RSU 57 School Board Director for a 3-year term; and someone to serve out the remaining term ending in March of 2020. Nomination papers for this position, also must be in by the deadline, which is the close of business on Tuesday, Jan. 14. Voting will be held in March.

Resolutions for 2020

Last year I made three resolutions and I was able to stick to them pretty good. The first was to get rid of any unnecessary 'stuff' in my house, and I'm happy to say that I did a good job on that one. The second was to get healthy, which comes up every year, and I did ok, but there is room for improvement, so I will re-do that one again. And the third is to get out there and just have fun. I also did pretty good on this one, too, so I'll continue to do the same thing this year, and who knows, I might even be traveling!!

So, I will work on all of these resolutions again this year. I still have a lot of stuff to get rid of and hope to be successful in the others, as well. I could use a little encouragement, though, so wish me luck.

Happy New Year and good luck on your resolutions.

Meetings

The Limerick-Newfield Lions - Janu. 9, at the Newfield Historical Society building at 64 Elm Street at 7 p.m.

Newfield Firefighters business meeting - Jan. 9, at 85 Water St. at 7 p.m. call Dave at 793-2055.

Cub Scout Pack #329 - Jan. 13, at Line School at 818 Water Street at 6 p.m.

Newfield Selectmen - .Jan. 14 at 23 So. Effingham Road at the West Newfield Town Hall at 6 p.m.

Newfield Firefighters training session - Jan. 14, at the Public Safety Building at 85 Water Street in West Newfield at 7 p.m.

Tea Time - Jan. 15, at the Newfield Village Library at 637 Water Street at 3 p.m.

Boy Scout Troop #329 - Jan. 15, at the Brick Town Hall at 11 Main Street in Limerick at 6:30 p.m. New members are welcome.

REPORTER MONTHLY FEATURE

You or your business can sponsor a pet for only \$40 and help them find their forever homes. Call 247-1033.



Ace is a 4-year-old male, large black retriever mix and is currently available for adoption. **For adoption info visit: www.animalwelfaresociety.org** *AWS is open from 11-4:30 Thursdays through*

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Tuesdays. (Closed on Wednesdays.)



Cold weather safety for horses

Winter can be a difficult time of the year as a horse owner; not only due to the extreme cold, but also the risk of your horse falling increases exponentially in the winter. Here are some tips to help you and your horse get through the long winter.

Make sure your horse has plenty of unfrozen, fresh water. A horse typically drinks between 10-12 gallons of water everyday, which helps to prevent colic and dehydration. The best way to make sure your horse has access to unfrozen water, is to use tank heaters or heated buckets. During the winter, an outdoor animal requires an increased calorie intake to maintain their weight in the extreme cold. A 1000-lb. horse that is not currently working will need an extra 2-2.5lbs. of hay for every degree below 18

degrees Fahrenheit, and will need more if the animal does not have access to shelter.

Another tip for helping your horse to manage the plummeting temperatures is giving them a dry shelter to get out of the wind and snow. Some owners choose to blanket their horses, but it is recommended not to blanket them before Dec. 22 as it could prevent their natural winter hair coat from coming in properly. A horse should be blanketed if the horse has no access to shelter, is very young/old, is thin, has had its winter coat clipped, isn't acclimated that can put strain on the tendons and avoid icy areas that can cause a bad slip and fall. Horses have better traction when they don't have shoes on during the winter, but if your horse has to have shoes on for a medical reason there are ways to prevent ice/snow buildup in their hooves. You can buy special rubber pads that cover your horses hoof and acts as a barrier to prevent snow and ice from accumulating, and you can add studs to your horses' shoes to give them more traction in the snowy pasture.

It is also recommended to have a bi-annual exam performed on your horse, and to speak with your local, trusted veterinarian about your horses health and well-being during the winter months. - Dr. Magda Rosol Alfred Waterboro Veterinary Hospital

47 Oak Street • PO Box 327 Alfred, Maine 04002 207-459-7110



Meghan is a Golden Girl and can't wait to find herself a new friend. To help her do so, her adoption fee has been waived. Meghan has feline diabetes, so someone who has diabetes and would like a feline friend to empathize with, would make for a great home for Meghan. Open from 11-4:30 Thursdays through Tuesdays. (Closed on Wednesdays.)

For adoption info visit: www.animalwelfaresociety.org

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to the cold, or if there is a chance that the horse will become wet from standing in the ice/snow/ freezing rain.

Should you choose to brave the cold and ride you horse during the winter, try to avoid deep snow



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SPORTS

SWIMMING

Rams edge Mustangs in pool

Ĥost Kennebunk topped Massabesic 93-84 in varsity swimming on Friday, Jan. 3.

Maia Alling won the 50-freestlye with a 26.78 and she won the 100-freestyle with a 59.66. Alling was anchor on the 200-medley-relay unit (with Emma Hartigan, Evelyn Soule-Parent and Kiley Semo) that took gold as well, posting a 2:05.87.

Hartigan won the 200-freestyle and the 500. Soule-Parent won the 100-butterfly and the 100-backstroke.

The Mustang men got wins in the pool from Jeremiah Van Tassell and Conner Robles, but fell to the Rams.

ICE HOCKEY

Boom to get busy

Boom hockey (Biddeford, Old Orchard, Massabesic) was scheduled to visit Lewiston on Jan. 8 after the Reporter deadline. That contest will be just the second game they've played since Dec. 21 as snow caused a cancellation on New Year's Eve.

Currently at 1-2-2, BOOM will play their final 13 regular season games over a stretch of just 38 days – the Lewiston game scheduled for Jan. 8 starts a five game in 10-day span. They fell to St. Dom's 3-1 on Saturday, Jan. 4. – By Michael DeAngelis

Sports Editor

news @waterbor or eporter.com



PHOTOS BY JASON GENDRON

BASKETBALL Lady Mustangs win four straight

By Michael DeAngelis *news@waterbororeporter.com*

Marissa Holt had 22 points and Mary Duffy added 13 to help pace Massabesic's varsity girls' basketball team to a 67-56 win over host Lewiston (2-6) on Tuesday, Jan. 7.

The Mustangs (6-3, second place in Class AA South) made it four straight with the win after a 2-2 start to the season.





Massabesic jumped out early, outscoring Lewiston 25-13 in the first quarter and they held a 10-point advantage, 38-28, at halftime. Holt had 15 first half points.

Duffy and Holt (seven three-pointers combined) had eight of the Mustangs' 13-points in the third and Massabesic again led by 13 at the close of a quarter. They closed out their fifth win in their last six starts with a 16-point fourth.

The Mustangs overcame a 35-26 halftime deficit behind 15 points from Satyra Duong to post a 51-42 win over host Scarbor-ough on Jan. 4.

Duong had eight of Massabesic's 10 first quarter points to keep the game within reach. The Mustangs defense took over late, holding Scarborough to just seven fourth quarter points.

Mary Duffy, Marissa Holt and Duong each had four points in the fourth.



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Clinton Edgar Andrews

Clinton E. Andrews, 73, beloved husband and father, and well

known resident of Limerick, died at his home on Jan. 6,2020. Clint was

born on March

Portland, the

7,

1946 in



Clinton Edgar son of Charles Andrews S. and Thelma

W. (Dunnels) Andrews, Sr.

Clint attended the Newfield School and graduated from Sanford High School in 1965; shortly after graduation, he married his wife Joanne in Newfield at the home of her parents. They purchased their home and farm in October 1965 where the family still resides. Clint served the Town of Limerick as its Constable for many years as well as serving the town for years on Limerick's first budget committee. He was also a founding member of the Northern York County Rod and Gun Club, where he served as its secretary for several years.

Clint and Joanne worked in real estate with his mother-in-law, Hilda L. Perry and then co-owned Joanne L. Andrew Real Estate in Limerick until changing professions in 2004 becoming the Town of Waterboro's Solid Waste Manager and licensed Maine Transfer Station Operator; a position he held until his passing.

The family worked together to establish Owls Hill Acres Farm and Forest Inc. raising Polled Hereford cattle a herd they maintain to date, after saying that he had been there and done that too long, he turned the farm operation over to Wade and Perry several years ago. The family spent every summer and into the fall attending as many as eleven fairs a years; where the boys learned their work ethic from their dad. The family has shown their cattle at Fryeburg Fair since 1975 in 2019 it marked the 44th consecutive year and the 4th generation in the show ring.

Clint had a passion for hunting, a love of antiquing, all animals, and in the later years raising Daylilies, Hosta and other perennials in their extensive home gardens.

What Clint prized the most was the love of his wife and family; and always the doting husband, father, grandfather and great-grandfather. He was the happiest when he had his family and friends at the farm.

Clint will be dearly missed by his wife and family and by his many friends and neighbors within his community.

Clint is survived by his loving wife of 54 years, Joanne Andrews of Limerick; his three sons Wade Andrews and companion Michelle of Newfield; Perry Andrews and wife Robin of Newfield; and Jared Andrews and wife Piper of Missouri; ten grandchildren and six great-grandchildren; and one brother, Charles S. Andrews, Jr. Clint was predeceased by his parents and by his grandson, Travis Andrews.

Family and friends are invited to call on Friday, Jan. 10 from 4 to 7 p.m. at the Autumn Green Funeral Home, 47 Oak St., in Alfred. A Celebration of Clint's life will be held later in the spring.

To leave a message of condolence for the family, visit www.autumngreenfuneralhome.com.

As the family has deep connections to the Limerick, Newfield and Waterboro communities, please consider donating in Clint's memory to your local Emergency Medical Services.

The Autumn Green Funeral Home is respectfully handling arrangements.

Jeannette E. (Brulotte) Lajoie

Jeannette E. (Brulotte) Lajoie, age 90, passed away after a long battle with cancer on Dec. 27, 2019.

She

Jeannette E. was born in San-(Brulotte) Lajoie

ford on May 9, 1929, to the late Paul and Sarah (Whitten) Brulotte.

Jeannette attended schools in Dayton and Springvale in a oneroom schoolhouse.

Over the years she worked at W.T. Grant's in Lynn, MA and retired from Union Hospital after 17 years of service.

She enjoyed traveling, Bingo, line dancing, going to casinos, luncheons and bus trips with friends, and visiting with family and friends.

She is predeceased by her beloved husband- William "Roger" Lajoie in 1970; and siblings- Guy, Ronnie, Paul, Phil, Raymond, Rene, William, and Roger Brulotte as well as Pauline (Brulotte) Gilpatrick and Jane (Brulotte) Kelly.

She is survived by her children-William Lajoie of Limerick, Donna (Lajoie) Harmon of Florida, and Sandra (Lajoie) Madara of Limington; siblings Robert Brulotte of Baldwin and Ethel Brulotte of Lynn, Massachusetts; a grandson Jason W. Madara of Limington; many nieces and nephews; and many grand nieces and nephews.

Burial will be in the spring at Highland Cemetery Annex in Limerick.

Online condolences can be submitted at the Poitras, Neal & York Funeral Home website, www.mainefuneral.com.

Charles L. Driscoll

Charles L. Driscoll, 86, passed away unexpectedly at his Sanford

home on, Saturday, Dec. 21, 2019.

> Charles lian (Burnell) Driscoll.

Charlie met his future wife Marilyn in town and "fell head over heels" in love with her and her red hair, they married in 1957 and soon after were blessed with two girls and two boys.

Driscoll

Charlie was devoted to his wife Marilyn; you never saw one without the other, except the occasional Saturday in the fall when he went hunting.

Charlie would tell you he'd have done about any job that was offered to him except picking apples or blueberries.

He worked with his brother George hanging antennas in his youth, worked for Sanford Fire Department then went to the Baker Company where he retired.

Charlie also served during the Korean War with the Army.

He couldn't stay still for long though and ended his career working at Phil's Fabrication in Lebanon.

Charlie was a loving supportive father to his children; he was a Boy Scout leader and even went back to school to get his diploma with his boys.

His grandchildren have fond memories of him, and his youngest granddaughter Brandi was lucky enough to be around at an age when they were bringing her camping and to North Conway with them as a child.

Charlie is reunited with his love Marilyn and daughter Kaye Rankins and the many Driscoll family members called home. The memories we have will sustain us until we see them again.

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Charlie is lovingly survived by her two sons, Karl Driscoll and wife Linda and son Ethan of Sanford; Kurt Driscoll and wife Beth and daughters Brandi, Jill and Brittany of Dover, NH; Karen Driscoll and Kelli and Erynn of Alfred; six grandchildren and eight great-grandchildren along with many nieces, nephews and members of the Driscoll families.

Charlie was buried with his sweet heart "Honey" on January 3, 2020 at the Southern Maine Veterans Cemetery in Springvale.

In lieu of flowers, please consider donating to the Sanford/ Springvale Fire Department at City of Sanford, 919 Main St., Sanford, ME 04073.

The Autumn Green Funeral Home is respectfully handling arrangements.



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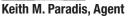
was born on Jan. 13, 1933, in Sanford, the son of Joseph A. and Lil-Charles L.

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NOTICES

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TOWN OF LIMERICK REQUEST FOR BID

Snow Removal, Salting and Sanding of all Town Roads

Limerick Board of Selectmen seeks bids for snow removal, salting and sanding of all Town Roads for the 2020/2021 2021/2022 2022/2023 snow seasons. Copies of the three-year contract containing terms and scope of work are available in the Selectmen's Office, 55 Washington Street, Limerick, ME from 9:00 am to 4:00 pm

All bids must be clearly marked: "Bid for Snow Removal, Salting and Sanding of all Town Roads."

Bids must be received in the Selectmen's Office by 12:00 PM January 27, 2020. Selectmen may accept or reject any or all bids.

Limerick Board of Selectmen Roland P. LePage Jr., Joanne L. Andrews, Gil Harris, Wendy Thorne & Dottie Richard

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