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District goes farm to school with grant

By BRIGIT MCCALLUM
brigit@waterbororeporter.com

Regional School Unit 57 recently learned that it has been awarded one of the USDA's 2017 Farm to School Planning Grants in the amount of \$33,778. The Department of Agriculture awards grants nationally as part of the Healthy Hunger-Free Kids Act of 2010. This act established a Farm to School Program to assist eligible organizations, through grants and technical assistance, in implementing farm to school programs that improve access to local foods in eligible schools. This is the only Farm to School Grant awarded in Maine, and the only one in northern New England this year. Planning grants are for schools or school districts just getting started on farm to school activities and are intended to help them organize and structure their efforts for maximum impact by embedding known best practices into early design considerations.

According to Alayna Morin,



Alayna Morin, right, who successfully wrote a USDA 2017 Farm to School Planning Grant for RSU 57, explains some of the possibilities for the new greenhouse at Waterboro Elementary School to, from left, vice Principal Angela Madigan and Principal Christine Bertinet. PHOTO BY BRIGIT MCCALLUM

who wrote the grant application, and who will oversee RSU 57's Farm to School Program, the program will serve all of the district's schools by implementing food and wellness lessons and activities through farm to school initiatives. Such initiatives include farm field trips, increased procurement of local foods in the cafeterias, taste tests of local foods, and integrating

education about the gardens that exist at each of the schools. These include the new large greenhouse at Waterboro Elementary School and the established "zero waste" composting program at Massabesic Middle School, as well as bringing more nutrition education into classrooms. She is excited about the initiatives already in place in the district schools.

Morin says she is thrilled to be working with RSU 57, as she grew up in Alfred, attending elementary school there, and is a 2005 Massabesic graduate. Her father is John Morin, the vice-principal at Massabesic High School. Food and nutrition are her passion, studying nutrition following college. She has worked in preschools on small

(Continued on page 4)

Petition for five selectmen

By SHELLEY BURBANK

At the regular meeting of the Limerick Board of Selectmen Monday night, Aug. 28, Ed Morgan presented the board with a signed petition asking for an article to be placed on the November special election ballot so that Limerick residents could vote whether or not to increase the size of the Board of Selectmen from three to five members. Morgan told the Reporter after the meeting that six weeks ago he presented a drafted article asking the selectmen to make a motion to put the question on the ballot. He was told he needed to have the item put on the agenda. Once on the agenda, selectmen voted against their putting the question on the ballot.

That wasn't the end of the idea, however. Morgan proceeded to collect 130 signatures on a citizen's petition which he presented to the board on Monday night. While the board recognized the signatures, they also noted that the wording on the petition was

(Continued on page 3)

Great food on 'tap' in Hollis

By CYNTHIA MATTHEWS

The River Tap and Grill hit the ground running when it opened in early July and according to Chef Chris Pillsbury, last week was their busiest week so far. They have been averaging about 700 customers per week.

Steve and Julie Armstrong bought the property in 2015. "It needed a little rehab," Armstrong said. The renovation of the clubhouse began with the rebuild of the Pro Shop and the deck last summer and continued with the restaurant this spring.

Chris Pillsbury of Standish was playing golf at the country club one afternoon in the spring and noticed that the reconstruction of the restaurant, or build out on the back of the Pro-Shop to the deck was completed. Pillsbury runs the "Cooking with the Scots" program at Bonny Eagle and was working

at Krista's restaurant in Cornish at the time. He asked the head groundskeeper, Matt Teneyck about it, and then contacted owner Steve Armstrong. And the rest, as they say, is history.

"The restaurant was designed to capture the natural beauty of the surroundings, and offer great food," said Armstrong. The windows open up with a view of the golf course, and offer a great deal of natural light. The walls are painted a blue/green, and the tables are a dark wood with high stool chairs. It is very comfortable and inviting. Armstrong's daughter, Zoe, 14, designed the logo, using the image of a tap with the coordinates of the restaurant (longitude and latitude).

Both Armstrong and Pillsbury saw a need for "a really good restaurant" in the area and wanted to create a nice place for everyone to go to dinner. Pillsbury said



From left, Bar Manager Dave Sergot, Chef Chris Pillsbury, and owner Steve Armstrong of the River Tap and Grill now open at the Salmon Falls Country Club in Hollis. PHOTO BY CYNTHIA MATTHEWS

that 85-90 percent of items on their menu are made from scratch. They brine and roast the chicken, and roast the pulled pork. Stock is made from the chicken and used for soups and gravy for poutine. Almost all of the sauces are made in house, from orange sweet chili, sweet and spicy sriracha, pineapple teriyaki to buffalo sauce. The exception is Cue Culture's BBQ Sauce. Wayne Tuohey, owner of

Cue Culture, lives near the second hole of the golf course, and makes a pomegranate jalapeño BBQ sauce that is a big hit. Most of the produce and herbs are from local vendors: zucchini, summer squash, cucumbers, corn and herbs come from Anderson Farm (Farmer's Daughters) in Waterboro; tomato and basil comes from Snell's Farm in Buxton; new potatoes and beets come from

Broadturn Farm in Scarborough; potatoes from Green Thumb farms in Fryeburg; and cheese curds for poutine from Pineland Farms in Poland. Cheesecakes come from Cecil's Cheesecake – all other desserts are made from scratch.

At the bar, there are 16 taps, with eight local beers, such as Allagash, Shipyard, Hidden Cove,

(Continued on page 8)



COMMUNITY CALENDAR

Email events to: news@WaterboroReporter.com

PIE AND BOOK SALE The Newfield Library's annual Labor Day pie and book sale will be held at the Newfield Town Offices Building (637 Water Street) from 9 a.m. to 1 p.m. on Saturday, Sept. 2. Pies and other baked goods will be sold under a tent outside the library; books will be sold inside. Donations welcome. FMI call 809-7014.

YARD SALE/BAKE SALE with FREE Lemonade, Girl Scout Troop #1477, Saturday, Sept. 2, 9 a.m. - 1 p.m. at the F.R. Carroll parking lot (Intersection of Doles Ridge Road and Central Avenue in Limerick). Toys, games, home decor, dishes, household items, computer stand, lazy boy chair, etc.

FIRST DAY OF SCHOOL for RSU 57 students grades 1 through 9 and SRTC will be Tuesday, Sept. 5; for grades 10 through 12 Wednesday, Sept. 6; and PreK and Kindergarten will be Thursday, Sept. 7. All elementary schools will be starting their day at 8:45 a.m. The drop off for students will begin at 8:30 a.m. End of day release will be at 3:05 p.m. Middle School and High School times are unchanged and will start at 7:30 a.m. and be released at 1:50 p.m.

THE LYMAN HISTORICAL SOCIETY will hold a meeting on Wednesday, Sept. 6 at 6 p.m. at the Lyman Community Library, 10 John Street, Lyman. The meeting is to continue the formation of the soci-

ety. FMI call Ed Ross at 653-6908.

REVOLUTIONARY WAR TALK at the Sept. 7 meeting of the Waterborough Historical Society, by Jeannie Grant, a talk on Revolutionary War veterans and the location of their graves. Among those will be Capt. John Smith, Samuel Dam, Jonathan Hanson, Thomas Hutchins, Joseph Lewis and Benjamin Warren. The program will be held at the Grange Hall, 31 West Road, Waterboro at 7 p.m. and is free to the public. Refreshments will be served. For more information, call Jim Carll at 247-5878.

BAPTIST SOCIETY CEMETERY WALK presented by the Limerick Historical Society, Saturday, Sept. 9 at 2 p.m. (Rain date Sept. 16.) If only these stones could talk! "Meet" residents of the Baptist Society Cemetery. Light refreshments. Limerick Baptist Society Church on the hill.

17TH ANNUAL LIMERICK FIREMAN'S GOLF TOURNAMENT Sept. 12 at Province Lake Golf Club. Registration 8:30 a.m., start 9:30 a.m., \$85.00 per person/\$340 per foursome. Price includes Golf, Cart, and steak tips/BBQ chicken dinner. FMI: 793-2039 or limerickfireauxiliary@gmail.com.

GIRL SCOUTS GIRLS' NIGHT OUT Sept. 15 at 6 p.m. at the Buxton Center Elementary School. A FREE drop-in evening when girls will test their super pow-

ers and practice being a G.I.R.L. presented by Girls Scouts of Maine for potential members and volunteers this fall as a part of a this year's recruitment initiative.

The 9th annual **CHILI, CHOWDA & APPLE DESSERT CONTEST**, sponsored by the Waterborough Historical Society, will be held at the Grange Hall, 31 West Road, South Waterboro, on Saturday, September 16. The judging starts at 4:30 p.m. and public tasting will begin at approximately 5 p.m. Winners will be announced and prizes awarded in all three categories at 6 p.m. To support the society and enter a favorite dish at no charge, area cooks, both professional and amateur, are invited to participate. Contest food will be accepted between 4 and 4:30. Chilis and chowdas need to arrive hot in crock pots. Public tasting is \$8 for adults, \$3 for children under 12, and free for children under 5. For more information, call Dianne Holden at 929-9651.

TRY MODERN SQUARE DANCING Fridays, Sept. 22 & 29 at 7 p.m. at Alfred Town Hall (2nd floor), 16 Saco Road. No experience needed, casual attire, light refreshments. FMI 608-1333.

26TH ANNUAL SNOWMOBILE SHOW & SWAP MEET Sunday, Sept. 24 from 9 a.m. to 2 p.m. as the clubhouse at 255 Old Alfred Road, East Waterboro. New and used sleds, vintage sled show, clothing, gear, accessories, food and raffles. Bigger and better than ever! For swap and sled show information email Joe at rupperider2@gmail.com.

WOODFORDS FAMILY SERVICES FOSTER PARENT SUPPORT GROUP Cornish United Church of Christ, 39 Main Street, Cornish (across from the library), Every first Thursday of the month, 6-7:30pm. Open to all foster parents with limited childcare available through the Cornish United Church of Christ. FMI call Tonya Dearborn at 878-9663, x 4160.

BOTTLE DRIVE TO FIGHT MILFOIL JD's Package Store and Redemption Center on Route 5 in Waterboro (across from Hanaford) will accept returnables and give the deposit money to the Lake Arrowhead Conservation Council (LACC). Just tell them you want it to be given to LACC. The funds help support efforts in fighting the milfoil battle.

FRIENDS OF THE LIMERICK LIBRARY PLAY READING GROUP Do you love the theater? Come and join us, no experience needed, fun, casual, no lines to learn. Once a month on a Wednesday evening, dates vary. Call Nellie Champion at 793 2395 or the Limerick library.

CALLING ALL CRAFTERS: You're Invited to join the accomplished Artisans and Crafters at the 8th Annual Shaker Hill Apple Festival, Saturday and Sunday, Sept. 23, 24, on Shaker Hill Road, site of the

former Alfred Maine Shaker Village. An exciting weekend of events is planned for the several thousand people who attend, including: Children's events, giant yard sales, raffles, many food options, apple picking, wagon rides, demonstrations, music featuring John Gorka and highlighting the two day Artisan-Crafter juried show. Join us and be a part of this exciting festival. Email Michelle at mmcc@creative-mw.com or call 651-1942.

The **1850 TAYLOR/FREY/LEAVITT HOUSE MUSEUM**, 6 Old Alfred Road at the intersection with Sokokis Trail, Waterboro Center, is an unspoiled dwelling with many original features. In 2004 it was placed on the National Register of Historic Places. It will be open to the public free of charge, with donations appreciated, each Saturday morning, 9 to Noon, from May 27 through Sept. 23. The barn and ell of the house contain antique cobbler, optician, and barber shops. FMI call Jim Carll at 247-5878.

MAMA MIA'S PASTA & PIZZA DINNERS at York County Shelter Programs' Dining Commons, Shaker Hill Road, Alfred, Fridays, from 5-7 p.m. through September. Menu includes meat, veggie and clam sauces on pasta, with pizza, salad, Italian bread, pies and beverages. \$10 adults, \$5 children 3-11, and free children 2 and under. The Bakery at Notre Dame, open daily 8 a.m. to 4 p.m., is open extended hours to 7 p.m. on Fridays during the Mama Mia season. FMI call 324-8811.

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Roots Trauma Sensitive Yoga

New sessions start Sept. 12
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LIMERICK

(Continued from page 1)

different from the original proposed question and that the town attorney would have to be consulted regarding the language and whether or not it could be put on the ballot as written.

Medici stated, however, that even if the wording on the petition isn't specific enough to the ordinance, he believed the board should put the question on the ballot themselves. "The people seem to want it," Medici said, "so that's what we could do to get it on the ballot." This, in spite of the fact that he personally is not in favor of it.

Selectman Sonny LePage also recognized the significance of the signed petition, saying, "We take that seriously. The selectmen will get it on the ballot because 130 people are interested."

The reasons stated at Monday's meeting for increasing the number of people on the selectboard are to spread the workload and power. Steve Malmude went to the podium to point out that he feels it is important to consider the intent of the change. "The intent of the ordinance is to spread power," he said.

Medici said with a little levity that he believed the intent was also "to spread the workload out. The 13 percent of the power I'm going to lose, I'm willing to accept." Morgan agreed that spreading the workload was a stated intention.

Morgan also told the selectmen that he wanted to thank them for giving him the opportunity to get out and speak to the "two to three hundred people I got to meet. I appreciate their input on it. I'm very grateful for that."

At the end of the discussion, a woman in the audience spoke up from her seat with a droll, "Can I sign it?" which garnered good-natured chuckles throughout the room. Monday was the deadline for signing the petition, but Limerick citizens can look for the question on November's ballot.

Library closing for repairs

According to library director, Cindy Smith, the public library will be closed for floor refinishing starting Sept. 12 when a volunteer crew will be coming in to move everything, including books, furniture and the circulation desk. "The volunteers are coming to help move, so we don't need to use the funds approved for the moving," Smith said.

"Just make sure they come to move it back," Selectman LePage joked. Selectman Medici suggested that Smith could use some of the approved moving funds to buy the volunteers lunch.

Smith said she hopes the library floors will be finished and the doors reopened by Oct. 10.

The library will also be closed in observance of the Labor Day weekend on Sunday and Monday, Sept. 3 and 4.

Vault nears completion

According to Ed Morgan who is overseeing and working on the installation of a new town vault

in the back corner of the parking lot at the municipal building, the structure is almost finished. The inside lights are installed and the outside is being finished with siding and roofing to match the municipal building, an historic town building that once housed the school.

"It's like a 'mini-me' town hall," a couple of people joked.

The vault is constructed from giant culverts that were being given away by the George R. Roberts Co. in Alfred where Morgan's son works as plant manager. "They were loaded onto a truck, and unloaded here with a crane. The vault door is coming from Ohio," Morgan said. It should be finished and ready to use by the end of September.

New welcome signs

At their Aug. 28 meeting, the Limerick Board of Selectmen discussed the ordering of new "Welcome to Limerick" signs that will replace the old ones currently in

place. The seven new signs will be made of vinyl overlay over three-quarter PVC and printed on both sides and will cost a total of \$2019.29.

The old signs were generously donated by Barbara Carroll in 2012, but selectmen said they were "all pretty rough" as painted plywood does not hold up much longer than five years. A company in Windham will be making the signs.

Planning Board appointment

Board of Selectmen appointed Andrew Ready to a vacant Planning Board post on Monday night. Two people were interested in filling in the newly-vacated seat on the board after the resignation of Sean Carroll - Ready and Ed Morgan. Ready's appointment will continue until the Annual Town Meeting in March 2018 when voting for open board positions will take place.

Safety measures for intersection and brick town hall

Selectman John Medici reported that the Maine D.O.T. has been working to upgrade the safety needs of the intersection of Route 5, Burnham Road, and Range E Road. The corner has seen many accidents over the years, and hopefully the new measures will mitigate the danger. Medici reported that on Aug. 10 some stakes were put up on Rt. 5. The plan is to put in a new post with a bigger sign with blinking yellow lights. There are two new posts on the Burnham Road warning motorists of the upcoming four-way intersection. There is also a sign on the Range E Road, the incoming southern arm of the intersection. Branches have already been trimmed, making the overhanging light more visible as well as increasing the sightline down Route 5.

Selectman Joanne Andrews

also reported that William Dukas of the D.O.T. was at the Brick Town Hall inspecting alternative for the handicap access to the building in hopes of making a recommendation.

Article to update Zoning Ordinance

Citizens will be voting on an updating zoning ordinance at the Nov. 7 election. The proposed changes have been posted on the town website www.limerickme.org. Underlined text is the wording that will be added and strike-through text is the wording that will be taken out. A copy of the proposed ordinance is also available at the town clerk's office.

Zoning is an important part of town governance which affects land use and permitting. The ordinance lists the rules and definitions, and citizens who wish to know what they are voting on in November have the opportunity to read and understand the proposed changes.



Fall SPORTS PREVIEW

Show support for your local athletes and the newspaper that follows them!

The Fall **SPORTS PREVIEW** will be published on Sept. 8, with complete schedules for the Massabesic High School fall sports programs, including football, soccer, cross country, field hockey and golf. *You can show your support for your favorite teams and athletes!*



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SEPT. 6

Publication date:
SEPT. 8



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-from the staff at the Reporter **REPORTER**



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Shaker Hill Apple Festival scheduled for Sept. 23-24

The 2017 annual 2-day event takes place Saturday, Sept. 23 and Sunday, Sept. 24 from 10 a.m. to 4 p.m. on historic Shaker Hill Road in Alfred. Together with the Friends of Alfred Shaker Museum and Giles Family Farm, York County Shelter Programs presents a weekend of family fun with something for everyone—unique artisans crafts, local festival foods, apple picking, live entertainment, a Kids Zone, antique car rides, and much more. Admission and parking at the event is free.

John Gorka, world-renowned folk artist, will headline the Shaker Hill Apple Festival at 1:30 p.m. on Sept. 23 and on Sept. 24 at 1:30 p.m. there will be a presen-

tation by Susan Futrell, author of *Good Apples*, as well as a book signing.

The annual Apple Festival is more than an event that raises money for programs—its about bringing the community together and sharing the ways in which YCSP is working to make our community a stronger, more caring, place where all people can reach their potential and engage life in a meaningful way. Knowing that personal transformation happens at YCSP on a daily basis, the work we do is something we eagerly want to share and highlight!

For more information on the Shaker Hill Apple Festival visit yorkcountyshelterprograms.org



Alayna Morin, who successfully wrote a USDA 2017 Farm to School Planning Grant for RSU 57, will work with district schools to implement food and wellness lessons and activities through farm to school initiatives. Such initiatives will include farm field trips, increased procurement of local foods in the cafeterias, taste tests of local foods, and integrating education about the gardens that exist at each of the schools. PHOTO BY BRIGIT MCCALLUM

LETTERS

Thank you Poland Spring

We would like to publicly say thank you to Poland Spring and its employees for their 3rd year of donating bottled water to our annual Southern Maine Ace Dealers Charity Golf Scramble that was held on Friday, August 25th. Your generous donation allows us to keep our volunteers and golfers hydrated while raising money for

the Children's Miracle Network. A total of \$30,541.80 was raised for The Barbara Bush Children's Hospital in Portland at this event.

Poland Spring is a great supporter of the local communities in which they operate. Thank you for providing good jobs, donations, and scholarships to our area.

Cindy Plummer
Plummer's Ace Hardware

FARM TO SCHOOL

(Continued from page 1)

farms, with non-profit farm-to-school programs with Americorp, and has worked with three elementary and middle schools, coordinating farm-based field trips and helping students plant and maintain school gardens. As she says, she is passionate about anything to do with youth, food and farming. This summer she has worked as a butcher at a Portland meat market, "Closing the loop on my food skills!"

Morin said that she knew about the USDA grants and about the initiatives already in place in the district when she approached Superintendent Larry Malone, who was enthusiastic about the idea. She also found a great deal of enthusiasm among food service directors, teachers and administrators from the district schools. "Working with people I grew up with thrills me. Christine Bertinet (Waterboro Elementary School principal) was my eighth-grade English teacher, and one of the teachers who made such an impact on me. Now she is such an enthusiastic supporter of this program. This is really so cool."

She said that one of the reasons Malone was so supportive was economic; he said, "We have a lot of kids from family farms, they want to take over the family farms, and this would give them another reason to want to come to school.

If we integrate farming into a business class, we can empower kids to stay local and run a family business."

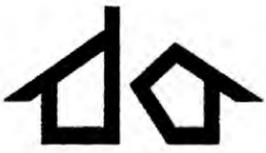
Bertinet says the timing of the grant program couldn't be better for that school, as WES is poised on the edge of beginning to integrate the new large greenhouse built last year as a PTO initiative into its curriculum. The newly-opened Waterboro Food Pantry is also within walking distance of the school, for student outreach possibilities and the Cooperative Extension Master Gardener Program offers opportunities for adult volunteers to continue their own learning as they work with students on site. Bertinet is excited about the promise this program holds, and the possibility that the district might use the later implementation grant phase to create a full-time position to foster the development of sustainable communities within the district and kids who understand where their food comes from.

One of Morin's first pursuits will be to build a team of local stakeholders, of people to be involved at each of the schools, including parents and other local volunteers. The Planning grant that the district received is for the first phase of a Farm to School Program; it covers the first 16 months. "We have the next 16 months to do trial lessons in each school and survey students at the begin-

ning and end of phase one to see the impact." Morin plans on doing farm field trips, to visit where food is produced, doing surveys all along the way and training of teachers, with food service directors and corresponding with local farms to see how to get more local food into cafeterias. "I am hoping the program will bring community together. We will bring in food from local farms and provide an opportunity for farms to feed the children," says Morin. Programming will include district students from Pre-K through high school.

Morin looks forward to planning events to reach out to the district communities to get people interested and involved. If the district pursues an Implementation Grant, families and other community members will plant gardens at the schools, and maintain them through summer months, so it will be work for the whole community. She sees both the schools and the communities benefitting from working together. She is currently getting all the paperwork done to establish the programs in the schools this fall.

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OPINION The Cure

I am white; therefore, I am a racist. My family history goes back further than I can trace, but for as far back as I can go no one in my family owned slaves. My family came from Eastern Europe fleeing a continent ravaged by a disease called war. Not all my family fled.



by
Jon Simonds

My great grandparents remained in a small patch of Poland over run by those schooled in satanic scripture, cattle-prodding people into railway cars and shipping them off to ovens where human ash fell over the land like flakes of snow passing for an early winter.

I am white; therefore, I hate blacks. I was born in a jungle of steel and glass in a borough known as Brooklyn when the civil rights movement and integration were matches designed to ignite the pages of satanic scripture and the movement spawned great leaders with names like Bobby, Martin and John, also

torn from life like my great grandparents by those infected with the disease of hate, veins boiling like rivers ravaged by flood.

I am white and was raised in a mixed neighborhood sharing classrooms and elevators with blacks, Hispanics, Asians and

Muslims, members of an inferior race, many of whom graduated the Halls of Erasmus with grades far better than mine; GPA's reaching out like an invisible hand against the face of the master race not because of the color of their skin, but because of the work they put in; high from the vapors of the American Dream poisoning them with the illusion of one nation under God with liberty and justice for all.

I am white and pity the white woman who spat upon me in the streets of midtown Manhattan because I kissed the black girl from Harlem where many of her neighbors looked upon me

with fire in their eyes on the evenings we sat on the stoop of her four-story walk up, listening to tunes from artists who were part of a race of musicians with songs we loved and words we cherished and grooves that moved the feet to the very heartbeat of what it is to be human; a simple joy of life.

I am white and walk uncomfortably through black neighborhoods because black faces once robbed me of my bicycle, my watch and twice my baseball glove returning the second one because I am a southpaw and all of those surrounding me were righties. "Ah man, he's a lefty. Ain't nobody here left-handed. Give the cracker back his glove." The cracker watched not the faces of black kids walking down the street, but the face of poverty driving kids whose parents chose food over leather when minimum wage dances dangerously close to the insanity of trying to make ends meet. Michael Jordon dangling 50 cent sneakers for the bargain price of 100 bucks.

I am white and look upon my

children of mixed race feeling the fear I felt on the morning of September 11th when the color drained from every face and we were one race staring blank faced and afraid as the towers came tumbling down and a cloud of dust, cast the darkness of those same satanic scripture's screaming in the face of the Book begging us to Love They Neighbor. There is still no asterisk listing exceptions to the rule.

I am white and we are masters of nothing. This land is not ours, but the land of the red ones whom we butchered and slaughtered in our efforts to bring forth our inferiority, rather than superiority over those whom this land belonged to, those who respected the garden God gave us living within their means, a part of the natural order of things, rather than apart from it.

I am white and will not apologize for the actions of those who purchased slaves from the slave traders of a dark continent because I know no slaves. There is no one I can apologize to because

those moments are moments past and this is the moment that matters and in this moment, I will not make excuses for the place I am in for I am ultimately responsible for the choices I've made and the social standing which has me station to station; or paycheck to paycheck. I am not the face of Johnny Reb flag wavers, neo-Nazis or white supremacy's pissing down the back of Jesus because they are so blinded by hate they cannot see the inferiority they represent with excuses for the failures they embrace.

They are diseased and they are bent on spreading their virus. The virus will not discriminate. It cares not for the color of your skin, but it doesn't have to infect you.

Though it does anger me, embarrass me; it will not affect me. I have a cure. I keep it close to my heart. I call it love.

Jon Simonds lives in North Waterboro and is the author of "Brooklyn Encounters," a collection of short stories available on Kindle.

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I know that running a road race is a potentially hazardous activity. I should not enter and run the race unless I am medically able and properly trained. I agree to abide by any decision of the race officials relatives to my ability to complete the race. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, rain and/or wind, traffic and the conditions of the road all such risks being known and appreciated by me having read the waiver and knowing these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Mustang 5K, Massabesic High School, volunteers, race officials, and sponsors of all claims and/or liabilities of any kind arising from my participation in this event. I also understand that there are no refunds. For safety's sake, no headsets, strollers, or dogs allowed.

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 Age: _____ Gender _____ RSU 57 employee?? (check if yes) _____
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EMPLOYMENT

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OBITUARIES

Robert Blair Garland

Robert Blair Garland, age 67, of Hollis, passed away on Aug. 22, 2017.

He was born in Portland on Oct. 31, 1949, a son of the late Eugene and Eleanor (Blair) Garland.

After graduating from Gorham schools, Robert went on to proudly serve in the US Navy during the Vietnam War.

For many years, he owned and operated Smart Coffee and Vending.

He will always be remembered for his love of the outdoors, auto racing, and automotive work.

Robert was a member of the American Legion in Westbrook and served as a reserve police officer for the town of Scarborough.

He is survived by his beloved wife Priscilla (Breton) Garland; children Kevin Wilson and his wife Tracy of Hollis and Richard Wilson of Hollis; brother Warner Garland and his wife Joan of Old Orchard Beach; niece & nephew Linda and Bruce; four grandchildren; and two great grandchildren.

A celebration of life service and military honors will be announced at a later date.

Arrangements are with Chad E. Poitras Cremation and Funeral



Robert Blair Garland

Service, Buxton. Online condolence messages can be submitted at www.mainefuneral.com.

In lieu of flowers, memorial contributions can be made to the Gosnell Memorial Hospice House, 11 Hunnewell Road, Scarborough, ME 04074.

Jack L. Griffin

Jack L. Griffin, died one day before his 77th birthday, Aug. 24, 2017 at Maine Medical Center in Portland. He knew he was loved and comforted by his family and caregivers.

Jack was born in Alfred on Aug. 25, 1940 the son of Dorian L. and Margaret (Turner) Griffin. As a young man, fate would have it that he would catch the eye of the 16 year old girl next door, Geraldine Carignan, and they married on March 6, 1964, recently celebrating 53 years together. They welcomed two sons, Brian and Jack into their hearts and home in Springvale.

Jack was instilled from an early age that to get ahead, you needed to work. He began working in the local shoe shops with his father. He then was hired by Cyro on the third shift as a glass cutter. On his own, he could put out more product than two men on the first

shift. Jack could fix or repair most anything; he was well versed in electrical work, carpentry and repairing engines. He loved nothing better than getting a race car in tip top shape.

When the kids were younger, they all enjoyed going fishing for hornpout. Jack had the "gift of gab" and would help anyone. He was "old school" and set in his ways; but was always the gentleman who at times could be generous to a fault. When his granddaughters came along, they had Grampy wrapped around their fingers! Jack was a homebody and enjoyed taking care of his home inside and out.

Jack was devoted to his wife and family and men of his stature are a rare breed in today's world. He has been released from his suffering and had entered into eternal rest.

He is lovingly survived by his wife, Gerry Griffin of Springvale; his two sons, Brian M. and Jack T. Griffin, both of Springvale; his two lovely granddaughters, Katie Marie and Sarah Ann; his two brothers, Danny and Don Griffin; and two sisters, Gail Knowles and Darrie Hubbard; and several nieces and nephews.

Jack was predeceased by three siblings, Gloria Gouin, Dixie Gerish and Wayne Griffin.

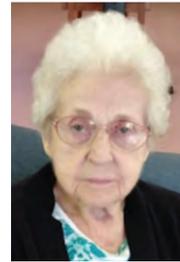
To leave a message of condolence for the family, visit www.auntmngreenfuneralhome.com.



Jack L. Griffin

Mildred (Tompkins) Gillis

On Friday, Aug. 25, 2017 Mildred (Tompkins) Gillis passed away peacefully surrounded by the love of her family members, listening to her favorite song, One Day at a Time, Sweet Jesus. She has gone to join her husband of 52 years, Maurice Gillis, who has been patiently waiting for her since his passing in 2001.



Mildred (Tompkins) Gillis

She leaves behind her three children, Maureen and her husband Glenn McLaughlin of Barnstead, NH, Susan and husband Barry McKenney of No. Waterboro, William Gillis of Casco, 5 grandchildren, 3 great grandchildren, and several nieces and nephews.

Mildred was born on June 29, 1921 in Houlton, Maine and lived there most of her life, before moving to Southern Maine. She was predeceased by her parents, Murray and Minnie Tompkins and all of her siblings. She was part of a large family of 9 children, her sisters were Mary, Helen, Nellie, Leatha, brothers, Lee, Donald, Theodore and Merrill.

She enjoyed staying at home and raising her 3 children, baking, sewing, and reading her Bible.

A graveside service will be held on Tuesday, Sept. 5 at the Riverside Cemetery, Route 25 in Cornish, at 3 p.m.

Arrangements have been entrusted to Poitras, Neal & York Funeral Home, Cornish. Online condolences can be submitted at www.mainefuneral.com.

She spent the last 1 1/2 years in Sanford, at the Greenwood Center under their tender loving care for which our family is grateful.

Mary A. Nicely

Mary A. Nicely, age 73, went home to be with the Lord on Aug. 27, 2017 at her home in Buxton.

She was born in Portland on Oct. 14, 1943, a daughter of the late Henry and Theresa (Kenniston) Mushreau. She attended South Portland Schools and graduated from Catherine McCauley. Mary raised her family in Cape Elizabeth.



Mary A. Nicely

Mary worked as a direct support professional for her disabled son Tim.

Mary will always be remembered as a spiritual woman, who enjoyed reading the Bible and educating herself about the healing power of God.

She was known for her ability to have deep conversations with family and friends, her love of God, and her love of family.

She is predeceased by her brother Paul Mushreau.

Mary is survived by her beloved husband John H. Nicely of Buxton; children Timothy John Nicely of Buxton, Lee Paul Nicely and his wife Michelle of Buxton, and Katie Theresa Nicely of South Portland; sister Suzanne Bernier of MA; and grandchildren Dylan and Madalyn.

A memorial service was held on Aug. 31 at the Chad E. Poitras Cremation and Funeral Service Chapel, 498 Long Plains Road (Rt. 22) in Buxton. Burial will be at a later date. Online condolences can be submitted at www.mainefuneral.com.

In lieu of flowers, Mary's family has asked that everyone pass on the love and word of Jesus Christ.

NOTICE OF PUBLIC SALE

Notice is hereby given that in accordance with the Consented to Judgment of Foreclosure and Sale entered June 23, 2017 in the action entitled U.S. Bank National Association, not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT v. Lori Hesseltine and Robert Heseltine a/k/a Rob Heseltine by the Maine Superior Court, Docket No. RE-2016-51, wherein the court adjudged the foreclosure of a mortgage granted by Lori Hesseltine and Robert Heseltine a/k/a Rob Heseltine to Ameriquet Mortgage Company dated January 28, 2004 and recorded in the York County Registry of Deeds in Book 14005, Page 426, and assigned by Ameriquet Mortgage Company to Mortgage Electronic Registration Systems, Inc., by assignment dated February 3, 2004 and recorded in Book 14332, Page 332, and further assigned by Mortgage Electronic Registration Systems, Inc., as nominee for Ameriquet Mortgage Company to Household Finance Corporation II by assignment dated November 27, 2013 and recorded in said Registry in Book 16740 Page 802; and further assigned by Household Finance Corporation II to U.S. Bank Trust, N.A., as Trustee for LSF8 Master Participation Trust by assignment dated August 7, 2014 and recorded in said Registry in Book 16870, Page 290; and further assigned by U.S. Bank Trust, N.A., as Trustee for LSF8 Master Participation Trust to U.S. Bank N.A., not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT by assignment dated September 23, 2016 and recorded in said Registry in Book 17408, Page 175, and the period of redemption being waived by virtue of the Consented to Judgment, a public sale of the property described in the mortgage will be conducted at 10:00 A.M. on September 19, 2017, at the office of James L. Audiffred, 374 Main Street, Saco, Maine.

The property is located at 57 Railroad Avenue, Springvale, Maine, Tax Map H18, Lot 5.

The sale will be by public auction. All bidders for the property will be required to make a deposit of \$5,000.00 in cash, certified or bank check at the time of the public sale made payable to U.S. Bank National Association, Not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT, which deposit is non-refundable as to the highest bidder. The balance of the purchase price shall be paid within forty-five (45) days of the public sale. In the event a representative of U.S. Bank National Association, Not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT is not present at the time and place stated in this notice, no sale shall be deemed to have occurred and all rights to reschedule a subsequent sale are reserved. Additional terms will be announced at the public sale. The premises are being sold without any warranties or guarantees and are sold as is. The successful bidder will be required to sign a Purchase and Sale Agreement. Additional terms will be announced at the sale.

U.S. Bank National Association, Not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT by its attorney James L. Audiffred, P.O. Box 1005, Saco, Maine 04072.

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RESTAURANT

(Continued from page 1)

Funky Bow and Pemaquid and Sheepscot. “We want to carry as many Maine craft beers as we can,” said Pillsbury. They also have a specialty drink, River Rat Rum Punch, made with light rum, dark rum, Malibu, orange juice, pineapple juice and a splash of grenadine. Bar Manager Dave Sergot also offers a Jalapeño strawberry margarita.

Some menu highlights: for starters, there are wings, nachos,

meatballs, but there also mussels, bacon wrapped scallops, crab cakes with sriracha mayo (made in house) and lobster arancini (this reporter’s favorite!) – a lobster, saffron risotto, brie cheese and saffron cream and fried. Soup specials vary daily, and might include a corn and poblano chowder with cheddar and bacon.

All sandwiches are served on a brioche bun with handcut fries, which are cut, soaked, blanched and pre-cooked at a low temperature in house. According to Pillsbury, this gives the fries a

crispy outside and a soft inside. The hand-cut fries are also used for Poutine. The River Burger is a beer-braised burger with fried chili and pepperjack cheese sauce. The River Fried Haddock is served with American cheese, lettuce and tomato and a lemon garlic mayo. And there’s a Grilled Chicken Caprese Sandwich with mozzarella, tomato and a basil relish.

Years ago, the restaurant was known as the Salmon Falls Steak House and steak is still on the menu. They offer hand cut steak

tips, with a sesame soy marinade. For dinner, Pillsbury says they have a “well-rounded” menu with weekly dinner specials averaging around \$20. There’s a stuffed chicken dish, stuffed with pistachio pesto, sundried tomato and fresh mozzarella, served with spaghetti squash. Pork Chops with cider and brown sugar glaze with bacon; Tuscan Pasta, fettuccini alfredo with artichokes, baby spinach, cherry tomatoes and portabella mushrooms; a Hoisin Honey Glazed Salmon; Fish and Chips; and a Lobster Stuffed Haddock. “We’re still fine-tuning (the menu),” said Pillsbury, “but we want to be creative.”

This is Pillsbury’s fifth restaurant. He started at Fore Street and Becky’s Diner in Portland, then opened the Royal River Grill House in Yarmouth, before opening his own restaurants, Lilee’s Public House and Back Street Bistro, both in Brunswick.

“It is a prime location,” said Armstrong. “We want it to be more than just a golf course.” Armstrong hopes that people will plan their day around a visit to the restaurant, whether kayaking down the river and coming in to

dine, or after a day playing golf. Plans are for the restaurant to be open year round, with X-country skiing and snowshoeing trails. Armstrong also hopes to connect with the Hollis Honkers Snowmobile Club to connect a trail at the edge of the Golf Course. He and Pillsbury hope to offer Saturday and Sunday Brunch this winter, as well as beer tasting and pairing dinners, wine and dine events, and perhaps Dinner and a show at the Saco River Theatre. “We want to make it a fun, family destination,” added Armstrong.

Salmon Falls Country Club employs just under 50 people throughout the facility, including the restaurant. Both Pillsbury and Armstrong’s own kids work there. There has been some recent turnover with kids going to college, and they are still hiring to fill some of those positions.

The River Tap and Grill is open Wednesday through Sunday for lunch and dinner. Reservations are recommended. Look for their Grand Opening Columbus Day weekend.

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