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## Charmed farm is certified

By BRIGIT MCCALLUM  
brigit@waterbororeporter.com

Three Charm Farm of Alfred is introducing a new line of goat milk products for those who desire locally-produced, fresh organic food, and it all starts with the goats. The farm has evolved in directions its owners never envisioned when they started out five years ago, and now Ingrid Claesson and Ed Sabatini are introducing varieties of fresh goat milk chevre, feta and ricotta cheeses, as well as yogurt and goat's milk soap to local markets. The farm, located off Back Road in Alfred has recently become a certified cheese kitchen, and now has license to offer these fresh goat milk products to the public.

Claesson and Sabatini are the owners of the post-revolutionary war-era farm, built in the 1790s by Levi Hutchins and his brother, and later occupied by at least five generations of the Fernald family. It's been in the Jacobsen family since 1950s, when Willard Jacobson and his family settled there when he took over as Superintendent of the local school district. Claesson and Sabatini bought it from the Jacobson Family Trust, and have developed close ties with Ron Jacobson, Willard's son, who is now their neighbor, haying partner, and



Ingrid Claesson, co-owner of Three Charm Farm in Alfred, shares some quality time talking with some of the goats who live there, from left, Buckwheat, Harley (in back), Semolina and Azelea. PHOTO BY BRIGIT MCCALLUM

official "cheese sampler."

When they bought the farm five years ago, they had a plan, and it did not include goats at all. The plan was all about raising heritage breeds of livestock, including Gloucestershire Old Spot pigs, Belted Galloway cows and Katahdin Hair Sheep, as well as garlic for the culinary market. All these animals were known to be relatively docile and easy keepers and a farm of this sort was a dream of Claesson's. In fact, she says, "Goats were never in the plan. I

wanted nothing to do with dairy animals; they would tie me down. I used to travel a lot, and wanted that freedom.

But, what was to change from a "plan" to an "evolution," began when a too-close encounter left Claesson with her first experience of poison ivy, and the severity of her reaction led to trips to the emergency room, and a staph infection. A friend suggested she get a goat, let the goat eat poison ivy, and then drink the goat's milk, to help her immune system develop antibod-

ies. She did just that and the rest is history, and the story of a love affair that now results in a new crop of goat babies each spring. She recalls, "I found out I really loved the goats! They are incredibly intelligent and emotional creatures, so much more than I never knew them to be. And – they bring me joy!"

The other main occupants of the barn and pasture at the farm were a part of the original plan, the Katahdin Hair Sheep, a breed of sheep developed in Maine, that

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## Limerick to look at water ordinance

By SHELLEY BURBANK

The Limerick Large Scale Water Extraction Committee, established at a meeting of the planning board in June, has drafted a Town of Limerick Large Scale Water Extraction Ordinance for the townsfolk to consider and weigh-in on prior to finalization of the document. Once finalized, the ordinance will be presented at a public hearing in September and voted on during the town vote in November.

According to committee members Gil Harris and Barbara Fifield, the purpose of the ordinance is to protect local water resources both in quantity and quality for the general health and well-being of the people of Limerick. Large scale water extraction is defined by the ordinance as "the daily extraction of more than 5,000 gallons of ground water, spring water, and/or water from aquifers or their recharge areas by any one entity or person, or consortium or association of entities or persons acting in concert, regardless of the number of extraction facilities utilized."

"The purpose of the ordinance is to keep control of water resources in our own hands in order to protect groundwater levels and the health and safety of our citizens," said Fifield when asked about the rationale behind regulating water extraction activities in town. "The ordinance doesn't say there can never be extraction; it put a number of standards in place that need to be followed. If more than 5,000 gallons are to be extracted in a day, there will be a permitting process."

When asked whether the town actually needs such an ordinance, Harris cited the extremely dry weather in Maine the past several summers "There was last year's drought," he said. "This year we are heading into drought." He believes, as does the committee, that if Maine were to have a prolonged season of drought, town aquifers could potentially be affected.

The twelve-page document, including an appendix of definitions, is the result of two months of extensive research and weekly meetings by the three volunteer members of the committee: Harris, Fifield, and Sandra Taylor. "We did a technical analysis," Fifield explained, saying they wanted to identify the water usage and how much water is available in Limerick. In order to assess the groundwater resources and needs of the town, the committee

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## GETTING FIT LOCALLY

By CYNTHIA MATTHEWS

### Biking

Maybe you haven't been on a bike since you were a kid. Luckily, it's like riding a bike – you don't forget! It's August, back to school is around the corner, but it's not too late to get that bike out, get some exercise and enjoy nature. You can ride well into the fall.

What if you get your bike out of storage and realize it's not quite ready for the road or trail? Never fear, The Local Gear is here. Just down the road in Cornish, The Local Gear is a new Bike Shop that opened back in April. Owner David Newman bought the building in September of 2016, and spent about six months refurbishing it. He and his wife reused or repur-

posed materials from the building and beyond, like a sink from the transfer station that is now used in the building. Newman has over 20 years experience as a mechanic, and 10 as a professional race mechanic. Repairs may take 3 to 5 days, depending on what your needs, or rather, your bike's. And if you need a new bike, you can find one there too. They have just about every kind of bike you could want, from kids' bikes, to road bikes, off-road bikes, hybrid bikes, fitness bikes and even fat bikes, cruisers, and tagalongs. They also have tons of bike accessories, in fact, though 50 to 70 percent of the focus is biking, "The Local Gear is a multi-sport shop from the get go," said Newman.

The Local Gear is more than bikes, it is an outdoor sporting goods store, a kind of sports shop variety store. Recognizing the community they live and work in,



Cliff Krolick, owner of Back Country Excursions in Parsonsfield.

COURTESY PHOTO

Newman and his wife, Heather, wanted to meet the needs of the community and provide locals and visitors with "stuff they might need." Step into the shop and in addition to bikes, you'll find camping, hiking, hunting and fishing gear as well as workwear. They have tents, sleeping bags, oars, life jackets, fishing poles, knives,

flashlights, bug spray, and more. "As a small American company, we want to promote American-made small companies," said Newman. They did their homework, and carry Roundhouse workwear, clothing from Johnson Woolen Mills, Oboz Footwear, Danner Boots and

(Continued on page 3)

# COMMUNITY CALENDAR

**BLUE BUTTERFLY BENEFIT BASH IN THE BREWSTER BARN** Saturday, Aug. 19 at 5 p.m. at 8 Brewster Place, Buxton. Sponsored by the Buxton-Hollis Historical Society, an evening with appraiser Bruce A. Buxton with social hour, light summer buffet and an opinion of value of one of your treasures. Donations are appreciated and support BHHS capital projects.

**MUSIC IN THE BANDSTAND** from 6-8 p.m. on Saturday, Aug. 19, the Newfield Historical Society is sponsoring music in the bandstand at Newfield Village. Carlton Ming, who plays both piano and guitar, is the guest musician. Bring chairs or blankets and enjoy the evening. Hot dogs and ice cream will be for sale. Also the raffle drawing will be held for the Windsor rocker that was made by

Jack Guzman. Tickets are \$5 or 3 for \$10.

**CAR WASH** to benefit Massabesic High School girls soccer teams, Sunday, Aug. 20 at the milkroom, 9 a.m. to 4 p.m. rain or shine. Cost is any donation.

**ANNUAL SERVICE** at the historic Old Corner Church, corner of Federal Street and West Road in South Waterboro, will be held Sunday, Aug. 20, at 2 p.m. Rev. Philip

Bean will deliver the sermon, and with his wife Norma, Jan Thibeault and Gordon Trail, will provide special music. Following the service and refreshments, Friends of Old Corner Church will have its annual business meeting. Those interested in joining the effort to preserve the 1804 landmark are encouraged to attend and participate in various plans for repair, fundraising and utilization of the church for community events. For more details, call Maureen at 247-3784.

**WAGONS, SLEIGHS, CARRIAGES & A HEARSE** Monday, Aug. 21 at 7 p.m. at the Windham Historical Society, 234 Windham Center Road, Windham. Greg Cuffey of North Gorham will talk about the creation of the wonderful sleighs and carriages at Skyline Farm Museum. For more information call Linda Griffin at 650-7484.

**LYMAN HISTORICAL SOCIETY ORGANIZATIONAL MEETING** Wednesday, Aug. 23 at 6 p.m. at the Lyman Community Library, 10 John Street. We will be electing officers and formally naming and organizing this new association. Anyone interested is welcome to attend. FMI call Ed Ross at 653-6908.

**BASKETBALL COACHING CLINIC** Wednesday, Aug. 23 in the Massabesic High School Gym, 6 p.m. with Chris Aube, MHS Girls' Varsity coach and 7 p.m. with Chris Binette, MHS Boys' Varsity coach. Clinic is free and open to all basketball coaches in the district, at all levels. Presented by the 57 Stallions Basketball Club.

**FREE SCHOOL SUPPLIES & BACKPACK WITH ICE CREAM SOCIAL** for all youth ages 11-20, Friday, Aug. 25, 4:30-6:30 p.m. IORG Pleasant River Assembly #45 Rainbow Girls located in Buxton/Gorham, Harmony Lodge, 33 Cressey Road, Gorham.

**MISS ACTON FAIR PAGEANT** Friday Aug. 25 at 8 p.m. at the Acton Fair Grounds. Jr. Miss ages 9-12, Miss ages 13-17. All contestants are judged on private interview, talent, and evening gown. If interested contact Laura Bragg 207-1230 or lbragg@metrocast.net or applications available at www.actonfair.net.

**CALLING ALL QUILTERS** The Evergreen Quilt Guild will meet on Monday, Aug. 28, from 6-9 p.m. at St. David's Episcopal Church, Route 1, two miles south of Kennebunk Village. Evergreen Quilters meet the 4th Monday of each month except July and December. Newcomers are always welcome.

**BONNY EAGLE FLEA MARKET** Sept. 9 at Bonny Eagle Middle School. Vendors wanted \$20/table space. Sponsored By Limington Extension. Proceeds provide BEHS scholarships. Call 692-2989 to reserve space or FMI.

**GIRL SCOUTS GIRLS' NIGHT OUT** Sept. 15 at 6 p.m. at the Buxton Center Elementary

School. A FREE drop-in evening when girls will test their super powers and practice being a G.I.R.L. presented by Girls Scouts of Maine for potential members and volunteers this fall as a part of a this year's recruitment initiative.

**TRY MODERN SQUARE DANCING** Fridays, Sept. 22 & 29 at 7 p.m. at Alfred Town Hall (2nd floor), 16 Saco Road. No experience needed, casual attire, light refreshments. FMI 608-1333

**WOODFORDS FAMILY SERVICES FOSTER PARENT SUPPORT GROUP** Cornish United Church of Christ, 39 Main Street, Cornish (across from the library), Every first Thursday of the month, 6-7:30pm. Open to all foster parents with limited childcare available through the Cornish United Church of Christ. FMI call Tonya Dearborn at 878-9663, x 4160.

**BOTTLE DRIVE TO FIGHT MILFOIL** JD's Package Store and Redemption Center on Route 5 in Waterboro (across from Hannaford) will accept returnables and give the deposit money to the Lake Arrowhead Conservation Council (LACC). Just tell them you want it to be given to LACC. The funds help support efforts in fighting the milfoil battle.

**FRIENDS OF THE LIMERICK LIBRARY PLAY READING GROUP** Do you love the theater? Come and join us, no experience needed, fun, casual, no lines to learn. Once a month on a Wednesday evening, dates vary. Call Nellie Champion at 793 2395 or the Limerick library.

**CALLING ALL CRAFTERS:** You're Invited to join the accomplished Artisans and Crafters at the 8th Annual Shaker Hill Apple Festival, Saturday and Sunday, Sept. 23, 24, on Shaker Hill Road, site of the former Alfred Maine Shaker Village. An exciting weekend of events is planned for the several thousand people who attend, including: Children's events, giant yard sales, raffles, many food options, apple picking, wagon rides, demonstrations, music featuring John Gorka and highlighting the two day Artisan-Crafter juried show. Join us and be a part of this exciting festival. Email Michelle at mmcc@creative-mw.com or call 651-1942.

The **1850 TAYLOR/FREY/LEAVITT HOUSE MUSEUM**, 6 Old Alfred Road at the intersection with Sokokis Trail, Waterboro Center, is an unspoiled dwelling with many original features. In 2004 it was placed on the National Register of Historic Places. It will be open to the public free of charge, with donations appreciated, each Saturday morning, 9 to Noon, from May 27 through Sept. 23. The barn and ell of the house contain antique cobbler, optician, and barber shops. FMI call Jim Carll at 247-5878.

Email events to: news@WaterboroReporter.com.

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**BIKING**

(Continued from page 1)

Lacrosse rubber boots. They also work with local vendors, selling earrings, dog accessories and even maple syrup. “We love being in this part of Maine,” said Newman.

The Local Gear is located at 74 Maple Street in Cornish and is open Wednesday through Sunday.

Once you’ve figured out your bike situation, it’s time to go riding. You’d probably like to get out of your own driveway, but riding on the roads around here isn’t as safe as we might like. There are some great alternatives.

Try part of the Eastern Trail along the coast. The Eastern Trail is both on and off road, connecting Kittery to South Portland. Visit [www.easterntail.org](http://www.easterntail.org) to see maps, and determine where you’d like to pick up the trail – Saco, Biddeford or Arundel are three spots not too far from here. Inland, there is the Mountain Division Trail, with two all off-road sections available, a relatively flat 4-mile Rail Trail in Fryeburg or a 6-mile trail between Windham and Standish. To get to the trail in Fryeburg, park at the Maine State Visitor Information Center on 97 Main Street, Route 302. In Standish, park at Johnson Field on Route 35, and in South Windham, park at the Post Office on Route 202. For more information about the trails, visit [www.trailink.com/trail/mountain-division-trail](http://www.trailink.com/trail/mountain-division-trail).

Got a mountain bike? Maybe you’d like to try some real trail riding. Check out Back Country Excursions in Parsonsfield, with over 30 miles of single line or single-track trails. Owner Cliff Krolick founded Back Country Excursions in 1991, and it is the first and longest running mountain bike touring company in the Eastern US.

Krolick became interested in mountain biking when he moved here in 1974. He is self-taught, and wanted to share what he has learned with others. “There are probably no more than five people

in the U.S. who do what I do,” said Krolick. There are no regulations, no certifications for teaching etc. “The key to teaching is knowing how to teach,” Krolick explained, “there are many components, from shifting gears, shifting your weight, when to stand, when to sit, etc.” It’s not a wide-open trail, but a singletrack – there’s more to it than meets the eye. A bit like downhill skiing, you shouldn’t just grab some skis and go to the top of the hill or mountain and figure out how to get down. Krolick described it like horseback riding – push back when going down hill, lean forward when going uphill, etc. “The idea is to make it accessible, fun and safe,” said Krolick.

Krolick gave this reporter a lesson. We began with the bike on a stand, and Krolick explained shifting gears, by pedaling the bike by hand, and watching the gears move up and down the sprockets. Then it was my turn to do the same. From there, we moved on to riding “the circle of success,” practicing riding, coasting, shifting gears, turns, and eventually, an incline, to prepare riders for hills on the trail. “It’s about balance,” Krolick explained. “You always look ahead, like in life. There are bumps in the road, but you can’t focus on those. You will see them ahead, your brain will register it, and you’ll be able to avoid them.”

After conquering the circle of success, we headed out to the trail. Krolick guided me through a novice loop on a singletrack trail.

Krolick led me, coaching as we went along, telling me to switch gears, look ahead, pedal faster, don’t look down, stand and coast, look ahead, sit and pedal, don’t look down, etc. If you haven’t gotten the idea yet, this reporter had trouble focusing on looking ahead, rather than looking down at the ground. “You have to focus,” Krolick said. “After awhile, it can be a form of meditation – muscle memory takes over and you focus on breathing. It can be calming.” I didn’t quite get to that point, but I DID have a lot of fun, and would love to do it again with my family. The more you go, the more comfortable you will be.

Interested? Krolick has about 20 bikes available to rent, and does all the instruction and guiding. You can go for a half-day, whole-day, or a weekend tour. Bikers should be at least 10-12 years and over 5 feet tall. There is a lodge and a yurt available for overnight stays, in addition to campsites with wash stations, showers and toilets. In addition, there are kayaks, canoes and tubes for rent, if you want to take some time to enjoy the water nearby. Back Country Excursions is open May to November. A portion of the proceeds are donated to the local recycling program.

Each minute of biking can be the equivalent of 130-200 steps, and 10 minutes of moderate biking can burn 119 calories. Just remember, “Life is like riding a bicycle, to keep your balance, you must keep moving.” –Albert Einstein



David Newman, owner of the Local Gear in Cornish. PHOTO BY CYNTHIA MATTHEWS

**GOT NEWS?**

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**Join the Cemetery Committee**

The town of Waterboro has approximately 123 cemeteries; many have suffered from years of neglect. The Waterboro Cemetery Committee helps to preserve and protect this part of our cultural heritage for future generations.

**If you are interested in joining the committee, email [angelamaemccoy@gmail.com](mailto:angelamaemccoy@gmail.com) or call Angela at 651-1059.**

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**NOTICE: CANCELLATION OF PUBLIC HEARING**

**PETITION FILED WITH MAINE DEPARTMENT OF ENVIRONMENTAL PROTECTION TO CONDUCT AN ADJUDICATORY HEARING TO ESTABLISH WATER LEVEL REGIME FOR LITTLE OSSISPEE POND Waterboro, York County**

The Maine Department of Environmental Protection (Department) hereby gives notice that it has canceled the adjudicatory hearing (public hearing), scheduled pursuant to the Maine Dam Registration, Abandonment, and Water Level Act, 38 M.R.S.A. § 840(1), to establish a water level regime for Little Ossipee Pond in the Town of Waterboro. The hearing was scheduled to be held in two sessions at Massabesic High School on Monday, August 21, 2017.

The cancellation results from the Department's August 10, 2017 approval of the Little Ossipee Lake Water Level Management Ordinance. The ordinance, adopted pursuant to municipal home rule powers provided by 30-A M.R.S. §4454, grants all powers and duties of the Commissioner of Environmental Protection set forth in the Maine Dam Registration, Abandonment, and Water Level Act to the municipality upon Commissioner approval of the ordinance.

**For further information contact Department staff by email at [Kathy.Howatt@maine.gov](mailto:Kathy.Howatt@maine.gov) or by phone as follows: Kathy Howatt (207) 446-2642.**

LETTERS

OPINION

Big brothers and sisters needed

"A Little Means a Lot" is the motto for Big Brothers Big Sisters of Southern Maine, a strong and dynamic community partner that has been changing the lives of children facing adversity through-out southern Maine since 1995.

As a non-profit organization, we couldn't achieve what we do without you! Whether you volunteer as a mentor, you have a child in the program, or are a corporate or individual donor - thank you!

Big Brothers Big Sisters believes with the right amount of encouragement and support, every child can succeed and thrive in life. We are reaching out to the community in hopes that several adults will say, "yes, I'd like to be a mentor," to this call for volunteers.

We have a wait list of mostly boys in York County, some have been waiting for nearly two years. Great kids, between 7 and 15 years old, who just need another positive adult in their life.

Whether you're a young adult who would like to give back, an empty nester whose kids are grown, or someone in between, single or married, this is a great opportunity for you!

If you can commit several hours a month for a year, we'd love to talk to you! Make a difference! Help brighten a child's future. Be a BIG!

Call 773-5437 today or stop by our Biddeford location at the North Dam Mill, 2 Main Street, Biddeford, Suite 17-301B.



Big Brothers Big Sisters of Southern Maine

Does Limerick need a Water Extraction Ordinance?

A large-scale water extraction ordinance will keep control of Limerick's water resources in the hands of we the citizens of Limerick. An ordinance is being prepared for voters to decide if having one will benefit the town.

What will the ordinance do? It will require a permit be applied for to extract more than 5000 gallons of water per day with hydro-logic standards in place.

Detailed operating procedures will be outlined. Monitoring to ensure that Limerick's surface and ground water supplies will not be negatively impacted are part of the standards set. Wear and tear to roads will be addressed as will permitted hours of operation. Negative impact on abutters will not be permitted.

Regular renewal of the permit will allow Limerick to address any unforeseen changes in water supplies or other events that affect our water resources.

Droughts like York County saw last year could happen on a prolonged basis. We want to be able to have a say in how our water is used.

Without an ordinance, Limerick has no control over how much water can be extracted and sent out of town. Roads could see heavy truck traffic at any hour. Control of our water could be in the hands of organizations that do not have the best interest of Limerick in their plans.

There will be a public hearing in September to discuss the proposed Town of Limerick Large Scale Water Ordinance and a vote in November.

We encourage you to attend and support the enactment of this ordinance.

Gil Harris Limerick

Pot Village, Pottersville or something in between?

In 2018, the retail sale of marijuana will be allowed in the State of Maine, and small towns are now forced to make some important decisions regarding the manufacture, sale, and distribution of pot within our borders.

Some towns have already decided to be "dry towns" with no retail establishments or social clubs allowed. Other towns have taken an a la carte approach, passing ordinances that provide structure and rules regarding licensure and permitting for various retail and manufacturing startups looking to jump into the pot business. For those towns who have yet to decide, there are many facets to consider, and I'm betting the chore will not be easy. But this is the essence of democracy, isn't it? We the people have an opportunity to create our towns anew with every ordinance passed.

When it comes to marijuana, we may be in for some heavy discussion. Would allowing pot to be sold in certain stores or smoked in certain clubs lead to public safety issues both dangerous and expensive? Would our children be more likely to try marijuana if it is sold within our borders? If we decide to be a dry town are we throwing away an opportunity to grow our local economy with local ownership, employment, and visitors who will spend their dollars not only at the pot shops but perhaps at other venues as well?

What about property sales and property tax dollars that could potentially give a much-needed boost to our budgets? What about our social and religious and community values? If we allow the sale of marijuana in our town, will we be known as Pot Village? Is that who we want to be? Would it be a new beginning or the beginning of the end?

Another aspect that we need to consider is this: who stands to gain and who stands to lose if retail sale, manufacture, and/or distribution of grass (doobies, asparagus, ganja or any other one of the estimated

1,200 nicknames for marijuana) is allowed in our towns? When deciding regulation, the power system already in place will have a lot to say. If that power system feels its influence will be reduced by the creation of a new industry or by the influx of "different" or "not our kind" of people, those currently holding sway could find all kinds of arguments in favor of just going dry.

The classic Christmas tale "It's A Wonderful Life" produced by Frank Capra and starring James Stewart exemplifies the struggle between two forces in small-town America. These forces are personified by the characters George Bailey and Henry F. Potter who compete for the heart and soul of quaint Bedford Falls. Bailey is a rather reluctant leader, the president of the Bailey Brothers Building and Loan. Holding the S & L together over the years, he represents the power of collaboration for common cause.

Potter, the local town oligarch, owns a competing, traditional bank and other businesses including slum apartments rented out to immigrants and working-class people. Potter represents the power of privilege, wealth, and political pull. He wants to maintain a class system of economic and political inequality. A society of "haves" and "have-nots."

Sound familiar?

In the movie, a struggle between these two forces ensues over the years. Through the collaborative system of the Building and Loan, working class members of the Bedford Falls community are able to obtain mortgages and own their own homes in a new, reasonably-priced housing development. This gives the people autonomy and a chance for ownership, economic stability, and advancement while simultaneously undermining Potter's slumlord profits and local control.

Potter tries devious tactics to destroy Bailey's influence. Bailey doggedly refuses to break. At the climax of tale, Bailey is almost beaten. In a crisis vision he is shown what the town would be

like if he'd never been born, hadn't been there to stand against Potter's economic tyranny and the status quo. We catch a glimpse of Pottersville, a dark and mean-spirited place where those who are down are kept down and the money keeps flowing in one direction--up from the masses to Potter at the top.

Bailey's vision is a warning to us all. This is what happens when one person or group of people, amass too much money, land, power and influence in a society while the greater majority of citizens slip further into debt, lethargy, decline and despair.

Rather than a feel-good Christmas movie, "It's a Wonderful Life" is really a dark warning about imbalance of power, backroom deals, I'll-scratch-your-back-if-you'll-scratch-mine politics, and the corruption of local government processes. Leonard Cohen, of Cohen Brothers fame wrote in a piece for Salon magazine, "I don't think he's seeing the world that would exist had he never been born. I think he's seeing the world as it does exist, in his time and also in our own."

The movie was made in 1946 and here we are in 2017. We have choices to make about how our towns are going to be run. Are we the people--the middle and working classes, the workers, the outsiders, the free-thinkers--going to band together in order to balance the power of the status quo? The pot question is just one chance to get involved, to be heard, to consider what would be best for the majority of people in our towns, not just for those who currently have sway. Tyranny and greed never stop striving for more power, more wealth, more control. Only by working together can the less powerful hope to create or maintain a just system.

Pot Village? Pottersville? Something better than either of those options? The choice is ours to make. Go to town hearings. Attend or watch televised town meetings. Read the newspaper. Learn about the issues. Ask questions. Speak up. Vote.

Shelley Burbank Limerick

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MAIL SUBSCRIPTIONS:

Receive the Reporter in the mail each week for only \$75 per year.

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INLAND FISHERIES & WILDLIFE NEWS

# Arctic charr population saved and restored in Northern Maine pond

After Arctic charr became perilously close to disappearing from one of the last remaining ponds in Maine, actions by the Department of Inland Fisheries and Wildlife biologists have restored the charr population in Big Reed Pond in northern Piscataquis county.

“Arctic charr are unique to Maine in the continental United States. The efforts of IFW fisheries staff and their partners have crafted a success story we all are proud of,” said IFW Commissioner Chandler Woodcock.

Arctic charr are found in only fourteen waters in Maine. They prefer deep, cold lakes that lie at high elevation and have few other competing species. An illegal introduction of rainbow smelt at Big Reed Pond upset that delicate balance and threatened the charr population. While native to the state, smelt are invasive to many waters where they do not occur naturally and if illegally introduced can wreak havoc on the natural ecosystem.

“At Big Reed, shortly after smelt were illegally introduced, the charr population reached a critically low level,” said Frank Frost, the IFW fisheries biologist who oversaw the Big Reed charr restoration project.

Knowing extraordinary measures were needed to protect the charr, beginning in 2007, IFW fisheries biologists began an intensive

effort to capture some of the remaining live charr. For the next four years, biologists used nets to capture and transfer 14 charr from Big Reed Pond to the Mountain Springs Trout Farm in Frenchville, Maine. These fourteen charr became the breeding stock utilized to restore the unique genetic population of charr to Big Reed Pond.

However, before Big Reed could be restocked with native charr fingerlings, the smelt had to be removed.

IFW staff, along with a group of partners, reclaimed the pond with rotenone in October 2010, eliminating the competing smelt population. Rotenone is a plant-based product that affects the ability of fish to use oxygen in the water and it breaks down rapidly. Reclamation is a long-time fishery management practice employed around the country that is used sparingly in Maine, and only in waters that meet specific criteria. Maine IFW uses this tool to restore native brook trout and charr populations, and to eradicate invasive threats. The Department places a priority on the conservation and protection of native and wild fisheries.

Arctic charr, bred from the remaining fourteen charr that were transferred to Mountain Springs Trout Farm, were first stocked in Big Reed starting in June 2011 and continued through June 2013.

IFW biologists have confirmed that charr are indeed spawning, identifying three different age classes through the magnified examination of captured charr fish scales, which confirmed three successful spawning seasons in 2011, 2012 and 2013.

“The natural reproduction of young charr within Big Reed itself, with no reliance on hatchery-born fish, bodes well for the long-term survival of this unique Maine resource,” said Frost.

“This project had an amazing array of partners. Without the support of each of them, successful restoration of charr at Big Reed would not have been possible,” said Frost.

Big Reed Pond has a surface area of 90 acres, maximum water depth of 53 feet, and mean depth of 21 feet, making it one of the shallowest and smallest Arctic charr waters in Maine. The pond is surrounded by property owned by The Nature Conservancy (TNC) much of which has never been harvested for timber products and is classified by TNC as an ecological forest reserve. Nearly the entire watershed of Big Reed Pond lies within this property that totals 4,583 acres. Access to the pond is either by floatplane or a hiking trail in excess of one mile.

Arctic charr are closely related to Maine’s well-known brook trout and lake trout. Maine’s charr are

members of a geographically isolated group that occur in the Canadian provinces of Quebec and New Brunswick as well as the Northeast U.S. There are 325 populations in this so-called Acadian group of Arctic charr and together they are recognized as a distinct sub species *Salvelinus alpinus oquassa*. Fourteen populations reside in Maine.

At right, IFW Fisheries Biologist Frank Frost holds a Big Reed Arctic charr. Frost, a regional fisheries biologist in Ashland, successfully directed the Big Reed Pond Arctic charr restoration project.

COURTESY PHOTO



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## NOTICE OF PUBLIC SALE

Notice is hereby given that in accordance with the Consented to Judgment of Foreclosure and Sale entered June 23, 2017 in the action entitled U.S. Bank National Association, not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT v. Lori Hesseltine and Robert Heseltine a/k/a Rob Heseltine by the Maine Superior Court, Docket No. RE-2016-51, wherein the court adjudged the foreclosure of a mortgage granted by Lori Hesseltine and Robert Heseltine a/k/a Rob Heseltine to Ameriquest Mortgage Company dated January 28, 2004 and recorded in the York County Registry of Deeds in Book 14005, Page 426, and assigned by Ameriquest Mortgage Company to Mortgage Electronic Registration Systems, Inc., by assignment dated February 3, 2004 and recorded in Book 14332, Page 332, and further assigned by Mortgage Electronic Registration Systems, Inc., as nominee for Ameriquest Mortgage Company to Household Finance Corporation II by assignment dated November 27, 2013 and recorded in said Registry in Book 16740 Page 802; and further assigned by Household Finance Corporation II to U.S. Bank Trust, N.A., as Trustee for LSF8 Master Participation Trust by assignment dated August 7, 2014 and recorded in said Registry in Book 16870, Page 290; and further assigned by U.S. Bank Trust, N.A., as Trustee for LSF8 Master Participation Trust to U.S. Bank N.A., not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT by assignment dated September 23, 2016 and recorded in said Registry in Book 17408, Page 175, and the period of redemption being waived by virtue of the Consented to Judgment, a public sale of the property described in the mortgage will be conducted at 10:00 A.M. on September 19, 2017, at the office of James L. Audiffred, 374 Main Street, Saco, Maine.

The property is located at 57 Railroad Avenue, Springvale, Maine, Tax Map H18, Lot 5.

The sale will be by public auction. All bidders for the property will be required to make a deposit of \$5,000.00 in cash, certified or bank check at the time of the public sale made payable to U.S. Bank National Association, Not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT, which deposit is non-refundable as to the highest bidder. The balance of the purchase price shall be paid within forty-five (45) days of the public sale. In the event a representative of U.S. Bank National Association, Not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT is not present at the time and place stated in this notice, no sale shall be deemed to have occurred and all rights to reschedule a subsequent sale are reserved. Additional terms will be announced at the public sale. The premises are being sold without any warranties or guarantees and are sold as is. The successful bidder will be required to sign a Purchase and Sale Agreement. Additional terms will be announced at the sale.

U.S. Bank National Association, Not in its individual capacity but solely as Trustee for the RMAC Trust, Series 2016-CTT by its attorney James L. Audiffred, P.O. Box 1005, Saco, Maine 04072.



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**OBITUARIES**

**Robert F. Griffin, Sr.**

Robert F. Griffin, Sr. (Dad), a longtime resident of Lyman, who enjoyed a peaceful setting on Bunganut Lake, died peacefully at his home on August 15, 2017.



**Robert F. Griffin, Sr**

Robert was the only child born to Floyd T. and Esther H. (Chase) Griffin on February 11, 1932 in Haverhill, Massachusetts.

Robert served in the United States Army from 1952 – 1954. Following his honorable discharge, Bob returned home and married his soul mate and best friend, Sandria Jean Carpenter. They made their home in York and raised three sons together. Bob worked in Portsmouth, NH for the Morelli Company and enjoyed retirement for over 30 plus years at their home in Lyman, on beautiful Lake Bunganut. Bob and Sandria were surprised and had so much fun at their 50th wedding anniversary at the Stage Neck Inn in York. Many memories were made as they traveled to Hawaii with their son Gary and daughter-in-law Bonnie.

Bob loved the coming and goings on the lake; with the summer people returning each year. He knew just about everyone living on the lake and was the official Loon counter each season. He enjoyed cruising on his Pontoon Boat and his vehicles were the envy of the neighborhood when he was ready to sell them; they would be meticulously maintained and cleaned. Bob also loved to go down to Bob's Bake Shop each day and visit his buddies at Giles. He was happiest when the kids and grandkids came to swim and they had a cook out together. He was also an animal lover and through the years had many four legged companions by his side; both dogs and kitty cats.

Bob was able to stay in his home with the help of his son Gary and his wife Bonnie. They did not hesitate to come live with Dad following the death of his wife, Sandria, in 2008. Together they became a blended family, sharing many memorable moments, laughter and yes, even a few tears. He has now entered into eternal rest and has been reunited with those he has loved and missed.

He is survived by his children, Robert F. Griffin, Jr. of Waterboro; Gary P. Griffin and wife Bonnie of Lyman; and John B. Griffin and wife Emily of Waterboro; 11 grandchildren and 15 great grandchildren; and many dear friends and neighbors.

A celebration of Bob's life will be held at a later date.

To leave a message of condolence for the family, visit [www.autumngreenfuneralhome.com](http://www.autumngreenfuneralhome.com).

In lieu of flowers, memorial donations may be made to the Animal Welfare Society, P.O. Box 43, West Kennebunk, ME 04094.

**Barbara Isabelle Whitehouse**

Barbara Isabelle Whitehouse, age 80, of Cape Road, Hollis, passed away peacefully on Aug. 10, 2017 at her home in Hollis.

She was born in Buxton on April 24, 1937, a daughter of the late John and Agnes (Richards) Cole.

As a girl she attended Buxton schools and graduated from Westbrook High School.



**Barbara Isabelle Whitehouse**

For many years she worked at Nader Carter's Farm in Hollis gardening and cooking; however, raising her family was most important to her.

She enjoyed bowling, being in the outdoors – especially gardening, and being with her family and friends.

She is predeceased by all of her siblings.

Barbara is survived by her husband- Maynard Whitehouse; Robbie Whitehouse and his wife Becky of Hollis, Sandra Brown of Hollis, Lucien "Duke" Whitehouse and his wife Kathi of Hollis, and Tony Whitehouse of Hollis; nine grandchildren; and twelve great grandchildren.

A funeral service was held Aug. 16 at the funeral home followed by a burial at Meeting House Hill Cemetery in Hollis. Pastor Ron Sargent officiated.

Online condolences can be submitted at [www.maineFuneral.com](http://www.maineFuneral.com).

In lieu of flowers, memorial contributions can be made to the Alzheimer's Association, Maine Chapter, 383 US Route One, Suite 2C, Scarborough, ME 04074.

**Helen Constance Vautour**

Helen Constance (Neville) Vautour, passed away unexpectedly on Aug. 1, 2017 at Southern Maine Medical Center in Biddeford.



**Helen Constance Vautour**

Constance was the daughter of the late John Dunphy Neville and Helen (Halloran) Neville of Waltham, Massachusetts. She was raised in Waltham with her three sisters: the late Margaret Landry of Queens, NY; the late Jane Neville of Marlboro, Massachusetts; Geri Gracey of Marlboro and a brother, Tom Neville of Cambridge, MA.

Connie graduated from Regis College and subsequently worked as a special education teacher in the Waltham school system and as an Administrative Assistant in several businesses. A multi-talented woman, she found joy in creating meaningful artistic treasures for family and friends. Her passion was teaching swimming at the Waltham Boys Club where she directed the instructional swim programs for many years.

In 1986, Connie semi-retired to Bethel where she and her husband established a Bed and Breakfast and became very active in the community. Their pursuits included artistic craft projects, semiprofessional singing and hosting friends and family at their home. The couple relocated to Waterboro in 2000.

Connie is survived by her husband of sixty years, Donald J. Vautour, her sons: Richard and his wife Claudia of Millis, Massachusetts; Douglas and his wife Pamela of Norwood, Massachusetts; and Thomas of Newfield. Her cherished grandchildren are Dillion Anthony Vautour, Tessa Oliver and Robin Oliver.

A celebration of life open house will be held at the Cozy Corner Cafe, 924 Main St., in Waterboro on Saturday, Aug. 26, 2017 from 4-7 p.m.

To leave a message of condolence for the family, visit [www.autumngreenfuneralhome.com](http://www.autumngreenfuneralhome.com).

In lieu of flowers, memorial donations in her name may be given to the Animal Welfare Society, P.O. Box 43, West Kennebunk, ME 04094 or to the ALS Disease Foundation.

**LIMERICK WATER**

(Continued from page 1)

obtained U.S. Geological Survey charts; sand and gravel aquifer maps; and water usage data from Scott Davis, the Public Works and Water Manager of Lake Arrowhead Community, from Russ Nutting of the Limerick Water District, and census data to estimate the water usage of private wells. They also consulted town selectman Joanne Andrews regarding agricultural water use in town. The committee then looked at similar ordinances already enacted in surrounding towns including Limington, Parsonsfield, Newfield, Cornish, and Shapleigh.

According to Harris, the Limington ordinance was used as the primary template because "it was simple and to the point," he said. The drafted document outlines the permitting process, activities not requiring a permit, application requirements and process, review and hearing processes, decision process, geologic and hydrologic standards that will have to be met, addresses issues of liability, commercial and bulk water transport issues, and enforcement.

Fifield pointed out that, other than Waterboro, Limerick is the only regional town that has not yet enacted a large scale water extraction ordinance. Additionally, when looking at the aquifer maps, it is apparent that Limerick, despite having quite a bit of surface water in the form of ponds, lakes, and streams, our actual groundwater aquifers are not that extensive. "When you look at the charts, one big picture we get is that Limerick doesn't have a lot of these aquifers. We have all kinds of surface water, but those are just low points in our topography."

Aquifers, on the other hand, are underground water supplies, most easily obtained in sand and gravel and then with more difficulty once bedrock is reached. With lakes and streams, water can be "lost" because of runoff into rivers and the ocean as well as evaporation. "It's part of the cycle," Fifield said.

Another important point is that, after looking at the maps, it was apparent that there are overlaps with Limerick aquifers and those of neighboring towns. "What we do will affect all the neighboring towns," Fifield said. Passing an ordinance to manage and regulate water extraction would help Limerick to be a good citizen of the larger community as well as protect a necessary town resource.

An informational meeting was held Wednesday, Aug. 16 following the regular planning board meeting. This hearing was to share information with the townsfolk about the proposed, drafted ordinance, give the people a chance to look at the ordinance and ask question, and even to make suggestions for revisions prior to a public hearing in September. "We are looking for input from the townspeople," Harris said. "Whether at the meeting, through emails, etc. We, as the committee, will weigh the input and decide whether it needs to be changed." Once it goes to public hearing, it can't be changed. The public hearing will be for the people to review, ask questions, and get information that will inform their decision in November when it is time to vote on whether or not to adopt the ordinance.

Wednesday's informational meeting occurred after the Reporter's news deadline.

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**GOAT FARM**

*(Continued from page 1)*

has been bred for meat quality, and resistance to foot rot and internal parasites, and that do not require shearing, as they drop their hair naturally in warm weather. The sheep are being raised for the meat market, but another evolving idea in Claesson's mind is milking the sheep and making cheeses from a mixture of goat and sheep milk in the future.

The next logical step in the farm's evolution was to become a commercial cheese kitchen, offering the goat milk products Claesson has developed, to a wider public. That has been a four-year

process, during which Claesson has made the choice to produce cheeses that are not pasteurized. "This means treating temperatures like religion!" she says. And, to become commercially certified, it also required creating a new space in the barn to serve as the cheese kitchen. Such an operation is governed by rules and standards set and enforced by the Department of Agriculture, Conservation and Forestry's Bureau of Quality assurance and regulations program in Augusta.

The cheese kitchen is tucked into the back of the barn, occupying the space that was formerly

the milking parlor. Along the wall to the right of the entrance are drip sinks, with cheese hanging in fabric bags so that the whey can drip out. On this day, Ingrid takes down some feta that is ready to be sliced and salted, working with it on the next side of the room, where there is a large working sink. It will stay at room temperature for a day, before being moved to the fridge on the next wall of the small 8 by 10-foot space, to spend a day in there, before further processing.

The fourth wall has two induction cook tops, for heating the milk. Ingrid shares that most fresh cheeses are heated to a temperature of 86 degrees F, while yogurt requires heating to 190 and ricotta

190 to 205 degrees. All the codes the cheese kitchen must comply with are regulated by a dairy inspector, through the Department in Augusta. She is glad to report that, "We have the blessing, so now the cheese kitchen is legal!"

With those modifications, the milking parlor has now moved into the space next to the cheese room. There, each goat is brought in, is tempted to step up to the milking table, where fresh hay or grain awaits, and hitched up to the tubes of the antique "surge belly milker" that was originally used for milking cows. A small platform, built by Ed as a "booster seat" is set over the table to adapt the setup to the smaller goats' size. They plan to open a second doorway into the milking parlor to allow for one-way traffic, a kind of roundabout, to replace the necessity for the exiting animal to have to buck the traffic flow of the others eagerly awaiting their time on the milking stand.

The products offered at this time include goat milk yogurt, whipped ricotta with lemon zest, plain chevre, chevre with rosemary and garlic marinated in olive oil with black peppercorns and feta. Next year Claesson plans to experiment with milking the sheep and making cheese with mixed sheep and goat milk. She says this is not commonly done in New England, but when she tried it she thought it was "out of this world!"

Three Charm Farm joins only two other operations in York County in selling goat milk products. Asked to explain what is unique about her products, Claesson mentions that most important to her, is the care that has gone into the raising of the goats to produce the milk the products are made from. She describes the entire process as, "Crafted with the love. We believe that every little step along the way matters. From the birthing of the animal to the crafting of the recipe, the love carries it through."

She mentions their emphasis on using all natural methods of rais-

ing the goats, the time the babies spend with their dams, working with rotational pastures, the use of herbal de-wormers and feeding with different types of grains and hand-raked hays that enhance the health of the goats, "All these are reflected in the flavor of milk and cheese and - of course - the love." Her slogan is, "Everything matters. That's what goes into the milk, and that's what comes out in the cheese."

Claesson has a passion for sharing the joy she experiences in working and living with the animals and she shares this in many ways. There is no hired staff, but many who come to visit find something there to fall in love with; so, some, like Stacey, help plant garlic. Carol feeds the baby animals in the spring, Mary helps muck the barn, Ron samples products and friends load hay into the barn. Claesson also draws on another of her former careers, as a Special Ed teacher, and shares the farm with young people who often find that the animals provide experiences for socialization they sorely need. "I believe what I do here is meant to be shared; working with kids who have such a hard time on so many levels, to connect them with animals and plants. The sharing is what makes it a whole experience for me." The farm is open on Saturdays from 9 a.m. to 1 p.m. for visitors, so others can share the joy that Claesson holds to be the balancing point of the entire operation.

For those who are interested in learning more about Three Charm Farm's goat milk products, Cornerstone Market on Route 202 in South Waterboro will host a Goat Cheese Tasting on Saturday, Aug. 26 from 11 a.m. to 1 p.m. Claesson and Sabatini will be providing fresh goat milk chevre, feta, whipped ricotta and yogurt, and some of their Mini-Nubians will be present in the parking lot. All are invited to join in learning about, receiving recipes for and tasting fresh goat cheese.



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