



REPORTER

YOUR COMMUNITY NEWSPAPER

www.waterbororeporter.com

FREE
EVERY FRIDAY

SHOP LOCAL

Locally owned & independently operated

VOLUME 16, ISSUE 20

PO Box 75, North Waterboro, ME 04061 • 247-1033 • news@waterbororeporter.com

FRIDAY, MAY 18, 2018



Sheila Payne teaching Zumba Kids at Pumpkin Patch day-care and preschool in Baldwin. COURTESY PHOTO

GETTING FIT LOCALLY

By CYNTHIA MATTHEWS

3 Fusion Fitness An all-inclusive Zumba studio

"It's my mission to get everyone to smile," said Sheila Payne, owner and operator of 3 Fusion Fitness. And one can't help but smile when you are in one of Payne's classes. "Zumba is good for the body, mind and soul," she continued. "Amazing things happen to the brain when we dance. There is scientific proof! So my mission is to bring not only fitness, but also joy." That's how Payne came up with the name for her Zumba business. "Fun, Fellowship and getting Fit," explained Payne, "three things that are important to me."

Payne teaches Zumba out of her home studio in Buxton, but also in various locations close to home. "Most people do Zumba on the side, and have a day job," said Payne, referring to instructors. "It was my intention to make Zumba my part-time job, rather than working in an office." Most people also become Zumba instructors because they are into fitness. That was not the case for Payne. "I was new to fitness, but had danced growing up," she said.

Payne had been a stay-at-home mom for eight years, and in 2012, was looking to get back into the workforce. "I was having a kind of mid-life crisis," Payne explained.

"I wasn't sure what I was good at, what I'd like." A friend of hers was a Zumba instructor, and said, "I think this [Zumba] might be a perfect fit!" The friend showed her some moves, and Payne liked it. And the rest, as they say, is history.

Payne completed her Zumba Basic Training in Falmouth, then Zumba Kids in Manchester, New Hampshire. She had worked in pre-schools before, so this seemed a natural fit. She got her license in 2012 and began teaching at a church in Buxton. She began to teach at pre-schools around the area and had around five within the first year. She began to help her friend Sara with her assisted living classes, eventually teaching at three, and then four assisted living centers. "I just liked it so much," Payne smiled. "It's my favorite! They always put me in a good mood," she said. "Seeing their faces light up, their smiles, it brightens their day!"

Last July at the Zumba Convention in Orlando, Payne completed the training for Aqua Zumba. "There aren't many instructors in this area at all," reported Payne. In Aqua Zumba, the instructor is out of the water, teaching from the side of the pool, or the beach if outside, so that students can see the moves, and the students are in the water. "People really like Aqua Zumba," she said. "It's fun playing in the water. It gives people a sense of security, they don't feel like other people are watching them, and since

(Continued on page 8)

Art from the heart

By SHELLEY BURBANK

When you ask Limerick artist Valerie Baard to describe her goals and motivations for creating her unique, complex, and colorful mixed-media and digital art pieces, one theme resonates above all others--a desire to bring joy to people.

Baard, who says she has never been professionally trained in art school, has nonetheless taken scores of classes through the Art Institute, online instructors, and watching YouTube videos. She also practiced arts and crafts throughout her life--here in Maine when she owned and operated a couple of restaurants, in Texas, and now in Limerick where she bought a house in 2011 and began practicing her art in earnest.

"I've always been artsy in some way or form," she said while being interviewed in her studio, a space ultra-organized to hold her abundance of art supplies, carved from the dining room of her modest ranch-style home. Baard dabbled in scrapbooking and other crafts, enjoying the mixed-media

(Continued on page 9)



Valerie Baard displays one of her mixed-media pieces which she began by applying a background and then many layers of images to create a meaningful composition. Highly textural, Baard uses different types of papers, stencils, stamps, inks, and tapes to create a cohesive collage "story" either for stand-alone pieces such as this one or in bound art journals.

PHOTO BY SHELLEY BURBANK



Dressing up

Sewers at a Dress A Girl Around the World Sew-a-Thon at the Trafton Senior Center in Sanford produce dresses for girls and women from infant to adult who are considered "the poorest of the poor." The Southern Maine and New Hampshire Chapter of this international effort to provide "dignity, safety and joy" for girls and women in developing countries holds sewing sessions in Sanford and Ogunquit and has distributed over 5000 dresses in 20 countries in the past 3 years.

COURTESY PHOTO

Sewing effort helps donors and recipients alike

By BRIGIT MCCALLUM
brigit@waterbororeporter.com

Dress A Girl Around the World (DAG) is an international effort that provides attractive and well-made dresses for girls considered to be among "the poorest of the poor" in many countries around the world. The program is based on the theory that, besides bringing joy to girls of all ages, providing dresses to girls in developing countries may reduce

abductions into a life of slavery and/or sex abuse. This is because a girl who appears well-dressed and cared for may be less likely to be a victim of predators, as she is perceived to have people who care for her and who will work to recover her. There is a local DAG chapter that includes Southern Maine and New Hampshire, and is based in Cape Neddick, under the direction of Jackie Dewey. A recently added base has been located at

(Continued on page 4)

Taxes were the real topic

By ALLISON WILLIAMS

There was almost a full house in Conant Chapel when residents gathered to discuss converting the old jail, on the corner of the Biddeford Road and Saco Road, into a town hall. An engineer, Geoff Aleva, explained what he found when he looked at the building. Joy and Hamilton, Architects Inc. had looked at the town hall and admitted although it is "structurally sound" it is not adapted to new uses after 150 years. Space needs appeared to be a major problem. A larger general purpose meeting room is needed, as well as a smaller conference room, an area for voting booths (voting presently done in Conant Chapel), more fireproof vault space and general storage space.

How this could be done by transforming the old jail into a town hall was carefully explained and enumerated on information sheets. Residents, however, were quick to offer other solutions. An addition to the back of the town hall? Providing more space by digging under the town hall?

Citizens are accustomed to

(Continued on page 3)



Three lending options to take you home!

No matter where you are in your home-ownership adventure, SIS has the lending option to fit your needs.

Home Equity Line of Credit**

**3.99%
Fixed APR**

for 4 years -
Converts to Prime +0.00%

Construction Loan***

**One-Time
Closing**

Discounted
Processing Fee

Mortgage Special****

**Close a new
residential loan
by 6/30/18 and get
\$350 to Springvale
Nurseries.**

**Contact one of our Mortgage Consultants
today for more information.**

*Must be 18 years of age or over. The random drawing for the TV will be held on June 30, 2018. Need not be present to win. The decision of bank management is final. Limit one entry per mortgage application. Prize not redeemable for cash. SIS employees, directors and their immediate family members are not eligible to win. Odds of winning are dependent on the number of entries.

**After the first four years, the Annual Percentage Rate (APR) is variable. "Prime" (or the "Prime Rate") is the highest US Prime Rate published in the "Money Rates" column of the Wall Street Journal. The initial APR of 3.99% is a promotional, fixed rate which applies for the first four years after your line of credit is open. After four years, the rate changes to Prime plus 0.00%, which is a variable rate, changing monthly with changes in the Prime rate. However, at no time will your APR exceed 18% per year and during the variable portion of your loan, will not be lower than 4.50%. Rates are effective as of April 30, 2018 and are subject to change. There are no fees to establish a line of credit but if you payoff and close the line in 3 years or less, you will pay a fee of \$400. Other rates and terms apply. Offer is valid for owner-occupied 1-4 family residences, including second homes, up to 80% loan-to-value. Mobile homes and seasonal cottages are excluded from this offer. Property insurance is required on the property that secures the loan. This line is subject to credit approval and requires an initial new advance of \$25,000. At least one borrower on the loan must have an SIS Bank relationship to include a checking account or bundle product. Maximum line of \$500,000.

***Construction loans have a one-time closing for the construction phase and the permanent phase. Processing fee will be discounted by \$300 for this promotion.

No other discounts apply. Offer is valid for customers who are building a 1-4 family residential home and are financing directly with the SIS Residential Lending team.

****Gift card is available to new purchase or construction mortgage loan customers of SIS who have a checking account or bundle product. Correspondent loan business does not qualify for this promotion. One gift card per closed mortgage, presented at closing. All applicable taxes and gratuities for the TV and gift card are the responsibility of the winner.

SIS *The Bank
That Listens*[®]

207.324.2285 | 1.888.226.5747 | banksis.com

ALFRED

Allison Williams

awilliams@waterbororeporter.com
324-5823

JAIL CONVERSION

(Continued from page 1)

the present arrangement of using Conant Chapel for meetings and voting, and could see no problems with it. The renovations will not improve parking space, nor provide a hall for town meetings unless fewer than 50 persons attend. Because the new town hall would provide voting space it might not be suitable because it would be on the second floor. There were many pro and con suggestions.

The information sheet stated the jail, completed in 1873, is almost 14,000 square feet and would suffice for the next 100 years. There would be additional income from renting out the two story portion facing Route 111. There was much to consider.

One resident asked "Have we put money into a rainy day fund?" (no). Another stated we could go back and prioritize storage. "Think outside the box," he suggested. "Think about the possibilities" stated another. It was also suggested the town hall could be open five days a week instead of three and a half.

There were numerous suggestions but the cost seemed to be the sticking point for most. It could be over \$2 million to convert the jail. Residents felt that was a lot of taxes. The referendum election will be held June 12.

How to assist seniors in their homes

The New Century Club, which mostly consists of senior citizens, heard a talk this past Monday on various helps which would make it easier for persons to remain in their homes as they age. Robin Hewitt Bibber, the speaker, pointed out that available transportation is a major concern. Rides are going to be started from communities to Sanford on Tuesdays for shopping, lunch, doctor's appointments, etc. The cost would be \$4. Volunteer drivers would take people to doctor's appointments in Portland and Boston.

The most frequently used service is this one. Private drivers are available within 48 hours notice. Volunteers would first be screened. A new service is in the works; the first dry run was on May 15 and is a small bus that will go from Waterboro and Alfred to Sanford. It will be wheelchair accessible and will also be free.

Bibber, who is the Thriving in Place Coordinator for the Maine Health Access Foundation was given a three year grant to provide "Thriving in Place" to Acton, Alfred, Springvale, Shapleigh, Sanford, North Berwick, Lebanon and Waterboro residents. It is economically beneficial for disabled or older population persons to stay in their homes instead of going into a group care facility. The goal is to bring agencies and organizations together to be more effective. The volunteer network would include home repairs, yard work, or painting. Basic home repair or chore services, such as changing light bulbs, snow shoveling, air conditioner removal and installation, and roof raking could be covered. Or grab bar installation, needed by many seniors. Nothing is done which is done by other businesses or organizations. It could include a knitting group which meets Tuesdays from 1 to 3 at Community Action to knit hats and mittens for Head Start children.

For more information contact robin.bibber@nassonhealthcare.org. or call 1-207-459-2989. Volunteers are needed. A questionnaire about the new transportation plan was passed out.

During the business meeting New Century Club members learned the August meeting will be held on the third Monday, the 20th, at 6 p.m. Everyone was encouraged to visit the World War II Museum in Wolfboro, N.H. and a leaflet about it was passed out.

GOT NEWS?
Send your news to:
news@waterboro-reporter.com

CORRECTION

In the May 11 issue, in the article titled "Scouts crossover," the celebration to honor 100 years of Limerick Boy Scouting

is planned for Sept. 8 not Sept. 9. For information on how to get involved in the celebration or to sign up for scouting, email scouttroop329@gmail.com.

PUBLIC NOTICE

On May 31, 2018, Southern Maine Health Care (SMHC) will be destroying all radiology images taken prior to 2007. Any patients wishing to retain copies of these films should contact the SMHC Radiation department in Biddeford at 283-7170 or in Sanford at 490-7375.



Museum opening

It is finally coming together in spite of the doleful comments by this writer, who didn't think it would be done in time. On Sunday, May 20 at 2 p.m. the Alfred Village Museum will have its spring opening of "Cooking in Alfred the Old-Fashioned Way". This includes cooking implements whose names have(almost) been lost in time. Also homemade ice-cream. Many thanks to our local antique dealers and antique lovers who loaned implements for the exhibit.

Village notes

During its last meeting, the Alfred Historical Committee decided to have a Friends of the Alfred Village Museum group who could help further the museum's purpose but living out of town, were not able to be on the committee as voters. This was done because several out of town people have asked if they could join the committee.

Were there Loyalists in your family? People faithful to the Crown? Bruce Tucker discovered he had them and gave a talk on those disloyal ancestors during the

Alfred Historical Society meeting this past Tuesday.

Under the guidance of the Mission and Social Justice Committee the Parish Church will be offering envelopes to collect donations for the AMIGOS cause in Honduras. When schools are closed in harvest time the children aren't fed because they were formerly fed at school. Now food is purchased locally with donated funds.

The annual Parish Church yard and plant sale will be Saturday, June 9, 8:30 a.m. to 2 p.m. at Conant Chapel.

VOTE ★★

Cliff Krolick



Candidate for Maine House of Representative, District 21

Cliff is a family man and a 50-year resident of Parsonsfield. Cliff, self-employed most of his adult life, first built his family's house, then ran a masonry business and helped preserve 8,800 acres for public use. Now, for the past 26 years Cliff has run nature-based mountain-biking adventures. He's received much from Maine and now wants to give back by serving Maine people.

The underlying social contract formed between the people and those they elect is not being upheld by far too many of our legislators. Cliff wants to work for the Maine people, not for the lobbyists or corporate interests. He wants to restructure the Maine budget so it works for ALL Maine people. He believes we need more honesty, transparency, and integrity from our legislators and wants to provide you, the voter, with accurate and honest information. Below is the 1st installment.

Here are some legislative issues that have been voted on recently in the Maine House and how the current representative in District 21 (Heidi Sampson) voted and how Cliff would have voted if he had been in office:

Bill	Issue	Sampson vote	Cliff would have voted
LD 173	An act to reduce food insecurity. (assisting hungry families)	No	Yes
LD 1534	An act to support local farms and reduce food waste.	No	Yes
LD 230	An act to increase access to Head Start for preschoolers	No	Yes
LD 332	An act to ensure the issuance of bonds to assist Maine's seniors and elderly to remain independent and in their homes.	No	Yes
LD 1373	An act to protect and expand access to solar power & renewable energy in Maine	No	Yes
LD 423	An act to extend internet availability in rural areas.	No	Yes

If you agree with Cliff, support him and vote in the Democratic Primary on June 12.

If you are a registered voter with no party affiliation or not a registered voter yet you can register as a Democrat on the day of the vote. However, if you are an Independent or enrolled with another party and you'd like to have a voice for Governor and also want to vote for Cliff, you need to enroll as a Democrat **no less than 15 days prior to June 12.** After you vote you can change back to your previous party affiliation.

Contact Cliff for more information: 625-8189 or bcountry@psouth.net

Paid for and Authorized by the committee to elect Cliff Krolick

OPINION

LETTERS

Dear Waterboro voters,

Even though election day is June 12, absentee ballots are now available at town hall. You can obtain one to take home and read through; or you can fill it out at town hall. There is a sample ballot on the town's website so you can prepare your answers beforehand. Remember to thank those helping you because they have an added work load with this new referendum process.

Much has been made about consolidation of articles (17) because, according to Dennis Abbott, "they don't want the voters to have to spend 2 1/2 hours at the voting booth." Really??? Last year's Town Meeting had 47 warrant articles. Even with all the motions, seconds and discussions, (including lengthy ones on Rec; Public Works; and Assessing) the meeting was completed in two hours.

As I left the May 8 Public Hearing, Gary Lamb came out after me to ask, among other things, "what my end game was." Well, I don't have an "end game." I just want to inform the public. I did tell him that the town should remove the part of the headline banner on their Facebook page accusing those on social media of incomplete or inaccurate "FACTS." I told him that was essentially insulting our own voters. As of this Thursday it is still there.

Mr. Lamb likes to justify the "perks" he gives to employees as "employee retention tools." This pork barrel contains: cell phone reimbursement – we now spend about \$10,000 on cell phone reimbursement. I'm not sure when this started; maybe back when people had flip phones and they needed to receive and send texts. This is a very useful tool for alerting firemen and per diem firefight-

ers for emergencies. Well, almost everyone now has a smartphone and we're giving certain employees a \$40/month (\$480/year) reimbursement. Some are receiving \$80/month (\$960/year). Now the Selectmen stated that this policy should be at least reduced but they have decided to put it off until next year (said the same thing a year ago). The problem is that this year Gary has been adding more employees to this list, including a total of \$1,960 reimbursement for the Rec Dept. alone! It doesn't seem like much until you add them all in and come to over \$10,000 total.

I've been accused over and over of bringing a negative view to this referendum budget process. I just became frustrated. Because I have the minority view of the three Budget Committee members I'm supposed to join in and help them pass this budget. They don't believe I should be expressing it to you. I feel, that in absence of a Town Meeting floor, this is the ONLY forum for discussions on these articles.

The last Public Hearing is Tuesday, May 22 at 6 p.m. Come if you can; watch it live on Channel 5; view it on video archives at town website; or catch re-broadcasts.

*Donna Berardi
Budget Committee member
Waterboro*

Support ranked choice voting

In 2007, when John Baldacci was governor, five Republicans and five Democrats sponsored a bill to implement Ranked Choice Voting (RCV) in Maine (LD585). RCV is simply a form of run-off voting. It has been supported by people of all political parties and independents and has been used for many decades in places around the na-

tion and the world. As affirmed by the Maine Supreme Court, it is constitutional for use in the June primary elections for all state and federal races, and in the November general elections for the federal offices. It is used for elections with more than two candidates to ensure a majority vote thereby eliminating vote-splitting and the spoiler effect so that winners more accurately reflect the actual will of the voters. The ballots are easy, and voters are empowered with more voice and more choice.

Please vote YES ON QUESTION ONE in June to support Ranked Choice Voting and to send a strong message in support all of our recent referendums including Medicaid Expansion which passed with 59% of the vote and is also being blocked in Augusta. A YES ON ONE vote in June will make it clear to Augusta that we don't want them blocking the referendum laws passed by the people of Maine.

*Ron Bilancia
Brewer*



Write to us at:

news@waterbororeporter.com
or facebook.com/Reporter207

The opinions expressed on the Reporter's OPINION pages are not necessarily those of the newspaper or its employees. Letters are edited for grammar and clarity and are published as space allows.

Political letters will not be published the Friday prior to an election or vote.

Please include name, town and phone number for verification.



PHOTO BY LEIF RICHARDSON

INLAND FISHERIES & WILDLIFE NEWS

Bumble Bee Atlas volunteers needed

The Department of Inland Fisheries and Wildlife is seeking volunteers to assist in the Maine Bumble Bee Atlas, a five-year, statewide survey looking to document the different species of bumble bees in Maine, their range, and their abundance. Volunteers are welcome from anywhere in Maine.

There are still spots open at two volunteer training workshops. The 2018 workshops are scheduled for:

- Saturday, May 19 at the University of Southern Maine in Gorham; 9 a.m. to 4 p.m.

- Saturday, June 9 at the University of Maine in Orono; 9 a.m. to 4 p.m.

The workshops are free, you only need to attend one, and lunch is provided.

Attendees will be trained in a standardized survey and data collection protocol, and project staff will give presentations on bumble bee life history, ecology, and conservation.

Preregistration is required and open to adults only. You can pre-register by filling out and emailing this form (link to form).

Before you register, please read the "Frequently Asked Questions" for an explanation of what volunteering for MBBA entails. If it still sounds like fun, fill out the attached pre-registration form and return to the MBBA Project Coordinator Beth Swartz at beth.swartz@maine.gov. A confirmation email will be sent once your form has been processed.

You can find out more information at <http://mainebumblebee-atlas.umf.maine.edu/announcements/>

The Maine Bumble Bee Atlas, coordinated in partnership with the University of Maine at Orono and Farmington, is modeled after MDIFW's highly successful Maine Butterfly Survey and Maine Damselfly and Dragonfly Survey, which marshal the efforts of volunteer citizen scientists from across Maine to increase our knowledge on the status of the state's insect fauna. Participants do not need to have prior experience in surveying for bees – just an interest and willingness to learn and contribute data to the project.

SEWING DRESSES

(Continued from page 1)

the Trafton Senior Center in Sanford, thanks to the efforts of local sewing teacher Nancy O'Connell of Alfred. According to Dewey, DAG has distributed over 1 million dresses in 82 countries to date, and the Southern Maine/NH group has distributed over 5000 dresses in 20 countries in the past 3 years.

Most of the dresses are made in women's homes, and at a number of sewing parties or Sew-a-Thons that happen each year. Women from churches, Girl Scouts, quilt groups and social circles gather to make dresses and learn the ins and outs of the basic patterns. O'Connell says that at these sessions, sewers gather to sew the materials that have been assembled into packets, and each sewer produces one or two dresses, from infant to adult sized, per session. Another larger circle of sewers receives the packets at their homes, and sends in the finished product to be counted in the monthly total. O'Connell reported that sixteen women came together at the Trafton Center at

the March session, and between their work and that of those who sent in dresses, they sent 64 dresses to Dewey at the Cape Neddick Center. From there, Dewey says, they are packed and delivered to mission groups, to be delivered to communities where they may be the only dress a child, adolescent or adult female may own. O'Connell says it is all about quality; the dresses have to last, as in most cases there are no washing machines and dresses are washed in rivers with rocks. It may be the first or only dress a girl has owned, and it may be handed it down to someone else as well.

Both Dewey and O'Connell emphasize the empowerment that comes with being involved with the program, both for the recipients, and for the donors. Dewey says that an older woman who got involved ended up asking for a sewing machine for her 90th birthday, and, "Has been sewing away ever since!" In another situation, she writes, "I had a lady this past weekend that recently loss her husband. Depression is frequently part of grieving. So, when she is having a difficult day she turns to her machine, thinks about a girl and sews

a simple dress. She is then able to move on through her grief."

People can contribute to DAG by donating fabric or sewing, at home and in the periodic group sessions. O'Connell, who teaches sewing classes at Massabesic and Sanford Adult Ed Programs, got involved herself in 2014 at a sew-a-thon in Ogunquit, and has been involved ever since. She writes, "At first I made mistakes, but it was fun to be sewing with others, and I've been doing it ever since. Now I'm helping the organization to grow in this area!" As one attendee at the last gathering posted on the group's Facebook page, "Each dress we sew provides a girl with dignity, safety and joy!"

Upcoming sewing sessions at the Trafton Center will take place the third Saturday in June, with no sessions in July and August, resuming the third Saturdays in September and October. Newcomers are welcome, and reservations are helpful. More information is found on the organization's "Dress a Girl Around the World – Southern Maine" Facebook page, or by calling Nancy O'Connell at 850-9048 or emailing Jackie Dewey at dressagirlsmaine@gmail.com.

REPORTER

YOUR COMMUNITY NEWSPAPER

www.waterbororeporter.com

P.O. Box 75, North Waterboro, ME 04061
247-1033 • news@waterbororeporter.com

Kerry DeAngelis . . . Owner/Publisher/Advertising Manager
news@waterbororeporter.com or ads@waterbororeporter.com

Michael DeAngelis . . . Sports Editor, Contributing Writer
sports@waterbororeporter.com

Joanne Bargioni Contributing Writer

Shelley Burbank Contributing Writer

Cynthia Matthews Contributing Writer

Brigit McCallum Contributing Writer

C.J. Pike Contributing Writer

Joy Spencer Contributing Writer

Allison Williams Contributing Writer

MAIL SUBSCRIPTIONS:

Receive the Reporter in the mail each week for \$75 per year.



Published by KL Design & Marketing
www.kldesignandmarketing.com



The Reporter is independently owned and locally operated and has no affiliation with any other newspaper.

©2018 All Rights Reserved. All logos and trademarks are property of their respective owners. No part of this publication may be reproduced without permission from the publisher. The opinions expressed in the Reporter are not necessarily those of the publisher.



SUPPORTING MAINE'S COMMUNITY
FOR 63,145 DAYS,
9 HOURS AND 2 MINUTES.
 YEAH, WE'RE OBSESSED WITH STATS.



Photographed near Spruce Spring in Somerset County, ME

OUR ROOTS IN MAINE

173 YEARS
 IN THIS GREAT STATE

\$136M IN ANNUAL SPENDING SUPPORTS **340+** MAINE BUSINESSES

850+ LOCAL JOBS
 ACROSS 3 BOTTLING FACILITIES
 AND 8 SPRING WATER SOURCES

HOW DO WE SUPPORT OUR HOME STATE?

GOOD SCIENCE SCHOLARSHIP PROGRAM

Since 2007, we've awarded **\$200K+** to Maine high school seniors pursuing science, engineering and environmental degrees.

GOOD NEIGHBOR GRANT PROGRAM

Since 2000, we've given **\$7M+** to support Maine's communities through education, conservation and other local causes.

ENVIRONMENTAL EDUCATION

We have supported programs for **150K+** Maine students, including: Gulf of Maine Research Institute, Project WET, The Ecology School and Maine's Children's Water Festivals.

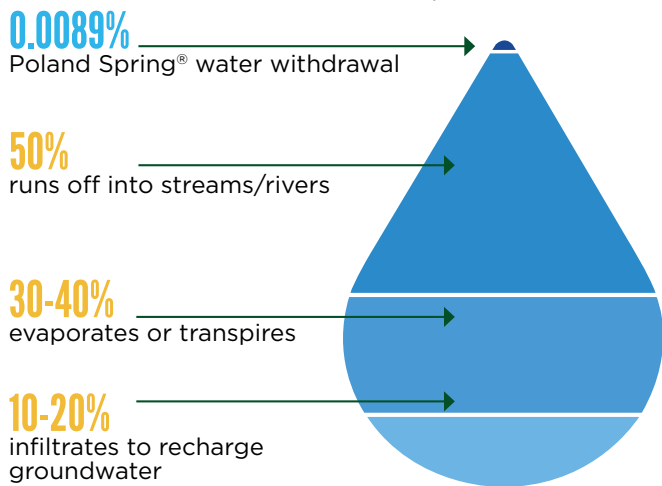
WATER DONATION PROGRAM

In 2017, we gave **900K+** bottles of water to Maine organizations and communities in need.

HOW DO WE STAY COMMITTED TO SUSTAINABILITY?

OUR WATER WITHDRAWAL

Percent of Annual Precipitation



8.5 Trillion Gallons (45 inches) of precipitation fall in the watersheds in which Poland Spring operates.
 Source: U.S. and Maine Geological Surveys; weather.gov



We conserve **6,000** acres in Maine that aid watershed protection and help maintain water quality.



We've reduced the plastic in our most popular half-liter bottles by **60%** since 1994, and all our bottles are 100% recyclable.

WE CAREFULLY MANAGE SPRING WATER BY:

- Employing Natural Resource Managers
- Providing regular public reporting
- Strictly adhering to local, state and federal regulation and oversight



🚩 Visit the historic Poland Spring® Museum & Spring House mid-May through mid-October

GREATNESS SPRINGS FROM HERE™

Learn more about your neighbor. PolandSpring.com/community

WATERBORO



Waterboro artist Brigit McCallum, left, created and donated this mosaic to the Waterboro Community Pantry. Shown here with pantry president Cleo Smith. COURTESY PHOTO

BUSINESS NEWS

Video contest for music scholarship

Katie Brooks, of Brooks Dance Center in Waterboro is joining efforts with violin/piano instructor Jeffery Kazukiewicz, of A Lifetime of Music to provide sponsorship for one lucky student unable to afford lessons, to learn how to play the violin or piano.

This sponsorship would be for a full year of private lessons with professional violinist/instructor Jeffery Kazukiewicz at his studio in Waterboro. The recipient would be able to choose to learn either violin or piano.

Applicants will need to be between the ages of 6 through 16 years of age and will be required to show proof of income eligibility. Interested students who wish

to be considered for this sponsorship, will need to submit a video entry which personally expresses their interest and hopes for studying music and learning how to play the violin/piano. Applicants will also need to provide a supportive reference demonstrating why the student deserves the sponsorship.

The winner will be chosen from the submissions collected up until the application deadline of June 30. Jeffery Kazukiewicz will aid and advise the recipient in locating a very low cost instrument, but not provide the instrument itself. The instrument cost will need to be covered by the recipient.

Interested applicants should visit <http://lifetimeofmusic.org/grant> for further information and to apply.

NEWFIELD

C.J. Pike

fudgecupboard@yahoo.com
793-8760

Plant and Bake Sale coming soon

Newfield Historical Society will have their 14th. annual Plant and Baked Goods Sale fundraiser on Memorial weekend, Saturday, May 26, from 9:30 a.m. to 3 p.m., at 64 Elm Street. Their monthly business meeting will be held at 1 p.m.

The society will be looking for donations of perennials, house plants, and baked goods, such as pies, whoopie pies, quick breads or baked bread, cookies, fudge and more. If you would like to make a donation, please drop that off the morning of the fundraiser.

Donations may also be dropped off at the library at 637 Water Street on Thursday; and plants may be dropped off the day before or the day of the event at the headquarters on the handicapped ramp.

The raffle this year will be a Fire HD -10 tablet, Alexa hands free, 10.1" with full HD display and 32 GB, a value of \$150. The drawing will be held at the annual Veteran's Day ceremony on November 11. Tickets are \$2 each, 3 for \$5, and may be purchased from any of the historical society members.

Farmer's market will open soon

Newfield/Limerick Farmers and Artisans Market will have their opening day on Saturday, May 26, in Newfield at 637 Water Street, from 9 a.m. to 1 p.m. And they will be at the Limerick Town Office at 55 Washington Street on Wednesday, May 30, from 2:30-5:30 p.m.

The Newfield market will be open from May 26 to Sept. 1, and the Limerick market will be open

from May 30 to Sept. 5. For fresh, locally grown produce and fine home made crafts, it is the place to shop. The markets are looking for new vendors. For the Newfield market, please call Wanda at 793-8390; and for the Limerick market, please call Mark at 642-9090. You may also find them on Facebook.

They will also be holding their annual free raffle! Each vendor you visit will give you a raffle ticket to enter into the drawing. This year, they will also be giving out incentive coupons to our SNAP/WIC patrons. They are looking forward to starting their 9th season.

Recycling is now open

The Newfield Recycling Center at 369 Water Street is now open for the season, and taking donations of unwanted items. They will accept just about anything at recycling, except for overstuffed furniture and television sets; and any clothing can go to the thrift shop on Wakefield Road. However, please check with the attendant Janet Colwell; or Chuck Triosi or Harry Reed at the transfer station, if she is not there. It is open on Wednesdays from 1:30 - 4:30 p.m. and Saturdays and Sundays from 8 a.m. to 3 p.m.

Thrift shop has reasonable prices

The Thrift Shop at the Masonic Hall at 181 Wakefield Road, in West Newfield has also reopened for the summer months. Donations are accepted at this time, and can be left on the steps of the building. Clothes, shoes, purses, and other small household items are acceptable.

The shop is open on Saturdays from 10 a.m. to 3 p.m., and Wednesdays and Fridays, from 9 a.m. to 1 p.m. until Labor Day weekend. Donations are now being accepted, or they may be left on the steps. For more information, please contact Mrs. Chute at 793-2095.

Scouts to march in parade for dedication

Boy Scout Troop #329 will march in the Memorial Day Parade in Limerick on Monday, May 28, for the dedication of the Veteran's Memorial, which will be held at Tibbetts Park. The parade starts at 11 a.m. The troop has 8 new scouts bringing the total scouts to about 18-20.

Meetings

Boy Scout Troop #329 - May 21, at Scout Hall, at 7 School Street in Limerick at 6:30 p.m. New members always welcome. Jim Dion is the Scoutmaster. Call Joe Iannazzo at 850-6237.

Cub Scout Pack #329 - May 21, at Line School at 818 Water Street at 6 p.m. Cubmaster is Perley Densmore.

Newfield Selectmen - May 22, at the West Newfield Town Hall at 23 So. Effingham Road at 6 p.m.

Newfield Firefighters training session - May 22, at the Public Safety Building at 85 Water Street in West Newfield at 7 p.m. New members are welcome to attend.

Tea Time - May 23, at the Newfield Village Library at 637 Water Street at 3 p.m.

COUNTRY CUPBOARD

It's time to get out those grills. The weather has improved - finally, so let's get grillin.' Today's recipe is from Taste of Home on the internet and will kick your salmon up a notch.

Firecracker Grilled Salmon

- 2 tablespoons balsamic vinegar
- 2 tablespoons reduced-sodium soy sauce
- 1 green onion, thinly sliced
- 1 tablespoon olive oil
- 1 tablespoon maple syrup
- 2 garlic cloves, minced
- 1 teaspoon ground ginger
- 1 teaspoon crushed red pepper flakes
- 1/2 teaspoon sesame oil
- 1/4 teaspoon salt
- 4 salmon fillets (6 ounces each)

In a small bowl, combine the first 10 ingredients. Pour 1/4 cup marinade into a large re-sealable plastic bag. Add the salmon; seal bag and turn to coat. Refrigerate for up to 30 minutes. Cover and refrigerate remaining marinade.

Drain salmon, discarding marinade. Using long-handled tongs, moisten a paper towel with cooking oil and lightly coat the grill rack. Place salmon skin side down on grill rack. Grill, covered, over high heat or broil 3-4 in. from the heat for 5-10 minutes or until fish flakes easily with a fork, basting occasionally with remaining marinade. Yield: 4 servings.

WAYNE LARIVIERE, DMD
GENERAL DENTIST

Call Today 247-3511

Welcoming New Patients

Massabesic Regional Medical Center
Route 202, Waterboro, ME
www.drldmd.com

Insurance Plans accepted.

We Offer
CareCredit®
Low Monthly Payment Plans

TIBBETTS FARM
Est. 1988

Greenhouses are NOW OPEN for the season: Fri.-Sun., 9-5.
OPEN MEMORIAL DAY 9-5!

Our greenhouses are packed with Annuals, Herbs, Veggie seedlings, hanging baskets, Memorial planters & more!

Our own compost, loam, dark bark mulch and 50/50 planting mix, for **PICK UP OR DELIVERY.**

207-247-6518
920 Clarks Woods Rd., Lyman

Buxton & Hollis ROD & GUN CLUB

4th Annual Gun Show

OPEN TO THE PUBLIC
FOOD AVAILABLE - PLENTY OF FREE PARKING

Admission is \$5 per person
Children 12 and under FREE (must be accompanied by an adult)

June 2nd - 9am to 5pm
June 3rd - 9am to 2pm
81 Plains Road, Hollis Center, ME
www.buxtonhollisrodgunclub.org
All firearms laws will be observed

EXHIBITOR INFORMATION
30 Tables Available
8 foot tables at \$35 per table
Exhibitors should start set up by 7am
CONTACT: Shawn Sage - 207-727-5108
Mail application with payment to:
Shawn Sage, 84 Lower Tarbox Road, Hollis Center, ME 04042

A. Marie's Family Hair Studio

MANICURES • PEDICURES
HAIRCUTS • COLOR • WAXING
740 Main Street, Suite 1, Waterboro
Tue. 11-7, Wed. 9-7, Thu.-Fri. 9-5,
Sat 8-noon • **247-1024**
www.facebook.com/amariesstudio

SPORTS



SOFTBALL

Rolling toward postseason Softball squad 8-4

By MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Massabesic got all the runs it would need in a three-run top of the first, highlighted by catcher Lacey Bean's two-run homer, and Grace Tutt went the distance for the win to help pace a 7-2 win over host Cheverus/North Yarmouth (3-9) on Wednesday, May 16.

Tutt led off the contest with a bullet double to the gap in right center. Bean followed with her shot on the second pitch and the Mustangs quickly led 2-0. Lauren Kiss reignited the rally with a single and Cayleigh Morris made it four straight batters to reach with a single of her own. After an out, Janelle Spurdakos loaded the bases with a walk and Zoey DeAngelis (2-3, BB, R, RBI) earned an RBI in what turned into the game winning run that Kiss scored with another walk.

The Stags got a run back in the bottom half of the first, they cut it to 3-2 with a run in the bottom of the fourth, but the Mustangs sent eight hitters to the plate in the sixth and scored four times to seal their eighth win in their last 10 starts.

DeAngelis started the sixth with a single and Sara Woodward

followed with a base hit. Tutt (2-4, 2R, RBI) drove in DeAngelis with a single and Bean loaded the bases with a walk. Kiss knocked in Woodward with a sacrifice fly and Morris closed the scoring with a two-run double.

* * *

On Monday, May 14 Windham (6-5) topped the Mustangs 5-2. Whitney Wilson got the win for the Eagles, scattering just six hits while fanning two. Erin Elder drove in a pair of runs with a clutch double in the fourth.

* * *

On May 11, the Mustangs banged out 21 hits and pounded host Biddford 17-4. Grace Tutt struck out 10 and got the win. She also reached base in all six plate appearances (5-5, 4R, 3B, BB). Spurdakos and Kiss each drove in three-runs and Alyvia Cormier had three hits and scored twice. Massabesic scored two in the first, second and sixth. They scored three in the fourth and eight more in the seventh.

Massabesic faces Bonny Eagle at home on May 18. They play at Maine Girls Academy on May 21, home vs. Deering on May 23 and their final regular season game is at home on Friday, May 25, all games at 4 p.m.



Massabesic starting pitcher and senior Cayleigh Morris.
PHOTO BY KERRY DEANGELIS



TRACK & FIELD

Track men fourth

Massabesic's varsity men's track and field squad collected 79.5 points, good for fourth place, at a tight five team meet held Wednesday, May 16 at Noble. The hosts won the event with 105 points, Kennebunk was next with 91, Sanford finished with 87.5 and Marshwood had 33.

Jarrod Hooper once again dominated the 800 with an easy win in 2:04.79. Jeffery Waters won the 3200 with a 10:35.33 and he was runner-up in the 1600. Aiden Galbraith was second in the 110 hurdles and third in the 300 hurdles. Josh Castonguay won the 1600 meter race walk with a 9:01.69, narrowly edging teammate Garrett Gerard who took second.

The Mustangs won the 4 x 800 relay with a 8:42.31

Track ladies fourth

Massabesic's varsity ladies' track and field team finished fourth with 53 points on Monday, May 14 at a five-team meet at Noble High School which the hosts won with 152 points. Marshwood was runner-up with 82 points, Kennebunk had 60 and Sanford finished with 40.

Kylie Johnson won the 1600 with a 5:53.89, well ahead of her nearest foe, and Syeira New hit the podium three times: She was third in both the 110 and 300 hurdles and she was second in the long jump. Maddie Brassard was runner-up in the discus throw.

Want to share your team's photos with our readers?

Upload photos to our Facebook page at "Reporter207"

or email them to news@waterboro-reporter.com



BRIEFS

Casey's Run

The 8th annual Casey's Run 5K Road Race will be held on Sunday, May 20 at 9 a.m. at Massabesic High School. Race Day registration is 8 to 8:45 a.m. Run, walk, jog or crawl the 3.1 mile course. T-shirts to the first 100 registrants.

There will be prizes and refreshments available after the race. Proceeds support the scholarship fund. For more information call Mary Ann Irish at 590-3167 or email mairish85@yahoo.com.

LACROSSE

LAX ladies stomp Scarborough Still perfect at 7-0

By MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Massabesic got hat tricks from four players to help pace a 14-3 thumping of visiting Scarborough on Tuesday, May 15. Morgan Pike finished off her hat trick in the first half, helping the Mustangs to a big 11-2 lead at the break. Madi Drain, Skylar Renaud and Hallie Benton each had two first half goals and finished off their hat tricks with scores in the second half. Kaylee St. Laurent and Logan Champlin each added a goal and Pike chipped in with three assists as the hosts won for the seventh consecutive time in 2018 and 23rd consecutive time dating back to the start of what ended up being a perfect (16-0) 2017 season that ended with another state title.

* * *

On Friday, May 11 host York gave the Mustangs an early scare, leading 3-1 half way through the first half, but the visitors pulled it together and cruised to a 16-8 win. Renaud had six goals and three assists, Drain and Benton each had a pair of goals, and Champlin and Lexi Kidder each added single goals.

LAX men secure emotional win

Garret Stubbs scored the game-winning goal in double overtime to lift Massabesic's varsity boys' lacrosse team to an emotional 12-11 win over visiting Gorham on Friday, May 11. The Mustangs had dedicated the game to standout senior Cam Roy's mother, Kelly Roy, who was recently diagnosed with breast cancer. The dedication provided Massabesic with a focus that helped them overcome a late deficit as the Rams led for much of the contest.

Cam Roy was his usual superb self with a hat trick and Jacob Travis had four goals, but the outcome was very much in doubt as the Rams built a four-goal lead in the second half. Massabesic rallied to tie it and force overtime at 10-10. The first overtime was scoreless, but after the teams switched ends the Mustangs prevailed with Garrett Stubbs rifling home his third goal of the night and the game-winner.

* * *

On Wednesday, May 16 Portland (8-0) topped host Massabesic 9-3. Roy had two goals and Ryan St. Laurent had one for the Mustangs who saw their record fall to 5-4.

Tory Hill Dental
JOEL S. DOYON D.D.S.

Your family's neighborhood dentist.

Call today for an appointment!

175 Narragansett Trail, Buxton
P.O. Box 17, Bar Mills, ME 04004

929-6626

NOW OFFERING

Children's Saturday Herbal Workshops!

WORKSHOP OFFERINGS INCLUDE:

Fairy Workshop Series (Ages 5-7) 6/9, 7/7 and 8/11, 10am-12pm. \$30 per class. Take one or all 3!

The Medicine of Plants: Introductory (Ages 12-13) 6/2, 6/30, 7/28, 8/25 and 9/22, 10am-12pm. \$175.

The Medicine of Plants: Intermediate/Advanced (Ages 12-18) 6/2, 6/16, 6/30, 7/14, 7/28, 8/4, 8/25 and 9/8, 1:30-4:30pm. \$325. Homeschool Science credit available for this class!

FMI: Ginny Fries 205-3952 or Friesgin@gmail.com

813 C Main St., Massabesic Regional Medical Center, Waterboro • 247-7388
www.pecksfamilyacupuncture.com
jessica@pecksfamilyacupuncture.com

13TH ANNUAL

Memorial Day Appreciation Golf Outing & BBQ May 28

In appreciation, Province Lake Golf invites all active and retired military, firefighters, police and sheriffs, emergency medical personnel and their spouses to enjoy a free round of golf with cart and BBQ.

Flag Raising Ceremony at 10:15 a.m.

BBQ from 10:30 a.m. to 1 p.m.

Tee Times Required starting at 10 a.m.

Guests are welcome for a reduced fee. Please call the Pro Shop at 207-793-4040 by May 23 to reserve your spot.

18 Mountain Road, Parsonsfield, ME

LIMERICK

Main Street Cleanup Day

Main Street Cleanup Day is being held on Saturday, May 19 from 9 a.m. to noon, in honor of Jane Bryant, who worked hard for many years at sweeping the sidewalks, picking up cigarettes butts and trash. The intent is to tidy up Main Street for the upcoming Memorial Day parade and summer months. Organizers and volunteers will meet at the old Brick Town Hall at 9 a.m. and divide into small groups. Five-gallon pails will be used for picking up the trash, sand and cigarette butts as that's what Jane used. She would then pick up the buckets and haul them off to the dump.

Volunteers are asked to bring bug spray, gloves, brooms, rakes, shovels and a couple buckets. Many hands make light work and a lot can be accomplished in just three hours. For more information call 636-7545.

Limerick Memorial Day Parade

The annual Memorial Day Parade will be held on Monday, May 28 at 11 a.m. on Main Street, Limerick. There will be a special rededication ceremony for the 75th Anniversary of Tibbetts Memorial Park with guest speaker Senator Angus King.

All Veterans, servicemen/women and civic organization members are welcome to participate. The parade forms at 10:30 a.m. at Scout Hall on School Street in Limerick. Everyone is invited to join in honoring veterans of all wars.

Dean's List

Michael Crowley of Limerick was recently named to Colby-Sawyer College Dean's List for the 2018 spring semester. Crowley is a member of the class of 2018 majoring in exercise science. To qualify for the Dean's List, students must achieve a grade-point average of 3.5 or higher on a 4.0 scale while carrying a minimum of 12 credit hours in graded courses.



Dr. Mary Callison of Budding Potentials, left, and Sandy Bernier Gibson of Irie Bliss Wellness spoke about cannabis and hemp at a public informational night hosted by the Research Club of Limerick on May 1. Callison, an M.D. who prescribes medical marijuana through her Newfield company, gave an overview of the conditions, including PTSD and other physical ailments, that can be effectively treated with this plant. Gibson then discussed cannabinoids (CBD), which are chemical compounds found in hemp that provide relief for pain, nausea, inflammation, and many other conditions. Gibson uses CBD to create edibles, salves, oils, suppositories, and more which she sells online, through home parties, and in her newly opened shop in Massachusetts. CBD can be derived from hemp which is not a marijuana plant. Gibson also talked about the history of hemp in the ancient world and in the United States and how chemical and wood-pulp industries worked to get hemp labeled as a drug in order to profit from their own products. For more info visit www.buddingpotentials.com and www.iriebliss.com.

PHOTO BY SHELLEY BURBANK

Annual penny auction

The Limerick Historical Society's 17th Annual Penny Auction and Silent Auction will be held on Saturday, May 26 at the Limerick Brick Town House. A night of family fun and laughter, doors open at 2 p.m. There will be chil-

dren's, and toddler sections, and zillions of new items for everyone. Place your tickets and bids until drawings begin at 6 p.m. You or your representative must be present to win. Water, soda, sandwiches and snacks will be available for sale.

Tteddo Incorporated

Celebrating Twenty Years!

Technology Consultants www.tteddo.com

Home and Business Networking
New Computer Setup
Virus and Malware Removal
Supporting Windows, Mac & Linux

Standard and Dynamic Database Driven Websites
New Sites, Upgrades & Maintenance
Domains, Web Design and Hosting

House Calls are our Specialty!

(207) 636-3051
tteddo@tteddo.com

F.R. CARROLL, INC.
LIMERICK, MAINE

CRUSHED STONE
3/8" 3/4" 1-1/2"

READY MIX CONCRETE
HOT TOP • LOAM

MORTAR SAND

CRUSHED GRAVEL



MAIN OFFICE: (207) 793-8615
ASPHALT: (207) 793-4434
CONCRETE: (207) 793-2742
OR (207) 793-8753

Drive home the savings.



Keith M. Paradis, Agent
1168 Main St., Unit A
Waterboro, ME 04087-3112
9:00am - 5:00pm
Weekends & Evenings by Appt.
Phone: (207) 247-8555 • Fax: (207) 247-6500
keith.paradis.wmwo@statefarm.com
keithparadisinsurance.com

Car and home combo.

Combine your insurance and save big-time. It's that easy.
Like a good neighbor, State Farm is there.
CALL ME TODAY.



State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL



Sheila Payne teaching an Aqua Zumba class at Massabessic Health Resources in Waterboro. COURTESY PHOTO

ZUMBA

(Continued from page 1)

you're in the water, people can't see what you're doing." Payne is now in her third 7-week session of Aqua Zumba at Massabessic Health Resources in Waterboro.

For all of her Zumba classes, Payne uses visual cues, versus verbal cues, as promoted by Zumba, so there are no language barriers, no interruptions to the flow, and "you don't have to be a dancer to join the fun." Payne always encourages her students to simply move.

Payne explained that Zumba is feeling the music, expressing yourself through music with different rhythms from around the world. "Seventy percent of the music in the format of a Zumba class is world rhythms, the rest can be music of your choice." Payne likes to use some pop songs, as well as some parodies. "It has definitely brought me more awareness to world music," said Payne. "It's neat to hear the different African and Caribbean music," she added. "You feel like you're on an island."

"Dance is freeing and coming to Zumba, you can lose yourself

in the music for an hour and leave all your worries behind at the door," Payne said. "My favorite part of Zumba is the people. I love brightening someone's day and putting a smile on their faces. That's what I strive for." She certainly does that. Visit one of Payne's classes, and you'll see lots of smiles. You'll hear Payne herself throw out a few "Woo hoos" or "Woot, woots" and her students respond with the same. Or you may hear her singing along with the music. Comments heard at the end of class include, "She's so cute!" "That was so much fun!" and "What? Class is over already?"

Payne teaches 8-16 classes a week, depending on the week. She teaches at some locations once a month, some once a week, sometimes biweekly.

If you would like to join one of Payne's Zumba classes, email her at zumbazumbatomic@gmail.com, give her a call at 229-3311, or find her 3 Fusion Fitness Facebook page. She currently has openings in her Saturday morning classes in Buxton, and is working on her summer schedule, with the possibility of some outside classes.




Home to be built in Springvale

Seeking Partner Family

If you or someone you know has a need for safe, decent housing, an ability to pay an affordable mortgage and a willingness to partner with Habitat, find out if you qualify, how to apply, and more.



Information Meeting

Tuesday, May 22, 2018

5:00 PM

First Baptist Church
429 Main Street
Springvale, ME





PO Box 267, Kennebunk, ME
207-985-4850
office@habitatyorkcounty.org
www.habitatyorkcounty.org

ARTIST

(Continued from page 1)

and collage aspects of the work. She then turned to digital art. "It became more of a chore to do physical art, to get the materials out, do the art, put the materials away."

In 2011, Baard took five courses with the Art Institute online. She learned various programs for manipulating images such as Photoshop and Illustrator and took classes in composition. She found the schedule requirements for those classes to be distracting and moved on to YouTube where she watched many videos to learn about art products and how they work together. "I love working with color," she says. "It empowers me to do more art." She was never interested in being "graded" in a traditional art-school setting. "I don't need a degree to do art. I do art because there's a lot of healing in doing art. It's changed my life. It's changed my attitude. I try not to criticize myself. I used to. It didn't get me anywhere."

Baard says that thematically her art tends to the fantastical, the colorful, the textural. "I like a lot of almost fantasy," she says of the images she uses in both her mixed media, physical pieces and her digital artwork. A quick scan of her Facebook pages, both her personal page and her Mixed Media & Digital Art from Valerie's Heart page, illustrates these themes. Here you will find collages of medieval ladies, suns, moon, stars, hearts, birds, butterflies, faeries, flowers, trees, Victorian images of children and mothers, feathers, animals, maps, and even text. She collects digital images into her "library" and uses several programs for creating the

collage-like art pieces which feel like stepping into a magical, colorful, and peaceful dream.

Her physical mixed-media pieces have these same elements but are also tactile, textural. These are both stand-alone pieces and art journals. For the physical artwork, Baard says she starts by laying down gesso, adds some color, and then starts layering the textures. Her materials are numerous, including paper napkins, tissue paper, ink stamps, stencils, wallpapers, pastes, cardboard cut-outs, images cut from magazines, ribbons, spray inks, and most recently drywall tape! For color she uses pens, pencils, inks, paints, jelly plates, and more. Stepping into her studio is like stepping into an art box, and you get that feeling of excitement you had as a kid when your parents bought you the giant box of Crayola crayons. The possibilities for creativity seem endless.

Baard credits her husband, Ian, for supporting her interest, which has become a passionate vocation. "My husband is the best encourager," she said. The two met on Facebook when Ian was living in Ireland. They had a long-distance, online relationship until 2012 when Ian came to the U.S. to meet Valerie in person. On the last day of his visit when the two were attending a church service, Ian asked her to marry him. He couldn't come back until 2015 when they were finally married. "The process was really laborious and expensive to get married," Baard said. Ian, who works for the York County Sheriff's Department, is completely supportive and doesn't mind that art supplies have crept into every corner and room of the couple's home. Baard has also become something of an organization guru--out of necessity. There are several unique storage solutions on display in her studio, and she's always trying something new.

When asked the inevitable question about whether or not she is selling her art, Baard says, "Not yet." She still feels she is in the learning phase and simply enjoys

the creativity and ability to express herself through the art. She just started learning to draw so that she can use her own images in her collages. "I want to get to the point where I'm using mostly my own art rather than purchased art."

Like everything else, online and social media groups have emerged for the art community, and Baard is involved with several of these. She has entered her work in some contests, and some of her work has been highlighted in online magazines. "I've had my art in three or four issues," she said referring to a publication that is put out through a Sebastian Michaels course. She has been asked by a gallery in Maine if she'd be interested in showing her art, and, of course, people ask her frequently about purchasing. But at this point, she isn't ready to go commercial. "I'm still basically learning. I have so much to learn."

So what is the point of all this work, some may ask? "I really believe art comes from the heart," she says. She posts her work on Facebook, Pinterest and is trying Flickr. At some point she will have a website. "I consider myself an amateur and a learner and I put it out there because I want to bring joy to people's hearts. People say all the time that the art speaks to them. People on Facebook call and ask me to mentor them." She would like to teach others at some point. "What I want to do is teach people to feel good about themselves. It is a way of expressing the inner self without any guilt, shame or condemnation. We are all our worst critics. We all have insecurity, but whatever you are feeling at the time you are doing the art, it comes out. The art tells a story."

Baard smiles as she looks around her studio, touches one of her many colorful art journals. "I don't know where this is taking me. I'm having fun with it."

To see more of Valerie Baard's art, check out her Facebook page titled Mixed Media & Digital Art from Valerie's Heart.



Nurse Betty modeling the staff gifts the PTC provided during Teacher Appreciation Week at Lyman Elementary School. COURTESY PHOTO

LYMAN ELEMENTARY SCHOOL NEWS

Joy Spencer

Parents of students at Lyman Elementary showed the staff just how much they appreciate their efforts with a generous show of gratitude during Teacher Appreciation Week, May 7-12. Every day featured a special food theme to appeal to everyone's taste buds. On Monday breakfast items were provided. Tuesday was Taco Tuesday. Wednesday produced deli sandwich ingredients. Thursday was Appetizer Day and Friday offered a double treat -an array of chocolate choices AND parents covered recess duties. The staff felt very much appreciated. Alfred and Lyman third and

fourth grade students joined together to present a spring concert titled "Our Community, Our World" on Thursday, May 10 in the Massabesic Middle School gymnasium directed by music teacher, Carlena Smith.

During the year the children learned folk songs from around the world. Fourth graders also demonstrated their skills on recorders they had been practicing in music classes. Songs featured were: "Hot Cross Buns, Recorder Shuffle, Miss Mary Mack, Fere Jacques, Simple Gifts, Loopy Loo, Four White Horses, and Yankee Doodle. Family and friends were delighted with the international medley and the children's preparation and presentation.

TO ADVERTISE:
Call 247-0273
 or email
ads@waterboro
reporter.com

LIVE LOCAL  **BUY LOCAL**

Business card ad as low as \$25 per week **BUSINESS DIRECTORY**

WANTED
Junk Cars & Trucks, Scrap Metal

HOURS OF OPERATION:
 Mon-Fri 8-4, Sat 8-2
 Closed Sundays

We buy the following metals:
 Copper • Brass • Aluminum Cans • Batteries
 • Stainless • Lead • Wire • Aluminum Wheels
 (with or without tires) • Large amounts of Metal
 • Steel • Appliances • Catalytic Converter

C.I.A. SALVAGE We'll beat any reasonable offer for complete vehicles.
Call: 207-793-2022
 366 Sokokos Trail North • Route 5, Limerick, ME 04048

GRAPHIC DESIGN • ADVERTISING • MARKETING

 **KLDESIGN & MARKETING**

Kerry DeAngelis • North Waterboro, ME
 E-mail: kerry@kldesignandmarketing.com
(207) 206-5639
www.kldesignandmarketing.com

More than 20 years of experience!

Naturally Herbs & Flowers
"Final Season" Special Pricing!

Annual, Perennial, Herb & Veggie Seedlings

Hours: Fri., Sat., & Sun. 9 am to 4 pm
 190 Benson Road, Newfield, ME 207-793-4997
 Credit Cards Accepted
 Greenhouse will close at the end of June
 We will not be at the Farmers Market this spring

J.R. GERRISH & SONS, LLC.
 EXCAVATING CONTRACTORS & SEPTIC SERVICE

Free Estimates • Site Work
 Septic Tanks Pumped
 Systems Inspected
 Septic Systems Installed



www.gerrishandsonslc.com
 jebgerrish@gmail.com
 Fax 207-324-9499

324-4984 JIM
423-7499 JEB

DIRFY Generators
Doing It Right For You

Sales • Service • Installation • Inspections • Free Evaluations & Estimates

#1 Dealer for Home Standby Automatic Generators
 Where outstanding customer service doesn't happen by accident.

Dirfygenerators.com • 1-800-287-9473 • dirfygenerators@yahoo.com

TOP-IT-OFF OIL
 QUALITY HOME HEATING OIL
LOWEST CASH PRICES

 **24 HOUR EMERGENCY SERVICE** *Guaranteed Lowest Cash Price!*
1-800-293-6448
 279 BIDDEFORD RD., ALFRED
 - Serving all of Southern Maine -

KENNEBUNK 985-6448   **ALFRED** 324-1133

BUY LOCAL
Business Directory

Classifieds

CALL 247-1033 OR EMAIL ads@waterbororeporter.com

AD DEADLINE:
Tuesdays at 5 p.m.
Published every Friday.



ACUPUNCTURE

PECK'S FAMILY ACUPUNCTURE
813 Main Street
Waterboro, ME 04087
(207) 247-7388
www.pecksfamilyacupuncture.org

ANIMAL FEEDS

Woodsome's Feeds & Needs
HORSE & PET SUPPLIES
We deliver • 247-5777
Open: M-F 8-5, Sat. 8-1.
Rte. 202, E. Waterboro

AUTOMOTIVE

LEIGHTON'S GARAGE
24-hour Towing
Automotive Repair
1156 Main St., Rt. 202
Waterboro • 247-6301

BANKS

BIDDEFORD SAVINGS BANK
846 Main Street
Waterboro, ME 04087
(207) 247-3031
www.biddefordsavings.com

CONVENIENCE STORES

LAKESIDE MARKET
411 Sokokis Trail
Route 5, E. Waterboro
www.lakesidemarket.net
247-8440

HOME IMPROVEMENT

Earthworks & Excavation
• Culvert Repair • Stump Removal
• Camp Road & Driveway Maintenance
Mark's Tractor Works
929-0233

EXCAVATING

Frostwalls, Foundation, Repairs, Septic Systems, Camps Lifted, Sill Work, Drainage, Driveways, Demolition, Landscaping
TODD ZAGARELLA LTD.
207-793-4111

LANDSCAPING

COMING UP GREEN

Spring and Fall cleanup
• Leaf removal • Mowing
• Mulching • Power washing
• Haul jobs and Junk removal
FULLY INSURED (207) 651-3027
comingupgreen@gmail.com

OIL/GAS/PROPANE

J.P. CARROLL FUEL CO.
150 Washington Street
Limerick, ME 04048
793-2331 or (800) 339-4268
Fax: (207) 793-6648
www.jpccarrollfuel.com

SEPTIC SERVICES

Residential & Commercial
• Tank Inspection • Video Inspections
• Septic Tanks & Cesspools Pumped & Cleaned
• Grease Traps • Greased Tanks
• Drain Cleaning • Portable Toilets
"A Straight Flush beats a Full House"
Sebastian Septic Services
603-335-5440

EMPLOYMENT



Public Works Department

Lake Arrowhead Community Public Works Department is seeking to hire a motivated, safety conscious team player for a full time, year round position to work on our road and water system maintenance team as an all around crewman. **Qualifications Desired:** Experience operating trucks and equipment like bucket loaders, backhoes, chain saws, power and hand tools. Have a Class "B" CDL driver's license with enough mechanical ability to perform typical equipment/truck operator maintenance.

High school or college graduates interested in starting a career in utilities and road construction are encouraged to apply. We will train the right person. This is a safety sensitive position so applicants must pass a post offer physical and drug screen.

Lake Arrowhead Community Inc. offers a competitive wage and benefits package including a **four day, 40 hour work week from May through October, a five day 40+ hours week November through April.**

120 hours paid time off per year, 401K w/ employer matching contributions, 100% Company paid health and life insurance, free short and long term disability insurance, 10 paid holidays, uniform allowance, cell phone and on call stipend. Applications and detailed job description can be found on our website www.lacinc.org under Policies and Forms.

Resumés and applications accepted at 206 Old Portland Road, N. Waterboro, ME 04061 to the attention of the Public Works Manager. This position includes winter road maintenance.

Lake Arrowhead Community Inc. is an equal opportunity employer.



Help Wanted REDEMPTION CENTER

Inquire within the store or download an application at www.jdspackage.com

13 Sokokis Trail (Rt. 5), East Waterboro (across from Hannaford)

NOTICES

TOWN OF NEWFIELD

The Town of Newfield is currently accepting written proposals for the Town Building Cleaning Services. This is a 1 year contract, June 1st – May 31st

Complete bid specifications, can be obtained on our website at www.newfieldme.org or by contacting the Newfield Town Office by phone at 207-793-4348 or by email at newfieldso@metrocast.net

Bid Submissions must be received by Tuesday, May 22, 2018 at 3:00 pm

ACTIVITIES

19TH CENTURY CURRAN HOMESTEAD VILLAGE at Newfield (formerly Willowbrook)

UPCOMING EVENTS & CLASSES

MAKE A PROPANE BURNING FORGE Sat., June 2, 9AM-3PM

For the budding blacksmith, blade-smith, or craftsman. A kit of our making that includes a metal tank with welded legs. Finish metal work. Create a mold, mix refractory cement, and line the tank and its top with this commercial grade refractory rated for 2700 degrees Fahrenheit. You will attach other elements to the tank, complete the flame wand assembly with a 10 PSI regulator. *Cost: \$325 All materials provided. Pay to register. First come, first serve. Limited to 5.*

MAKE A CATAPULT Sat., June 16, 9AM-3PM.

Kids 7-12, Ages 11 and above. Using a Leonardo Da Vinci design you will create this projectile thrower approximately 6" x 6" x 12". This is of wood construction with wooden peg fasteners and glue for assembly. This is our custom-made kit which might require some occasional drilling

with hand tools. A good foundational class in post and beam construction. *Cost: \$50 Materials provided. Pay to register.*

ANNUAL MEMBERSHIP RECOGNITION DINNER Sat., June 23, 4:30-7PM

At the museum's restaurant at the Trafton House, 72 Elm Street, Newfield. Our annual membership dinner is extra special this year with guest speaker Earle Shettleworth, Jr., Maine State Historian. This fundraiser dinner is free to members, and \$20 per person (Under 12 \$10) for non-members (membership levels and benefits are stated on our website and upon request). Mr. Shettleworth's talk is from 4:30-5:15. It includes slides of Maine's Centennial Celebration in 1920 as well as selections of stereoscope images of Limerick in the 1890s from the Maine State Archives.



Dinner served at 5:30 and includes homemade pork loin, sides, salads, bread, and dessert. Wine and beer are available at \$3 and \$5 per glass. Silent Auction with lots of interesting items. Reservations are required for all, as we need to know the quantity of food to prepare.

Call 205-4849 or 745-4426. Visit our website at www.curranhomestead.org.

70 Elm Street, Newfield • Email: thecurranhomestead@gmail.com

REAL ESTATE



Karen Cudworth
Broker/Owner



Waterfront-Residential-Land-Commercial
207-850-1099 office
207-206-2950 cell
karenc@lakesiderealtymaine.com
www.lakesiderealtymaine.com
143 Emery Mills Road, Shapleigh, ME 04076

Read the Reporter online at waterbororeporter.com

Planning a fundraiser?

The Reporter can help!

We offer a donation match to your advertising, which means for each ad you purchase, you will receive an additional week FREE.

That's 2 for the price of 1!
(1/8 page - \$68 min. required purchase)

Call 247-1033 or email ads@waterbororeporter.com

Your ad HERE! \$7/week

THANK YOU for supporting your community newspaper by supporting the local businesses on these pages! **Don't forget to tell them you saw their ad HERE in the REPORTER!**



Find

"Reporter207" on Facebook and share photos, news and events daily.

ARTS & ENTERTAINMENT

Local Playwright presents *Now I Lay Me Down To Sleep*

Jerry Walker grew up in Standish Maine, where there was little encouragement to become a published playwright and theater director. But that did not deter Jerry from achieving those goals. Today, his is a well-known face among local theater circles and he has become a highly respected playwright and director throughout Maine. On June 1 – 3, Jerry will present at the Schoolhouse Arts Center, one of his favorite, and recently published creations, *Now I Lay Me Down To Sleep*.



Jerry Walker – Local playwright, director, actor, and respected presenter of *Now I Lay Me Down To Sleep* at Schoolhouse Arts Center. COURTESY PHOTO

Now I Lay Me Down To Sleep is a one act play exploring rural American high school life as seen through the eyes of Julie, a young student. The play lives through its memorable, realistic teenage characters. Julie's struggle to get through life day to day with a detached, alcoholic mom and absent dad is brightened by her exuberant, hopeful best friend, Lexie. Scene by scene with gentle humor, the characters remind the audience of the feelings of having that first boyfriend, not getting picked for the team, being fat, being the smart student, being the boy who is good at ballet, getting suspended from school, being too short to attract girls, and not fitting in with any clique. The play reminds us that high school is often referred to as "the best four years of our lives"...and it often is. But that four year trek is also dangerous and confusing. It brings to the stage all of the things that young people need to know, want to ask, get stressed-out and complain about. Those seeing the play will be reminded of the familiar feelings of teen angst and adolescence, many moments of pleasant memory, deep identity, shocking surprise, and utter devastation as their onstage 'child' reaches out for comfort, help, direction and approval; wanting to belong to something or someone. The scenes and monologues in this on-target theatrical performance will have you laughing one second and crying the next. The play is about teens and how each action or word spoken by anyone has either a positive or negative effect on someone else, even

oneself. We come to find that no word or deed is harmless or without consequence. Adults and youth alike will see themselves in the halls of this imaginary school, in the lives of its students, and in their hopes and the shattered dreams. *Now I Lay Me Down To Sleep* is a memorable and timeless play which is more relevant than ever in our current age of bullying, school gun violence, and increasing teen depression.

Jerry Walker grew up in Standish, going to school in the very building where he will be presenting his play. He originally wrote *Now I Lay Me Down To Sleep* in 1997. It was presented for the first time at the Northern Maine One Act Play Festival in 1997 and went on to compete at the Maine State One Act Festival. It repeated this fete at state-wide competition again in 2007. The play has been performed numerous times throughout Maine, including Biddeford City Theater UNE Theater Ensemble, Western Maine One Act Festival, Eastern Maine One Act Festival, and many high schools throughout the state. This June's performance of *Now I Lay Me Down To Sleep* will be debuting as a newly published play in 2018, through special arrangement with Leicester Bay Theatricals of Newport Maine. (leicesterbaytheatricals.com).

Walker is a retired Band and Theater director. He has taught at GNG High School in Gray, Westbrook Junior High School,



Schoolhouse Arts Center teens rehearse *Now I Lay Me Down To Sleep*. COURTESY PHOTO

Stearns High School in Millinocket, and Oxford Hills High School in South Paris. Since his retirement he has acted and directed plays and musicals at local Community theaters throughout southern Maine. He has also acted in a number of independent films. Jerry is one of the founders of the Daytime Players, a local theater group for seniors. He is also a successful playwright and has written several screenplays.

Although times have changed, the basic stories portrayed in *Now I Lay Me Down to Sleep* remain the same. Come join the teenagers of Schoolhouse Arts Center

as they share this evocative story. Even if high school is but a distant memory; and you think your grandchildren would be more likely to identify with the play, you too will lose yourself in the flood of emotions, memories, and the honest storytelling of Jerry Walker's *Now I Lay Me Down to Sleep*.

Performances of *Now I Lay Me Down To Sleep* will be held on Friday June 1 and 2 at 7:30 p.m. and on Sunday June 3 at 2 p.m. Tickets are \$14 for adults and \$12 for students and seniors. Schoolhouse Arts Center is located at 16 Richville Road (Route

114) in Standish, just north of the intersection of Route 114 and Route 35. Make reservations or buy tickets on-line at www.schoolhousearts.org.

Schoolhouse Arts Center is a non-profit, community-driven organization dedicated to arts education and the presentation of the arts. Our mission is to encourage individual growth and a spirit of community through participation in the arts. We seek to foster a fun, creative, educational, and supportive arts environment where people can grow, develop skills, and involve themselves in the arts.

Honoring the loss of your loved ones and celebrating their life...
the Dennett, Craig & Pate difference

Dennett, Craig & Pate *Here for you since 1882*
 Funeral Home and Cremation Services

BUXTON • Portland Rd. & Rte. 202 • 929-8200
SACO • 365 Main Street • 282-0562 www.dcpate.com

KASPRZAK INSURANCE ASSOCIATES, INC.
 Auto • Home • Life • Business • Health
247-4959
 RTE. 5 • NO. WATERBORO, ME 04061

Sharing Memories... Celebrating Life

AUTUMN GREEN Funeral Home

- Our home provides a warm and unhurried atmosphere.
- We help you create unique and memorable services.
- Your loved one will be cared for with the utmost respect.

47 Oak Street, Alfred, ME • (207) 459-7110
www.autumngreenfuneralhome.com

Got Business News?

Special events? Accolades?
 Changes to your business?
 New hours or location?
 Press releases? Photos?

If your business has news to share with the community, we'd love to hear from you!

Send your submissions to:
news@waterbororeporter.com

Grow your business in the Reporter



In addition to promoting your business, your advertising dollars go directly towards helping us provide valuable **FREE** services to your **LOCAL** community, including:

- **FREE** press releases and community announcements
- **FREE** local news that's close to home
- **FREE** obituaries, engagements and birth announcements
- **FREE** non-profit community event listings
- **FREE** lost & found classified ads
- **FREE** letters to the editor and opinion columns
- **FREE** marketing and design & excellent customer service
- **DISCOUNTED** advertising for non-profits and towns including a **FREE** donation ad match for non-profit fundraisers.

With thousands of readers every week, **The Reporter** is the perfect advertising venue for reaching **LOCAL** customers. **The Reporter's** only source of revenue is advertising, so the more advertising we receive, the more news we can provide.

It's **THAT** simple.

Advertising SPECIAL

Grow YOUR
business
LOCALLY!

Buy 3 weeks, get one FREE!



Call 247-1033 or email
ads@waterbororeporter.com

P.O. Box 75 • North Waterboro, ME 04061



LIVE LOCAL BUY LOCAL

LOCALLY OWNED AND OPERATED