## YOUR COMMUNITY NEWSPAPER **SHOP LOCAL** www.waterbororeporter.com Locally owned & independently operated

**VOLUME 16, ISSUE 14** PO Box 75, North Waterboro, ME 04061 • 247-1033 • news@waterbororeporter.com

FRIDAY, APRIL 6, 2018



Sewing teacher Donna Sawyer of Limington coaching Lauren Pride, her student of five years. Pride, also of Limington, won top 4-H honors last year for her original design strapless semi-formal gown as well as breeding, raising and showing a National Champion steer. Sawyer teaches adult and children's sewing classes, as well as providing donated sewing machines to students who PHOTOS BY BRIGIT MCCALLUM need them.



Little Threads Sewing Studio Director Melanie Frechette shows a tricky step in making a fabric snake to her Tuesday class. Students, from left, Meda McCoy, Samantha Flaherty, Isabella Flaherty and Siena Carbone.

# Sewing is growing

By Brigit McCallum brigit@waterbororeporter.com

There are countless blogs and websites these days that tout the popularity of the do-it-yourself or the maker movements, where people are learning skills to create personally meaningful and unique items in a wide variety of crafts. For many of these creative people, it's all about sewing. Some are teaching themselves, while others are turning to classes, offered in shops, private studios or in Adult Education classes.

While interest has been steady in quilting and quilting classes, some folks who teach how-to-sew classes say they are seeing a big increase in desire for both basic and more advanced classes on the mechanics of machine sewing. Gabrielle Berthiaume at Sanford Sewing Machines sees it as somewhat age related, with teens through 40-somethings, aka Millennials, tending to teach themselves, following online tutorials and videos. She says, "We can tell when sewers are self-taught. The seams may not be as even, they may not stabilize stretch fabrics, or the thread they use may not match the fabric, mostly little things." She says someone who has been trained has more care for the details. She sees many in their forties and older more likely to sign up for classes, at shops and in Adult Ed programs, as well as people who have the desire to "get it right."

Among local Adult Ed programs, Bonny Eagle Adult and

Community Education has become a hotbed of sewing enthusiasts, whether coming in as beginners or seeking more advanced skills, and central to the energy of this movement is Limington's own Donna Sawyer. Sawyer is quick to claim, "I firmly believe that sewing clothing is the next explosion. Quilting has been popular over the years, but now even some quilt shops are carrying fabric and patterns for clothing.' Sawyer has been teaching sewing classes for adults at Bonny Eagle since 2011. She has also taught children, both at Bolt Quilt Shop in Cornish, and in her own home sewing room. She remembers how it took her two years to convince the Director at Bonny Eagle to offer a sewing class. "The first semester I had five students. The second one we filled two classes and had a waiting list, and classes have been full ever since."

Sawyer has been sewing herself since she was a child, at home and through 4-H, and sees her goal as "Empowering people to go home and sew." As a popular teacher, she says, "I've had no education in how to teach anybody, I just go with my gut. Just tell them how I would figure it all out myself." Her theory is that, "It's all the same, adults and children, show 'em what to do and send 'em home to do it more." Sawyer herself sews "every single day."

Recently Sawyer expressed interest in focusing on teaching more advanced classes, and one of her students, Lori Roberts of (Continued on page 3)



The The Rebecca Emery Chapter of the Daughters of the American Revolution recently held their annual American History Essay contest and the theme was World War I, the beginning of a new age. This year marks the 100th anniversary of the end of the Great War. The Chapter winners were Kaelee Raine Boonstra (6th grade), Sophia Tanguay (7th Grade) and Rachel LeProhon, all of Massabesic Middle School. Each winner was awarded a bronze medal, a certificate, and an Amazon gift card. Kaelee Raine Boonstra also won at the Maine State DAR level. Her entry has been submitted to the Division level for judging. For more information on the Daughters of the American Revolution, where they meet and how to become a member, visit www.DAR.org. From left, Catherine Fisher (Good Citizen Chairman), Mia Murray, Janice Teasenfitz (Vice Regent), Rachel LeProhon, Sophia Tanguay, Kaelee Raine Boonstra and Deborah Bragdon (Regent). **COURTESY PHOTO** 

#### **ALFRED**

Allison Williams
awilliams@waterbororeporter.com
324-5823

### Planning summer festival

The best time to plan a summer festival is when the snow covers the ground. That's why the 2018 Alfred Summer Festival is now in the planning stages. The actual event will be on July 21 but as any festival planner can tell you, there is no time to waste.

Which is why the members were in Parsons Library on March 28, trying to decide on the size of the platform, whom to contact for entertainment, and whom to ask to be the honorary grand marshals.

That choice was fairly easy. The librarian and assistant librarian, both of whom believe "Libraries are Forever", will be honorary grand marshals in the parade. The tee shirts will sport that logo, plus have a print of the front of the library. Students at Alfred Elementary School will be asked to make posters illustrating their favorite book, also those attending Massabesic Middle School.

Susan Pierce is chairman of the event, and also in charge of the demonstrations and the race;





The Alfred Summer Festival isn't until July 21 but this committee is busy planning the event. Back row, from left, Missy McCarthy, Shana Therrien, Susan Pierce, Arlene Carroll, Eric Ducharme, and in foreground, Emily McCarthy.

PHOTO BY ALLISON WILLIAMS

.treasurer is Arlene Carroll; secretary is Shana Therrien who is also in charge of vendors, craft persons and contacting the media, and Eric Ducharme is liason with the Alfred Parish Church where he is planning a penny raffle. He hopes to get the folks at Keywood Manor involved, also. Missy McCarthy assisted by her daughter Emily are in charge of the parade and talent show. Everyone has several responsibilities. And anyone who wishes to help has only to raise a hand

The next meeting will be in Parsons Memorial Library on April 25 at 6 p.m.

#### Legion entertainment

On Sunday, April 8, the American Legion will be holding a fund

raiser in Legion Hall from 12 to 3. The music will consist of rock and roll by Bob and Joyce and oldies with Ben on his guitar and Joyce on her ukulele. The cost will be \$5. Hotdogs and beverages will be available.

#### Town hall news

Codes Enforcement Officer Jim Allaire issued the following permits in March. Barbara Gauvin of Gile Road for a stand by generator; Three rivers Land trust on Swetts Bridge Road for a sign; Chase Custom Homes on Camp Road for construction of a new home; Marcus Naamah on Leisure Drive for a one car garage; Keywood Manor on Twilight Lane for a well house; York County Shelter on Shaker Hill Road for a special event and Maine Drilling for some explorative drilling for the Alfred Water Company on School Street, Kennebunk Road and Mouse Lane.

From the town clerk's office the following list; births in March, two; deaths, three, burial permits, one; marriages, one; dog licenses issued, five and hunting and fishing licenses issued, eight.

The cross bow and archery safety classes for April have been cancelled.

There is a great need for volunteers to share the load for the Parks and Recreation Committee which at present has only two members. Those willing to help the committee are asked to call the selectmen at 324-5872.

The hours when the Treasure

Chest is open at the transfer station are Tuesdays, 4 to 7:45 p.m.; Thursdays 4 to 5:45 p.m. and Saturdays 10 a.m. to 3:45 p.m.

#### Village notes

The wool sale at the Shaker Museum will take place from 10 a.m. to 3 p.m. on Saturday, April 7. Dorr Mills is providing the wool

The annual meeting of the York County Master Gardeners will take place at Laudholm Farm in Wells this Saturday, April 7 starting at 8:30 a.m. John Forti of Bedrock Gardens in Lee, New Hampshire will be the speaker.

Linda Migneault is giving a watercolor class to women at Parsons Memorial Library. Call the library for further information.

This past week there were 31 preschoolers and their mothers participating in storyhour at the library. Following the usual story time the children made turtles to take home.

On Wednesdays at 12:30 p.m. a group of women enjoy a weekly game of cards at the library.

The sun didn't make it to the sunrise service at Alfred Parish Church on Easter but a group of parishioners was on hand just in case the sun arrived. Almon Williams played his autoharp, there were bible readings, a short talk by Rev. Sara and delicious refreshments afterwards.

#### **School news**

The boxes of winter jackets at Alfred Elementary School have grown from two to three boxes. They are filled to overflowing near the office. When the next snowstorm arrives youngsters without jackets may be feeling a bit chilly.

Spring vacation runs from April 14 through April 20.

The next "Picture Day " is Wednesday, April 25.



#### SEWING CLASSES

(Continued from page 1)

Buxton, stepped in last September to try her hand at teaching two beginner classes. Now Bonny Eagle Adult Ed offers four classes, each with its own emphasis, with increasingly complex tasks involved, and a variety of products to take home. Some of Sawyer's students say they generally knew how to sew, and had been sewing, but feel more confident that they know what they're doing and why, after experiencing the classes. Adult Ed Director Linda Winton says, "And the oldies, they stick, and keep coming back for the next semester!"

Sawyer claims that many in her own adult children's generation missed out on sewing being part of their lives, when home economics classes were canceled or limited in size, in contrast with the current grandparents' generation that had it as a matter of course for all female and some brave male students.

Now it seems that there is a desire on the part of many parents who missed out to have their own children learn this life skill. Evidence of this is the realization of a dream for Alfred resident Melanie Frechette, whose self-proclaimed three loves are, "Children, sewing and teaching." Just last month, Frechette announced on her Facebook page that she was opening a new business, Little Threads Sewing Studio, a sewing school for children age 7 and up, in the family's business at the Conant House Realty space, next door to the Alfred Country Store. The next day she posted the same announcement on the Parents of 57 Facebook page, and within 2 days, the 24 slots in her six afterschool and Saturday sessions were filled, with ten names on the waiting list. Current students are from Waterboro, Alfred, Limerick, Shapleigh and Saco. Frechette plans to offer a summer sewing camp for children as well. Sanford Sewing Machines also offers a six-week Kids Summer Sewing Camp for students from age 6 through teen-

207-432-1424

175 Narragansett Trail, Buxton

agers, according to Berthiaume.

All three agree that, regardless of age, the skills to be learned are the same, as Berthiaume puts it, "It's all about education on their machine, to help them get comfortable with their machine, and how to use it." Frechette lists some of the initial tasks her learners master as, "Safe operation of the machine, and simple sewing language." Specific skills include straight line stitching, pivoting at corners and back-taking to secure the stitches at the beginning and end of seams. Other initial tasks students are exposed to include how to press seams open and to one side with the iron, how to pin and sew hems and double hems and, "By the third class we are sewing small drawstring bags to learn how to sew casings!"

While Massabesic Adult Ed doesn't currently offer "learning to sew" classes as such, teachers Janet Carbone and Nancy O'Connell see that there are always new sewing skills to be gained in classes focused on quilting or making specific sewn items, such as O'Connell's class for making a Memory Bear. Noble Adult Ed in North Berwick also offers classes for sewers at all skill levels, including Sewing and Quilt week-

There may be a generational difference when it comes to sewing backgrounds, as seen by Frechette, and other teachers agree that many parents of young children today may not have had Home Economics sewing classes offered in school, or they may have been electives that did not fit their schedules. She believes that in many cases, the grandparents of today's children are the holders of sewing knowledge and skill, and offers her own experience that two of her grandmothers are the one who fostered her own love of sewing.

Sawyer has a keen interest in teaching children to sew as well as adults, and not only does she teach two students in her home sewing room, but also collects all manner of used machines and gets them into working order and do-



Bonny Eagle Adult Ed sewing teacher Donna Sawyer of Limington demonstrating to students in her advanced level afternoon class. From left, Lori Roberts, Elaine Parsons, Donna Sawyer, Michelle Makosiej, Cindi Wilbur, Theresa Libby, and seated is Sharon Foster.

PHOTO BY BRIGIT MCCALLUM

nates them to children, and adults who desire to sew. One student, Lauren Pride of Limington, has been learning from Sawyer since she was nine. Now fourteen, she won The Rosette, the top prize, for her strapless semi-formal gown in the 4-H Fashion Review last year. A Bonny Eagle ninth grader, Lauren combines her love for sewing with her passion for raising and showing Lowline Angus and Commercial beef cattle and Southdown sheep, which she started at the age of five. She has raised a National Champion steer, while also sewing with Donna for the past five years.

Patty Rowley of Porter is the owner/proprietor of Bolt Quilt Shop in Cornish, a shop mainly focused on quilting. She says that in the five years she's had the shop, she sees a trend toward sewing clothing, and, as space allows, she's also carrying notions, patterns and fabrics for that as well.

Annie's teeny Tiny Quilt Shop, now expanded from its former Newfield location, is next to the Limerick Supermarket, and is another hot spot for locals whose sewing focus is quilting. An interesting "full circle" of sewing is that Ann Jones and Janet Allen are also aunt and grandmother to Melanie Frechette of Little Threads Sewing Studio.

Another venue where sewing lessons are offered for children, somewhat locally, is the Baxter Library in Gorham, where volunteer Martha Frager has classes for young ones 7 and up to 17. Frager has had both girls and boys learning to sew and has been pleasantly surprised that the boys have also had good ideas for design and jumped right into color selection, loving bright colors. The Sanford Sewing Center also offers one-onone lessons, aimed more toward quilting than clothing.

It appears that sewing, in its many forms, had not only been a lifetime activity for many, but it is gaining increased momentum for members of three generations these days. As Donna Sawyer wrote, "It's making its round again; everything is cyclical and sewing is growing!"







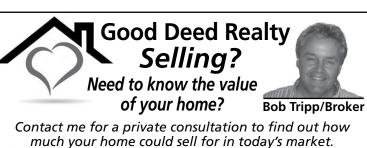


Creating Relationships for Life

NETWORK

P.O. Box 17, Bar Mills, ME 04004 929-6626





BobTripp@GoodDeedRealty.com

Visit www.GoodDeedRealty.com III MLS



Auto • Home • Life • Business • Health

247-4959

RTE. 5 • NO. WATERBORO, ME 04061



#### Yoga For Embodiment (Trauma Sensitive Yoga for women)

**New Sessions Beginning** 4/9 and 4/13 at Anam Cara Studio, 145 Back Rd., Alfred Pre-registration required

#### Yoga for All Abilities

Saturday Mornings 9:30-10:30 Drop in's Welcome (no class 4/7)

#### **Sunday Restorative** Drop in Classes 3-4:15pm

4/22 and 5/20 at Anam Cara Studio, 145 Back Rd., Alfred 4/8 and 5/6 at Pecks Family Acupuncture, 813 Main St., Waterboro

**ROOTS trauma sensitive yoga LLC** 

207-651-9952 www.rootstrauma sensitiveyoga.com

# SMHC health education programs for April

The following health education programs are being offered during the month of April. This listing is also available on the SMHC website at www.smhc.org under Healthy Communities.

#### **Childbirth Education** Safe Baby - Infant Safety & **Infant/Toddler CPR**

This class provides a non-certificate course by the American Heart Association to family and friends, as well as basic home safety for your baby as they grow.

Thursday, April 26, 6 to 9 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford. \$35/couple; \$20/person. Pre-registration required, call 283-7350.

#### Classes/Events National Diabetes Prevention Program

The year-long program is recognized by the CDC and has proven to help participants reduce their risk for developing type 2 diabetes through modest weight loss and increased physical activity. In order to qualify for the National Diabetes Prevention Program, participants must be at least 18 years of age, determined "overweight" by a body mass index equal to or greater than 25, and be diagnosed with prediabetes via blood work, a previous diagnosis of gestational diabetes, or by a qualifying risk score from a diabetes risk assessment test. Participants do not need a doctor's referral to register for

Tuesday Evenings, 5 to 6 p.m. starting April 24 at SMHC 655 Main Street, Saco. FMI Maine-Health Prevention Program 661-7294 or MaineHealth.org/PreventDiabetes.

#### Adult Day Services for Alzheimer's & Dementia - Sanford

SMHC's Adult Day Service Program promotes the well-being of people with Alzheimer's and dementia. Participants enjoy different activities in a therapeutic environment designed to maximize their current abilities. For the caregiver, the Adult Day Service Program offers support and education, as well as a break from the responsibility of providing 24-hour care.

Monday through Friday, 7:30 a.m. to 4:30 p.m. at The Pavilion, 35 July Street, Sanford. FMI Kathy at 490-7650.

#### Free Total Joint Replacement Education Class

Designed for those considering total joint replacement. Participants will learn what to expect before, during and after their procedure and stay in the hospital. Open to anyone interested.

First Thursday (April 5), 1 to 2:30 p.m. and third Thursday (April 19), 3 to 4:30 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford, 1st floor, Classroom 1. To pre-register (not required), call 283-1126.

#### Free Weight Loss Surgery **Information Session**

Is weight loss surgery the right decision for you? Have you tried the other weight loss methods and nothing seems to work? If you're considering weight loss surgery, then this introductory class is for you. Information will be presented about nutrition, resources, and other topics to help with the lifestyle and emotional adjustments you may face.

Second Wednesday of each month (April 11), 5 to 6 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford. Registration is required, call 284-2630. Third Thursday of each month, (April 19), 1 to 2 p.m. at SMHC Sanford Medical Center, 25 June Street, Sanford. Registration is required, call 284-2630.

#### Free Smoking Cessation Ses-

There's never been a better time to quit. Southern Maine Health Care offers a smoking cessation program involving one-onone sessions designed to offer the tobacco user all the information and tools required to become tobacco free. The Certified Tobacco Treatment Specialist will offer insights into smoking habits, stress and the relationship it has to smoking, as well as nicotine replacement options available. Ongoing support is also valuable in guiding the tobacco user to become tobacco free.

Individualized Sessions at SMHC Pulmonology, 9 Healthcare Drive, Biddeford. Call 283-6408 to schedule an appointment.

#### **Free Support Groups** Alzheimer's Support Group

Open to anyone that has a loved one diagnosed with Alzheimer's or any form of dementia. The group helps participants understand the process of the disease and allows for sharing and questions. Those attending the daytime support group are able to bring their loved one with them who will attend the Pavilion's Activity group during the support group. The group is supported by the Alzheimer Association of

First Wednesday of each month (April 4), 7 to 9 p.m. and third Wednesday (April 18), 10 a.m. to 12 p.m. at The Pavilion Conference Room, 35 July Street, Sanford. FMI 490-7650.

#### **Breast Cancer Survivors Support Group**

Second and fourth Thursday of each month (April 12, 26) 5:30 p.m. to 7:00 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford, Webber Building, 2nd floor Conference Room. FMI contact Helene Langley at 283-7805.

#### Cancer Support Group -

We welcome those affected by cancer and their family/ friends. Support, information, and networking will be provided by skilled facilitators.

Third Monday of each month (April 16), 10:30 a.m. to 11:30 a.m. at SMHC Walk-In Care, 655 Main Street (entrance on Ross Road), Saco - 2nd floor Conference Room. Registration required, call 283-7320.

#### Cancer Survivor Support **Group - Sanford**

First and third Friday of each month (April 6, 20): 4 to 5 p.m. at the Cancer Care Center of York County, 27 Industrial Avenue. FMI call Jess Welch, LMSWcc at 207-391-5455 or email jess.m.welch@gmail.com.

#### **Cancer Caregiver Telephone Support Group**

Second and fourth Friday of each month (April 13, 27) 6 to 7 p.m. Call into the group 5 to 10 minutes prior to start time. FMI call Jess Welch, LMSWcc at 207-391-5455 or email jess.m.welch@gmail.com.

#### **Look Good Feel Better**

This program is a one-time beauty consultation with a licensed cosmetologist or aesthetician for women who are currently undergoing cancer treatment. The beauty professionals provide tips and practical techniques for coping with hair loss and changes in the skin that often result from chemotherapy or radiation therapy. Each participant will receive a complimentary cosmetic kit donated by the cosmetic industry and how to use wigs, scarves, and other accessories to conceal hair loss. Monday, April 23, 4 to 6 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford -Classroom 1. Pre-registration is required, call 283-7320.

#### Parkinson's Disease Support Group

A place to share information and support for people with Parkinson's disease, their families, caregivers and those in related health fields.

Second Thursday of each month (April 12), 2 to 4 p.m. at Huntington Common, Ross Road, Kennebunk. FMI call Selena Carey at 767-9773.

#### **ABOUT SOUTHERN** MAINE HEALTH CARE

Southern Maine Health Care (SMHC) is a national award-winning healthcare system with a non-profit mission "to improve the health and health care of the communities we serve." SMHC includes a full service, acute care medical center in Biddeford, with York County's only inpatient mental health unit. Emergency care, surgical services, and diagnostic and therapy services are available at SMHC's Medical Centers in Biddeford and Sanford. SMHC offers primary care and multi-specialty physician services, diagnostic and therapy services, and Walk-In Care centers in various York County communities including Biddeford, Kennebunk, Saco, Sanford, North Berwick and Waterboro. SMHC is Joint Commission accredited and has been recognized for quality excellence by numerous outside organizations. To learn more about SMHC and SMHC providers, visit www. smhc.org, https://www.youtube. com/c/smhcorgme, or https://twitter.com/SMHCHealth.

#### REPORTER MONTHLY FEATURE



You can sponsor a pet for only \$40 and help them find their forever homes. Call 247-1033.



Cooper is a 10-month old male, 48 lb. American Shelter Dog. He would really enjoy a new home with a well-rounded, social canine companion. Cooper has a \$315 adoption fee. Stop by the shelter and see if he's the perfect match for you!

#### For adoption info visit: www.animalwelfaresociety.org

AWS is open from 11-4:30 Thursdays through Tuesdays. (Closed on Wednesdays.)

Autumn Green Funeral Home

Sharing Memories... Celebrating Life 47 Oak Street • PO Box 327 Alfred, Maine 04002 207-459-7110

# Acupuncture and cold laser Alternative therapies for four-legged friends

Acupuncture is the insertion of needles into certain points of the body in order to initiate a healing response by stimulating nerve endings, increasing circulation, and relieving pain. Acupuncture has been utilized for thousands of years in China and has become increasingly popular over the past decade in the United States.

Acupuncture is being used in cats and dogs for most problems associated with an inflammatory process. It can help with arthritis,

hip dysplasia, some cardiac issues. kidney disease, respiratory issues (asthma), gastrointestinal issues (diarrhea, nausea, and constipation), and inflamed ears. Needle placement is virtually pain free and due to the release of endorphins (natural pain killers) it can actually result in a euphoric or a relaxed peaceful state.

Cold laser or therapeutic lasers work by initiating a response on a cellular level. The use of cold laser has been shown to speed up tissue repair, stimulate the immune system, and reduce swelling and inflammation. Cold laser can also increase the release of endorphins. These lasers drastically increase healing time post surgical procedures and injuries. They are also used on orthopedic conditions (torn cruciates), arthritis, lameness issues, and muscle strains.

> – Dr. Magda Rosol Alfred Waterboro Veterinary Hospital







We are a well-established, full-service, small animal veterinary hospital providing comprehensive medical, surgical and dental care.

WE SUPPORT ADOPT A PET www.limerickmillsvet.com



**WE NOW HAVE** A Certified Veterinary **Medical Acupuncturist** 

207-247-3100 • Fax: 247-5100 awvhdvm@securespeed.us www.alfredwaterborovet.com

#### **NEWFIELD**

C.J. Pike

fudgecupboard@yahoo.com 793-8760

#### Rod and gun club upcoming activities

The Northern York County Rod and Gun Club on Lewis Hill Road has a full calendar of activities for the year, starting with a club cleanup day on Saturday, April 14, at 9 a.m. All members are urged to come to help clean up the yard, and bring along their rakes, chain saws, leaf blowers and ladders.

Also scheduled for this spring is a Fishing Derby on May 12; anyone interested will meet at the clubhouse. Entry tickets may be picked up at the clubhouse and the derby will run from 7 a.m. to 3 p.m. Contestants may fish in any open water in York County and bring their fish back to the clubhouse to be weighed. There will be cash prizes for the biggest trout, salmon, or bass of \$100. Refreshments will be available at the clubhouse. For more information call Romeo at 793-2046 or Lou at 793-8556.

July brings the annual auction on July 21, from 9 a.m. to 3 p.m., on the club grounds; and club members will be at the Ossipee Valley Fair in Cornish July 12-15. Members will be at the Acton Fair Aug. 23-26, and they will have their annual Pig Roast on the club grounds on Sept. 15. To wrap up the year, the annual Christmas party will be held on Dec. 15, at 7 p.m.

General meetings are on the first Friday of the month at 7:30 p.m. and new members are always welcome. Contact Lou Polianities at 793-8556 for more information.

#### **Curran Homestead has** Fire Maker class

A Fire Maker Class with Primitive Skills, including a Beginning Blacksmithing Component is offered at 19th Century Curran Homestead Village at 70 Elm Street, on Saturday and Sunday, April 14 and 15, from 9 a.m. to 3 p.m. This class is 12 hours of instruction, for ages 14 and above.

Craft the components to a fire making survival kit that includes making a ferro striker (strike-olight) from a steel file using blacksmithing techniques. You will learn to create a coal fire and heat metal for the purposes of forging your strike-o-light.

You will create char cloth, waterproof matches, and mini infernos as well as build fires, gather tinder, and make kindling. You will produce a flint and steel set as well as the ferro rod and scraper. The class will end with cooking a meal over an open-air fire. The cost is \$150 and all materials and tools are provided for making your walkaway kit. Call 205-4849 or 745-4426, email rpschmick1@aol.com or visit www.curranhomestead.org.

#### Happy birthday!

Two local residents celebrate their birthdays this week and they are Bella Mae LeBlanc on April 10, and Marion Kreamer on April 12. Best wishes to you both.

#### Meetings

Cub Scout Pack #329 - April 9, at Line School at 818 Water Street

Boy Scout Troop #329 - April 9, at the Scout Hall at 7 School Street in Limerick at 6:30 p.m. New members always welcome. Iim Dion is the Scoutmaster. Call Joe Iannazzo at 850-6237.

Newfield Selectmen - April 10, at the West Newfield Town Hall at 23 So. Effingham Road at 6 p.m.

Newfield Firefighters training session - April 10, at the Public Safety Building at 85 Water Street in West Newfield at 7 p.m. New members are welcome to attend.

Tea Time - April 11, at the Newfield Village Library at 637 Water Street at 3 p.m.

The Limerick-Newfield Lions -April 12 at the Newfield Historical Society building at 64 Elm Street at 7 p.m.

Newfield Firefighters business meeting - April 12, at 85 Water St. at 7 p.m. Call Dave at 793-2055.

#### **Country Cupboard**

Spring is here. The snow is melting and the weather is warmer - we survived winter, and, it is time to party!

Our recipe for Hog Wild Party Mix comes from the cookbook, As Good As Gold.

#### **Hog Wild Party Mix**

1 pound sliced bacon, cut into 1-inch pieces 3 quarts of freshly popped popcorn, unsalted 1 can chow mein noodles (5 oz.) 1 can unsalted cashew or walnuts 1/3 cup butter or margarine, melted 1/4 to 1/2 teaspoon seasoned salt 1/2 cup Parmesan cheese

Preheat oven to 350 degrees. Cook bacon in a large frying pan over medium heat until crisp; drain on a paper towel.

Combine popcorn, noodles and cashews. Combine butter and seasoned salt; drizzle over popcorn mixture, mixing lightly to coat. Stir in bacon. Spoon popcorn mixture into two 13 x 9 x 2- inch baking pans. Bake 5 to 8 minutes or until heated through. Sprinkle with cheese, tossing lightly. Makes 4 1/2 quarts.

#### LYMAN

#### Free dinner

A free community dinner will be held on Saturday, April 21 from 5 to 6:30 p.m. at the Goodwins Mills Advent Christian Church on the Mill Pond, Rt. 35, Goodwins

#### **American Red Cross Blood Drive**

The Social Justice and Peace Committee of Good Shepherd Parish is sponsoring a Red Cross Blood drive at St. Philip's church hall, Rt. 35, Lyman Saturday, April 28, 8 a.m. to 1 p.m. There is a great need for all types of blood, including Power Red. For more information, or to make an appointment to donate, call 1-800-733 2767, or log onto redcrossblood.org.

#### **ELEMENTARY SCHOOL NEWS**

Joy Spencer

#### Literacy night

A Literacy night is planned by the PTC for Tuesday, April 10 at Lyman Elementary School. Students and their families can get a free book for every book that they buy. The fair will run from 9 a.m. to 7:30 pm. Children may play Bingo for books and guess which pet belongs to which teacher. Also they will have the opportunity to estimate how many fish are in a jar. This will be an opportunity to stock up on summer reading.

#### **Spring concert**

Spring is in the air and we will be able to see it, smell it and hear it around the Massabesic Middle School when students in grades 3 and 4 will shout for joy during their spring concert on May 10 starting at 6:30 p.m. Folk songs from around the world will celebrate the season. The singers will be accompanied by fourtth grade students playing their recorders.



"Teamwork" by Sheila Clough.

## **Meet Waterboro artist** at Sanford library

Sheila O'Neil Clough, a local artist from Waterboro, will be on hand to showcase and answer questions about her artwork on Saturday, April 7 from 10 to 11 a.m. at the Louis B. Goodall Memorial Library, 952 Main Street in Sanford. Clough will be the featured artist for the month of April and light refreshments will be available.

While the work of Clough includes many genres, her roots in illustration are clearly evident in the majority of her pieces. A versatile artist who was classically trained in a wide variety of mediums, she has worked almost exclusively in water media, both watercolor and acrylic, for the past two decades. Subject matter, selected form her native New England environment, is portrayed with dynamic composition, a masterful use of color and value as well as a fine attention to detail.

Born in Boston, Massachusetts the daughter of an art educator and granddaughter of a Boston artist, her talent was recognizes, encouraged and developed early. Formal training began when, at the age of nine, she was enrolled in Saturday classes at the Museum of Fine Arts Boston, which she continued throughout her childhood. Clough attended Massachusetts College of Art, where she earned a BFA with a concentration in Fashion Design and illustration.

After college, Clough worked as a freelance illustrator and a commercial artist in Boston before beginning a forty-year career as an art educator in Massachusetts and Maine. More than three decades as a secondary school art educator teaching a wide variety of classes from printmaking and clay to painting, drawing and design have added both depth and skill to her personal artistic vocabulary.

Clough has continued to expand her skills and explore new techniques by studying with numerous master artists in classes and workshops throughout New England. She received the Surdna Fellowship to attend a summer session at Haystack School of Crafts in Deer Isle exploring clay with Mikie Walsh.

Retired from education, Clough has been concentrating on her own work since 2010. She had her first Solo show "People, Places and Things, The Pigment of My Imagination" at the Whitney Galleries in Wells in the fall of 2014. "Pathways and Places, The pigment of Our Imagination," a show with fellow artist Susan Mesick, was held at the University of New England Biddeford campus in August of 2015. Her work has received numerous awards in juried shows throughout New England and is included in many private collections throughout the country.

Clough and three other Southern Maine Artists have exhibited at The Gallery On The Green, an artists' cooperative in Alfred, for the past five years.

The library is open Monday through Thursday from 10 a.m. to 8 p.m., Friday 10 a.m. to 5 p.m. and Saturday 10 a.m. to 4 p.m.



WAYNE LARIVIERE, DMD

Welcoming New Patients

Massabesic Regional Medical Center Route 202, Waterboro, ME www.drldmd.com



# Sunday **Restorative Yoga**

All classes are 3-4:15 p.m.

\$15 per class and registration is strongly encouraged. Class dates are April 8 and May 6.



813 C Main St., Massabesic Regional Medical Center, Waterboro • 247-7388 www.pecksfamilyacupuncture.com jessica@pecksfamilyacupuncture.com



Look for it in our April 13 issue.

To place an ad in support of your favorite athletes or teams Call 247-1033 or email ads@waterbororeporter.com.

Show your support for BOTH the athletes AND the community newspaper that follows them!

VISA

# Classifieds

CALL 247-1033 OR EMAIL ads@waterbororeporter.com

**ANIMAL FEEDS** 

**Woodsome's** 

Feeds & Needs

HORSE & PET SUPPLIES

We deliver • 247-5777

Open: M-F 8-5, Sat. 8-1.

Rte. 202, E. Waterboro

**AD DEADLINE:** 

Tuesdays at 5 p.m. Published every Friday.

# Your ad

# \$7/week

Your ad \$14/week

## **BUSINESS DIRECTORY**

List YOUR business for **ONLY \$7 per week!** 

#### ACUPUNCTURE

PECK'S FAMILY ACUPUNCTURE 813 Main Street Waterboro, ME 04087 (207) 247-7388 www.pecksfamily acupuncture.org

#### **CONVENIENCE STORES**

LAKESIDE MARKET 411 Sokokis Trail Route 5, E. Waterboro www.lakesidemarket.net

247-8440

#### **AUTOMOTIVE**

**LEIGHTON'S GARAGE** 24-hour Towing **Automotive Repair** 1156 Main St., Rt. 202 Waterboro • 247-6301

#### **HOME IMPROVEMENT**

**BANKS** 

**BIDDEFORD** 

**SAVINGS BANK** 

846 Main Street

Waterboro, ME 04087

(207) 247-3031

www.biddefordsavings.com

**EXCAVATING** Frostwalls, Foundation, Repairs, Septic Systems, Camps Lifted, Sill Work, Drainage, Driveways, Demolition, Landscaping TODD ZAGARELLA LTD. 207-793-4111

supporting your community newspaper by supporting the local businesses on these pages!

Don't forget to tell them you saw their ad HERE in the

#### **THANK YOU** for

REPORTER!

## Holding a fundraiser?

We offer a donation match to your non-profit advertising, which means for each ad you purchase, you will receive an additional week FREE.

That's 2 for the price of 1! (1/8 page \$68 min. purchase required).

Call 247-1033 or email ads@waterbororeporter.com.

# BUY LOCAL • LIVE LOCAL

OIL/GAS/PROPANE

J.P. CARROLL FUEL CO.

150 Washington Street

Limerick, ME 04048

793-2331 or (800) 339-4268

Fax: (207) 793-6648

www.jpcarrollfuel.com

**SEPTIC SERVICES** 

**Residential & Commercial** 

Tank Inspection • Video Inspections
 Septic Tanks & Cesspools Pumped & Cleaned • Grease Traps • Greased Tanks
 Drain Cleaning • Portable Toilets

"A Straight Flush beats a Full House"

**Sebastian Septic Services** 

603-335-5440

www.waterbororeporter.com

P.O. Box 75, North Waterboro, ME 04061 247-1033 • news@waterbororeporter.com

Kerry DeAngelis...Owner/Publisher/Advertising Manager news@waterbororeporter.com or ads@waterbororeporter.com

Michael DeAngelis . . . . Sports Editor, Contributing Writer eporter.com Joanne Bargioni . . . . . . Contributing Writer

Shelley Burbank..... Contributing Writer Cynthia Matthews..... Contributing Writer Brigit McCallum ..... Contributing Writer C.J. Pike . . . . Contributing Writer

Allison Williams ...... Contributing Writer

#### **MAIL SUBSCRIPTIONS:**

Receive the Reporter in the mail each week for \$75 per year.



Published by KL Design & Marketing www.kldesignandmarketing.com



The Reporter is independently owned and locally operated and has no affiliation with any other newspaper.

©2018 All Rights Reserved. All logos and trademarks are property of their respective owners. No part of this publication may be reproduced without permission from the publisher. The opinions expressed in the *Reporter* are not necessarily those of the publisher.



Business card ad as low as \$25 per week

# BUY LOCA **BUSINESS DIRECTORY**

#### J.R. GERRISH & SONS, LLC. EXCAVATING CONTRACTORS & SEPTIC SERVICE

Free Estimates • Site Work Septic Tanks Pumped Systems Inspected Septic Systems Installed



www.gerrishandsonsllc.com jebgerrish@gmail.com Fax 207-324-9499

324-4984 Јім 423-7499 JEB



207-850-1099 office

Karen Cudworth 207-206-2950 cell karenc@lakesiderealtymaine.com www.lakesiderealtymaine.com 143 Emery Mills Road, Shapleigh, ME 04076

## **DIRFY Generators Doing It Right For You**

Sales • Service • Installation • Inspections • Free Evaluations & Estimates

#1 Dealer for Home Standby Automatic Generators Where outstanding customer service doesn't happen by accident.

Dirfygenerators.com • 1-800-287-9473 • dirfygenerators@yahoo.com



HOURS OF OPERATION: Mon-Fri 8-4, Sat 8-2 **Closed Sundays** 

We buy the following metals: • Stainless • Lead • Wire • Aluminum Wheels (with or without tires) . Large amounts of Metal • Steel • Appliances • Catalytic Converter

We'll beat any reasonable C.I.A. SALVAGE We'll beat any reasonable offer for complete vehicles. Call: 207-793-2022

366 Sokokos Trail North • Route 5, Limerick, ME 04048







Angela Thyng Sales Agent

207-247-1063 office 207-432-7494 cell angela@lakesiderealtymaine.com www.lakesiderealtymaine.com

933 Main Street, Waterboro, ME 04087



Driveways - Septic Tanks - Cellar Holes Wells - Crushing - Screened Loam

Pearl Street P.O. Box 145 Waterboro, Maine 04087 Compost - Etc. 207-247-5697 207-499-2545 Fax 207-247-4113



**Keri Cheney** Sales Agent

Waterfront-Residential-Land-Commercial 207-247-1063 office 207-432-3913 cell

keri@lakesiderealtymaine.com www.lakesiderealtymaine.com 933 Main Street, Waterboro, ME 04087

**GRAPHIC DESIGN · ADVERTISING · MARKETING** 



# KLDESIGN

& MARKETING

(207) 206-5639 More than 20 years www.kldesignandmarketing.com of experience!

#### **OBITUARIES**

#### **Ann Bean**

Ann Bean died peacefully at home in Alfred on March 28, 2018 surrounded by her three children.

She is survived by her devoted and loving husband, Keith Bean; her three children, Joel Bean and wife Mary, Kirk Bean and



**Ann Bean** 

wife Wendy, and Mariann Bean and fiancé Kevin Bartlett; and her brother and sister-in-law, Brad and Jo-Ann Marshall. Ann was known as Mam to her ten grandchildren and her 15 great grandchildren.

Ann's grandchildren remember their Mam's warmth and kindness, as well as her ability to make each of them feel special. Her grandchildren are, in order of age, Katie Bean, Vickie Bean, Kirk Bean, Danny Bean, Holly Khiel, Amy Khiel, Vanessa Bean, Nate Hanson, Grace Bean, and Jenny Hanson. Mam's great grandchildren are Cote, Kaleb, Noah, Isaiah, Leah, Adam, Kasey, Brooklyn, Westin, Warren, Alicia, Max, Bennett, Kaelani, and Gabriella; they knew Mam for her warm hugs and playful laughter.

Ann's children remember their Mom's loving support and generosity through their whole lives. Brad and Jo-Ann Marshall, Ann's brother and sister-in-law, remember sharing family, fun, and international travel with Ann for many years. Ann's husband Keith will miss his beautiful wife dearly and remembers lots of dancing, travel, fun and funny escapades with close friends and family, and the warm Texas winters of their retirement.

Above all, her entire family remembers Mam most for her unconditional and abundant love, and her infectious joy for life.

Ann was born on July 14,

1939 in Alfred to Sumner Bradbury Marshall, Jr. and Dorathy Lucille Lane Marshall. The younger sister of Brad (Sumner Bradbury Marshall, III) and the granddaughter of Dr. Sumner B. Marshall, Sr. (known as "Docka"), and Elizabeth York Marshall (known as "Mammy Marshall"), Ann's family was always centrally important to her.

Ann graduated from Sanford High School in 1957 and married Keith Howard Bean on Nov. 2, 1957. Ann and Keith had three children, and after staying at home to raise them, Ann became employed for 20 years by the Alfred Post Office. In their retirement, Ann and Keith purchased a motor home and hit the road. In the summers, they spent sunny days and karaoke-filled evenings at Walnut Grove Campground in Alfred, and in the winters, they became Texans at The Farm Country RV Park in Bandera. As Texas "snowbirds," they danced, laughed, listened to music, and crafted with friends (all the while sporting cowboy hats) until Maine began to thaw, and then they would pack up the truck and return home to Alfred.

Ann was a talented quilter, jewelry-maker, sewer, scrapbooker, greeting card designer, and card-player. She gave generously, making quilts and jewelry for her friends and family as an expression of her love season after season. One of Ann's favorite past-times was to research her family genealogy, and she leaves her family with a rich tapestry of stories and information about their ancestral roots.

A memorial service officiated by the Reverend Sara Bartlett will be held on Sunday, April 8 at 2 p.m. at the Alfred Parish Church, where she was a parishioner for 67 years. Calling hours for the family will be held at the church beginning at 12 p.m., just prior to the service. All are invited to share in the celebration of Ann's beautiful life.

#### **OPINION**

# Legislature should take bold, swift action on tax conformity

The Maine Legislature is expected to adjourn this month, but the March snowstorms have put us somewhat behind schedule. There is a lot to be done in a short amount of time.

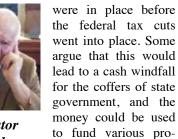
Even though our time is limited, my fellow lawmakers and I must make tax con-

formity a top priority before we finish our work in Augusta. Tax conformity can be a complicated, nuanced topic, but understanding the importance of it and taking action on it, sooner rather than later, are vital to the future success of Maine's economy.

In a nutshell, the question is this: should the State of Maine adjust its tax code in response to the recent changes in the federal tax code that were approved by Congress and signed into law by the president?

I believe the answer is yes.

If we were to do nothing, it would, in effect, amount to a tax increase for most Maine citizens. The State of Maine would continue to collect revenue at rates that



by Senator Dave Woodsome

that money needs to go back to the people and to the small businesses of Maine.

grams. But I believe

Currently, a bill to conform Maine's tax code to the federal standards is in front of the Legislature's Taxation Committee. Among other things, it would eliminate the personal exemption in Maine and create a new zero percent tax bracket. In effect, this would make the first \$4,150 of income tax-free. That figure would increase to \$8,300 for those filing

For Maine businesses, the bill before the Legislature would also conform Maine to the federal standard for bonus depreciation, net operating losses, and the interest deduction.

jointly. It also creates a new child

and dependent tax credit.

In the Maine Legislature, we

spend a lot of time talking about what we can do to help businesses grow and bring jobs to Maine. Taking immediate action on tax conformity would be an excellent starting point. If we were to do nothing, we would be sending the wrong message to the business community that currently exists here and to those who are considering establishing their businesses here. What incentive is there for people to invest in Maine with so much uncertainty?

Another option would be to wait, to kick the can down the road and wait for the next legislature to deal with tax conformity. This would also be a disservice, because it would force our small businesses to file their taxes under the old system, and then re-file after the legislature finally takes action on conformity. This would likely be a costly and time-consuming procedure for individuals and businesses.

For these reasons, I believe we need to act on tax conformity before we adjourn next month. Failing to act would likely have long-term consequences for our economy.

#### The legislature must act on the crowded ballot problem

Respect the will of the voters on Ranked Choice Voting and put a constitutional amendment on the November ballot.

There are, at the moment, two dozen candidates for governor in Maine. It's entirely possible that Maine's next governor will be elected with the support of less than a third of the voters.

The number and diversity of candidates should be a cause for celebration, as a reflection of the growing interest in making Maine a better place. Instead of having just two candidates for governor, each one selected by a narrow swath of partisan voters, we can now hear more voices and more new ideas.

That is a great thing for Democracy.

The problem is that our electoral system was built for a time when only two candidates were expected to be on the ballot from each major party. It's a system built for black and white television sets when we're all watching big screens in a thousand strands of color. It's time we rebuilt this outmoded system so that it reflects modern realities.

The public has done its part by enacting Ranked Choice Voting. They know there's a problem, and they want it fixed – not by shrinking the number of candidates but by establishing new structures that reflect what's been happening in Maine elections over the last 40 years, when we've elected as many Independent governors as we have from either political party.

So what can the Legislature do to modernize the way we vote? Here's a simple two-step solution:

1. Put an amendment to the constitution on the ballot this November, so that Ranked Choice Voting can apply going forward, giving us a governor who works for all

Mainers rather than just the most energized members of their party. That is something that should have been done last year, but there's still time for the Legislature to redeem itself. It's also the right thing to do, for Maine, and for all of us.

2. By 2020, open the June primaries to all voters and all candidates, rather than just party candidates, and have them all run against each other, with the top two advancing to the November election and no special privileges for party candidates. In an Open Primary, each party would actually have to earn a spot on the fall ballot.

Fixing our broken election system will allow more voices to be heard. It will produce more ideas for moving Maine forward. It will elevate better candidates who are more skilled at leading us through change than protecting the status quo or memorizing slogans. And it will produce more governors who can bring the state together across party and regional lines, in a post-partisan way.

All of that is essential to the goal that most Mainers share of building a fairer, more sustainable and more robust economy.

Some people – particularly those within the two political parties who enjoy built-in advantages

in the current system — argue that we don't need to adjust to having more candidates in the race, we just need to go back to a time to when the two parties dominated the political landscape.

But that's not what Maine people want. They know that the two party system is broken. The parties are great at repeating the same ideas we've heard for decades but terrible at embracing new ideas and getting things done. They're not producing the leaders we need to transition to a 21st-century economy.

Political parties are the conformist machines of the modern era. Put almost any candidate into a partisan primary these days and no matter where they started they come out walking the walk and talking the talk - or they lose. Maybe that will change someday, but it's not on the near horizon.

So it's time for the legislature to do its job. Respect the voice of the voters. Put the state ahead of party. For voters, don't elect anyone who is fighting to preserve the status quo. Continue to take matters into your own hands to put pressure the system.

-Alan Caron, Waterville Alan Caron is an independent candidate for governor

# WHAT'S ON YOUR MIND? Write to us at:



news@waterbororeporter.com

The opinions expressed on the Reporter's OPINION pages are not necessarily those of the newspaper or its employees. Letters are edited for grammar and clarity and are published as space allows. Please include name, town and phone number for verification.



Obituaries are a FREE service

in the Reporter.

EMAIL TO: news@waterbororeporter.com

Honoring the loss

of your loved ones and

celebrating their life...

PAGE 8 Friday, April 6, 2018 — REPORTER

# Grow your business in the Reporter

In addition to promoting your business, your advertising dollars go directly towards helping us provide valuable FREE services to your LOCAL community, including:

- FREE press releases and community announcements
- FREE local news that's close to home
- FREE obituaries, engagements and birth announcements
- FREE non-profit community event listings
- FREE lost & found classified ads
- FREE letters to the editor and opinion columns
- FREE marketing and design & excellent customer service
- DISCOUNTED advertising for non-profits and towns including a FREE donation ad match for non-profit fundraisers.

With thousands of readers every week, The Reporter is the perfect advertising venue for reaching LOCAL customers.

The Reporter's only source of revenue is advertising, so the more advertising we receive, the more news we can provide.

It's THAT simple.



# Buy 3 weeks, get one FREE!



Call 247-1033 or email ads@waterbororeporter.com



P.O. Box 75 • North Waterboro, ME 04061



