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VOLUME 16, ISSUE 16

PO Box 75, North Waterboro, ME 04061 • 247-1033 • news@waterbororeporter.com

FRIDAY, APRIL 20, 2018



Hangin' around

Limerick's Chris Dudley hanging a tarp above his hammock. PHOTOS BY SHELLEY BURBANK

Hammock camping

The craze is catching on

BY SHELLEY BURBANK



No knots are needed with this lightweight titanium wasp clasp used for connecting the tarp to the tree.

hammock camping is more comfortable, more portable, and more social.

Chris Dudley of Limerick heard about hammock camping a couple of years ago and borrowed gear from a friend to try it out. He hung the hammock in his backyard and stayed outdoors all night. The result?

"I didn't sleep much the first time," Dudley admitted. "It's weird to get used to." However, he appreciated the fact that he didn't have to get up off the ground and crawl out of a tent in the morning, normally difficult for him due to a back issue. He also suspected that once he was used to the idea of being off the ground, he would be able to relax and sleep just fine. "It's all in your head," he said.

So he borrowed the hammock again, and this time he hiked up a local mountain and hung his hammock between the only two suitable trees. After that he was hooked.

A family activity

Dudley's family have always been active, outdoor people. His wife Stacey is a Girl Scout leader and his daughter, Sammy, spent last summer participating in a Junior Maine Guide course and test camp. After discussing the pros and cons, the Dudleys decided that

(Continued on page 8)

We all know what a hammock is – that rope or fabric sling you tie between two trees or set up on a frame in your backyard in the summertime – a good spot for a tall glass of iced tea, a paperback novel, and a mid-afternoon nap in the shade. Outdoor enthusiasts, however, are now taking hammocks to the next level, from backyard lounging to wilderness adventuring.

Enter the world of hammock camping. Type the words "hammock camping" into your search engine and over 5,500,000 results pop up. Pretty impressive for an outdoor activity that many haven't even heard of. Start investigating and you learn that hammock people do the craziest things – like going out into the wilderness with their lightweight hammocks and tarps and setting up in places no tent camper could dream of. They "hang" on the sides of mountains. They sway peacefully all night over boulders. They sleep in -40 degrees below zero and live to get up to make coffee and tell stories while the bacon sizzles over the campfire.

And why do they chose hammocks over tents? Essentially,



Lyman Elementary School Principal Cindy Pellerin dropping a nest from the roof of the school on April 12. Students had previously built nests to try and survive the fall. COURTESY PHOTO

Spring has sprung in library mural

BY CYNTHIA MATTHEWS

While the weather outside has been frightful, a new mural at the entrance to the Children's Room at the Bonney Memorial Library in Cornish is just delightful.

The grand reopening of the library was held back in December, and while the outside of the library is complete, changes were still being made on the inside.

In January, local artist, Heather Newman, began working on a mural around the open doorway entrance into the Children's room

downstairs. Newman lives in Porter, but the Bonney Memorial Library is the library she visits the most often with her children. During the expansion and renovation, Newman was thinking about what she could offer. Like many of us, Newman didn't have lots of money, but she did have some time, and a talent – as an artist.

Newman has an art degree, and has done some book illustrations and a mural in a Food Pantry in Michigan as a fundraiser. She thought, "Art for the Children's Room!" Newman looked

around the library for a potential spot for the mural, and found the open doorway into the Children's Room was the spot.

"I've never done a mural this large before," Newman said. As she approached the project, she thought, "What makes this part of Maine special?" She didn't want to do fall or winter, as that is, perhaps, overdone. She came up with Spring. She thought about all of the animals and plants that appear in Spring here in Maine, and sketched out a design. She

(Continued on page 2)



Heather Newman, a local artist from Porter, has completed a Spring-themed mural at the entrance of the Children's Room at the Bonney Memorial Library in Cornish. PHOTO BY CYNTHIA MATTHEWS

ALFRED

Allison Williams

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324-5823

Old jail visited

Because it is the county seat, Alfred has had multiple jails. When speaking of one of them it is important to mention if it is the old jail, the old, old jail or the old-old, old, old jail which is being discussed. The latter is the one which was visited by the Alfred Historical Society this past Tuesday.

A tour through the building was led by Nancy and Rick Carter, the present owners.

The colonial style house on Waterboro Road does not in any way resemble a jail – from the outside, that is. But the beams on ceilings and walls tell another story. The size of the beams is impressive. Were trees that large actually growing in Alfred in the colonial era?

Some beams are 16" wide or wider. Remembering that chain saws were yet to be invented makes one even more impressed. Openings in the beams were large enough to pass through food or keep an eye on the prisoners.



Alfred Historian Bruce Tucker examines the unusual brick structure in the attic chimney of an old York County Jail in Alfred.
PHOTO BY ALLISON WILLIAMS

A large poster informs readers that the building was first constructed in 1803 and when Maine became a state in 1820 (thanks to John Holmes, Alfred's resident who chaired the committee separating Maine from Massachusetts) it became the first York County Jail. When you visit what you see are the outside of logs which made up the cells. Escaping from

such cells would seem impossible but inmates did escape.

The jailer and his family also occupied the building (downstairs and half of the upstairs). Or a traveler needing a place to lay his head for the night could rent a cell. He probably felt quite secure.

In the attic the chimney construction splits into two branches, then combines into one through the roof, either to help warm the attic or for stability. The building has had several owners, was once (for a short while) a boarding house run by General Leighton's son, then sometime in its history was used by Folsom's for a furniture store, then occupied by the Kustron's who rented out part of it and now Carter's for their

business, North Wind Picture Archives.

This is not the old jail which is being proposed for a town hall. That one is on the intersection of Court Street and the Biddeford Road.

Volunteer youth to be recognized

A Youth Recognition Dinner will be held by the Massabesic Lions Club on Thursday, April 26 at the Lions Club in Waterboro. This will be for youth from 7th grade through college level who are being recognized for their volunteer activities. Eight youths and their families and sponsors have been invited. Pizza, salad and desserts will be served.

Village notes

The Shaker Museum will be open on May 19 Their first speaker in the speaker series will be a Babe ruth impersonator, Steve Folven, on Sunday afternoon at 1:30 p.m. There is no charge.

During the March meeting of the planning board there was a discussion of tiny homes. Some towns want the "hitch" and wheels removed and a regular slab foundation, others see moving the homes so they are not in place on April 1 when tax assessments are done. There was a definition of "tiny homes" as compared to a mobile home.

There was also a discussion of the Village Growth Area required by the 2000 comprehensive Plan. That terrain is steep and rocky. The board decided it would be wise to work with an outside consultant.

LIBRARY MURAL

(Continued from page 1)

presented her idea and the sketch to librarian Cheryl Hevey. "I fell in love with it," said Hevey. "It was amazing."

"I want kids to feel like they're walking into a children's book illustration," Newman explained. "The characters are all doing different things." From January to March, Newman worked on the mural, first putting her sketch on the wall, then painting, all during the library's open hours, while patrons came and went. "It was fun to hear kids talk about it as they came through," Newman said. "One little boy kept track of what was new and would talk to me about it each time he came in." Another little boy talked to Newman about the newt on the mural, as he just got a newt himself. Other observers have been interested in the art itself. "One woman stopped to ask me about the paint I use, how I mix the paint, etc." Newman added.

Librarian Cheryl Hevey documented the progress, posting pictures on Facebook. "Some people have seen the posts on Facebook, and then come in to see it specifically, to watch her (Newman) do it," Hevey reported. Newman's own children also enjoyed coming to see it while she painted, watching it progress from the sketch to the wall/doorway and seeing how it evolved.

Newman put in about 200 hours, finishing the mural on March 20, just as spring arrived – on the calendar anyway. There is no official opening or unveiling, "the mural is there for people to discover," said Newman. Newman is thinking about creating an accompanying activity to go with the mural, to find different plants and animals and figure out what they are doing. "People of all ages love it," said Hevey. "One woman was in tears when she saw it."

Discover the mural yourself by visiting the library at 26 Main Street in Cornish.

Family storytime is Wednesdays at 10:30 a.m. The library is open Monday and Wednesday from 10 a.m. to 7 p.m., Tuesday and Thursday from 12 to 6 p.m. and Saturday 10 a.m. to 1 p.m.

For more information about Newman and her art, visit her Etsy page, <https://www.etsy.com/shop/HeatherNewmanArt>.



SPRING EVENT!

Saturday April 28th 10am-4pm

Shake off your cabin fever!
Join us to see what the Sacopee Valley area has to offer outdoor enthusiasts.

Featuring:

- * Sacopee Valley Health Center register for the SVHC 5th annual 5k in July!
- * Healthy Sacopee
- * Cornish Sno Cruisers enter the Sno Cruisers 50/50 raffle!
- * Maine Adaptive Sports & Recreation
- * Mt Cutler Park and Conservation Area
- * Sacopee Valley Adult Ed
- * The Bicycle Coalition of Maine



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Spring Craft & Bake Event

Saturday, May 12
9am-3pm

Buxton/Hollis Rod & Gun Club
81 Plains Road, Hollis

Luncheon 11am-2pm
EAT-IN OR TAKEOUT

Chili or fish chowder, drink and dessert for \$10

Mother's Day is May 13. Come enjoy shopping with local crafters!

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OPINION

Making a difference for veterans

Now that we are in the last week of the Second Regular Session of the 128th Legislature, I would like to sincerely thank my friends and neighbors in Senate District 33 for counting on me once more to serve as their voice in Augusta.



by Senator
Dave Woodsome

Each term is very different in the Maine Senate, and the 128th has been no exception. We have tackled some very challenging public policy over the last two years, spending a lot of time focusing on how to responsibly implement a number of referendums, including recreational marijuana, minimum wage, education funding and ranked-choice voting.

As Chair of the Energy, Utilities and Technology Committee, I have been intimately involved in a number of issues including championing another attempt to support Maine's growing solar industry and looking into CMP's significant billing issues.

While both sides have experienced a number of triumphs and disappointments over the last two

years, it's important to keep in mind that, regardless of political background, we are all here fighting to do what we think is right for those of you who we represent back home.

This is why I would like to talk about some of the great things happening this year that will make a big difference for veterans of our armed services here in Maine.

The first bill, "An Act to Expedite Healthcare Employment for Medical Veterans," achieved broad bipartisan support in both the House of Representatives and the Maine Senate and went into law last month without the governor's signature.

This new law will cut unnecessary red tape for veterans returning from service with medical training. It creates a program to facilitate the match of veterans to employers so these healthcare professionals can continue their education and training through apprenticeships, ultimately securing healthcare positions in local hospitals, assisted living facilities

and other healthcare facilities.

400 veterans in Maine have valuable military training in healthcare, and before this new law, it was not easy for them to transfer their valuable military medic training and experience to equivalent civilian jobs in the medical field because our certification requirements previously did not honor their years of experience in the field.

Maine is facing an imminent nursing shortage as our nursing population, much like the rest of the state, is aging, so this new law is a win-win for the medical field and our veterans.

Another new law that soared through the Legislature with unanimous support and went into law without the Governor's signature is "An Act Regarding Mental Health Care for Maine Veterans."

As a result of this new law, the Maine Bureau of Veterans Services has launched a pilot program to provide mental health care and case management services to Maine veterans. This new program is open to all veterans, free of charge, to who needs mental health treatment or help navigating the mental health system.

Another bill that passed through the process unanimously and is waiting for funding on the special appropriations table is "An Act To Broaden Educational Opportunities for Members of the Maine National Guard." This bill would expand upon a law that passed in 2016 that provides Maine National Guard members with free in-state tuition to colleges within the University of Maine System, Maine Community College System and the Maine Maritime Academy, expanding the program to allow Maine's private postsecondary institutions to participate as well.

If you have any questions about these or any other bills that we have addressed, please don't hesitate to contact my office at 287-1505 or email me at dwoodsme@gmail.com. I hope to see you all around the district this summer.

Senator David Woodsome is currently serving his second term in the Maine State Senate. He represents the people of Senate District 33 which consists of the towns of Cornish, Limerick, Newfield, Parsonsfield, Sanford, Shapleigh and Waterboro.

LETTERS

Dear Voters,

Budget Committee member, Donna, back again. One of my questions to the Town Administrator and Board Of Selectmen: Why are you having a mailing at the end May when absentee ballots are available in the middle of May? Why are there only Public Hearings on Selectmen Meeting nights? Wouldn't a Saturday or a weekday hearing be helpful to the voters?

Contrary to what Dennis Abbott stated on The Waterboro Community Facebook post, the disagreements I had were not 'few.'

Spreadsheet line 68, \$337,000 health insurance. This is an increase of \$94,000 over last year. Additionally, any employee who elects not to participate because they are covered by another plan, receives \$7,200 year. On the Warrant, this item will be grouped with other insurances, Workers' Comp, Medicare & Social Security etc. under Article 3

Line 227 A motion by me to reduce the Rec Director \$54,000 salary by \$11,000 and Asst Dir by \$3-4,000 was defeated 1-2. (Budget meeting 2/15/18; and 2/22/18 at the 20 minute mark) As an Assistant, just over a year ago, his salary was \$32,000. Our previous Director did make \$54,000yr, but had years of experience; initiated many of the programs now operating; and was head of the PARKS AND Recreation Dept. The responsibilities for Lions' Field, Friendship Park, etc. are now under the supervision of the Public Works Dept.

Line 153 Assessor's salary. Three years ago the Budget Committee, TA & BOS agreed that we needed to upgrade from a 2 days a week Assessor to 3 days. For this, the Contractor Assessor was paid \$57,000. When they decided to resign in December 2016 a new search was started. (There is a very long story about this search....) During our Budget process we were informed that negotiations were underway for a 3 day a week Assessor. However, in the warrant was that same salary for 2 days a week! I spoke to this issue on Town Meeting floor last year and was informed by Mr. Lamb that it could be re-negotiated for 2018/19 budget. But here we are and it's still 2 days a week; the Selectmen have added 1 extra day a month for an additional \$2,000. Beyond the salary focus, we have now lost a great deal of time and records are not being updated.

I hope to continue these discussions to bring more info to our voters.

A reminder that the first Public Hearing is Tuesday, April 24th at 6pm

*Donna Berardi
Waterboro*

FROM WATERBORO TOWN HALL:

Budget summary for 2019 Fiscal Year beginning July 1, 2018

I am pleased to deliver our proposed budget and let citizens know that Waterboro's financial health is very strong. As you will see, Selectmen have approved some expensive but necessary capital projects, but have also used our healthy fund balance to minimize a tax rate increase.

Since citizens voted in June 2017 per our charter to eliminate open town meetings, next year's budget that begins July 1, 2018 must be approved by voters at the annual statewide election on June 12. Ballots will look much different this year because they will include departmental operations budgets that traditionally had been voted on at Saturday open Town Meetings. We have reduced the usual 40-50 Town Meeting Warrant articles down to less than 20 ballot questions because we are trying to save on ballot costs. Proposed budget background information is on a separate spreadsheet and memo that are readily available in town hall, on the website or

can be emailed to anyone. Please look at this information before voting this coming June 12.

Voters this June can be filling out up to six separate ballots. Two local ballots are for Selectmen and School Board candidates plus municipal department budgets. One or two ballots are for the State election. One ballot is to elect a Water District Trustee with this ballot only going to those citizens living in the Water District. The final ballot would be the RSU budget referendum question. This election will be held at Massabesic East on West Road next to the High School.

Our municipal (non-school) budget is made up of two parts, an expense side and a revenue side. The Selectmen's proposed municipal expense budget is up \$482K or 8 percent, with major increases as follows: (1) properly pave Old Alfred Road for \$260,000 with DOT paying \$130,000; (2) install new insulated metal roof on our Central Fire Station to stop annu-

al ice dams and structural water damage (\$150,000 estimate); and (3) \$136,000 of increased costs for sand, salt and a new plow contract since Foglio Inc. is unfortunately getting out of the plowing business.

On the revenue side of the budget, excise tax and homestead reimbursement estimates increased nearly \$190K. In addition, we annually use several hundred thousand dollars from our healthy fund balance as revenue to offset property tax increases. Selectmen have decided to use up to \$800K from fund balance for next year's budget. When you combine the municipal expense and revenue data into our property tax calculations and add the RSU 57 budget of \$8,563,056 this should result in a mil rate increase of less than a dime, or roughly \$18 on a \$200K home's property tax.

Our Budget Committee met 10 times this winter and their recommendations can also be seen on the budget spreadsheet. Per our Char-

ter we are supposed to have a five member Budget Committee, but only three citizens volunteered. If you would like to serve on this Committee next year please contact the Town Administrator or any Selectman.

Citizens are encouraged to come to any upcoming Selectmen's meeting and ask any budget question on your mind...or stop into Town Hall Tuesday through Friday to speak with staff. Please take the time to become a more informed voter because this June 12 election will be very different in the content of ballot questions and time it will take you to vote. Absentee voting is strongly encouraged so you have more time to study the ballot and ask questions before voting.

*Gary Lamb
Waterboro Town Administrator*



WHAT'S ON YOUR MIND? Write to us at:

news@waterbororeporter.com

The opinions expressed on the Reporter's OPINION pages are not necessarily those of the newspaper or its employees. Letters are edited for grammar and clarity and are published as space allows. Please include name, town and phone number for verification.

STATE NEWS

Woodward Point wetlands conservation

U.S. Senators Susan Collins and Angus King announced that the U.S. Fish and Wildlife Service is awarding \$569,170 to the Maine Department of Inland Fisheries and Wildlife to assist with the conservation of the Woodward Point wetlands in Brunswick in a partnership with

the Maine Coast Heritage Trust.

"The wetlands around Woodward Point in northern Casco Bay play a key role in supporting the health of Maine's environment by providing high-quality habitats for migratory birds, fish, shellfish, and other wildlife," said Senators Collins and King in a joint statement. "We welcome this important investment for the Woodward Point wetlands, which will help protect wildlife, support fisher-

men and shellfish harvesters, and provide recreational outdoor opportunities for people throughout Maine."

The U.S. Fish and Wildlife Service is awarding nearly \$19 million to projects in 13 coastal states to protect, restore, or enhance more than 30,000 acres of coastal wetlands and adjacent upland habitats under the National Coastal Wetlands Conservation Grant Program.

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Troop #329 celebrates 100 years of scouting

Boy Scout Troop 329 will be celebrate 100 years of scouting this month, with a cake for the troop. According to scouting history, J. Hollis Orcutt was the first scoutmaster in Limerick. He organized Troop 8, and on April 29, 1918, the troop met for the first time.

Orcutt was the principal of Limerick Academy, and organized several troops in Maine. He was known for his very pleasing personality, which readily enabled him to lead the boys and help them do good work. Limerick citizens were very supportive of him, and he was showered with best wishes from everyone in the community, for his work with these young men. Twelve boys attended the first scout meeting, and others joined later.

The Limerick scouts were: Sylvester Carroll, Waldo Allen, Herman Lepage, George Jones, Glen Gilpatrick, Stanley Haskell, Albert Whiteley, Oscar Gilpatrick, David Morrill, Arnold Dall, Herbert Goodman, Henry Martel, George Leland, Elmer Nason, Herbert Nason, Bradley Perkins, George Goodman, Laurence Smith, and Rudolph Sadler. The motto 'Be Prepared' was first put into action in 1917.

Today's troop consists of scouts from Limerick and Newfield and has about 8 scouts; they meet on Monday evenings. Four Cub Scouts will crossover into Boy Scout Troop #329 at a ceremony of Sunday, April 29, at the Brick Town Hall in Limerick, at 19 Main Street, at 5 p.m.

The scouts will also be having a Spaghetti Supper at the Brick Town Hall soon.

A murder in town

Janet Colwell and I will be at the Acton-Shapleigh Historical Society on Saturday, May 5, at 122 Emery Mills Road, Route 109, for a public program to discuss a story that I wrote for *Discover Maine Magazine*, "Evil Comes to Newfield," is about the murders in West Newfield that took place on June 10, 1900. Four people were murdered at the home of George Goodwin, and their bodies were burned in a fire, set by the murderer.

The program will start at 1 p.m., and everyone is welcome to attend. There is no charge for admission; and there will be light refreshments after the program.

Maine books are on the shelves at library

Newfield Village Library at 637 Water Street has some new Maine books on the shelves, according to librarian Cheryl Cause.

The non-fiction books from Maine authors are: "Go Take A Hike" by Allen Crabtree; "Gardening With Chickens" and "Duck Eggs Daily" by Lisa Steele; "Stranger in the Woods" by Michael Finkel; "Dinner With the Smileys" by Sarah Smiley; "Open Season" by Daren Worcester; "Lost York County" by Steven Burr; "Shady Nook Camps" by Elaine Hall; "It Happened in Maine" by Gail Parker; and "Becoming Teddy Roosevelt" by Andrew Vietze.

New adult fiction books from Maine authors are: "Knife Creek" by Paul Doiron; "I Know A Secret" by Tess Gerritsen; "Shiver Hitch" by Linda Greenlaw; "Gwendy's Button Box" and "Sleeping Beauties" by Stephen King; "A Piece of the World" by Christina Baker Kline; "Everybody's Fool" by Richard Russo; and "The Stars Are Fire" by Anita Shreve.

Tap, tap, tap

I heard a tap, tap, tap on my sliding door the other day, and

when I looked to see what it was, there was a chickadee trying to get in my house, out of the bad weather. He kept tap, tap, tapping for at least 10 minutes, before he finally gave up, and flew away.

Happy birthday!

Belated birthday wishes go to Katie Hubbard, who celebrated on April 15. And celebrating this upcoming week are: Melissa Vachon on April 21, and Karen Morin on April 23.

Meetings

Cub Scout Pack #329 - April 23, at Line School at 818 Water Street at 6 p.m.

Boy Scout Troop #329 - April 23, at Scout Hall at 7 School Street in Limerick at 6:30 p.m. New members always welcome. Jim Dion is the Scoutmaster. Call Joe Iannazzo at 850-6237.

Newfield firefighters work session - April 24, at the Public Safety Building at 85 Water Street at 7 p.m.

Newfield Selectmen - April 24, at West Newfield Town Hall at 23 So. Effingham Road at 6 p.m.

Tea Time - April 25, at the Newfield Village Library at 637 Water Street at 3 p.m.

Country Cupboard

Cutting calories the Mexican way, is a tasty way to lose weight. Today's recipe is for a bean dip from the cookbook "Weight Watchers, Slim Ways Mexican"

Quick Bean Dip

1 pound of cooked black beans
1/4 cup mild or hot salsa
1 tablespoon red wine vinegar
1/2 teaspoon dried oregano leaves

In a food processor, combine beans, salsa, vinegar and oregano; puree until smooth

Serve with veggies or crackers. Serves 8.

BUSINESS NEWS

Expo planned

By BRIGIT MCCALLUM
brigit@waterbororeporter.com

A local business expo will be held on Wednesday, April 25, from 4 to 7 p.m. at 10 Goodall Drive in East Waterboro, the former location of Good for All Pharmacy. It will be the first public offering of the recently formed Massabesic Business Exchange, an informal networking association of local area businesses from the RSU 57 towns including Waterboro, Limerick, Lyman, Alfred, Shapleigh and Newfield.

The goal of the Expo is to provide awareness of local businesses and what they have to offer, and to do something good for local towns' economies. Twenty-five local businesses will offer interactive booths and visitors will receive a grid and each booth visited will provide a stamp to fill a square on the grid. Completed grids will be entered into a drawing for prizes. There will also be a food drive for Waterboro Food Pantry. Rebekah Roy owner of Heritage Tax Company in Alfred and a member of the group, is excited to report that all slots for booths at the event have been filled.

Roy says the group's first meeting was held in October, with six

businesses represented, after Gina Mosher of Southern Maine Health Care issued an email inviting local businesses to get together and share information. There were about 17 businesses at the most recent meeting on Thursday, April 5. It is an evolving group, that meets monthly, usually on the first Thursday of the month. The next meeting will be a special meeting prior to the Expo, on Thursday April 19, at noon in the former physicians' office space at the SMHC building.

The Exchange aims to provide a space for networking, to help the public know about the local businesses and their owners by face and has no membership dues. Roy says members want citizens to know how many resources are local, and they don't need to drive to other places to find what they want. She cites the advantage to doing business and getting referrals from locals, "Local business owners know their clients. I can refer them to people I know, I can send them over there, because I know these people know they are reputable." And, she adds, "You can get things done right here in town!"

For more information about the Massabesic Business Exchange, check out their Facebook page, check their website at <https://sites.google.com/view/massabesic-business/home> or phone Gina Mosher of SMHC at 490-7318.

WATERBORO

Recreation

UPCOMING EVENTS/TRIPS



April 21: Spring EGGstravaganza

Join us for our first ever Waterboro Recreation Egg Hunt at Friendship Park! Over 1,000 candy filled eggs plus additional "GOLDEN" eggs filled with special surprises and gift certificates for local businesses. 10 am ages 1-4, 10:30 am ages 5-8 and 11:00 am ages 9-12. Each age group will have its own designated area. This fun filled event is FREE but **RESERVATIONS ARE REQUIRED** to plan for staffing and prizes. Call 247-6166 x115 or email rec@waterboro-me.gov.



April 25: Oxford Casino

Hop on a luxury bus on Wednesday, April 25 and try your luck at the Oxford Casino! Seniors receive \$10 in slot play, are entered into free hourly drawings plus get a casino cookie! We'll leave Waterboro Town Hall at 8:30 am and stay at the Casino til 3 pm. All you pay is \$25 for your round trip transportation.

For more information call 247-6166 x115 or email rec@waterboro-me.gov OFFICES IN OLD TOWN HALL 24 Townhouse Road • East Waterboro

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SPORTS

LACROSSE

LAX men tame Tigers

By MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

son opening win over visiting Biddeford on Friday April 13.

Max Irons and Brandon Johnstone both had hat tricks to help pace Massabesic's varsity boys' lacrosse team to a solid 13-8 sea-

Cam Roy, Jacob Travis and Ryan St. Laurent each popped in a pair of goals for the Mustangs in the win. Nick McSorley had two goals for the Tigers.



Cam Roy vs. Biddeford opponent on April 13.



Ryan St. Laurent, left, and Jacob Travis.

PHOTOS BY JASON GENDRON PHOTOGRAPHY



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MAIL SUBSCRIPTIONS:
Receive the Reporter in the mail each week for \$75 per year.

Published by KL Design & Marketing
www.kl designandmarketing.com

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OBITUARIES

Nancy Lynn (Benton) Thornton

Nancy Lynn (Benton) Thornton "Nanc" age 64 of Waterboro, found peace and was reunited with the love of her life on April 2, 2018 at the Gosnell Memorial Hospice House in Scarborough after a courageous and lengthy battle with COPD.



Nancy Lynn Thornton

Nancy was born Nov. 13, 1953 in Saco to Priscilla (Hobbs) and Roland Benton. Nancy is survived by her sister Mary J. Rollins and her husband Roger, of Lyman, her sister Susan A. Harper of Saco, her brother David R. Benton Sr. and wife Patti, of Waterboro, and her brother Timothy Benton Sr. and wife Denise, of Limerick.

Nancy met the love of her life when she was 13 years old, Steve A. Thornton. The two got married on Feb. 26, 1972 shortly before graduating from Massabesic High school in June. Not long after, in September of 1972, they welcomed their first daughter Melisa Sue to the family, and on Feb. 8, 1976 welcomed Heather Annie.

Nancy's whole world revolved around her family, her nurturing nature was infectious. Her need to help, to teach and to love others was always growing. She owned her own nursery school; Wee People, in Waterboro for many years, But later closed, needing to focus on helping take care of ill

family members. She then went on to serving SAD #57 as a lunch lady for many years, making some really wonderful life long friends.

Nancy had a strong passion for sewing; from her wedding dress, to outfits for her own children and grandchildren, you name it, she could sew it. Another one of her passions was gardening, she had quite the green thumb, and could tell you the name of just about any plant or flower around. Nancy was a true "Nancy Home Maker."

Nancy touched the hearts of so many. She is survived by; her daughter Melisa S. Calvo and fiancé Mark Edgerly of Limerick, her granddaughter Katelyn and husband Ryan Lane and their two children Brodyn Joseph, and Rylee, of Cornish. Her daughter Heather A. Machado and husband Anthony and their daughter Samantha, of Hollis. Her brothers and sisters, and all their wonderful children and grandchildren.

Visiting hours will be on Friday, April 20 at Poitras, Neal & York Funeral Home, 71 Maple St. in Cornish, from 4 to 7 p.m. A graveside service will be held a Pine Grove Cemetery on West Road in Waterboro on Saturday, April 21 at 1 p.m. with a celebration of life immediately following at the Waterboro Grange Hall. All are welcome to attend.

Online condolence messages can be submitted at www.maine-funeral.com In lieu of floral arrangements, the family asks that you consider making donations to the Gosnell Memorial Hospice House, 11 Hunnewell Road, Scarborough, ME 04074 in Nancy's memory.

On the passing of First Lady Barbara Bush...

June 8, 1925 – April 17, 2018

Governor directs flags to half staff

As a mark of respect for the memory of Barbara Bush, who passed away on April 17, Governor Paul R. LePage has directed that all United States flags and State of Maine flags shall be flown at half-staff immediately until sunset on the day of interment.

"Ann and I send our deepest condolences to the Bush family upon the passing of First Lady Barbara Bush. Mainers hold a special place in our hearts for President and Mrs. Bush, and we will treasure our memories of her time spent in our state. She was a wife, mother, grandmother, great-grandmother, military spouse, former First Lady and a strong advocate of family. America has lost a great friend."

— GOVERNOR PAUL R. LEPAGE

"Barbara Bush was a great First Lady, a terrific advocate for literary programs and the Barbara Bush Children's Hospital in Portland, and a strong woman who loved her family, the State of Maine, and our country."

"I first met Mrs. Bush in 1994 when I was running for governor, and she campaigned with me. Since that time, I have been fortunate to have had her as a friend as well as a stalwart supporter. Every summer for more than 20 years, I have visited President and Mrs. Bush at their Kennebunkport home. It was always one of the highlights of the year. I shall miss those delightful visits with her."

"My heart goes out to President Bush and to the entire family."

— U.S. SENATOR SUSAN COLLINS

"First Lady Barbara Bush was a true American, leader, mother, and wife whose lifelong commitment to universal literacy improved the lives of generations of American children. In Maine, many of us were fortunate to spot her as she walked the beach in Kennebunkport over the years, and her connection to our state, her deep concern for the wellbeing of its children, and her unwavering generosity has helped provide care for thousands of children throughout Maine at Barbara Bush Children's Hospital. With grace and devotion, she proudly served our country and its citizens. Mary and I join the state of Maine and a grateful nation in keeping the First Lady and the entire Bush family in our thoughts during this difficult time."

— U.S. SENATOR ANGUS KING



Former First Lady Barbara Bush and U.S. Senator Susan Collins. COURTESY PHOTO



Former First Lady Barbara Bush and President George H.W. Bush at the dedication of SMHC's new Emergency Care Pavilion in July 2008. The Pavilion was named in honor of President Bush's mother, Dorothy Walker Bush. COURTESY PHOTO

"I'm saddened by the passing of First Lady Barbara Bush. Thank you for being an inspiration to so many in Maine and across our nation. May you rest in peace. My prayers go out to the entire Bush family tonight."

— CONGRESSMAN BRUCE POLIQUIN

"The hearts of our Mercy community are heavy. We are deeply saddened by the passing of an American treasure and special member of our Mercy family, Mrs. Barbara Bush. We remember Mrs. Bush for her loyalty and devotion to family, country, friends, and especially those in need. We are blessed and deeply grateful for her decades-long dedication to Gary's House, Mercy's hospitality home for the families of loved ones receiving care in area hospitals. She was a true guiding light who made the world a better place for so many. We extend our deepest condolences and prayers to President George H.W. Bush and the entire Bush family."

— MERCY HOSPITAL PRESIDENT CHARLIE THERRIEN

"The Southern Maine Health Care family joins the country in mourning the passing of former First Lady Barbara Bush. Mrs. Bush was a lovely person, admired for her wisdom, wit and direct, down-to-earth style. Anyone who met Mrs. Bush, including many of our staff, was treated with kindness and respect. It was my privilege and good fortune to spend time with Mrs. Bush on many occasions, as recently as last fall. She was a dedicated supporter of SMHC. She frequently expressed her profound gratitude for the excellent care that SMHC caregivers provided to her family and friends over many years. We will miss her.

Our condolences go out to President Bush and the entire Bush family."

— SMHC PRESIDENT AND CEO ED MCGEACHEY



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HAMMOCK CAMPING
(Continued from page 1)

they would all get hammocks for Christmas in 2016. They participate in an online message board called Hammockforums.net where “hangers” can read and post articles, learn about new gear, find vendors selling gear, and see when there are scheduled events and gatherings.

The forum was created in 2006 and is very strict with its rules of conduct, which makes it appealing to people. The content must be family-friendly, respectful, on topic, and most important must not be religious, political, or gun-related. There is no profanity allowed and no flaming.

“It was started by a guy from Denmark, Maine, actually” Dudley said. “It is ALL hammocks and camping ALL the time! Everyone is awesome and when we gather, those rules naturally keep things in check. It’s great!”

What kind of events do hammock campers participate in? Hammock hangs, of course. These are like camping weekends where everyone gathers in one spot to hang their hammocks, go hiking, stand around the campfire talking with other people – mostly about hammocks – and sharing meals.

The Dudley family has gone on hangs together. This past winter Chris and Sammy participated in a winter hang, snow on the ground and all. “Basically we got heavily into it in 2017,” Chris said, saying that at the events they’ve been to, about 30 people tend to show up for the weekend, arriving on Friday night and staying through Sunday. “Everyone shares food. Some go on hikes. There’s always a campfire.”

As with other hobbies, there is a whole list of acronyms and specialized terminology that goes along with hammock camping. “Porch mode” is when you prop up your tarp over your hammock so you can sit underneath it. “CBS” is the shortened form of “cold butt syndrome.”

It isn’t unexpected to see or hear wildlife when you go camping, but it feels different the first time you sleep in a hammock. “The first time you sleep in it, you expect a deer to be staring at you,” he said, laughing. He did wake up one night to the sound of rustling. When he opened his eyes, he saw a white-striped critter walking beneath his hammock. “I closed my eyes and went back to sleep,” Dudley said, laughing, explaining that skunks don’t smell and you don’t want to do anything to make

them upset.

When asked what kinds of people get into hammock camping, Dudley said that it seems to be appealing to outdoor types: campers, hikers, canoeists, kayakers. “The majority of them are active people that hike and normally camp, for the most part.”

The right gear

As with other outdoor activities, successful and fun hammock camping is really determined by having the correct and appropriate gear for your location and weather conditions. The new hammock gear is extremely lightweight and packable, so it is suitable for backpacking and bike camping. Besides the hammock, you can get bug nets that zipper over the hammock, so it is like sleeping in a peapod, only with breathable mosquito netting on top. For cold weather, you need a down or synthetic down underquilt. The insulation should not be compressed, according to Dudley. You would also want an overquilt that can be purchased or made yourself by converting a cold-weather sleeping bag. Tarps are suspended using ridgelines and staked into the ground to protect sleepers from the elements.

One of the most important suggestions is that you should sleep di-



The Dudley’s three hammocks ready for camping.

COURTESY PHOTO

agonally in the hammock. This allows your body weight to distribute across the fabric for greater stability and comfort. Being suspended rather than on the ground is, according to Dudley, much more convenient and comfortable, especially in wet weather. In a tent you might end up with leaking through the bottom, but in a hammock the water is well beneath you.

It is important when hanging your hammock to find trees the right distance apart—12 to 20 feet with 15 feet being the ideal. The further apart the trees, the higher you have to hang the hammock in order to create the correct angle. It is also important to use at least 1” straps rather than rope because rope can damage the bark of the trees leading to disease and damage. “Once you get into this, you start seeing ‘good trees’ everywhere,” Dudley said.

Cottage businesses are popping up all over the country to create innovative hammock gear that gets people outside and “up a tree” all year long. There are specially printed fabrics—think hamburgers or burlap-printed exteriors and interior fabric that looks like coffee beans. Dudley, who is a woodworking artist/craftsman, created a ridgeline organizer that hangs from the ridgeline of the hammock and can hold small items like flashlights, keys, snacks. He’s also created a special splicing rope and a “stuff sack” for holding camping items. For now he’s making them for fun, not for profit, saying his business, Wild Cherry Woodworks, is keeping him busy enough.

For those with further questions, Chris Dudley can be reached at chris@wildcherrywoodworks.com.

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