Healing horses

BY SHELLEY BURBANK

When Eli Gray was born almost five years ago to Limerick couple, John and Jere Gray, they had no idea the challenges their son would face. But when he was ten months old, Eli was noticeably behind in his development, and by the time he turned two, Eli was diagnosed with quadriplegic spastic cerebral palsy. The disease affects his arms, legs, torso and most muscles in his body, including the muscles used for speech. Although he was receiving occupational, speech, and physical therapy, at age two his spastic and stiff muscles would not allow him to sit without support, speak, or use his gait trainer (a mobility device) without full assistance. He never crawled. The only word he could say was "ya." Doctors couldn't give any assurance that he would ever sit, crawl, walk or talk. For his parents, it was a crushing diagnosis.

But now that Eli is about to turn five years old, amazingly he is sitting on his own, has seen significant speech improvement, and can navigate his gait trainer alone forwards, backwards and around corners. Recently, Eli even took his first solo steps. All these improvements, his mother Jere says with tears in her eyes, are due to a unique horse therapy program in Lyman called the Carlisle Academy Integrative Equine Therapy & (Continued on page 7)



Eli Gray, of Limerick, enjoys his equine therapy exercises at Carlisle Academy Integrative Equine Therapy & Sports in Lyman.

PHOTOS BY JERE GRAY



Blessing of the animals held

By Allison WIlliams

It was probably a first in Alfred. On Saturday afternoon parishioners and friends were invited to bring their animals to Alfred Parish Church to be blessed. It was planned to be an outdoor event but rain intervened and it was held in Conant Chapel. Six canines and one cat and with owners attended. The cat was kept safely in its carrier.

The pets ranged from very large – a handsome Great Dane whose size was intimidating but whose personality was mostly timid – to very small. Some with indeterminate ancestry were on hand. Joyce Krahling brought her little registered beagle, Dixie.

Dixie is a rescue dog from

Georgia. Her first owner was a hunter, who thought Dixie and her sister weren't coming along very well, so he gave them to a shelter. From there they were adopted by a young couple with young children. When Dixie developed glaucoma, she needed lots of attention and lots of eye drops. Soon her other eye also needed drops. Unable to meet her needs, her owners turned her over to a no kill shelter. From there she was transferred to a shelter in Maine. Her eye had been removed by then but Dixie was lucky. She was adopted by Krahling, who has a fenced in yard where Dixie seems to know when a squirrel is venturing into her territory. Or else she may still have some sight. In any case, she has a good home with an owner



Joyce Krahling comforts her little beagle, Dixie, during the "Blessing of the Animals" at Alfred Parish Church. PHOTO BY ALLISON WILLIAMS

able to meet her needs. And now she has been blessed twice – with

a caring owner and by the Parish Church pastor.

(Continued on page 8)

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Low attendance at public hearing

By Shelley Burbank

On Tuesday, Oct. 3, about ten voters from the town of Limerick attended a public hearing regarding three separate proposed ordinances to be voted on in November: one on marijuana, one on changes to the budget committee ordinance, and one regarding the addition of two more places on the board of selectmen.

Dottie Richard summed up the rationale behind the five separate proposed articles on marijuana that the planning board drafted. Each article is based on one of the five different segments that were voted in by the people in the state of Maine last November. Taking each segment, the planning board created five articles so that the people of Limerick will be able voice whether they even want to have ordinances written up for a later vote.

Currently, there is a moratorium on retail marijuana in the town, but personal use and possession of marijuana is still permitted.

The ordinances will be tailored depending on how the vote goes, said Richard. If an article is voted in, she explained, that would indicate the need to have it

(Continued on page 2)

LIMERICK

Shelley Burbank shelleyburbank@gmail.com

(Continued on page 1)

included in an ordinance that will be voted on at the March annual town vote. If these articles do not pass, then the ordinances won't be written and marijuana social clubs, cultivation facilities, manufacturing facilities, retail stores, or retail testing facilities will not be allowed in town.

Voters can decide on each of the five articles separately in November. "All five can pass. All five can fail," said Richard.

Townspeople in attendance had some questions and thoughts. One question was what happened if retail stores and social clubs were allowed. Would the product have to come from outside of town?

"It is like any retail establishment who gets products manufactured elsewhere," Richard said. "The product is still legal," said Richard.

What about social clubs? "A social club would be allowed to sell marijuana, but you can't take if off the premises," Richard explained.

"I think we should follow the guidelines the same as alcohol. To act like it's so evil and so bad is way off the mark. Maybe we need to be educated more about cannabis," said Limerick resident Jane

Joanne Andrews said there had been good information regarding the legalities of marijuana at a Limington board of selectmen meeting she attended. "This is not federally legal," she said explaining that because it is illegal at the federal level, retailers have some unique rules to follow regarding money. "They can't put the

money in the bank, but they do need to report it on their income tax. If they make \$100,000, they can't take (deduct) any expenses or anything. It keeps a lot of people from getting into it," Andrews

A question as to whether or not Limerick's industrial park could benefit from having marijuana facilities was raised. According to Richard, the deed restrictions on the business park would not allow any business that was not legal at the federal level. "Nothing federally illegal can be put in there," Richard said.

When it was mentioned whether or not allowing marijuana establishments might be a way to draw some tourist dollars to the town, Richard explained that the new law passed in the state stipulates that you can't knowingly sell to someone from out of state.

Gil Harris of the budget committee introduced their ordinance saying that the changes would open the rules up so that more members of the town can serve on the budget committee. The committee would like to get rid of the wording that says no employee of the town can be a budget committee member. Because of the way stipends are paid to the fire department, for instance, this part of the ordinance eliminated some competent people who wanted to be on the committee.

Some of the other changes have been made to create more clarity. One citizen asked whether or not the current wording prevents having a budget committee who all come from one town department.

"It would be up to the voters to make sure that didn't happen. Educated voters are critical to running a good town," said Harris.

"The intent is to make it so

that people who are on a department can be on the committee," said Sonny LePage.

Currently the budget committee is fully staffed, but if a vacancy arose, a person who is a member of a town department would not be able to run for that vacant position. If Limerick voters approve the ordinance, that department member could run.

Ed Morgan introduced his petition, signed by registered voters of the town, to place an article on the special election ballot this November to change the board of selectmen membership from three to five members.

His reason, he said, is simply practical, nothing personal. With all the issues coming up in town, he said, it might be good to have more people working on the board. "Sometimes there's an absence and we are down to two people and that can cause some problems," Morgan said. "It's not to get anybody off it."

One question that was brought up was whether or not the new members' appointments would be staggered so that there wasn't too abrupt a change on certain years. According to the board, the wording for staggered terms was not included in the original petition, so it will not be included for the

"I am in favor of this. I don't see this now, but the situation could occur where two out of three have a special agenda," Harris said. "I have respect for the board as it stands."

John Medici asked, "What if three out of five have an agenda? Do we go to a nine-person board? Where does it end?'

"It's much harder with three out of fie than two out of three," Harris persisted.

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Another citizen said he believed the quality of the meetings would improve with more people on the board.

At the same meeting Tuesday night, there was also discussion of changing an ordinance so that the board of selectmen could hire and appoint the town clerk and the town treasurer rather than having them elected by the citizens of Limerick.

Current town clerk, Judy LePage gave some insight from her perspective: "We have no job descriptions," she said, stating that she has been concerned about that. She further explained that clerks have take classes and to be certified for some of the parts of the job. "There's a lot to it. It's a good two-year process just to be able to start doing it and feeling comfortable." She went on to talk about all the various tasks that are handled in the town clerk's office, some of which are audited by the state departments, and all of which are complex.

Joanne Andrews agreed being Limerick's town clerk is a difficult job. "Most towns have two positions, separate town clerks and tax collectors."

Medici pointed out, "The state things we do, we do it as a convenience for our taxpayers." Judy LePage agreed that it was for the benefit of the townspeople that the clerk handled some of the state

LePage also said that absentee ballots for the November ballot are in the clerk's office, and she read the ballot questions aloud.

Fire departments benefit from mutual aid

Back on Sept. 13, the mutual aid of several nearby town fire departments working with the Limerick Fire Department helped to save a Carroll Lane home involved in an early-morning house fire. This kind of cooperative mutual aid keeps our towns better protected, says Limerick Fire Chief Michael McLean. "It worked out well having all that community support," he said in a phone interview. "The community support is really positive. We believe it is key."

In towns with volunteer fire departments, early morning fires can be especially troublesome. Volunteers actually have day jobs, so in the early morning with people going to work, it isn't always easy to get enough support to a fire. At 7:50 a.m. on Sept. 13, however, a mutual aid call went out, and local community fire departments sprang into action.

A Limerick volunteer arrived first on the scene and saw smoke coming from the home. Soon after, the Waterboro fire department arrived. In all there were three trucks from Limington, three trucks from Waterboro, one truck from Newfield, four trucks from Cornish, and three trucks from Limerick on site.

One truck set up a water supply down at Sokokis lake, the volunteer from Limerick shared with the Reporter. Another truck backed up to hook up a hose. "The rapid response kept damage to the house to a minimum," he said.

In other department news, a brand new International pumper truck has been purchased. Dedication of the truck will take place on Oct. 14 when the department holds their annual open house. The truck will be dedicated to two fireman who have passed away: Robert Richardson, III and Eddie Howe, III. The truck will be called "Engine 3" in honor of the men, and their names will be painted on the side of the truck.

The Limerick Fire Department open house event will be from 10 a.m. to 2 p.m. at the fire station. "There is going to be a smoke house simulator coming up from Sanford," said Chief McLean. "And the York County Command Van will be there, too." There are also some exciting surprises, the chief said.

Also important to note: the fire danger is very high right now. "Hopefully we will get a lot of rain," Chief McLean said. "Be smart. Call the fire department and get a permit."





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Open House



Fire Prevention Week

WHEN: Saturday, Oct. 14, 10 a.m. – 2 p.m.

WHERE: Limerick Fire Department 24 School Street, Limerick

WHO: Limerick Fire & Emergency Medical Service Department

WHY: Come and meet your local

Firefighters & Emergency Medical Providers

- Learn how to test your smoke alarms and up-date if necessary
- Learn how to plan two ways out of your home
- Participate in the smoke trailer demonstration
- View the new ambulance and fire engine
- Have your questions answered regarding fire safety or medical situations

Herbal Medicine Open House

Monday, Oct. 16 from 6-8 p.m.

Ever wonder how Herbal Medicine can support your and your family's health? Want to remain healthy this Winter? Want to schedule an Herbal Medicine Consultation? Come meet Ginny Fries and enjoy some light refreshments.



813 C Main St., Massabesic Regional Medical Center, Waterboro • 247-7388 www.pecksfamilyacupuncture.com jessica@pecksfamilyacupuncture.com

SHAPLEIGH

Joanne Bargioni joannebargioni@gmail.com

Results of the Special Town Meeting

On Sept. 19 a special town meeting was held at the Town Hall, 22 Back Road. Three Articles were discussed. The first Article was to choose a Moderator and Jill Cramer was voted into this position. Article 2 was the appropriation of \$280,000 for Winter Road Maintenance and was passed. Article 3 which was to appropriate \$60,000 to hire a Chief Officer for Fire and Rescue was indefinitely postponed.

Winter Hours for **Transfer Station**

The Shapleigh Transfer Station, Route 11, announced a change in operation hours due to the Winter schedule. The new schedule will be Saturday, Sunday and Wednesday 10 a.m. to 4 p.m. The new schedule began Oct. 1, and will continue until April 30, 2018.

Acton-Shapleigh Historical Society

The ASHS will be hosting a 70th Anniversary Retrospective regarding the 1947 fire that devastated the area destroying over a quarter of a million acres of forest. There will be guest speakers, photos, maps and historic newspaper articles as well as a 1935 fire truck. The free event takes place on Saturday, Oct. 21 from 2-4 p.m. at the ASHS, 122 Emery Mills Road, Shapleigh. If you are interested in becoming a member of ASHS you can pick up a membership form from the Society or attend a meeting. Meetings are held on the second Friday of the Month at 6:30 p.m.

Homeopathy workshop

The cold and flu season will soon be upon us. The Studio at One Earth is offering a free workshop with Jane Frederick of Baylight Center for Homeopathy. Come and find out how to incorporate homeopathic remedies for this cold and flu season. The workshop will be held on Monday, Oct. 23 from 6-7 p.m.

Wedding

Even though it was a cloudy morning you couldn't help but notice the sunshine beaming off the faces of Erica Scott and Joshua Clockedile who were married on Saturday, Sept. 30. The couple proclaimed their vows in the garden of the groom's parents in Alfred, followed by a reception at the home of the bride's parents in Shapleigh.



COURTESY PHOTO

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Joshua, the son of Richard and Ruth Clockedile, is the Senior Team Lead at Target Department Store in South Portland. Erica is the daughter of David and Amanda Scott and works as a Veterinary Technician at the Ross Corner Animal Wellness Center in Shapleigh. She is studying for her degree at Penn Foster College.

Congratulations to you both.

Dear Readers, I have previously been a Shapleigh correspondent and wrote a town-based newspaper column and it is now my pleasure to be writing for the Reporter. I will continue to write a bi-weekly column and if you have any birthdays, anniversaries, weddings or event you would like to share with your neighbors please contact me at joannebargioni@gmail.com.



The Reporter welcomes Joanne!

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October 6, 7

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NEWFIELD

C.J. Pike

fudgecupboard@yahoo.com 793-8760

Hey kids! Come have a blast on the big trucks!

The Limerick-Newfield Lions will have their 11th. annual Touch-a-Truck at a new location this year, and kids are invited to come over and have a blast.

The event will be held on Saturday, Oct. 14, from 10 a.m to 2 p.m. at the Limerick Industrial Park off Doles Ridge Road and Burnham Road. From Route 11, turn on Doles Ridge Road and from Route 5 turn on Burnham Road. The rain date will be October 21.

Admission is free, and kids will have the chance to explore the big trucks, blow the horns, sit in the drivers seats, and just be a kid on construction equipment, fire trucks, emergency vehicles and all kinds of other trucks.

In addition to the big trucks, there will be plenty to eat with hamburgers, hot dogs, hot cocoa, apple cider, popcorn and a bake sale.

The Lions will also be having a Stuff the Bus on that day, to benefit the Faith Christian Center Food Pantry. Donations of non-perishable food items will be accepted. And they will also accept donations of old eyeglasses to support White Cane Day.

As a special note, this event to raise money for the community, was Thelma Connell's favorite fundraiser. She was a Lions member for many years before she passed away in June. She has been missed by the Lions, and everyone who knew her. So, this Touch-a-Truck is for you, Thelma; the Lions thank you for all that you did to help others.

The Lions hope that everyone will come out in support of this event in her memory. And they

will keep her in their thoughts, and remember all that she did for the organization in raising money for community members in need.

Half-off at thrift shop

The Thrift Shop will be having a 1/2 price sale on Saturday, Oct. 7. The shop is located at 181 Wakefield Road in West Newfield, and will be open until Oct. 21.

Last week for local farmers market

The Newfield Farmers and Artisans Market will have their last weekend on Saturday October 7, from 9 a.m. to 1 p.m. They are located at the Newfield Town Office at 637 Water Street, and still have fresh veggies, baked goods, maple syrup and crafts.

Crafters needed

The Line Elementary School Craft Fair will be held at 818 Water Street on Saturday, Oct. 14. Anyone interested in rental space may contact Charlotte Erickson at 207-646-5029 or email her at: Chicart133@gmail.com. Crafters must bring their own tables, however chairs will be provided. Proceeds benefit the Town of Newfield for renovations on the town buildings.

Spaghetti supper

Boy Scout Troop #329 will have their annual Spaghetti Supper on Saturday, October 14 at the Brick Town Hall at 19 Main Street in Limerick from 5-7 p.m.

They will be serving two kinds of pasta, meat sauce and meatballs, salads, rolls, homemade desserts, and beverages. Tickets are \$5 per person and children under 5 eat free. Proceeds benefit the scouts trailer lettering and new equipment. For more information call 432-3581 or 850-6237.

In related news, Troop #329 will be retiring flags on November 11 after the Veterans Day ser-

vices, at the ball field in Limerick. Community members who would like to retire their old flags are welcome to bring them to the ball field.

Meetings

Northern York County Rod and Gun Club will meet on Friday, Oct. 6 at the clubhouse at Lewis Hill Road at 7:30 p.m.

Cub Scout Pack #329 will meet on Monday, Oct. 9, at Line School at 818 Water Street at 6 p.m. Call Joe Iannazzo at 850-6237

Boy Scout Troop #329 will meet on Monday, October 9, at the Scout Hall, at 7 School Street in Limerick at 6:30 p.m. New members are welcome. Jim Dion is the Scoutmaster. Call Joe Iannazzo at 850-6237

Newfield Selectmen will meet on Tuesday, Oct. 10, at the Public Safety Building at 85 Water Street at 6 p.m.

Newfield Firefighters will have a training session on Tuesday, Oct. 10, at the Public Safety Building at 85 Water Street in West Newfield at 7 p.m. New members are welcome to attend.

Tea Time will be held on Wednesday, Oct. 11, at the Newfield Village Library at 637 Water Street at 3 p.m.

Newfield Firefighters will have a business meeting., on Thursday, Oct. 12, at 85 Water St. at 7 p.m. call Dave at 793-2055.

The Limerick-Newfield Lions will meet on Thursday, Oct. 12, at the Newfield Historical Society building at 64 Elm Street at 7 p.m.

Country cupboard

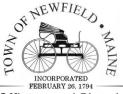
Pickled Peppers are easy with fresh garden peppers in this recipe from "Country American Cooking." Canning is easy from the garden to the refrigerator

- 1 tablespoon sugar
- 1 tablespoon salt
- 2 cups water
- 1 cup white vinegar
- 1 red bell pepper, cut into six pieces
- 1 yellow bell pepper, cut into six pieces
- 1 green bell pepper, cut into six pieces
- 2 cloves garlic, halved
- 1 small onion, sliced and separated into rings
- 1 sprig fresh tarragon or 1/4 teaspoon dried tarragon

In a 2-quart microwave-safe bowl, combine sugar, salt, water, and vinegar. Microwave on high for 8 to 14 minutes or until mixture boils. In a 1-quart jar, pack remaining ingredients. Pour hot vinegar mixture over vegetables; cover. Let stand in refrigerator for 1 week before serving. Store in refrigerator.

C.J. Pike lives in West Newfield has been writing a weekly newspaper column for the last 15 years. She is also a children's book author, writes short stories for Discover Maine magazine and has recently put together a book of her photography. She loves doing local stories and enjoys getting involved with the hometown activites.

"Everyone has a story to tell, and I like to hear that story and write it for them."



The Municipal Officers and Planning Board of the Town of Newfield will hold a PUBLIC HEARING on

Tuesday, October 17, 2017 at 6:00 PM at the TOWN HALL located at 23 South Effingham Road, in said Town to hear public comment on the following:

Ordinance Prohibiting Retail Marijuana Establishments and Retail Marijuana Social Clubs in the Municipality of Newfield

The public is encouraged to attend and will have an opportunity to be heard.

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COMMUNITY CALENDAR

DRACULA The Schoolhouse Arts Center will open the Halloween season by presenting Dracula, based on Bram Stoker's memorable novel Oct. 6 through Oct. 15 on Friday and Saturday nights at 7:30 or Sundays at 2 p.m.. Tickets are \$14 for adults and \$12 for students and senior. Make reservations on the Schoolhouse web site at www.schoolhousearts.org. The Schoolhouse is located at 16 Richville Road (Route 114) in Standish, just north of the intersection of Routes 114 and 35.

The Limerick Historical Society presents: **CENTENNIAL VIGNETTES OF 1917**. Thursday, Oct. 12 at 7 p.m. Presented by Del Floyd. It was a mighty big year! Learn about fascinating events that took place 100 years ago. Light refreshments. At Limerick Brick Town House.

BENEFIT HARVEST DANCE Saturday, Oct. 14, 7-11 pm at the Sanford Elks Lodge, 13 Elm St., Sanford. All proceeds will help support YCSP (York County Shelter Programs) Food Pantry Thanksgiving Food Basket distribution. Tickets are \$10 each. there will be a cash bar and music provided by Dick Fredette DJ Service. Bring a non-perishable food item and be entered into drawings held throughout the evening. There will be door prizes and a 50/50 drawing. Tickets are available at Garnsey Brothers Insurance, 909 Main St., Sanford and Country Treasures, Route 11, Shapleigh.

SPAGHETTI BENEFIT FOR DAVE WINTLE at the Lions Hall, Hollis Center, Sunday Oct. 15, 1 to 4:30 p.m. \$8 adults, \$5 ages 10 and under, ages 3 and under free. Raffles: baskets, gift cards, jewelry, and more. Tickets being sold in advance and at the door. To purchase in advance contact Melissa at 329-1685 or email behockymom@gmail.com.

LIMERICK-PASTA DIN-NER Saturday, Oct. 14, 5-7 p.m. at the Brick Town Hall, Main St., Limerick Pasta, meatballs, bread, desserts, beverages. To Benefit Boyscout Troop 329 trailer lettering/new equipment fund. \$5 per person, 5 & under free.

LIMINGTON EXTENSION CLEARANCE YARD SALE, Oct. 4, 8 a.m.-3 p.m., 476 Sand Pond Rd., Limington. Antiques, books, 25c kid's clothes, toys, ant products, dolls, collectables, lots more. Rain Date 10/21. Provides BEHS Scholarships.

HEALTHCARE DISCUS-

SION "Now Is the Time, Health Care for Everybody," movie and panel discussion presented by Maine AllCare, Wednesday, October 18 at 6:30 - 8:45. at Limerick Municipal Office Building, 55 Washington St., Limerick. Free and open to all. Light refreshments will be served. Please RSVP (207)793-8224 (leave message) to ensure there is room and refreshments for all. Co-sponsored by Maine AllCare and your neighbors for healthcare for all.

Email events to: news@ WaterboroReporter.com

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SPORTS

FIELD HOCKEY



The Massabesic and Sanford field hockey teams before Massabesic's Cancer Awareness game on Sept. 30, played to honor the memory of Massabesic Alumni, Besty Delano-Carbone. Several hundred dollars were raised to be donated to the education fund for Betsy's children.

Field hockey team back on track, plays for a cause

By Michael DeAngelis mdeangelis@waterbororeporter.com

A surprising loss to Thornton Academy (7-4) ended the perfect season that Massabesic's varsity field hockey team had going, but it may have rekindled the fire as the Mustangs played back-to-back superb games against Sanford (4-7) and Portland (0-9), winning both and in the process moving into

the top spot in the Class A south standings.

On Monday, Oct. 2 Massabesic got four goals from Emma Rutledge en route to an 8-0 thumping of host Portland. The score was 5-0 at the break with the Mustangs showing their tremendous depth throughout as head coach Michele Martin-Moore used 21 different players.

"Great passing and teamwork,

we really clicked on all cylinders," she said.

Sara Woodward and Kaylee St. Laurent each had a goal, Izzy Hurlburt had two and Grace Tutt, Logan Champlin and Hurlburt each chipped in with an assist.

For Rutledge, Massabesic's career scoring leader, it was another day of breaking, and re-breaking the mark as the senior pushed her total to 59 with 13 this

season through Massabesic's (9-1) first 10 contests.

On Saturday, Sept. 30 the Mustangs got back on the winning track with a 3-1 win over visiting Sanford. St. Laurent scored a goal late in the first half to put Massabesic up 1-0. Great passing lead to another Mustang goal, finished off by Rutledge with just 0.3 seconds left before the break and it was 2-0.

The Spartans got the first goal after the break to cut the lead in half at 2-1, but the Mustangs offensive pressure was too much as they poured 22 shots on Amber Singleton.

Rutledge provided an insurance goal with less than five minutes left; making it 3-1 and Mustang goalie Mady Pomerleau made a key save late to preserve the two-goal win.

CROSS COUNTRY

Lady Scots sparkle at **XC** event

The lady Scots had four runners finish in the top 70, giving them 342 team points, good for eighth place overall at the annual Festival of Champions cross-country event held Saturday, Sept. 30 in Belfast.

More than 750 runners from 62 high schools took to the starting line and the Scots reminded everyone that they possess one of the top cross country squads in New England as Ami Beamier (sixth), Kayla Raymond (16th), Christine Toy (24th) and Emma Abbott (69th) shined for Bonny Eagle.

Beaumier turned in a blistering 18:47.81, one of just nine runners to cross with a time under 19 minutes. Raymond's 19:12.18 and Toy's 19:27.38 put them among just 45 runners who turned in times under the 20-minute mark.

Beaumier, Raymond and Toy are juniors. Abbott is a sophomore. The rich will likely get richer next year as Delaney Hesler, an eighth grader at Bonny Eagle Middle School recently won the Mustang 5k as well as the Scarborough Invitational, a 2-mile event that she finished in under 13-minutes.

Over 1500 run at annual XC event

More than 900 men and 750 women from over 60 high schools around New England competed in the annual Cross Country Festival of Champions held Saturday Sept. 30 in Belfast, Maine.

For the Mustang men it was a 23rd place finish overall out of a huge field that was comprised

of runners from 68 different high schools. Jacob Aboud turned in a 17:14.57, good for 63rd place overall and teammate Jarrod Hooper was 75th with a solid 17:31.29.

For the lady Mustangs it was Kylie Johnson leading the way as the junior turned in a 19:48.18, good for 36th place overall, as Massabesic finished 28th among the 62 high schools that competed. Just 45 of the more than 750 runners on the ladies side crossed the finish line with times under the 20-minute mark.

Hallie Benton, a senior at Massabesic finished 101st overall with a 20:58.42.

SOCCER Soccer men grab win

Cormier nets first career goal

Massabesic got goals from four different players, including three in the first half, to help pace a solid 4-3 win over host Biddeford (1-8) on Thursday, Sept. 28. James Davenport opened the scoring at the four-minute mark after he collected a pass from Noah Perry. Freshman Brady Cormier made it 2-0 six minutes later with his first career score after he dug a loose ball out of traffic and booted it passed goal keeper Josh Nagle.

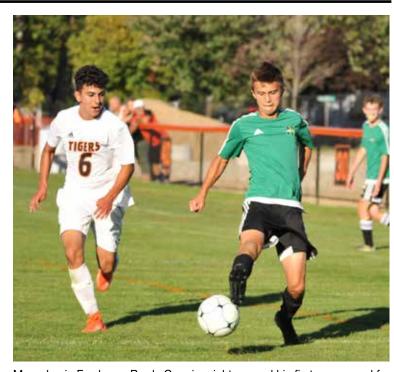
The Tigers cut the lead in half at 2-1 with a goal by Matt Tardiff at the 22nd minute, but Nick Merry's unassisted score just two minutes later sent the Mustangs into the break with a comfortable 3-1

The comfort didn't last long as Muntodhir Al-Yaseri made it 3-2 off a free kick just three minutes into the second half, but the game hung that way for the next 25 minutes until Perry gave Massabesic some much needed insurance, and the eventual game-winner, with an unassisted strike at the 28th minute.

Al-Yaseri added his second goal three minutes later to make it 4-3, but Josh Castonguay (nine saves on the night) turned aside any thoughts of comeback.

The Mustangs sit one spot of the playoff picture in 13th place overall.

-By Michael DeAngelis



Massabesic Freshman Brady Cormier, right, scored his first career goal for the Massabesic varsity soccer team on Sept. 28. COURTESY PHOTO



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BRIEFS

The Cochrane Craze

Tues., Oct. 10, 6:30 P.M. at the Buxton-Hollis Historical Society, 100 Main Street, Bar Mills "THE COCHRANE CRAZE" presented by Nancy Ponzetti. At its height between 1817-1819, the Cochrane Craze swept through York County particularly in the towns of Saco, Buxton, Hollis, and Kennebunk. Non-denominational preacher Jacob Cochrane (1782-1836), founder of The Society of Free Brethren and Sisters, promoted the doctrine of spiritual wifery while encouraging holy dancing and frenzied reaping in worship. Cochrane's ascension and demise will be discussed in this program as well as his possible influence on both the Oneida Community and the Church of Latter Day Saints. Nancy Ponzetti, historian and educator, is the current vice president of the BHHS for Hollis. Suggested donations \$10; seniors \$8.

Community supper to benefit shelter

On Tuesday and Wednesday night from September to May Robert's Maine Grill, located on 326 Route 1, Kittery Maine offers a "Community Supper" starting at 4PM. The Community Supper is a \$16 - 3 course menu in the spirit of Robert's style: Maine Comfort Food with an updated twist. Robert's regular dinner menu is also available. Robert's donates a portion of the evening's proceeds to a designated local non-profit, which will be York County Shelter Program on Wednesday, October 11th & October 18th.

Lake drawdown

The annual Little Ossipee Lake drawdown will begin on Sunday, Oct. 15. The draw lowers the lake approximately one inch per day to a total of two feet. On average it takes about four weeks to achieve that winter level.

Ham supper

Friends of Old Corner Church is sponsoring its 11th baked ham supper at the Masonic Lodge, Route 202 (165 Waterboro Road) in Alfred, from 4:30 to 6:30 p.m. Saturday, October 21st. Funds raised will support restoration efforts for the historic 1804 church. Donation: \$8 for adults; children under 10 free. Take-out is available. For more information, contact Bud Jamieson at 247-3635.

HEALING HORSES

(Continued from page 1)

Sports facility.

"It is awe-inspiring," Jere said, pointing to some photos of Eli on the Carlisle Academy's brochure. "He is known at Carlisle as Super-Eli." Eli began an integrative therapy program at the riding center in the fall of 2015 when he was two. His physical therapist had suggested Jere look into the program, and the Grays visited the center and were even given a scholarship because their limited budget made the cost prohibitive. Jere said that she didn't quite know what to expect but figured at least it would be a good experience for her son. She didn't expect the amazing improvements in Eli's mobility and core strength after just one six-week session. "He had tone reduction which allowed him to move side to side. He was able to sit using a long sitting position--with his legs straight out in front, which is difficult. He had increased verbalization. The more I thought of it, the more that I realized had come of it," Jere said.

Encouraged by his progress, Jere signed Eli up for more sessions at Carlisle, and he continued to improve. "The same improvements weren't happening with just the occupational and physical therapies," Jere marveled. The improvement only happened when he was training on the horse. Although the sessions are expensive - around \$2,000 for a 12-week session - the Grays were helped by the Carlisle Charitable Foundation which continued to award them grants.

Jere gives back to the foundation by volunteering with fundraising activities and by being the program's official photographer, and Eli has become a kind of poster-child for the center, appearing on many brochures, website pages, and social network sites.

Hippotherapy, or equine therapy, is gaining recognition around the country. According to PATH International (Professional Association of Therapeutic Horsemanship International), a 501(c3) organization with more than 8,000 members around the globe, there are 881 horse therapy centers offering hippotherapy, equine facilitated mental health, therapeutic riding, and more. It accredits both centers and instructors. The Carlisle Academy is a premiere accredited member of PATH as well as an International Para-Equestrian Dressage Center of Excellent, a Pony Club Riding Center, and a Paralympic Sport Club. It was

started by Sarah and Nick Armentrout in 1998 as the Equest Therapeutic Riding Center. They had grown up in the area, and Sarah said she had gone out west to work on ranches that offered therapeutic riding and was hooked. They bought a large dairy farm property on Drown Lane in Lyman, put up all the fencing, built the covered arena, and started and expanded the programs.

'We've worked with hundreds of kids, and adults as well," Sarah said after the annual Student Fun Show. She had just participated in the Staff Egg & Spoon event where trainers and instructors and other staff walked and trotted their horses while balancing fresh, local eggs on spoons much to the delight of students, parents, and volunteers. "We offer a full spectrum here from the able-bodied to para-equestrian, children to adults, special needs to autism and cerebral palsy," Sarah said. "It's my blood, sweat, and tears. It's my heart and soul. It's extremely rewarding to see the growth in all our students."

Diane Conley, Board President for the Carlisle Charitable Foundation, was also at the show on Saturday. "The show is to celebrate the accomplishments of our riders," she said. She was drawn to volunteer at Carlisle when she moved to Maine four years ago. She'd always loved horses. After volunteering, she joined the board and "ended up as president," she said, laughing. The nine-member board works to raise money for scholarships, awarding \$80,000 in financial assistance last year. In addition to individual and business donations, the foundation holds two special fundraising events, the annual Golf Classic in June and a Sidewalk-A-Thon in October.

A sidewalker is a person who walks beside a horse and assists the rider during therapy or training. This position is one of three kinds of volunteer service-learning opportunities at Carlisle. Interested individuals can also move on to become lesson assistants and equine assistants. This fall, students from the University of New England are volunteering at the center as the lab portion of a college class. "They can see how the children are doing not just on one day but on a regular basis," explained Jere, "they can see how it helps."

Each person who attends the Carlisle Academy for therapy gets an individualized ther-

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apy plan. For Eli, this included riding a horse backwards. "His legs are tight. It gives a wider stretch," Jere said. Eli also has various games he plays on the horse like moving to place rings onto a holder, and even rides on his hands and knees. Each of Eli's therapy sessions is divided into three parts: grooming, riding, and therapy room.

Jere, as a regular around the center both as a mom and photographer, has seen the many types of people that have been helped by the programs there--from a group of seniors from the Gorham House to veterans learning driving skills to a blind equestrian competing in dressage. Has she ever ridden? No, she said, shaking her head. "I don't know. I'm so intrigued."

The Grays hope that Eli continues to attend Carlisle and that some day he will be able to ride independently. "It's good to keep him on a horse," Jere said. "He could do para-dressage, but he can decide that." Next year Eli will attend Line Elementary School in Limerick-Newfield along with older brother Johnny. In the meantime, Jere is busy taking him to his appointments, snapping photos for Carlisle and a few local businesses, and working on the fall Sidewalk-A-Thon fundraiser.

"They really try to make scholarships available to those that really need it," Jere said. "There is something magical about adding a child to a horse at this academy.'

For those who would like to help, all money raised in the Sidewalk-A-Thon goes directly to the Carlisle Charitable Foundation, a 510(c)(3) nonprofit organization, to provide scholarships for students at Carlisle Academy Integrative Equine Therapy & Sports facility. Donations can be made online at www.carlislecharitablefoundation.org. Find out more on Facebook @CarlisleCharitableFoundation. For more information on the Carlisle Academy, their website is https://carlisleacademymaine.com.



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TOWN OF WATERBORO

PLANNING BOARD Public Hearings Notice

The Planning Board of the Town of Waterboro will meet at 7pm on October 18, 2017, in the Selectmen's Meeting Room in the town hall for the purpose of holding two Public Hearings regarding the following:

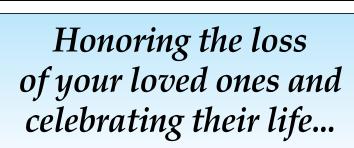
Waterboro Heights, a thirteen lot cluster subdivision located on Panoramic Drive, Tax Map 011 Lot 042.

FOLLOWED BY:

Ptarmigan Ridge Estates, a six lot traditional subdivision located on Deering Ridge Road, Tax Map 8 Lot 52A.

The public will be given an opportunity to be heard prior to the consideration of the above subdivisions by the Planning Board Officers. Copies of the applications are available with the Administrative Assistant for the Code/Planning Offices at the Town Hall or at www.waterboro-me.gov.

> Dwayne Prescott Chair, Waterboro Planning Board



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(Continued on page 1)

Town clerk report

There were 20 registered voters attending the recent town meeting, at which James Boldebook was allowed to develop his property off Federal Street under contract zoning. He plans to put in six lots for those aged 55 and older. A majority of voters attending the meeting voted their approval according to Town Clerk Andy Bors.

Bors reported there were three deaths in September, two marriages, 12 burial permits issued, three deaths, there was one birth and one hunting license issued.

Museum speaker

Don Deignan of Providence, Rhode Island, will be the final speaker in the Sid Emery Speaker Series on Sunday, Oct. 15 at 1:30 p.m. Deignan's latest book, The Shadow of Sacrifice; the True Story of a Pearl Harbor Survivor and His Nephew and Namesake is about his uncle, a WWII veteran who had worked in the Civilian Conservation Corps in Alfred. The book is a double biography, a WWII mystery and a book about his family, industrial and local history. Even more, it is a book about overcoming disability.

Deignan, who was named for his uncle, was born with vision problems and also had cerebral

palsy. For many years he attended Perkins School for the Blind in Massachusetts and earned a doctorate in history from Brown University. He was one of the primary forces behind the Providence Irish Famine memorial.

In the Alfred section of the book Gus Hedden, director of Parsons Memorial Library, assisted with research also local historian and author John Cook, and Irish historian and author Mary Lee Dunn McGuire, a board member of the Shaker Museum, who helped him tap records about the CCC in the Alfred Village Museum.

It was his Uncle Donald whose life had most captured the boy's commitment and given him the inspiration to press on despite his physical disabilities.

But there were surprises as he focused on repaying his debt to his uncle the war hero. He encountered questions he set out to answer and mysteries he aimed to solve. He went up against the military bureaucracy in trying to find out how his uncle died. The answers did not agree with the family story he's been told.

In the end he made peace with his uncle and satisfied the debt of honor he felt he owed to the uncle which he had undertaken so many decades earlier as a forlorn 10 year

The Shaker Museum is open through Veteran's Day, Nov. 15.

AHistorical society

"The Life of Nathaniel Conant" will be given by Bruce

Tucker at the Alfred Historical Society on Tuesday, Oct. 17 in Parsons Library at 6 p.m. A potluck meal is planned, hence the earlier hour. Guests are invited to attend and to bring food to share.

Alfred Village Museum

During the recent meeting of the Alfred Historical Committee it was announced the files needed to be reorganized and expanded to the empty file cabinet. Donation sheets need to be made out for any donations and docents tending the museum can do this.

Painting continues on the museum by Custodian Almon Williams. New members are needed; one member has moved out of Alfred and another is unable to be a physically active member. It was announced the custodian no longer will need to mow the lawns or shovel off the roof; these activities will be financed by the town. There was discussion on whether to accept the donation of a very large ox wheel but no decision was made. A small rowboat has been donated by the family of Charles Kokernak, which had been made by Kokernak's father.

The museum will close after Columbus Day; the exhibits will be dismantled after Oct. 7.

Village notes

We get it done!

Those who haven't seen the very scary gorilla carved from a very large pumpkin at Gile's Family Farm haven't stopped in to buy apples. It was created by a very gifted carver.



Limerick has new equipment

Limerick Fire Chief Michael McLean has announced that the Limerick Fire & Emergency Medical Services has recently taken delivery of their new 2017 Ford F-550 ambulance. This vehicle replaced a 2006 E-450.

The department has also taken delivery of their new 2018 Emergency One fire engine. This new engine will replace Engine two which is twenty-six years old. The new Engine is capable of pumping 1500 gallons of water per minute and carries 1500 gallons of water. Once all firefighters are trained by factory representatives and driver familiarization is completed the Engine will be placed in service to respond to

Both of these new vehicles were purchased from funds collected from ambulance billing.

Chief McLean is grateful to all the members of the department whom respond to emergency incidents at all times of the day, these members drop what they are doing when the alarm sounds to help a member or members of the community. Both of these emergency vehicle will be available to view at the up-coming open house scheduled for Saturday, Oct. 14, from 10 a.m. to 2 p.m. at the Limerick fire Station, 24 School Street.

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Octoberfest at Draft Horse club

Fall in its finest! Come to Octoberfest on Oct. 15 from 11 a.m. to 3 p.m. at the Abenaki Draft Horse Club in Lyman.

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Clubhouse is located at 117 Duke Lane off Walker Rd. off Rt 35, Lyman/ Kennebunk line. Follow signs. Call Leo Ruel at 499-7436 or email David Oleson@ midmaine.com with any ques-



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